

2d. The most of the people were poor when they first came to the province : of course had been accustomed to live on the simple necessities of life, and yet retain a wise moderation in eating and drinking, which also very much prevents the introduction of disease.

3d. The climate is quite temperate, and according to the observation of many who have lived in the place 16 years, sudden changes from hot to cold, or cold to hot, is not so common as in most places in the United States, or Europe. The winter commences gradually, and goes off in like manner. The snow in this district has never been known to be more than 20 inches deep, and generally not more than 12.

4th. All the water in this district is clear from any foreign body, is pure, and of the lightest order ; the most of people make use of springs or brooks, which are in great plenty, and are clear and cool nine months in the year : neither are they very often made muddy by rain, the land through which they run being of a sandy quality.

5th. The soil being of a sandy quality, as observed above, naturally produces sound and sweet grain, and vegetables : the using of which very much promotes the health of the consumer.

6th. The people of this Canadian paradise are more contented in their situation of life, than is common to observe in most places, which also