

Social Notes Of Interest

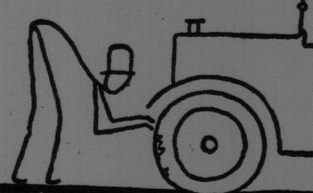
Miss Elsie Matthew, daughter of the late Dr. and Mrs. George F. Matthew, has returned to St. John for the summer, after spending the winter in New York and in southern cities.

Miss Charlotte Godard arrived in the city on Monday after a delightful trip in Europe.

Mrs. John B. M. Baxter will receive for the first time since her marriage at her residence, 34 Dufferin Row, West St. John, on Friday afternoon, May 2, from 4 until 6 o'clock.

Mrs. C. W. Knapp, of Sackville, is in the city the guest of her sister, Mrs. Frederick A. Estey, King street east. Mrs. Knapp is attending the sessions of the Anglican W. A. Diocesan convention.

Miss Helen V. McLeod, of Missoula, Montana, is the guest of her aunt, Mrs. E. L. Corbett, 180 Duke street, en route



Does your "Henry" need new shoes? Read the want ad news—

READ THE WANT ADS

Saves time and labor



Add a touch of newness all through the house

to her home, after an extended trip abroad. Miss McLeod is also enjoying being with her grandmother, Mrs. Charlotte McLeod, who celebrated her ninety-eighth birthday on March 17. Miss McLeod leaves next Tuesday for home.

Mr. Gordon Green, C. E. and Mrs. Green, of Pasadena, California, who are guests of Mr. Green's parents, Mr. and Mrs. Fred Green, are intending to spend the summer with the latter at their summer home in Nauvauk.

Three talented young ladies, Misses Marion Ellis, Grace Stuart and Greta Conrad, graduates of Acadia University Ladies' Seminary at Wolfville, N. S., arrived from Digby, N. S., last evening on a concert tour of the maritime provinces. They are guests of Miss Erna Conrad while in St. John.

POVERTY SOCIAL HELD.

The poverty social held last evening in the Victoria street Baptist church hall was well attended, and a good sum was raised for the work of the Young People's Society.

TELLS OF WONDERS OF EMPIRE FAIR

One of the first Canadians to return to Canada after visiting the British Empire Exhibition at Wembley Park is Miss Geraldine Melick, who reached St. John last night, having crossed from England as a passenger on the Saxonia, which docked in Halifax on Monday. Miss Melick will spend a few weeks in St. John at her home, 24 Elliot Row, and will be warmly greeted by many friends. Her trip to England and France was taken for the benefit of her health.

SEE GERTRUDE TOMALIN ON FRIDAY EVENING.

What the English papers say about Gertrude Tomalin, who appears in Pythian Castle on Friday evening, May 2, in aid of Loyalist Chapter, I. O. D. E.

Was able to give free rein to her art and to demonstrate fully her command in turn of the humorous, the dramatic and the illustrative. Her style is happily free from the artificiality associated with the "recitation," and therefore makes a direct appeal.—London Morning Post.

One of the most impressive elocutionists yet heard in this district is Miss Gertrude Tomalin who lost no time in getting on good terms with everybody. The more she recited, the more her audience seemed to demand. She kept the audience alive with laughter.—Strand News.

The charming personality and keen sense of humor were irresistible—not a word, not a gesture—but was keenly relished by a delighted audience.—Teesdale Mercury.

DYED LACE.

Dyed lace is used extensively on lingerie this season. Nile green and apricot are two very popular shades. The advantage of dyed lace is obvious since in order to keep colored silk garments from looking it is necessary to re-dip them occasionally, and the lace is bound to become colored, so it might as well start out that way.



Paris \$80 Wholesale

The model was \$80 wholesale in Paris, sharing of course the cost of designing. Spear has had it copied for a fraction of this figure.

A high crowned dream in Black Taffeta with wide Capelaine brim drooping just so you can see the colorful facing. Apple Green Corded Silk stripes alternating with Black Moire ribbon stitched in Gold, then Velvet Blossom Appliques.

