

A TESTAMENT OF THE SOUL,

To be made by a good Christian every day.

In the name of God. Amen.

I BEQUEATH my soul to God, my body to the earth, rottenness, and worms.

I abandon freely all temporal goods, which are but mere vanity.

I repent with all my heart of my sins, and that for the love of God.

I pardon with my whole heart and soul all my enemies.

I believe in God, one in essence, and three in persons; Father, Son, and Holy Ghost: Creator, Conservator, and Remunerator; all powerful, all good, all bountiful, all wise: that the second person, who is the Son of God, became man, and died upon the cross to save me; and whatsoever the Holy Catholic, Apostolic, and Roman Church doth propose unto me to believe.

I hope from the bounty of God, through the merits of my dear Saviour, Jesus Christ, the remission of all my sins, and life everlasting.

I love God for his own sake alone, with all my heart, with all my soul, and with all my strength.

I resign myself purely, entirely, and absolutely to the disposal of his most holy and always adorable will, being ready to do and suffer, to be healthy and sick, to live and die, when and after what manner he pleases; his holy will be done. Amen.