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Repels Colds, Chills, and Influenza

SUPERFLUOUS HAIR

Can be permanently removed by the proper use of the Electric Needle. A skilled operator will not fail in giving satisfactory results. I have made this work a specialty, and after over twenty years' steady practice in the city of Winnipeg, I am in a position to assure my patrons that they will make no mistake in giving my safe and sure method a trial.

Send for booklet "Health and Beauty" for further particulars.

CONSULTATION FREE

Mrs. COATES COLEMAN

PHONE MAIN 996

224 SMITH STREET

A Medicine for Women

For Forty Years Lydia E. Pinkham's Vegetable Compound has Relieved the Sufferings of Women.

It hardly seems possible that there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, proving beyond contradiction that this grand old medicine has relieved more suffering among women than any other medicine in the world.

Mrs. Kieso Cured After Seven Month's Illness.



it is.—Mrs. KARL A. KIESO, 596 North Ave., Aurora, Ill.

Aurora, Ill.—"For seven long months I suffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my house work, I was giving up hope of ever being well, when my sister asked me to try Lydia E. Pinkham's Vegetable Compound. I took six bottles and today I am a healthy woman able to do my own housework. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for herself how good it is."

Could Hardly Get Off Her Bed.

Cincinnati, Ohio.—"I want you to know the good Lydia E. Pinkham's Vegetable Compound has done for me. I was in such bad health from female troubles that I could hardly get off my bed. I had been doctoring for a long time and my mother said, 'I want you to try Lydia E. Pinkham's Vegetable Compound.' So I did, and it has certainly made me a well woman. I am able to do my house work and am so happy as I never expected to go around the way I do again, and I want others to know what Lydia E. Pinkham's Vegetable Compound has done for me."

Mrs. JOSIE COPNER, 1668 Harrison Ave., Fairmount, Cincinnati, Ohio.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Dear Daughter. I am going over to Aunt Lulu's for a little while. You may go over to Alice's, or you may play in the yard until I get home.

Mother.

Helen sat down on her own door-step to think what she could do. In a crack between two boards of the piazza she saw a short pencil that she had lost a few days ago. She found a stick, and poked the pencil out. Its point was sharp. She laid the red circle she had found down on the piazza floor, put the waxed paper over it, and traced the graceful curves of the D. "How pretty it looks!" she said, aloud. "It's the prettiest D I ever saw, and I don't see how anybody could make such a nice one as that, and I wish I could make one half as good."

Helen traced the D again and again. She made ever and ever so many beautiful D's, until they were scattered all over one side of the waxed paper. Then in every bit of space between the traced letters, she began writing D's of her own. She was trying to see if she could not make them so well that she could not tell which D's were traced.

When mother came home, Helen was still making D's. Helen gave her Miss Dalton's message, and mother looked down at the waxed paper, and laughed. "You've done your practising for to-day," she said.

"Why, so I have!" Helen answered, and she was so surprised that for once she forgot to say more than one sentence in a breath.

Helen was ready for promotion at the end of the month, but all through her life she made her D's better than she made any other letter.

The Pool and the Tree

By Clayton Duff

Under a tree on my way from school I found a dear little baby pool. It must have come with the rain that day, And thought it would stay behind and play; And there it was having a game with the tree, From under whose branches it twinkled at me. The pool would smooth itself out and stare, And the branches would look at themselves in there; And then the water would ripple and run, And wobble their picture just for fun, And break it all into bits, and then Let the branches look at themselves again.

To-day I looked on my way to school. Just think what had happened to that dear pool!

The frost had come in the dead of night And frozen the poor laughing pool up tight!

It seemed a pity to spoil its fun; All of its ripples and games were done. But, bending over, I saw the trace Of a picture, still on its cold, wee face. A lovely picture of branches fair And leaves of silver were frozen there. The dear little pool was asleep, you see, And dreamed in its sleep of the beautiful tree.

In the Garden

By Winifred Watson Gautenbein

A light wind is stirring the apple-tree bough, And a snowstorm of petals shakes down on her brow, As she lies in the grass and looks smiling above, She that ain't good for nothin' but only to love.

She talks to the leaves in a speech of her own, From out the old garden with thyme overgrown, And her soft little hands seize that blossom and this— That ain't good for nothin' but only to kiss.

O tangle of hollyhocks, tangle of vine, And tangle of hearts for this baby of mine!

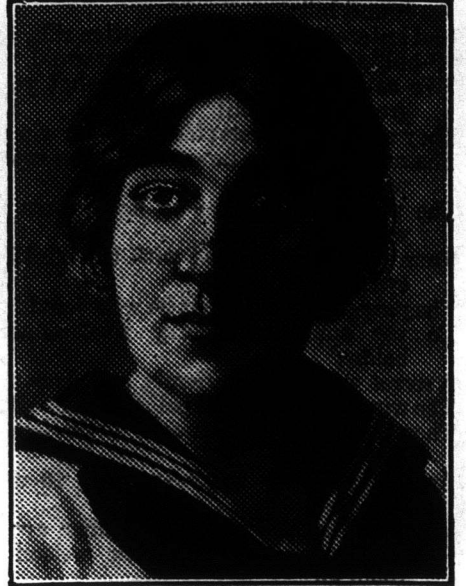
In all the old garden with fragrance astir There doesn't live nothin' that isn't for her.

Real Luck

"Tommy," said his mother at dinner on Christmas Day, "do stop eating. How can you possibly eat so much?" "Don't know," said Tommy between bites, "I guess it's just good luck."

THE CHIEF CHARM OF LOVELY WOMAN

Soft, Clear, Smooth Skin Comes With The Use Of "FRUIT-A-TIVES".



NORAH WATSON

86 Drayton Ave., Toronto.

Nov. 10th, 1915.

A beautiful complexion is a handsome woman's chief glory and the envy of her less fortunate rivals. Yet a soft, clear skin—glowing with health—is only the natural result of pure blood.

"I was troubled for a considerable time with a very unpleasant, disfiguring Rash, which covered my face and for which I used applications and remedies without relief. After using 'Fruit-a-tives' for one week, the rash is completely gone. I am deeply thankful for the relief and in the future, I will not be without 'Fruit-a-tives'."

NORAH WATSON.

50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.



BE WELL

I am a woman who helps women to be well. I tell women how to be free of headaches, backaches, nervous spells, crying spells, tired, listless feeling, constipation, fretfulness, sleeplessness. Simply write me and I will send you postpaid, ten days' free trial treatment, with names of people in Canada who owe their present health and strength to my treatment.

Write me to-day.

MRS. M. SUMMERS, Box 86 Windsor, Ont.

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quickly kills all nits and vermin in the hair. It is double the strength of any other but perfectly safe to use and will not injure the most delicate skin; nourishes and beautifies the hair.
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BANKIN & CO. Ellmarnock, Scotland.
Established over 100 years.



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