

SUPERIOR TO COLORADO OR SARATOGA.



## ST. LEON

## MINERAL WATER

clears off Bile and Headaches. Don't feel at home without it. Colorado boasts no such water as St. Leon.

WM. NASH,  
313 Gerrard St., Toronto.

I find St. LEON an excellent remedy, builds up the constitution far superior to the famed waters of Saratoga.

J. S. H. HOOVER,  
Niagara Street, Toronto.

THE St. LEON MINERAL WATER Co. (Limited),  
— HEAD OFFICE —  
101 1/2 KING STREET WEST, TORONTO.  
Branch Office at Tidy's Flower Depot, 164 Yonge Street.

## THE INTERNATIONAL BUSINESS COLLEGE

Corner College Street and Brunswick Avenue, Toronto.  
I do not say my College is "Better than the Best," the "Leading" or most "Reliable," but I am the oldest and most experienced Business School Teacher in the Dominion, and for twenty-three years was at the head of "Mugrover's National Business College," in Ottawa, the largest Business School in Eastern Ontario. I advertise very little. I give my personal attention to each student, and make his interest my own. A word to the wise is sufficient. Address  
J. M. MUGROVE, Proprietor.



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IMPORTANCE  
TO YOU.

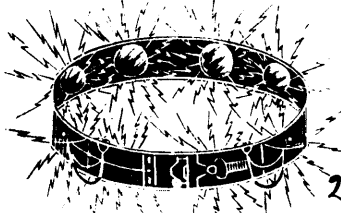
We request all those seeking medical relief to write us confidentially and earn for themselves of what

## THE GREAT MODERN REMEDY

can do for them. To heal the sick we must destroy the cause; to do this the remedy must be Anti-Septic, and destroy the living disease germs in the blood by actually coming in contact with them. Any other method of cure is a humbug. No Electricity. "Health without Medicine," which contains nothing but the advice to use hot water enemas or other remedies with no anti-septic qualities will do this. "The reader should do his own thinking and careful investigating, and not let others do it for him, else they will soon profit by his ignorance."

WM. RADAM MICROBE KILLER COMPANY, L.T.D.  
120 KING ST. W., TORONTO, ONT.  
Please mention this paper.

## The Dorenwend Electric Belt and Attachments



## RELIEVE AND CURE ALL DISEASES WITHOUT MEDICINE.

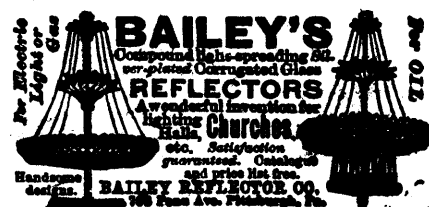
Indigestion, Liver and Kidney Complaints, Rheumatism, Neuralgia, Lumbago, Gout, Spinal Disease, Nervous Prostration, Sleeplessness, Heart Troubles, Impotence, Seminal Weakness, and Disorders of the Nervous and Muscular Systems. Dorenwend's Appliances are the very latest in Electro-Medical Discoveries. The current is under the control of the user, and can be made weak or strong. Every part is adjustable. The Belt will cure all diseases curable by electricity. They are endorsed by recognized authorities. Expert electrical and medical examination invited. No other belt will stand this. Send for book on Electro-medical Treatments. The Dorenwend Electric Belt and Attachment Co., 103 Yonge Street, Toronto. Mention this paper.

C. H. DORENWEND, Electrician.

"A Skin of Beauty is a Joy Forever."  
DR. T. FELIX GOURAUD'S  
ORIENTAL CREAM, OR MAGICAL BEAUTIFIER.  
Purifies as well as beautifies the skin. No other cosmetic will do it.



Removes The Pimples, Moth-Patches, Rash, Freckles, and Skin Diseases, and every blemish on beauty, and defies detection. On its virtues it has stood the test of forty years; no other has, and is so harmless we taste it to be sure it is properly made. Accept no counterfeit of similar name.  
The distinguished Dr. L. A. Sayer, said to a lady of the haughtiest (a patient): "As you ladies will use them, I recommend 'Gouraud's Cream' as the least harmful of all the skin preparations." One bottle will last six months, using it every day. Also Poudre Subtile removes superfluous hair without injury to the skin.  
FERD. HOPKINS, Prop., 37 Great Jones St., N.Y.  
For sale by all Druggists and Fancy Goods Dealers throughout the U. S., Canada and Europe.  
Beware of base imitations. \$1,000 reward for arrest and proof of any one selling the same.



## Caution to Parents.

THE delicate Skin of Infants and Children is particularly liable to injury from coarse and unrefined Toilet Soap, which is commonly adulterated with the most pernicious ingredients; hence frequently the irritability, redness, and blotchy appearance of the Skin from which many children suffer. It should be remembered that

## ARTIFICIALLY COLOURED SOAPS ARE FREQUENTLY POISONOUS,

particularly the Red, Blue, and Green varieties; and nearly all Toilet Soaps contain an excess of Soda. White Soaps, such as "Curd," usually contain much more soda than others, owing to the use of cocoa nut oil, which makes a bad, strongly alkaline Soap, very injurious to the skin, besides leaving a disagreeable odour on it. The serious injury to children resulting from these Soaps often remains unsuspected in spite of Nature's warnings, until the unhealthy and irritable condition of the skin has developed into some unsightly disease, not infrequently baffling the skill of the most eminent Dermatologists.

