



## Genasco Ready Roofing

Put it on the roof of all your buildings, and you'll have peace of mind, comfort, satisfaction, and economy; you'll have absolute and lasting weather-protection.

Genasco is made of Trinidad Lake asphalt—the natural and only perfect waterproof.

The Kant-leak Kleet keeps seams waterproof without cement. Supplied with Genasco, when specified.

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Largest producers of asphalt, and largest manufacturers of ready-roofing in the world.

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Cross-section, Genasco Stone-surface Roofing

Gravel  
Trinidad Lake Asphalt  
Asphalt-saturated Wool Felt  
Trinidad Lake Asphalt  
Asphalt-saturated Wool Felt

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No matter how old the blemish, how lame the horse, or how many doctors have tried and failed, use

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Use it under our guarantee—your money refunded if it doesn't make the horse go sound. Most cases cured by a single 5-minute application—occasionally two required. Cures Bone Spavin, Ringbone and Sidebone, new and old cases alike. Write for detailed information and a free copy of

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power for pumping, but not depreciation charges and interest on investment. The cost of operation has averaged only \$10.54 per million gallons, and a still further reduction in cost of operation will be shown, as, since the use of hypochlorite, a total reduction of some 60 per cent. has been made in respect to chemicals alone.

Too much credit cannot be given to Mr. C. A. Jennings for this practical demonstration of how water strongly polluted with sewage may be converted into a potable water of a high quality. The reporter states it was drunk by himself and his assistants in preference to the city water, and he significantly adds, "There has never been a single case of sickness or intestinal disorder caused by doing so."

Undoubtedly, municipalities having water supplies liable to contamination by sewage have much to learn from this interesting work and they certainly can have no excuse hereafter for serving out to the public a sewage-polluted water.—Bulletin of the Conservation Committee.

### Health: Man's Greatest Asset.

The free drinking of hot water is useful in coughs and colds, stimulating the secretions and exciting free elimination.

Rubbing the neck with lemon juice will remove the dark line and rough appearance caused by wearing high collars.

Few habits are so pernicious as the one of drinking ice water. The cold fluid taken into the stomach retards digestion, and hinders, for a time at least, various functions of the body.

The common strawberry is a natural dentifrice. Its juice, without any preparation, dissolves the tartarous incrustations on the teeth, and also makes the breath sweet and agreeable.

Warm baths will often prevent the most virulent diseases. A person who may be in fear of having received infection of any kind should take a warm bath, and suffer perspiration to ensue.

One important factor often neglected in the care of children is fresh air. They should have a good airing out of doors at least once a day when the weather is favorable. Thus they get plenty of oxygen, so vital to growth and development, become hardened, and accustomed to the vicissitudes of a changeable climate.

As a remedy for an obstinate corn, bind a piece of lemon upon it, renewing every morning for three or four days. Then the corn will be easily removed. Bread crumbs soaked with lemon juice may be used for the same purpose. Rubbing with pieces of lemon will relieve sore and tender feet. Chilblains can be cured by rubbing with a sliced lemon that has been sprinkled with salt.

### Teaching Cleanliness to Children.

Teach them not to spit. To spit on a slate, floor, or pavement is an abomination. Not to put the fingers in the mouth. Not to pick the nose. Not to wet the fingers with saliva in turning the leaves of books. Not to put pencils into the mouth or moisten them with the lips. Not to put money into the mouth. Not to put pins into the mouth. Not to put anything into the mouth except food or drink. Not to exchange apple cores, candy, whistles or anything that is habitually put into the mouth. Teach them to wash the hands and face often. Teach them to turn the face aside when coughing and sneezing.

### A Beauty Secret.

The beauty of freshness, though not of feature, may be secured by any healthy woman, and it is certainly worth striving after. To secure a nice, clear complexion, bathe night and morning, using warm water and a good soap, which must be thoroughly rinsed off before drying. Eat in moderation, avoiding all indigestible foods, strong tea, coffee and alcohol. Keep as cheery and amiable as possible, for nothing causes uglier lines in the face than depression and ill-temper. When washing the hands, rub them over with a bit of

lemon, for the juice has a cleansing and softening effect on the skin. Lemon juice, diluted with an equal quantity of water, is sometimes used to remove freckles, but for many people this remedy would be too drastic, and would cause a rash all over the face.