SPEAR

Spear Block—Union St.

Y. P. S. OFFICERS CHOSEN.

Reports of the activities of a successful year were received at the annual meeting of the Young People's Society of the Queen Square Methodist church last night in the church room with C. R. Meserveau, retiring president in the chair. The officers elected were as follows: Honorary president, Rev. Nell MacLachlan; president, Clayton Teed; vice-president, Charles Scott; secretary, Mrs. L. V. Lingley; treasurer, Blair McLean; conveners of committees: Literary, Miss Esther Welsford; social, Miss Frances Smith; sports, McArthur Morgan and membership, LeRoy King. The treasurer's report showed total receipts of \$80.15, an increase of about \$100 over the previous year. The society made a generous contribution to the repair fund of the church and raised its money by means of entertainments, pantry sales and rummage sales.

Silence Cloth
A bedspread that has become shabby and worn in places often has enough good material in it to make a silence cloth for the dining table.

SISTER MARY'S KITCHEN A Daily Menu For The Stout and Thin EAT AND-- Lose Weight—Gain Weight

One large orange, 2 tablespoons dried beef with scrambled eggs, 1 medium sized stuffed tomato, ½ head lettuce, 1 broiled sweetbread, ½ cup spinach with 1 tablespoon lemon juice, ½ cup canned peas, 2 tablespoons prune whip, 1 small nut cookie, ½ cup pear, 2 thin crisp pieces gluten toast, 1 piece whole wheat toast, 1 bran roll, 1 pint whole milk.
Total calories, 1044. Protein, 32g; fat, 29g; carbohydrate, 426. Iron, .0193 gram.

Stuffed Tomato.
One medium sized tomato, 1 tablespoon dried celery, 1 tablespoon cottage cheese, 1 tablespoon chopped hickory nuts.
Cut slice from stem end of tomato and scoop out seeds and pulp. Put the seeds and pulp through a strainer to remove seeds. Reserve pulp and juice. Mix celery, cheese and nuts with pulp and juice to moisten, season with salt and pepper and a very little onion juice. Fill tomato with mixture and serve on a bed of lettuce.
Total calories, 149. Protein, 23. Fat, 9g; carbohydrate, 27. Iron, .0004 gram.

One large orange, 1 slice salt pork with cream gravy on toast, 1 cup uncooked cereal with sliced banana, 1 cup cream of potato soup, dried beef with scrambled eggs, (2 tablespoons), 1 medium sized stuffed tomato, ½ head lettuce, 1 veal bird, 4 tablespoons scalloped potatoes with cheese, ½ cup spinach with cream sauce, ½ cup buttered peas, 4 tablespoons prune whip, 4 tablespoons boiled custard, 4 nut cookies, 1 whole canned pear with 1 tablespoon chopped nuts and 1 tablespoon whipped cream, 2 cornmeal muffins, 2 slices whole wheat bread, 2 slices raisin bread, 1 pint whole milk, 3 tablespoons butter.
Total calories, 3287. Protein, 394g; fat, 1182g; carbohydrate, 1711. Iron, .0173 gram.

As sweetbreads are very expensive in some places, the veal birds are suggested for the rest of the family.

If the member of the family who is dieting to reduce prefers a "hearty" breakfast to luncheon, the eggs and dried beef can be used as the breakfast dish and the salt pork with cream gravy for luncheon.

The stuffed tomato is swathed in oil mayonnaise. Neufchatel cheese replaces the cottage cheese, and cream as well as tomato juice moistens the cheese mixture.

REGAL FLOUR

Supplied in the various sizes of packages shown above

Barrels, Half-Barrels, 98 lb. Bags
49 lb. Bags and 24 lb. Bags

WONDERFUL FOR BREAD

Truly Economical because "SALADA" TEA

draws so richly in the teapot.
The flavor is superb—Try it.

Whether she wears a tallleur, a stylish maid of this season wears a straight-line frock or a long coat, the neck scarf.

