

DOMINION ATLANTIC RAILWAY

—AND—
Steamship Lines
 —TO—
 St. John via Digby
 —AND—
 Boston via Yarmouth
 "Land of Evangeline" Route.

On and after Oct. 16th, 1911, the Steamship and Train Service of this Railway will be as follows (Sunday excepted):
 Express from Halifax 12.21 p.m.
 Accom. from Richmond 5.40 p.m.
 Express from Yarmouth 1.46 p.m.
 Accom. from Annapolis 7.50 a.m.

Midland Division

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 7.30 a.m., 5.35 p.m., and 7.45 a.m., and from Truro at 6.50 a.m., 3.20 p.m., and 12.45 noon connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Boston S.S. Service

BOSTON-YARMOUTH SERVICE.
 The Royal and United States Mail Steamship "PRINCE ARTHUR" sails from Yarmouth on Wednesday and Saturday on arrival of Express train from Halifax, arriving in Boston next morning. Returning leave LONG WHARF, BOSTON, at 1.00 p.m. Tuesday and Friday.

St. JOHN and DIGBY

ROYAL MAIL S. S. YARMOUTH.
 Daily Service (Sunday excepted).
 Leaves St. John 7.45 a.m.
 Arrives Digby 10.45 a.m.
 Leaves Digby same day after arrival express train from Halifax.

BASIN OF MINAS SERVICE.
 S. S. "Prince Albert" between Parrsboro-Kingsport-Wolfville daily (except Sunday).

F. GIFFKINS,
 Kentville,
 General Manager.

FURNESS, WITBY & CO., LTD.

STEAMSHIP LINERS.

LONDON, HALIFAX & ST. JOHN, N. B., SERVICE.

From London.	From Halifax
—Durango	Nov. 7
Oct. 26 —Rappahannock	Nov. 15
Nov. 3 —Shenandoah	Nov. 22
Nov. 16th —(Via St. John's)	
—Kanawha	
Nov. 21st —Durango	
Nov. 30 —Rappahannock	

LIVERPOOL, ST. JOHN'S, NFLD., & HALIFAX SERVICE

From Liverpool.	From Halifax
—Almeriana	Nov. 7
Nov. 1st —Venango	Nov. 20
Nov. 11th —Tabasco	

FURNESS WITBY & CO., LTD., Agents, Halifax, N. S.

H. & S.W. RAILWAY

Accom. Mon. & Fri.	Time Table in effect October 8th, 1911.	Accom. Mon. & Fri.
Read down.	Stations	Read up.
11.30	Lv. Middleton A.R.	16.25
12.01	* Clarence	15.54
12.20	Bridgetown	15.36
12.50	* Granville Centre	15.07
13.07	Granville Ferry	14.50
13.20	* Karsdale	14.34
13.45	A.E. Port Wade Lv.	14.10

* Flag Stations. Trains stop on signal.
 CONNECTIONS AT MIDDLETON WITH ALL POINTS ON H. & S.W. RY AND D. A. RY.

P. MOONEY

General Freight and Passenger Agent.

Stomach Disorders, Cuts, Aches, Pains, and other like troubles of children quickly relieved by

JOHNSON'S ANODYNE LINIMENT

The old reliable household remedy. Give inwardly for Coughs, Colds, Cholera Morbus and Bowel Complaint. Sold by all dealers.

25c and 50c Bottles

L. S. JOHNSON & CO., Boston, Mass.

The Monitor Wedding Stationery

will suit the most fastidious of brides. Correct in style, excellent in workmanship. Old English Wedding Text, Imperial Script, Tiffany Script on smooth or kid finish stationery. Ask for samples.



To be Well Supplied

with what you want is half the getting together of a good dinner. You have to be provident and lay in your supplies before they're needed. It gives you confidence to look up and see a

Fine Supply of Groceries.

You can't make better preparation than to buy what you need of these from us now. We will give you choicest to be had and make price to suit you.

We pay 22 cents for Butter, 24 cents for Eggs.

J. E. LLOYD and SON



Stoves!

We offer to the public one of the largest assortments ever offered in Bridgetown. Silver Moons, Oak Stoves, from \$5.00 up. Queen Stoves from \$3.25 up. Ranges and Cooks.

A FULL LINE OF
 Kitchen Furnishings
 Coal Hods, Lanterns, etc
 Plumbing and Heating by hot air and water. Job work strictly attended to.

