

## STOP LOOK and LISTEN

before purchasing a baking powder that may possibly contain injurious ingredients. Many food scientists claim that baking powder containing alum is unsafe for use in food. The mere fact that some brands of baking powder have the words "No Alum" on the label is not sufficient proof that they are what they are represented to be. Our chemists find a good many have "No Alum" on the outside but large quantities of it inside.

**MAGIC BAKING POWDER**  
Contains No Alum  
Pure Wholesome Economical

## LOVE and MARRIED LIFE

by the noted author  
Idah McGlone Gibson

ANNOUNCING OUR MARRIAGE. I managed to finish my coffee. Sometimes I think that when one's pride is hurt, one suffers more than when one's love is bruised.

I managed to finish my coffee. Sometimes I think that when one's pride is hurt, one suffers more than when one's love is bruised.



OVER sixty-one years' experience is behind the McCormick Biscuits; yet if they could be improved they would be.

Their high degree of nutrition is attained by the selection of the finest materials.

They are made in a sunlight factory where brightness penetrates to every corner.

They are properly baked for easy digestion. No wonder there is such a demand for

**McCormick's**  
Jersey Cream Sodas

Sold fresh everywhere. In sealed packages.

Factory at LONDON, Canada. Branches at Montreal, Ottawa, Hamilton, Kingston, Winnipeg, Calgary, Port Arthur, St. John, N.B.

## The Path to Health

For many thousands of women the Path to Health has certainly been through Lydia E. Pinkham's Vegetable Compound. When this great remedy was first introduced, and for many years after, skeptics frowned upon its curative claims, but as year after year has rolled by and the little group of women who had been cured by it has since grown into a vast army of hundreds of thousands—doubt and skepticism have been swept away as by a mighty tidal wave, until today this purely vegetable medicine is recognized as the greatest remedy for woman's special ills in the world. This is because it is a wonderful tonic and reconstructer which acts directly and favorably upon the feminine organization, and is a specific for that purpose.

Women in All Countries Depend Upon

**Lydia E. Pinkham's**  
Vegetable Compound



before John had told me that as soon as breakfast was over, we would call Helen Van Ness on the phone and tell her what we had done. Drunken with his words of love, this seemed the right thing to do.

Now I suddenly realized that Helen must have been greatly worried at our absence, and I felt that I had justified her expressions that lovers were the most selfishly impolite beings in all the world.

I went immediately to the phone but it was a long wait before I could get long distance, when longer still before I could get into communication with Helen.

The moment she heard my voice she said: "Where on earth are you, Kate Burke?"

And I answered: "Not Kate Burke, dear, Kate Gordon."

At this Helen gave such a sigh of relief that I could hear it at my end of the wire.

"I told mother that was what had happened," she said.

"Good heavens, was your mother worried too?"

"Have you any idea, Katherine Burke Gordon, that you could sail out of my mother's house at two o'clock in the afternoon with the intention that you would be home to dinner and not be heard from until the next afternoon at ten o'clock without putting our entire household on the tenter hooks of anxiety?"

"Good gracious, I never thought!"

"Of course you never did. Lovers never do. Mother was sure that you had both been killed!—that you and John would be found underneath the car on some lonely road. But I told her that I saw marriage in John's eyes and possession in the manner in which he drove you off yesterday."

"Mother wanted me to call up the police, but father was sure that had anything really happened we should have known it before two o'clock that he insisted that we should all go to bed."

"My heart sank within me. Was it possible that I had been so thoughtless and kept those dear friends anxiously awake all night?"

"Honestly, Kate," said Helen, "I really do think you might have called us up last evening. And yet I suppose that one must forgive much to people on their wedding day, especially if that wedding comes in the nature of a stolen sweet."

"Helen, you are awfully sweet to me. Very few girls would take it as you do. Won't you try and make my peace with your mother by asking her to look back at her own wedding eve and try and remember how little she thought of anyone else except her husband?"

"You've got her there, Kate," said Helen, with a chuckle. "I don't know that I ever told you Dad and Mum eloped and I've heard my grandmother say that it was days before they were heard from. Strange as it may appear, mother seems to have forgotten that that you had married never entered for heat."

Dad, however, insisted that such was the case as soon as I suggested it.

"What are you going to do now my dear?"

"Why—why, I don't know."

"What do you mean by that, Kate Burke Gordon?"

"Just what I say. When I left you yesterday I had no intention of marrying anyone—even John—and I am sure that my mind has never stopped to consider anything since. I've just been living in a happy dream."

"Well, it is time you wakened up, Kate. Where's John? Tell him to come to the phone. I want to congratulate him."

It was then that I had awakened from my beautiful dream. I had to answer evasively: "John has gone downstairs for a moment, but I just could not wait for his return to call you up."

