

twenty-three, and that strength in the average young man ought to be double between those ages. And not by any means the least beneficial effect of athletics is derived from the means of escape thus afforded for that surplus energy and enthusiasm for which College students are so noted and which must in some way or other find expression. The general standard of morals among students in American universities, where athletics obtain great prominence, contrasts with the reckless dissipation so often characteristic of students in similar European institutions, where athletics find no place.

By all means let us have all the games possible. The Rugby football game has lately come to us and we hope it has come to stay. The Association football game has in the past been the greatest feature of our Inter-collegiate sports, but let us have the double series of matches or much of the interest now taken in it will be lost. Hockey has at last come to the front as an Inter-collegiate game, and when the Colleges become possessed of better rinks for practice, hockey may in the future take the place to some extent of the now supreme Association football game. And let us have the annual Inter-collegiate field-day competitions. In regard to the latter, a suggestion for next year may not be out of place. Why not have a College athletic association, which would select and give systematic training to the competitors in each department?

This would greatly increase the interest of the students as a whole in this annual field-day, and would add vastly to the proficiency of the contestants in each event.

Curling is a pastime, however, which for many reasons does not come within the province of College athletics. It is essentially a game for gentlemen of leisure. The high pressure conditions of College life demand of a game that it furnish conditions for obtaining a large amount of exercise in a comparatively short time and that it also afford opportunity for a large number to take part at the same time. From this standpoint, football and hockey are certainly ideal College games, while curling cannot evidently fulfill these conditions. For this reason we think it would be unwise to follow the precedent of last year in instituting a series of games between rinks representing the different Colleges. No doubt, in the future, when any one of our various educational institutions finds among its students or teachers a number of able exponents of the "roarin' game," that particular institution will feel very strongly the necessity of instituting a series of matches to decide the Inter-collegiate curling championship, but for the reason above given, and perhaps in view of the fact that our own chances of success this year would be small, we think it would be unadvisable to repeat the curling competition of last year.

READING

By Kate J. Crawford, B.A.

How much, what, and how to read, are questions of vital importance to every earnest, ambitious man and woman. Books, magazines, periodicals of all sorts, of which more are now produced in a few short weeks, by English-speaking nations, than in the whole lifetime of the wise man who complained that "of the making of many books there was no end," crowd in upon us with their ever-eager plea for at-

tention, until we are at a loss to know where to begin, how to proceed or how much to include within our self-prescribed curriculum.

Still, read we do, shall, must and ought. We read that we may rest, that we may become well-informed, that we may gain mental power, that we may be disciplined and ennobled, in short, that we may make the most of our divinely apportioned pos-