Crowe Elliott Co., Limited, Bridgetown, N. S.
 Phone 1 ring
 Successors to R. Allen Crowe



This Stove IS NOW MADE WITH Coal Linings
 so that it can be furnished Wood or Coal

Special Prices for the next 30 days Cash with order.
 To burn Wood only, \$11.00. To burn Wood & Coal, \$12.50
 FREIGHT PAID TO YOUR NEAREST STATION.
 We have also a full line of Ranges of all styles as well as a good stock of Heating Stoves at very low prices.

Bridgetown Foundry Co., Ltd.

Now is the time to SUBSCRIBE for THE MONITOR - SENTINEL

AND GET

BALANCE OF 1911 - FREE

\$1.00 WITH A NEW NAME AND ADDRESS WILL PAY SUBSCRIPTION UP TO DECEMBER, 1912.
 U.S.A. SUBSCRIBERS, 50C. FOR POSTAGE

The Borden Banquet

Conservatives from all over the Province were in attendance at the banquet at the Mayflower Rink last Thursday evening given in honor of Hon. R. L. Borden, Prime Minister of Canada, and seven of his Cabinet Ministers. From several standpoints the banquet was the greatest affair of its kind ever attempted in Eastern Canada. Over seven hundred guests from all parts of the Province sat down to a most elaborate menu furnished by J. P. Fairbanks, proprietor of the Queen Hotel. John W. Regan, the ex-President of the Provincial Conservative Association, presided in an acceptable manner. On the chairman's right was seated the Prime Minister and on the other side were ranged the various Cabinet Ministers.

DOCTOR'S PRESCRIPTION TO CURE ECZEMA

The most advanced physicians of this country and Europe are now prescribing a wash of Wintergreen, Thymol, and other soothing and healing ingredients for the cure of Eczema, Psoriasis and all other forms of skin trouble. This compound is known as the D. D. D. Prescription.

Dr. Holmes, the well-known skin specialist, writes: "I am convinced that the D.D.D. Prescription is as much a specific for Eczema as is quinine for malaria. I have been prescribing the D.D.D. remedy for years." D.D.D. Prescription will instantly stop the burning itch, and in a short time cure the disease. It will not injure the skin, but will make it clear and soft.

You can try D.D.D. without expense if you send for a free sample bottle to the D.D.D. Laboratories, Dept. B.M., 49 Colburn St., Toronto.

MODERATION - THE SECRET

One of our masters in medicine in a recent address to a body of young men entering upon the profession said, "The watchword of success is work." Success applied to the body means health and work is just as necessary for the attainment of health as for success of any other nature. Work is one of our greatest blessings but this is the age of extremes and overwork, an arch-enemy to health, is one of the crying sins of the age.

Too many indulge in the late bed hour. The evening attacks the portals of rest with the battering ram named "favorite book" "latest novel" or "daily paper." We console ourselves by saying "The more sleep one gets the more he wants," while our friends see in our faces and in our tempers unmistakable marks due to late hours of which we make light.

Take also the question of eating. What is the effect of food on the body? Many there are who consider what a person eats a matter of indifference. But look at the evidences to the contrary on every side. Food is the brick and mortar of our physical building. Experience has shown that by food, not only is the body but the moral nature of an animal distinctly affected. Feed a dog on bread and milk and he is mild and tractable. Keep him chained and feed him on raw meat and a wild thing you will have in the kennel.

It has been observed that tribes who live on vegetable food chiefly are gentle and indolent. Others who subsist mainly on meat are savage, while those who live on a moderate mixed diet are like neither of the others. They are vigorous of body, alert of mind and open to culture. Nutrition needed by the body consists of food, drink and air. Like the animal, not only is our physical well-being largely dependent upon our food, but our moral, social, intellectual as well.

In the wise amount of food, every individual must become a law unto himself. Generally speaking, men eat more than women by about one-tenth, to make up for greater expenditure of body cells. In proportion to size, growing boys and girls need more than adults. Manual workers obviously require more food than the sedentary or the idle. In warm weather and in the tropics less food is required.

MINARD'S LINIMENT CO., Ltd. Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it, if it cost a dollar a bottle.
 CAPT. F. R. DESJARDIN,
 Schr. "Stroke," St. Andre, Kamouraska.

Storm Played Havoc on the Labrador Coast

Six Vessels Lost, Including Dr. Wilfrid Grenfell's Yacht.

