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Hay Wire in cut
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Men's Boots
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Gloves and Mitts.
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FLOUR
GRADE
 The Double Purpose Flour—equally good for bread or pastry. It is Economical, Pure, Wholesome.
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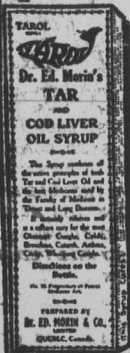
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RELIEVES PROMPTLY
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Coughs, Colds, Bronchitis,
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 AND ALL
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TAROL is a scientific remedy prepared by competent chemists, according to formulas approved and recommended by the Medical profession, with choice elements, the principal being

Wood Tar and
Cod Liver Oil

Wood Tar acts as a powerful antiseptic to the throat, bronchi and lungs, protecting these organs against the evil action of the microbes.

Cod Liver Oil soothes the irritated mucous membranes, eases the cough, promotes expectoration and supplies the whole organism with the energy needed to overcome the diseases and to recover strength.

Ask for Tarol and insist on getting it.

DR. ED. MORIN & CO., Limited - QUEBEC, Canada.

EVERY LITTLE HELPS.

Every available maple tree should be tapped this spring and every sap bucket, pail and pan pressed into service, whether it is the most up-to-date equipment or the old-time sugar making outfit that has not been used for years. Every little helps. Every pound of maple sugar is wanted.

HERDS ON THE DECREASE.
 Figures compiled on some months ago by the French authorities show how herds of livestock have been depleted since the outbreak of the war. Cattle have been reduced by 16.5 per cent. the following percentage of the Allies import requirements: Beef—2.23 per cent, pork products 8.55 and butter 1.40.

BIG DEMAND FOR MAPLE PRODUCTS.
 The Canadian market has hitherto readily absorbed 75 per cent of the Canadian sugar maple production. The United States takes all we can send and would gladly take more. The demand for the pure products has for years exceeded the supply.

MEAT CONSUMPTION ON DECLINE.
 The consumption of beef and mutton in Britain during the last year of peace was 10,000 tons per month. During 1916-17 this amount had fallen to 120,000 tons per month. The total available supplies at present in sight for the current year are not more than 68,000 tons per month.

The clergy of all denominations in Canada are promising to do everything in their power to promote the work of food conservation and production. In a number of cases the Bishops are sending out pastoral letters to their clergy. Archbishop Matheson Primate of Canada, has promised his fullest support to the Canada Food Board.

WORTH THINKING ABOUT.
 Every little bite makes a muckle. The second helping is getting to be bad form.

There's lots of money to go round but bacon, beef and wheat can't make the circuit.

Fish may not be a brain food but brainy men are eating more fish. Waste and want are two sisters and neither is beautiful.

Learn to control your own appetite before you try to control your neighbor's.

A good citizen is known by the food he eats.

FREE MEN FOR FARM WORK.
 The Canada Food Board is preparing plans for the mobilization of labor for spring seeding operations. Men familiar with handling horses will be specially needed and it is essential that they be secured to work on the land. For this reason employers of such labor, in urban centres, will be well advised to consider the adoption of co-operative methods of delivery in order to free the men capable of driving horses and especially those with farm experience.

TRY MAPLE SUGAR.
 Not many years ago cane sugar soared to a price of fifteen cents a pound and relief was obtained by the manufacture of maple sugar.

Your grandmother used it to sweeten her tea and to make her pies and cookies.

Try it now, when cane sugar is so scarce and it is needed so badly in France and Great Britain.

MAKE YOUR MAPLES WORK.
 Today in France only one and one-tenth pounds per individual per month of cane sugar is allowed, and in Italy but one pound per month.

Make the sugar maples work this spring.

WHAT MAPLES TREES HAVE YOU?
 Every average maple tree will produce about five pounds of sugar in a season.

If 200,000 farmers in Ontario, Quebec, New Brunswick and Nova Scotia were to each tap 100 trees, we would have this year 20,000,000 trees producing, at five pounds per tree 100,000,000 pounds of sugar.

This will provide the entire supply of sugar for Canada for about three months, and would be worth approximately \$15,000,000.

Isn't it worth while as an investment, aside from the fact that every pound produced is helping the food situation?

THICK, GLOSSY HAIR
FREE FROM DANDRUFF

Girls! Try K! Hair gets soft, fluffy and beautiful—Get a small bottle of Danderine.

If you care for heavy hair that glitters with beauty and is radiant with life; has an incomparable softness and is fluffy and lustrous, try Danderine. Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff. You can not have nice heavy, healthy hair if you have dandruff. This destructive germ robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots famish, loosen and die; then the hair falls out fast. Surely get a small bottle of Kaevel's Danderine from any drug store and just try it.

