

### Hockey practice puck

"SafeTpuck" is a practice puck made of moisture-repellent soft material weighted to approximately three ounces. On any smooth surface, it acts exactly like a rubber puck on ice — same control, rebound, friction performance. Friction changes with the degree of surface smoothness. The co-inventor is Tom Kelly, an employee of the Northern Electric Company.

Advantages of the training safety puck are: learn and develop hockey skills 12 months a year; learn to shoot a puck accurately as the puck responds accurately to shooting control; instruct students in gyms, reducing expensive ice-rental costs; reduce cost of expensive body protective equipment; simultaneously support instruction and blackboard diagrams by demonstrating on gym, or any smooth, floor; reduce damage to painted surfaces, panelled walls, windows, cars, and avoid injury in the learning process.



*With "SafeTpuck", the whole family can play hockey in the living room.*

### Women's lib comes to the forces

The Canadian Armed Forces (CAF) has made available to men and women equal opportunities in a number of officer classifications and other ranks.

This new policy, which is not linked to any shortage of male applicants for the CAF, is the result of a study arising from certain recommendations of the Royal Commission on the Status of Women.

Women will be excluded from those classifications and trades that call for service in primary combat roles, seagoing duty and duty in isolated areas.

The new policy is in line with the Government's equal employment opportunities for both sexes. Senior female personnel in the Public Service Commission, the Department of Labour and the Privy Council Office, concerned with the employment of women, have expressed their concurrence with the program.

The present female strength in the CAF is 514 officers and 1,143 other ranks. The new policy will increase the numbers to over 2,000 officers and about 5,000 others. Recruiting of women will start immediately in those classifications and trades where

vacancies exist. Providing there is a requirement at the time of application, women will be accepted for such employment as aerospace engineer, air-weapons controller, communication/electronics engineer, meteorological technician or machinist up to a total of 13 classifications and 30 trades.

Lieutenant-Colonel Mary Vallance, the Director of Women Personnel, who has been closely connected with the study which resulted in the new policy, is convinced that the new program is a great step forward and a positive reaction to the Government's equal opportunities policy.

### Amphetamine-use restricted

Details of new regulations restricting the use of amphetamines and two related drugs, phenmetrazine and phendimetrazine, were announced recently by National Health and Welfare Minister Marc Lalonde. Effective January 1, physicians are permitted to administer or prescribe these drugs for the treatment of the following conditions only: narcolepsy, hyperkinetic disorders in children, mental retardation (minimal brain dysfunction), epilepsy, Parkinsonism, and

hypotensive states associated with anesthesia. These conditions were designated by two expert medical advisory committees, under the chairmanship of Dr. Ian Henderson, of the Ottawa General Hospital, and Dr. Thomas Ban, of the Douglas Hospital in Montreal. Members of the committees were chosen by the medical profession.

If the drugs are prescribed or administered in an amount that will be consumed within a period of not more than 30 consecutive days, the physician is required, within 33 days of the first such administration, to notify the Department of National Health and Welfare of the name and address, sex and age of the patient. The diagnosis, however, is not required. For long-term therapy exceeding 30 days, the prescribing physician must also submit to the Department the name and address of a physician who has confirmed the diagnosis for which the drug is being prescribed. This notification is required within a ten-day period following the consultation.

"In carrying out this program," said the Minister, "I wish to make it clear that my Department has no intention of hampering the practice of