

2. The course or courses referred to in paragraph 1(b)(iii) shall include, in particular, changes in the relevant international regulations and recommendations concerning the safety of life at sea and the protection of the marine environment.
3. The Administration shall ensure that the texts of recent changes in international regulations concerning the safety of life at sea and the protection of the marine environment are made available to ships under its jurisdiction.

Regulation III/6

Mandatory Minimum Requirements for Ratings
Forming Part of an Engine Room Watch

1. The minimum requirements for a rating if forming part of an engine room watch shall be as set out in paragraph 2. These requirements are not for:
 - (a) a rating nominated as the assistant to the engineer officer in charge of the watch;*
 - (b) a rating who is under training;
 - (c) a rating whose duties while on watch are of an unskilled nature.
2. Every rating forming part of an engine room watch shall:
 - (a) be not less than 16 years of age;
 - (b) satisfy the Administration as to medical fitness, including eyesight and hearing;
 - (c) satisfy the Administration as to:
 - (i) experience or training regarding fire-fighting, basic first aid, personal survival techniques, health hazards and personal safety;

* Reference is made to Resolution 9 - "Recommendation on Minimum Requirements for a Rating nominated as the Assistant to the Engineer Officer in Charge of the Watch" adopted by the International Conference on Training and Certification of Seafarers, 1978.