Easter

ASTER—redolent of budding leaf and flower—bright sunshine—Spring, and the dawn of new life throughout all Nature!

Fitting it is that such a time should be joyously welcomed.

Let your Easter table be in keeping with the day—your menu as attractive as the flowers that adorn it.

Start with a breakfast of SWIFT'S PREMIUM HAM—the one ham that is not random in excellence because of its firm, juicy texture, its excellent fat and exquisitely flavored lean—characteristic, satisfying savouriness that comes only with the exclusive Swift process of selection and curing.

You can seek no better Easter breakfast dish than ham—you can find no better ham than SWIFT'S PREMIUM.

Swift's Premium Ham

Swift Canadian Co.
 Limited
 Toronto, Winnipeg, Edmonton

Income Tax Forms
 Are now available

Returns must be filed on or before 31st March

THE Dominion Income War Tax Act requires you to fill in one or more of the five special Forms provided before 31st March, 1918. In order to assist the public to understand just what is required of them, information on each Form is given below. Read carefully, then get three copies of the form that fits your case and fill them in. Answer all questions fully and accurately. For making false statements, a penalty of \$10,000 or six months' imprisonment, or both, is provided.

Individuals.—All persons unmarried, and all widows or widowers without dependent children, whose income is \$1500 a year or more, must fill in Form T1. All other persons whose income is \$3000 or more, use the same Form. Where any income is derived from dividends, list amounts received from Canadian and Foreign securities separately. Fill in pages 1, 2 and 3 only. Do not mark on page 4. Partnerships, as such need not be returned, but the individuals forming the partnerships must.

Corporations and Joint Stock Companies.—No matter how created or organized, shall pay the normal tax on income exceeding \$3000. Use Form T2—giving particulars of income. Also attach a financial statement. Under Deductions, show in detail amounts paid to Patriotic Fund and Canadian Red Cross or other approved War Funds.

Trustees, Executors, Administrators of Estates and Assignees use Form T3. Full particulars of the distribution of income from all estates handled must be shown as well as details of amounts distributed. A separate Form must be filed in each estate.

Employers must use Form T4 to give names and amounts of salaries, bonuses, commissions and other remuneration paid to all employees during 1917 where such remuneration amounted in the aggregate to \$1000 or over.

Corporation Lists of Shareholders.—On Form T5 corporations shall give a statement of all bonuses, and dividends paid to Shareholders residing in Canada during 1917 stating to whom paid, and the amounts.

Figures in every case are to cover 1917 income—all Forms must be filed by 31st March. For neglect, a fine of \$100 for each day of default may be imposed.

In the case of Forms T1 and T2, keep one copy of the filled in Form and file the other two with the Inspector of Taxation for your District. In the case of T3, T4 and T5, keep one copy and file the other two, with the Commissioner of Taxation, Dept. of Finance, Ottawa.

Forms may be obtained from the District Inspectors of Taxation and from the Post-masters at all leading centres.

Postage must be paid on all letters and documents forwarded by mail to Inspector of Taxation.

Department of Finance,
 Ottawa, Canada

Inspector of Taxation, Arthur W. Sharp, 57 Princess Street, St. John, N. B.

SAUSAGE
HAMS, all sizes
BOLOGNA
HEAD CHEESE
 Short Roll
 Long Roll
 Breakfast
BACON
JOHN HOPKINS
 136 Union Street
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These Beverages Comply
With the Law.

Ready's Beer

These beverages surely satisfy the craving thirst. Drink them for their appetizing zesty, palate-pleasing flavor. Drink them for their ability as a thirst quencher. Drink them because of their power to refresh, revive and invigorate.

You will be delighted with their unusual qualities.

Buy them from your local dealer or direct from St. John.

Ask for prices.

W. H. GRAY, exclusive agents for this district.

Ready's Breweries Ltd.
 P. O. Box 309
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 The Most Complete Line of
HEAVY & LIGHT
HARDWARE,
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In the Maritime Provinces—
 Some say in Canada.

All orders by mail or telephone will receive the same prompt attention as though you come in person.

If you are a customer you know what our delivery service is. If you are not become one and see how well we can serve you.

Our prices are no higher than good quality goods ought to cost.

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 Long Grain
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Dunlop
 "GIBRALTAR"
 RUBBER
 has a Friction
 of Special
 Dunlop Rubber
 that retains its
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 "Note the long
 grain Rubber
 Friction,"
 as illustrated,
 Elasticity has
 not been
 sacrificed for
 Abnormal
 Flexion Pull.

to your factory drive a
 current brush, and we
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 to return the "Gibbs"
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 and more than 1000
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