

er into the *colon*, ob-
g discharge. Though
only a bagatelle to the
nary triumph over an-
her work of restoring
nging human life.
ence to remember that
ul things by the grad-
vers up to the winning
thus easily reached in
possibility at the start.
nal result, I resolved to
o due caution and final

after, I resumed my
f water, warm enough
to increase its lubri-
p. Owing to this in-
greater effort to inject
the *sigmoid flexure* or
ve the rectum. (See
ssed, the operation be-
was accompanied with

ld the water for some
le exertion and exer-
rned that the longer I
was it to break away
leisure, with a copi-

aster of the situation
ble was at hand, as
ed such reaction as
my general feelings.
his desperate depart-
ith all its cares and
ind compared to the
se.

Two evenings after this I came to my fourth attempt, but with some misgiving and uncertainty as to the result. I measured out *three quarts* of tepid water of a tempera-
ture comfortably warm to my naked hand, and with reso-
lute but careful persistence I injected the entire quantity.
I then waited in a cumbent position on my back, for
about ten minutes, thus allowing the water to circulate
as freely as might be toward the termination of the
small intestine at 7, in plate. I held this quantity, how-
ever, as easily as I had held the two quarts previously
taken, for the colon was now less gorged, I having as yet
scarcely come to my long lost appetite, and had eaten but
sparingly since beginning the new treatment.

But now came the first marked and even startling
change on my stomach. On discharging this last *enema*
I felt a sudden relief at the region of the duodenum—an
emptying sensation which seemed to follow a correspond-
ing operation throughout the entire length of the small
intestine. And what was more satisfactory, because ex-
actly the result I had pictured in my analysis of the treat-
ment when the idea was first conceived, in half an hour
after the discharge of the water, and after I had retired
pleasantly to rest, I became so ravenously hungry that I
was obliged to raid the cupboard in search of something to
eat. Thus was I confirmed by the most incontrovertible
proof of the intrinsic value of my physiological discovery.

But still, though I was well satisfied with the result of
my achievement, I had a curiosity as well as a scientific
ambition to fill the measure of the original plan of inject-
ing a full gallon of water into the colon if it were possible.
Accordingly, three evenings later I prepared for the final
test by measuring out four quarts of warm water. This
I slowly injected, cautiously feeling my way as before,
watching and analyzing its effects, though determined
upon the ultimate triumph of my discovery.

At last the work was done. And although the abdo-
men was greatly extended, I can not say I felt anything