## PEARS' SOAP

is absolutely pure, free from excess of alkali (Soda), and from artificial colouring matter. It is specially recommended for Infants and Children, because it is perfectly pure, and does not irritate their delicate sensitive skin, nor make their little eyes smart. It lasts so long that it is certainly the CHEAPEST as well as the BEST Toilet Soap. It makes Children feel comfortable, and hence happy after their bath, and by its use the natural softness and brightness of their complexions are improved and preserved.

Sold Everywhere, but INSIST on having the GENUINE.

Confederation Life  
HEAD OFFICE, TORONTO.

CAPITAL AND ASSETS OVER FOUR MILLION DOLLARS.  
INCOME THREE-QUARTERS OF A MILLION.

OVER \$19,000,000 BUSINESS IN FORCE.

W. C. MACDONALD,

Actuary.

J. K. MACDONALD,

Managing Director.

## STAINED GLASS

For TRANSOMS, STAIRCASE WINDOWS, etc., in New and Beautiful Designs. PARQUETRY FLOORS in 1/4 in. and 7/8 in. thickness.



SPRING OF 1891.

At once the largest and most attractive display of Wallpapers we have ever made. Novelties in all lines.

An immense selection of Sanitary (washable) papers in beautiful designs, at all prices from 18c. Combined effects for Wall, Frieze and Ceiling. A magnificent stock of Japanese Leathers, Anaglypta Relief, French and English Pressed Papers, Etc. Ingrains in New Shades with handsome Friezes to match.

ELLIOTT & SON, 94 & 96 BAY ST., TORONTO.

## HOUSEHOLD HINTS.

EGG LEMONADE.—One white of egg beaten stiff, one tablespoonful of sugar, one glass of water, juice of one lemon. A delicious drink at any time, but especially cooling in fevers.

PUDDING SAUCE.—One cup of sugar beaten with the yolk of one egg; turn on a cup of boiling water; flavour with lemon; beat the white to a froth, and pour on top.

POTATO CROQUETTES.—Take warm mashed potatoes and add the beaten yolk of an egg, and a little cayenne pepper and nutmeg. Beat thoroughly and mould up into balls or oblongs. Roll these in egg and then in fine cracker crumbs and fry in boiling lard.

RHUBARB JELLY.—Take rhubarb stalks, wipe clean, peel and cut into inch pieces. To each pound of fruit add three-quarters of a pound of white sugar; put it on and boil until the juice is well drawn. Strain into preserving kettle, boil quickly until it clings to the spoon; skim well, and put in moulds or jelly glasses. Use no water.

TO BOIL AN EGG PROPERLY.—Put in a vessel, cover with cold water, place over the fire, and when the second the water begins to boil your egg is done. The white is as delicate as a jelly and as easily digestive and nutritious as it should be. Try it. The information is worthy of consideration, since the speaker has occupied the place of chef at several of the largest hotels in the country.

CELERY SAUCE FOR BOILED POULTRY.—Cut the green tops off five or six heads of celery, and cut the white parts into small bits, and boil them till tender in a half a pint of water; mix two or three tablespoonfuls of flour quite smooth in a little milk, then add half a cupful more milk, and stir it into the celery; add a small lump butter and salt to taste, let it come to a boil and serve.

RHUBARB PUDDING.—Prepare the stalks as for pies; butter well the bottom of a pudding dish, then lay in buttered slices of bread; cover with rhubarb, sprinkle abundantly with sugar, then another layer of buttered bread, and so on until the dish is full. Cover and steam while baking for half an hour, then remove the cover and brown for ten minutes. A meringue is an additional improvement, but not necessary. Eat with creamy sauce.

MOULDED RICE OR SNOW BALLS.—Look over and wash two cupfuls of rice, put in a double kettle, cover with water, and add half a teaspoonful of salt, cook until soft, pour into teacups that have been previously dipped in cold water, set away to cool. When ready to serve for dessert turn the cups bottom side up into saucers and they will come out whole. Serve with thick cream, sweetened with white sugar or custard made in a double kettle.

COLD BAKED HAM.—Cover a twelve-pound ham with a crust made of flour and water. Bake in a hot oven eight hours. Take up. Remove the crust and skin. Put in a pan without water, pour over a teacup of vinegar, in which dissolve a tablespoonful of common mustard, the same of French mustard, and bake one hour, basting frequently. Then cover the ham with brown sugar and put back in a slow oven twenty minutes. Take up and let cool. Then press by turning a dish over it with a heavy weight. When cold it will cut in firm slices.

Dr. Price's  
Cream  
Baking  
Powder

Used in Millions of Homes—  
40 Years the Standard.