CLARK'S BEANS

Build Bonnie Boys

Clark's Beans with pork are cooked & seasoned just as the best home-cooks like them—

"Canada Approved," the Government stamp, on every tin.

Let the "Clark" Kitchens help you to serve excellent food with less home cooking.

W. CLARK Limited, MONTREAL. ESTABLISHMENTS AT MONTREAL, P.Q., ST. RICH, P.Q. AND HARTFORD, CTY.

F. A. DYKEMAN & CO.

SPRINGTIME IS HOME-FURNISHING TIME

With May close at hand, warm weather here at last, one's thoughts quite naturally turn to new and fresh

Curtains or Draperies

For the home. Never has our collection of Curtains and Draperies been so complete and so pleasing in designs, patterns and colors. You will find the prices remarkably low.

WALL PAPER SALE NOW ON
Quality Paper in the Wide width—22 inches.
Wonderful Values. Sale Ends Saturday, May 3.

F. A. DYKEMAN & CO.

The Store of Complete Satisfaction.

BISTO—for Gravy

BISTO is a fine dry powder which thickens, seasons and colors gravy—making it delicious and nourishing. With BISTO you can make gravy in a fraction of the time necessary by old methods. You don't burn or strain it, or add flour and salt. BISTO contains all the ingredients to make perfect gravy.

IN 10, 25, & 50c PACKAGES AT ALL GROCERS

Canadian Selling Agents
Harold F. Ritchie & Co., Limited
1212 McCord St., Toronto

Also Makers of CEREBOS SALTS

USE BISTO FOR Gravy, Soups, Stews, Meat Pies, etc.

Baking-day - and no worry about your OVEN!

Foiling the Enemy—RUST

The flues and the smoke box of a range are the parts attacked by rust, and corrosive gases. These hidden vital parts are protected in the Kootenay by being enamel-clad.

QUICK to heat—an even baker—no burning top or bottom—and holding its heat with a small fire. Good reasons, aren't they, for the popularity of the Kootenay?

Have you seen this wonderful oven?

It has white nickelled steel walls—easy to clean, and a pleasure to work with;—an exclusive McClary's feature.

Why delay securing a range that will be such a help in your daily housework
SEE McCLARY'S DEALER.

McClary's
London, Toronto, Montreal, Winnipeg, Vancouver, St. John, N.B., Hamilton, Calgary, Saskatoon, Edmonton.

The Right Utensil
saves time and improves the work. Ask your favorite hardware dealer to show you a McClary's Porcelain Enamelled, Covered Boasting Pan. "The Clean Ware"

McClary's Kootenay

Bon Ami

is made in both Cake and Powder Form

Made in Canada

Do you know that Bon Ami comes in two forms—cake and powder? Both are made from the same ingredients—both have the same wonderful gift of cleaning and polishing without scratching.

For some purposes you'll want the Bon Ami powder in its handy, sifter-top tin—it's so easy to shake out on a damp cloth. For other uses you'll prefer the solid Bon Ami cake that you can rub on the cloth like soap.

Most housewives keep both the cake and powder always on hand. These two "Partners in Cleanliness" are unequalled for cleaning and polishing many things about the home.

"Haven't Scratched Yet"

BON AMI LIMITED, MONTREAL

Robinson Bread

Thank your stars if you are out of luck when you look in the Bread box. For it may urge you to try this Robinson Bread you hear so much talk about.

The Special Milk, or the rich Butternut, the old-fashioned Mother's or the hearty Whole Wheat. Be fussy—have a Bread exactly to your taste. The only way is to get your grocer to give you

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Special For Thursday

Men's Famous Botany Serge Suits \$19.95

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Change Color of Your Draperies

Haven't you thought that if you had your time over again what color you'd choose for those portieres, curtains, couch covers or even comforters?

Without going to the expense of buying, it can be done and done well the way you can plan.

'Phone the New System and see what they can tell you about it.

New System Laundry

Dyers, Cleaners—Wet and Dry Wash.
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