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SWAT- Sex Without AIDS Today

Press Release

SWAT--Sex Without AIDS Today--is a campus-based peer education program whose main goal is to provide information and skills to students so that they can effectively protect themselves against AIDS and other sexually transmitted diseases.

SWAT was launched in 1989 and involves students who receive training in this area educating other students about various aspects of AIDS and other STD's such as chlamydia, gonorrhea, and herpes. Sessions are fun and innovative and consist of various games, small group discussions, and even a humorous fast-paced play which takes a light-hearted look at safer sex. It's also a great way to meet and interact with lots of other students.

If a student feels they're not at risk, SWAT invites them to come anyway. They may learn something to help a friend or relative reduce higher STD-related risks. So, keep an eye open throughout the year for posters advertising SWAT session times.

Several sessions will be available during the first two weeks of October (1st, 2nd, 9th and 10th). Posters will be up in the SUB advertising the specific time and place. Sessions last approximately 90

minutes, and are guaranteed to be an exciting learning experience. If you have any questions, contact Grace Getty at 453-4642.

heard so much about it. Why would anyone possibly need (or possibly want) to get involved in an AIDS education project? Everyone has read about it in magazines and in newspapers; everyone has heard about it on the radio and on TV, and even at school. Some people have even seen videos or films on this topic. Despite all this information, however, university students continue to put themselves at risk.

All too often, it's too easy to believe that AIDS couldn't happen to "people like us" and that it happens only in larger cities where there is lots of drug use, prostitution and gay people. Besides, most people know better than to get involved with an infected partner, right? Wrong! It's time people stop fooling themselves and realize that AIDS can and does affect the university population. The fact is, HIV (the AIDS virus) is spreading rapidly among teens and young adults, many of whom are heterosexual college students.

AIDS does not discriminate against race, sex, nationality, or sexual orientation. It can affect anyone whether a man, a woman, gay or straight, from New Brunswick, another province, or another country. Yes, even some students at UNB have contracted AIDS!

Despite all this, there is some great news. Since it is known exactly how the virus is transmitted, it is also known precisely what one can do to protect oneself and the people one loves.

AIDS cannot be transmitted through hugging, dry kissing, coughing, sneezing, toilet seats, mosquitos, drinking fountains, swimming pools, or giving blood.

HIV is most commonly spread through sexual intercourse (heterosexual or homosexual), sharing intravenous needles, and from mother to infant either during pregnancy, at birth, or less commonly through breast feeding. Unprotected sexual intercourse continues to be responsible for the vast majority of AIDS cases throughout the world, including New Brunswick.

So, what can be done to meet this challenge? It's time to make responsible choices and join in the fight against AIDS! Although avoiding sexual intercourse is one

option, relationships and intimacy need not end. If a person chooses to be sexually intimate, it is important to consistently use safer sex practices (e.g., latex condoms and spermicide).

Since most people who are presently carrying the AIDS virus don't even know it yet-they look and feel healthy-safer sex is a must in the 1990's. It's also important to remember that judgement and decisions can be seriously impaired if a person chooses to drink or take drugs. Drinking and sex mix about as well as drinking and driving do!

Dept. of Extension and Summer Session Learn about Germany

Press Release

Whether you're anticipating a posting to Germany, or packing your bags as a business traveller or a tourist, or are content to be an armchair explorer, if this rapidly changing part of the world intrigues you, then UNB would like to offer you a gentle introduction to the daily language and customs that you'll encounter.

Over a series of ten evening

ses. ns, participants will build basic listening and speaking skills, and be exposed to useful phrases and background information related to travel, banking and money matters, shopping, dining, road signs, geography, holidays and celebrations, and German legends and folklore. A selected instructional book and audiotape are also recommended for student use.

If you're tempted to come and earn your language

passport to Germany, here's how to find out more. Contact the Department of Extension and Summer Session by telephone at 453-4646, or stop by the new University Continuing Education Centre on Duffie Drive, just inside the new Montgomery Street gate to the Fredericton campus. Office hours are 8:30 am to 9:00 pm., Monday through Thursday, and 8:30 am to 5:00 pm on Friday.

NOTICE

Students intending to apply for entrance to medical and dental schools are requested to make appointments for the purpose of having the personal interview which is required for admission.

Interviews will begin as soon as possible.

Please apply at Rm. 109, I.U.C Office of the Dean of Science.

DR. M.C. SEARS

Assistant Dean of Science