Boston, Nov. 1.—The severe October storm which swept Northern waters badly damaged the fishing fleet according to a letter from Dr. Wilfrid T. Grenfell, the missionary physician, written at Red Bay, Labrador. Dr. Grenfell writes that six vessels were totally wrecked, including his own costly auxiliary yacht Andrew McCosh, which was given to Labrador Mission by Princeton University. The other vessels lost were schooners, four of which foundered at Lewis Bay. The crews of all the vessels escaped. The McCosh was wrecked at L'Anse Amour, while on her way to take off Dr. Harrison Webster, of Boston, who is stationed at Battle Harbor, and who was visiting a patient at Forteau Lighthouse. The yacht's crew narrowly escaped with their lives. Dr. Grenfell was not on board at the time.

BRITISH LEONINE.

The writer has secured the agency for "BRITISH LEONINE," which a friend in England tells me is the "best remedy on earth." He thinks it should find a ready market in Canada. We have tested it along with some of the best Canadian remedies and find none to equal it. This remedy will cure cuts, burns, bruises, sprains, eruptive diseases of the skin, also rheumatism, pneumonia, diphtheria, etc. We supply druggists, merchants and pedlars. Write us and enclose 15c. in stamps or coin and we will mail a 25c. 4-oz. box.

C. J. REED,
 Shelburne, N.S.

THE SUNDAY SCHOOL IN CANADA

One hundred years of Sunday school work in Canada is a record to be proud of, as shown by the very large proportion of Canadian children who attend Sunday School. Last week the Sunday School Association of Ontario celebrated at Brockville the hundred anniversary of the establishment of Sunday schools on this continent. In 1811 the London Missionary Society sent to Brockville, then known as Elizabethtown, a Scotchman named Wm. Smart, who established there the first Sunday school on this side of the Atlantic. Who can estimate the amount of good which, in the one hundred years which have passed since then, has flown from those schools.

It was an anniversary well worth the remembering, and as the years go by this event should be celebrated wherever there is in this country a Christian church.

FREE IF IT FAILS

Your Money Back if You're Not Satisfied With the Medicine We Recommend.

We are so positive that our remedy will permanently relieve constipation, no matter how chronic it may be, that we offer to furnish the medicine at our expense should it fail to produce satisfactory results.

It is worse than useless to attempt to cure constipation with cathartic drugs. They cause a react on, irritate, and weaken the bowels and tend to make constipation more chronic. Besides, their use becomes a habit that is dangerous.

Constipation is caused by a weakness of the nerves and muscles of the large intestine or descending colon. To expect permanent relief you must therefore tone up and strengthen these organs and restore them to healthier activity.

We want you to try Rexall Orderlies on our recommendation. They are exceedingly pleasant to take, being eaten like candy, and are ideal for children, delicate persons, and old folks, as well as for the robust. They act directly on the nerves and muscles of the bowels. They apparently have a neutral action on other associate organs or glands. They do not purge, cause excessive looseness, nor create any inconvenience whatever. They may be taken at any time, day or night. They will positively relieve chronic or habitual constipation, if not of surgical variety, and the myriads of associate or dependent chronic ailments, if taken with regularity for a reasonable length of time. Twelve tablets, 10c.; thirty-six tablets, 25c.; eighty tablets, 50c. Sold in Bridgetown only at our store—The Rexall Store, W. A. Warren.

A cable despatch recently brought the news of the death at Southsea, England, of Francis Blake Crofton, for many years a resident of Nova Scotia and for nearly a quarter of a century Provincial Librarian. Mr. Crofton has been in failing health for some time, the ailment from which he suffered being neuritis. He left Halifax over a year ago to join his wife who had gone to England several months before him. Several weeks ago Mr. Crofton's condition became so serious that he was removed to a private hospital.

CURIOSITY Prompted Many Women To Try PURITY FLOUR

THEY were curious to see exactly what results would be produced by flour consisting entirely of the high-grade portions of the best Western hard wheat.

They were curious to know more about a flour that contained none of the low-grade portions, which are found in every wheat berry, but which are separated and excluded from the high-grade in the process of milling PURITY FLOUR.



THEY were curious to know whether an ALL HIGH-GRADE hard wheat flour was really superior to a mixed hard and soft wheat flour.

They were curious to see and taste the kind of bread, buns, biscuits, cakes and pies PURITY FLOUR would make.

Curiosity prompts you to seek the knowledge they discovered. It's urging you to try PURITY FLOUR.