(Continued tomorrow)

## WHITE FAVORS G.T.R. BEING ACQUIRED

Goes Over Whole Railway History in Canada Where Three Lines Run Parallel.

Ottawa, Oct. 16.—At the opening of the House to-day S. W. Jacobs asked whether the Government has received a communication from the council of the Board of Trade to Montreal asking that the steps to acquire the Grand Trunk Railway be deferred.

Dr. Reid, said that he, as Minister of Railways, had received no such communication. He intimated that the Grand Trunk resolution and the bill based on it would be gone on with.

Sir George Foster supplemented the answer. He said on behalf of the Acting Prime Minister that two or three communications had been received conveying the sentiments of the Montreal Board of Trade.

MERELY ACKNOWLEDGED. "I have acknowledged the letters, simply that and nothing more," said he.

Sir Thomas White, rising amid Government applause, continued the debate of the Grand Trunk resolution.

He said he had intended to speak on second reading when the policy in general would be under review, but the debate on the resolution had taken such a general character that he felt justified in intervening at this point.

WHITE SUPPORTS IT. "At the outset," said Sir Thomas, "I may say that the policy of the Government in regard to the taking over of the Grand Trunk Railway System has my hearty and unqualified support. In view of the transportation needs of the country the Government could not properly take any other course. This matter cannot be discussed without reference to the general railway situation in Canada, and so I will briefly discuss the general policy."

Everyone would agree, said Sir Thomas, that Canada had in the past 15 years been seriously overbuilt in regard to transcontinental railways. From Winnipeg to the Pacific, from Toronto to Montreal, there could be three lines paralleling one another almost within a stone's

throw. It was idle at this to attempt for this state of affairs. The blame rested upon both political parties.

If hard work is sapping your strength—reinforce with

**Boril**

On sale at all  
Druggists and Stores.

## Tells Dyspeptics What To Eat

Avoid Indigestion, Sour Acid Stomach, Heartburn, Gas on Stomach, Etc.

Indigestion and practically all forms of stomach trouble, say medical authorities, are due nine times out of ten to an excess of hydrochloric acid in the stomach. Chronic "acid stomach" is exceedingly dangerous and suffers should do either one of two things.

Either they can go on a limited and often disagreeable diet, avoiding foods that disagree with them, that irritate the stomach and lead to excess acid secretion or they can eat as they please in reason and make it a practice to counteract the effect of the harmful acid and prevent the formation of gas, sourness or premature fermentation by the use of a little Bismarck Magnesia at their meals.

There is probably no better, safer or more reliable stomach antacid than Bismarck Magnesia and it is widely used for this purpose. It has no direct action on the stomach and is not a digestant. But a teaspoonful of the powder or a couple of five-grain tablets which may be present and prevent further fermentation. This removes the whole cause of the trouble and the meal digests naturally and healthfully without need of peptic pills or artificial digestants.

Get a few ounces of Bismarck Magnesia from any reliable druggist. Ask for either powder or tablets. It never comes as a liquid, milk or citrate and in the bismarck form is not a laxative. Try this plan and eat what you want at your next meal and see if this isn't the best advice you ever had on "what to eat."

A rich copious lather

—produced from a half inch of cream—  
—in cold water as well as hot—  
—remaining moist to the end of the shave—  
—actually softening the beard without "rubbing in"—  
—A better lather—  
—that's Mennen's.

**MENNEN'S**  
SHAVING  
CREAM

**PURINA**  
CHICKEN  
CHOWDER  
IN  
CHECKERBOARD  
BAGS

**PURINA**  
SCRATCH  
FEED  
IN  
CHECKERBOARD  
BAGS

This is the feed that's guaranteed to bring

More eggs or money back

Sold only in checkerboard bags, by  
EIDT, WEBER & CO.,  
Distributors  
Kitchener, Ont.

**SHILOH**  
30 DROP COUGHS

SINCE 1870

throw. It was idle at this to attempt for this state of affairs. The blame rested upon both political parties.



## Beautiful Furs and Fur Coats for the New Season

WE are now shoring a large assortment of Fur Coats, Coatees, Dolmanettes, Shoulder Capes, Stoles and Muffs. The following are a few selected from our regular stock:

Plain Hudson Seal (dyed muskrat) Coat.

Hudson Seal (dyed muskrat) Coat, with beaver collar and cuffs.

Hudson Seal (dyed muskrat) Coat, with squirrel collar and cuffs.

Hudson Seal (dyed muskrat) Coat, with opossum collar and cuffs.

The above Coats can be had in 36 to 44-inch lengths. There are also several good styles in Hudson seal (dyed muskrat). Coatees and Shoulder Capes, both plain and trimmed.

