

all the cold water and lemonade she wanted. She made a good recovery.

Jennie M., aged fourteen months. Suffered from gastro-enteritis with much fermentation. Bowels swollen and tympanitic. Fever of a remittent type due to autotoxemia. Child delicate and poorly nourished; still nursing the mother's breast. Mother herself in poor health and in no condition to nourish her child. Treatment: Put the little one on cow's milk diluted with lime water. Three times a week I gave a high enema of a warm saline solution and Glyco-Thymoline, equal parts. Also gave the above prescription, a teaspoonful every four hours. Child steadily improved under this treatment and in six weeks was in a good state of nutrition and health.

A point that I wish to emphasize in these notes is that Glyco-Thymoline is a most excellent antacid and antiseptic and deserves special consideration in the stomach and bowel disorders of young children. It gives prompt and gratifying results.—*Medical Summary*, July, 1907.

THE "PERSONALLY CONDUCTED" SCHOOL GIRL.

In a recent issue of one of our prominent medical journals appeared an article from the pen of a well-known pediatricist, entitled "The Personally Conducted Baby." While the importance of a sedulous and careful attention to the needs of the growing infant cannot be overestimated, it is equally important that the physical requirements of the adolescent school girl should be carefully looked after during the impressionable and formative period of life incident to the initiation of the menstrual epoch, "The Personally Conducted School Girl" is more likely to successfully weather the stress and strain of the modern educational system than one who is not so carefully guarded. Regularity and system are the essential requisites of success. Hurried and irregular meals, the eating of an undue amount of pickles and condiments, too frequent indulgence in candies and sweets, should not be allowed. Habitual constipation should not be allowed to continue, and sufficient exercise in the open air should be insisted upon. The bedroom window should always be freely opened at night, and late hours and exciting entertainments should be avoided. In spite of all hygienic precautions, however, the school girl is likely to become more or less chlor-anemic. In such cases the irritant forms of iron are worse than useless, because of their disturbing effect upon digestion and their constipating action. Pepto-Mangan (Gude) is free from these disadvantages and can be given as long as necessary without producing intolerance or gastro-intestinal derangement. Periodical blood examinations will evidence the prompt and progressive increase of red cells and hemoglobin, and the gradual return of color will show the general improvement of the patient.