### A Cook's Crest.

A quaint story from Persia is given in a book by Mr. James. The author had missed from his saddle the brass plate inscribed with the maker's name, Souter, and was wroth at his loss, since the name went for much in the judgment of the East.

"One day," he says, "I was sitting in my favorite teashop with my friend Hassan Ali, discussing, as usual, England's perfidy in abandoning North Persia to Russian machinations, when a most dignified Persian entered the auberge. He was preceded by a well-groomed boy carrying his dust-coat. The Persian bowed to me with great civility and passed into an inner apartment. As both man and boy bore burnished gilt crests upon their tall astrachan hats I took them to be public functionaries of no small importance. 'Who was that, Hassan Ali?' I asked. 'I do not remember having seen him before, yet, evidently, he recognized me.' 'That,' said my friend, with his small beady eyes twinkling, 'is your cook—yes!' 'My cook!' I answered in astonishment. 'I took him to be at least the Governor's chief-of-staff.' 'Well, he is your chief-of-staff, which, to him, seems a higher degree—yes!' And Hassan Ali smiled his inimitable smile. 'But what in the name of a good conscience, is the impertinence that he wears upon his hat?' 'That must be your crest. It is a badge of yours!' 'On my honor, Hassan Ali, you must not make fun of me! I have given the man no crest, and I have never set eyes on him before!' 'I have seen the badge!' Hassan Ali continued. 'It is undoubtedly your own. It has the motto—Souter—which is doubtless the old heraldic contraction for the word souteur—and also the sub-title, 'By royal appointment'—yes.'"

It was, of course, the missing saddle-plate, which the ingenious cook had "conveyed" as an heraldic decoration.

When potatoes have been slightly touched by frost soak them an hour or two before cooking, in cold water.

### Remarkable Sale of Kootenay Fruit Lands.

Sixty Tracts of Edgewood Orchards Gone in Less than Month—No Irrigating Required—Land Sold on Surveyors' Reports.

Enthusiasm over the Big Red Apple prevails. At the close of this week sixty fruit farms in the Edgewood Orchard tract have been sold. As the sale of this land opened only upon the tenth of October, it will be seen what a keen demand there is for good fruit lands. This is doubtless due to the high price of land south of the International Boundary.

The sale of Edgewood Orchards has several unique features. Chief among these is the fact that the land is being sold direct from the surveyor's reports. In making this survey, the surveyors have given a careful report on each farm, and purchasers choose from these reports as satisfactorily as if they saw the land itself.

Vancouver and Calgary people have been large purchasers thus far, but one of the most extensive advertising campaigns ever conducted for Western Canada fruit lands is being carried on, and inquiries are pouring in from all over the continent. This part of the campaign has not gotten fully under way as yet. Mr. E. B. McDermid, the president of the Investors' Trust & Mortgage Corporation, attributes the success of the campaign to good land and to a straightforward presentation of the facts about it.

## Eyeglasses Not Necessary

Eyesight Can Be Strengthened, and Most Forms of Diseased Eyes Successfully Treated Without Cutting or Drugging.

That the eyes can be strengthened so that eye glasses can be dispensed with in many cases has been proven beyond a doubt by the testimony of hundreds of people who publicly claim that their eyesight has been restored by that wonderful little instrument called "Actina." "Actina" also relieves sore and Granulated Lids, Iritis, etc., and removes Catarracts without cutting or drugging. Over ninety thousand "Actinas" have been sold; therefore the Actina treatment is not an experiment, but is reliable. The following extracts from letters are but samples of hundreds we receive:

Mr. D. McKinnon, Winlaw, B.C., writes: "I have been troubled with my eyes four or five years; could not see to read without glasses. Since using your 'Actina' I can read without them."

Mrs. E. Paris, No. 135 Berri Street, Montreal, writes: "I must say that 'Actina' does all that you claim for it. I used different kinds of eye tonic without success, but could notice the good 'Actina' was doing me in a short time."

"Actina" can be used by old and young with perfect safety. For any form of disease of the Eye, Ear, Throat or Head. One will last for years and is always ready for use.

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Costume Skirt is made specially to your own measurements from our famous hard-wearing Yorkshire Serges; seven gores, raised seams, cut full, fit style and finish being perfect. In black, navy, grey, brown or myrtle. Every purchaser will be presented with a pair of Ladies' Shoes, absolutely Free. Costume Skirt and Shoes securely packed in one parcel and sent per return mail, carriage paid \$5. extra. Total amount one dollar. Remittances to be made in money order or dollar bill only.

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