Fur Stoles with Muffs to match can be had in the following:

Ermine Mink Opossum  
Taupe Fox Sable Mole  
Cross Fox Beaver Black Wolf  
Black Fox Squirrel Hudson Seal  
Labella Fox Taupe Squirrel (dyed muskrat)

Special Bargains in the balance of our Ready-to-wear.

**FELDMAN**

Furrier 21 W. King  
Kitchener's Fur Store

## LOCAL IMPROVEMENT NOTICE

TAKE NOTICE THAT

1. The Council of the Corporation of the City of Kitchener intends to construct as local improvements the several works, on the streets and between the points mentioned in the Schedule hereto, and intends to specially assess a part of the cost upon the land abutting directly on the work.

2. The estimated cost of the several works, the amount in each case to be borne by the Corporation, the estimated special rate per foot frontage and the number of annual instalments in which the special assessments are to be paid are set out in the Schedule hereto.

3. A petition against the work will not avail to prevent its construction. Dated at Kitchener the sixteenth day of October, 1919.

A. H. MILLAR,  
City Clerk.

Street Side From Schedule To Estimated Payable No Annual Instalment

Herlan Walnut Strange \$960.00 \$156.00 30  
Walnut Wilmet Herlan 800.00 132.00 30  
Spring Lancaster 2400.84 264.42 30  
Francis Joseph Charles 4615.00 1826.80 5  
Joseph Wilmet Francis 7686.00 1109.40 5  
Union North York G.T.R. 329.67 23.75 20  
Pine East King Cemetery 621.40 36.34 20

NATURE OF WORK.

Sewer  
Grading and Graveling  
Tavla Roadway  
Tavla Roadway  
Concrete Walk  
Concrete Walk

Committee Rooms in the interests of Walter J. Snider, have been opened at 58 King St. W., Kitchener, above Ross' Drug Store. Rooms will be open daily until election.

Women and men are cordially invited to come and get information in regard to the election, and see where they vote. Phone Number 62. W. H. Leeson in charge.

## SMALL HARDWARE

SMALL HARDWARE

Nowhere will you find such a varied stock of hardware. We have endeavored to procure and supply to the people of this section just the right kind of tools and builders hardware; merchandise that we can sell to our customers with assurance and confidence that the buyers will be entirely satisfied.

Quality. Service.  
Geo. G. Bucher & Son

57 East King. Opposite City Hall.

## Save Against "rainy day"

The thought of being some day, when illness or away one's ability to earn distasteful to the Canadian

The simplest, surest way this is to open a Savings Account and add something to it every week in and we will gladly explain

—THE  
Bank of Nova Scotia

Capital - - - \$ 9,700,000  
Reserve Fund - 15,000,000  
Resources - - - 220,000,000

A. J. C. MacKinnon  
Kitchener

## This is a "Glad"

THINK of the number of times you have put on heavy linens! And then trouble of watching them, of warming and of walking back and forth to the stove. Were they not well named "sad" iron?

The New  
Canadian Beauty  
Electric Iron

and you'll realize why many women call this time and energy the "glad" iron.

No steps—no fussing over a hot stove—no lifting at all—no waxing—no frayed nerves—and hours out of your ironing time!

The highly polished ironing surface of the Canadian Beauty glides easily over the heaviest linen. Once well heated, you can shut off the current and continue ironing for a while without heat.

The tip is extra hot. And it's a beautiful iron as well as a "glad" iron.

We also sell the famous Canadian Beauty Three Canadian Beauty Electric Toaster. Call and see our unequalled display of Electrical Appliances.

REINHART & DOBSON  
Kitchener, Ont.

## REAL "INSIDE" INFORMATION

When Constipated, Bilious, Headache, "Cascarets" for Liver and Bowels—N

Are you keeping your bowels, liver, and stomach clean, pure, and fresh with Cascarets, or merely whipping them into action every few days with Salts, Cathartic Pills, Oil, or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets gently cleanse and regulate the stomach, remove the sour and fermenting food, excess bile from the bowels, and you sleep—no more constipated, no more headache, no more indigestion, no more nervousness, no more little too.

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Cascarets to great by none you sleep—no more constipated, no more headache, no more indigestion, no more nervousness, no more little too.

A real position for experienced secretaries capable of doing private secretarial work, letter giving qualification, etc. Excellent right person. Write Box 68, News Record.

Now Is The Time

TO BUY THAT HOME

Property values in Kitchener are steady and rents will soon reach the stage of Real Estate again the best form of investment.

OUR SALE LIST INCLUDES SOME OF THE BEST VALUE ever offered to prospective home buyers.

EASY TERMS. HOUSES AND ROOMS FOR RENT. Office open evenings.

J. A. Williams & Co.

93 King St. West