

This and That

THE BRAVERY OF A WOMAN.

'How brave is a woman?' asks 'The Baptist Commonwealth,' and answers its own question thus:

That depends on circumstances. It is woman's nature to be afraid of little things. She screams when a mouse runs over her feet. Fear clutches her heart when she is alone at night. Almost every woman will say, 'I'm a terrible coward.'

That is only true to a very limited extent. When the time for bravery comes the grandness of a woman's unselfish courage is apparent. And when love nerves heart and hand, you have a force to move the world.

Dr. and Mrs. William H. Logan left their good home in Bethany, Ill., at the call of duty, went to China as missionaries. Mr. Logan became very ill with appendicitis. It was eight hundred miles to the nearest doctor.

He told Mrs. Logan that his only chance for life lay in an operation, and asked her to carefully listen to his instructions, and perform it.

Can you imagine a position more tragic? And her unskilled hand might slay the one she loved!

She listened to Dr. Logan. She prayed, too, then gave him an anesthetic, and successfully removed his appendix.

After that came loving care and tender treatment, until he had rallied sufficiently to be moved, when Mrs. Logan took him eight hundred miles by waggon and rail to a physician, who completed the treatment.

Are women brave? Mrs. William H. Logan has answered the question. Florence Nightingale never did a more heroic act than was performed by the missionary woman hundreds of miles from civilization.—'Christian Guardian.'

CHINESE PLACE NAMES.

Tung means east; si, west; nan, south; pe, north; while tsin, kin or king stands for capital or metropolis, as in Pekin (northern capital) and Nankin (southern capital). Tien means heaven, so Tientsin means heavenly

QUIT COFFEE

Said the Great German Specialist.

It disappoints some people to be told that coffee causes the disease. But it is best to look squarely at facts and set the face towards health for that's more fun than anything else anyhow. A Cincinnati man consulted a Berlin physician on nervous diseases and says:

'Four days ago I was an habitual coffee drinker having used it for 25 years and being naturally of a nervous wreck, greatly suffering from insomnia, almost constantly constipated and weighing only 128 pounds.

'I consulted physicians and took medicine all the time but had no relief. About three years ago and a half ago I went abroad and while in Berlin heard frequently of a great physician, Prof. Mendel, an authority on nervous trouble, so I resolved to consult him.

'Prof. Mendel surprised me very much by asking me if I were a coffee drinker and on my telling him I used it two or three times a day he said, 'It is poison.' After carefully examining me he told me there was nothing the matter with me whatever but what could be entirely cured in 30 days by letting coffee and other stimulants alone and quieting.

'I had a hard time following his advice. I did not know what to do until I came home and told my wife who got some Postum. We tried it but at first did not like it, then we went over the directions on the package together and found we had not boiled it long enough. That was the beginning of the end of trouble for the Postum was delicious after that and I drank it regularly and it helped from the start.

In a very short time I began to feel much better and in the last three years I haven't been absent from business one hour on account of ill health for my health is fine now. I have a good appetite, sleep well and weigh 175 pounds. Name given by Postum Co., Battle Creek, Mich.

Any nervous person who drinks coffee will feel better from 10 days use of Postum in place of coffee. Trial easily proves this. There's a reason.

Look in each package for a copy of the famous little book, 'The Road to Wellville.'

metropolis. Ho, or Kiang, means river; so Pei-ho is north river, Si-Kiang, west river.

Che means seven, so Che-kiang is seven rivers. Shan is mountain, and Shan-tung is east mountain, and Shan-si west mountain. Pai is white, and Pai-shan, white mountain. Hai is sea, and Kwan stands for gate, so Hai-kwan (the maritime customs) is gate of the sea, and Shan-hai-kwan is mountain and sea gate. Shang is a city, Shanghai, city by the sea. Hoang is yellow; Hoang-Ho, Yellow River and Hoang-Hai, Yellow Sea. Yang means ocean, and Tse son; hence Yang-tse-Kiang is son of the ocean river, and Tientsu, son of heaven (The Emperor). Ku or Kow is a mouth or pass, and Ta, big or great, so Ta-ku means big mouth (of Pei-ho) while Nankow stands for south pass (from Mongolia). Hu is a lake; ling a hill; hsiang a village; hsien a tax district. Fu is a prefecture; tai, a governor; tao, a circuit; so tao-tai is a governor of a circuit, and fu-tai is a governor of a prefecture. Chao, or Chiao, is a bridge; li, a Chinese mile; pa, eight; and thus Pa-li-kiang is the eight mile bridge. Cho or Chow is a depot or stopping place; hence, Tung-chow, eastern depot (of Pekin). Shen is a province, and Shen-si a Western province. Yamen is a police station or official residence, and Hui, a secret society, or club. Tsing means pure or clear; so Tsing-kiang is a clear river, while Ta Tsing, means great pure (name of present dynasty), the Kwo being a kingdom or empire, Ta-Tsing Kwo signifies the Empire of the Great Pure (China.—Daybreak.

LOOKING FOR SPORT.

She was city bred, and had the usual fear of cows.

'Why she asked when the danger was past, did you take me across this lot?

The small country lad chuckled. 'I thought it would be fun,' he said, 'to see you climb a tree.' Then after another chuckle: 'And it was.'—Chicago Post.

TOLD AGE BY HIS HORNS.

Mr. John Morley, a few days after the publication of his 'Life of Gladstone,' told in a speech at Sheffield, a story of Mr. Gladstone's boyhood.

'The lad,' he said, 'was in the country. A farmer was showing him over his estate. The farmer would pause before each field to describe it, and before every cow, horse and pig he would make a brief biographical address.

'Finally they came to a small field that contained a large black bull.

'That is a fine bull there, Master William, said the farmer. "A very fine strong, two-year-old bull."

'Two years old?' said the boy.

'Yes, two years, sir.'

'How do you tell its age?'

'Why, by its horns.'

'The little boy frowned. He paused a moment. Then his countenance cleared.

'Ah,' he said, 'by his horns. I see. Two horns—two years.'

A MISSPENT YOUTH.

One of the best known stories about the late Herbert Spencer has so often been told as to have become almost classic. The philosopher was invited to a game of billiards by a young man, who soon began to score rapidly. In fact, the hundred was over in a very few breaks, during time Mr. Spencer had plenty of time to think but little opportunity of playing. Somewhat annoyed at the one-sided continuation of things, the philosopher put up his cue with the remark, solemnly uttered:—'Young man, a certain amount of dexterity in games of skill is commendable, but proficiency such as yours is evidence of a misspent youth!'

A Russian newspaper, the 'Novy Krai,' considers that Great Britain is making a terrible mistake in seeking to circumvent Russia in the Tibet question at the moment when there appears to be a possibility of an Anglo-Russian rapprochement. But it must be remembered that, but for our move forward in Tibet, we should never have known that there had been a chance of a rapprochement.—Punch.

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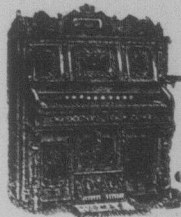
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