

ADVERTISERS—(Continued)	PAGE
Taylor's Safe Works - - - - -	101
Turner, H. - - - - -	2
Toronto Furniture Co. - - - - -	77
Toronto Salt Works - - - - -	17
Walterhouse, D. - - - - -	102
Wampole, H. K., & Co. - - - - -	19
Western Pennsylvania Medical College - - - - -	112
Westminster Hotel, N.Y. - - - - -	81
Whitcomb House - - - - -	99
Wilson, C., & Son - - - - -	103
Wabash Railroad - - - - -	103
Wheeler, T. B. - - - - -	97
Women's Medical College, Baltimore - - - - -	79

FOR years physicians and sufferers have felt the want of an abdominal supporter which, while it performed its mission in proving a support to the abdomen, was at the same time *comfortable*. It has been the experience of nearly all that the average device is so uncomfortable to the wearer that the "remedy proves worse than the disease." We are pleased to note that the Empire Abdominal Supporter fills this long felt want, as it is cool and comfort-

able, and at the same time efficient. The Empire Supporter is without doubt superior to all others, as it adapts itself to every movement and position of the body, imparts warmth without irritation, supports the weight of the body from the back bone, is easily applied, and is cheap and durable. The Empire Manufacturing Company also make an Umbilical Truss for infants, children, and adults. This is made of the same material as the supporters, and is, without doubt, the best umbilical truss in the market to-day. The Empire Elastic Bandage, possessing, as it does, porosity, elasticity, and absorbent qualities to a great degree, will commend itself to the profession as being superior to the gum bandage, so long in use, and for treatment of varicose veins they are superior to elastic stockings.

The Treatment of Influenza or La Grippe.

It is quite refreshing these days to read of a clearly defined treatment for the grip. But in an article in the *Lancet-Clinic*, December 28th, 1895, Dr. James Harvey Bell, 251 East 32nd Street, New York City, says he is convinced that too much medication is both unnecessary and injurious. He has few remedies; prescribes them with confidence, and "trusts the rest to nature."

When called to a case of influenza, the patient is usually seen when the fever is present, as the chill, which occasionally ushers in the disease, has generally passed away. Dr. Bell says he then orders that the bowels be opened freely by some saline draught, as hunyadi water or effervescent citrate of magnesia.

For the high fever, severe headache, pain, and general soreness, the following is ordered:

R Antikamnia Tablets (5 gr. each), No. xxx.
Sig. One tablet every two hours.

If the pain is extremely severe, the dose is doubled until relief is obtained. Often this single dose of ten grains of antikamnia is followed with almost complete relief from the suffering. Antikamnia is preferred to the hypodermic use of morphia, because it leaves no bad after-effects; and also because it has such marked power to control pain and reduce fever. The author says that

unless the attack is a very severe one, the above treatment is sufficient.

After the fever has subsided, the pain, muscular soreness and nervousness generally continue for some time. To relieve these and to meet the indication for a tonic, the following is prescribed:

R Antikamnia and Quinine Tablets, No. xxx.
Sig. One tablet three times a day.

This tablet contains two and one-half grains of each of the drugs, and answers every purpose until health is restored.

Occasionally the muscular soreness is the most prominent symptom. In such cases, the following combination is preferred to antikamnia alone:

R Antikamnia and Salol Tablets, No. xxx.
Sig. One tablet every two hours.

This tablet contains two and one-half grains of each drug.

Then again it occurs that the most prominent symptom is an irritative cough. A useful prescription for this is one-fourth of a grain sulphate codeine and four and three-fourths grains antikamnia. Thus:

R Antikamnia and Codeine Tablets, No. xxx.
Sig. One tablet every four hours.

Dr. Bell also says that in antikamnia alone we have a remedy sufficient for the treatment of nearly every case, but occasionally one of its combinations meets special conditions. He always instructs patients to crush tablets before taking.