REMINDER: On account of the extra strength and extra quality of PURITY FLOUR it is necessary, for best pastry-results, to add more shortening than you are accustomed to use with an ordinary flour. Add more water when making bread.

Add PURITY FLOUR to your grocery list right now

PURITY FLOUR

"More bread and better bread"

Girls Wanted to Tame Lions

(London Standard)

The test of young women applicants for the position of lion tamer at Frank Bostock's Jungle in the White City, Shepherd's Bush, on Monday evening sounded greater depths of emotion than any of the candidates cares to experience again in a lifetime. When Mr. Bostock announced that he would pay seven pounds a week during probation to any young English girl who was ambitious to become a wild animal tamer, he received over one hundred letters from applicants for the position.

These included farmers' daughters, shop girls, nurses, and governesses, ranging in age from sixteen to thirty years. All laid modest claim to a certain amount of personal grace, declared that they loved animals, and that they felt possessed of the requisite courage. One of the governesses remarked that after several years' experience with the "boisterous English school-boy she was not afraid of any wild animal living.

About twenty of the more promising of these applicants were sent for by Mr. Bostock, and on Saturday the nature of the work before them and the dangers of the period of probation were explained to them. Two of the number promptly faded from view, but the rest bravely held to their resolution, though a few were white-faced and trembling when Mr. Bostock escorted them into the arena to inspect their future playmates from the jungle. The matinee was just over, and the animals had been made somewhat restless and high-strung by a hard day's work. As a consequence, they resented this unusual intrusion of femininity upon their domain and set up a clamorous roaring that shook the very rafters of the place.

It was anything but a promising introduction under the circumstances, but the girls kept their ground, apparently realising that they were still on the safe side of those strong iron bars. But when the Rocky Mountain panthers joined in the chorus of greeting with their blood-curdling staccato cry, so like the wail of a lost soul, a panic fell upon the huddling group of girls, and more than half of them broke into a frantic stampede for the outer gate, to be seen no more.

The remaining eight stalwarts were again called into Mr. Bostock's office and asked to sign a document releasing the management from all claims for damages in the event of an "accident" during the period of probation. The word "accident" proved sus-

ceptible of too many sinister interpretations for two of the already nerve-wrought applicants and they withdrew with more relief than they

RECEPTION FROM LIONESSES.

When the last of the audience had gone, and all was ready, the still eager, if nervous, quartette were conducted behind the scenes to the shadow-haunted entrance of the tunnel-like passage leading from the large performing cage to the rear of every den in the building. On reaching the first den, which was occupied by two African lionesses, the keeper threw open the small door leading into the passage.

"Here, ladies," he said, with just a flicker of a smile, "you will find the first of your new pets—two real female lions captured in the jungle of Darkest Africa." Recognising the voice of the keeper, one of the tawny brutes poked her huge head into the doorway and gazed at the trembling girls with a purring snort that may have been meant as a friendly greeting, but sounded too much like a snarl to be comfortable. Miss McKay and Miss Smith promptly gathered their skirts and fled, shrieking for help, down the passageway. Their two companions, however, did not move—possibly they could not. At any rate, when the keeper closed the door and went on to the next den they followed dumbly, almost mechanically. The next den belonged to a little young Bengal tiger, and when the door was swung open he leaped toward it, as all caged animals are wont to do in their desire for more liberty of action. The keeper drove him back with a whip but the tiger struck out with one spreading paw to prevent the door from closing. In doing so his paws caught in a portion of Miss Will's fluttering skirts. The door was immediately slammed to, but Miss Will had fainted, and had to be carried out to the arena. Restoratives were promptly applied, but several minutes elapsed before she recovered consciousness, and then her nerves were in such a shattered state that Mr. Bostock summoned a taxicab and sent her home.

Miss Collins, the last of the score of would-be lion tamers, declared that she was still game and would make one more try. This time she was taken to the den of the young maneless lion, Leo, which allowed her to enter with the keeper and linger for a moment in excited suspense. Leo, however, did not trouble to move, and erected the intrusion with an indifferent yawn. When it was all over Miss Collins received Mr. Bostock's congratulations with a wan smile, and said that she was glad she had for once in her life been on such friendly terms with a real lion, but she did not think seven pounds a week was inducement enough to make a practice of it. Wild animal training, she confessed, was quite different from what she had anticipated. Mr. Bostock is somewhat disappointed by the result of his experiment, but says his offer holds good until the end of the season.