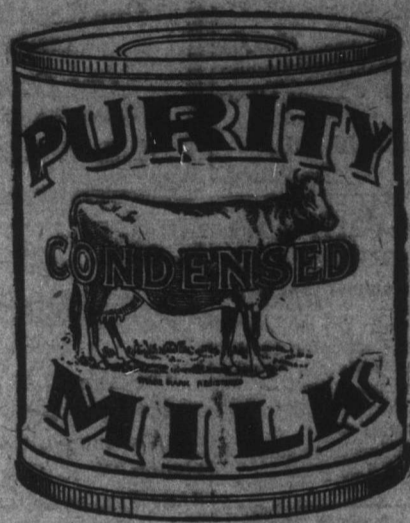


Borden's PURITY BRAND CONDENSED MILK

Pure, full-cream country milk combined with sugar, that is Purity Brand. The ideal milk for use in all recipes that call for both milk and sugar. Besides adding a distinctive flavor, it is decidedly economical.

Keep a Supply in the Pantry



N2-23

Lady Wyvernes' Daughter.

CHAPTER XIV.

Tenderly and gently the young husband wrapped her cloak round the trembling form, wondering, as he did so, if it was the heat or late hours that had made his wife so ill.

Agatha looked with bewildered surprise at her sister's face when the light from the hall-lamp shone upon it: it was white as death, and looked years older.

"Let me take you to your room, Iseni!" she said; "you look worn out."

While the gentle girl removed the diamonds from the rich dark hair, and helped to take off the costly dress, she heard deep, bitter sobs die away upon the white lips of Lady Lynne.

"You are over-fatigued," she said, caressing the face bent upon her shoulder; "lie down now, and try to sleep."

Ten minutes afterward, when Agatha entered the room with some wine for her sister, she found her lying perfectly still, her face turned from the light to the wall.

"I am glad she is sleeping," thought the young girl. "She looked so ill, I was alarmed." Then she went out and closed the door.

A few minutes afterward, and a white face looked out into the moonlight, and until morning dawned Lady Lynne paced up and down her luxurious chamber, ever and anon a passionate cry coming from her lips.

THEY TELL THEIR NEIGHBORS

Women Tell Each Other How They Were Helped by Lydia E. Pinkham's Vegetable Compound

Woodbridge, Ont.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles. I would have headaches, backaches, pains between my shoulders and under my shoulder-blades and dragging down feelings on each side. I was sometimes unable to do my work and felt very badly. My mother-in-law told me about the Vegetable Compound and I got some right away. It has done me more good than any other medicine I ever took and I recommend it to my neighbors. You are quite welcome to use this letter as a testimonial if you think it will help some poor sufferer."—Mrs. EDGAR SIMONS, R. 2, Woodbridge, Ont.

In nearly every neighborhood in every town and city in this country there are women who have been helped by Lydia E. Pinkham's Vegetable Compound in the treatment of ailments peculiar to their sex, and they take pleasure in passing the good word along to other women. Therefore, if you are troubled in this way, why not give Lydia E. Pinkham's Vegetable Compound a fair trial? The famous remedy, the medicinal ingredients of which are derived from roots and herbs, has for forty years proved its value in such cases. Women everywhere bear willing testimony to the wonderful virtues of Lydia E. Pinkham's Vegetable Compound.

The mother would ask, when the child's heart was glowing with her words. "Ah, so, Bianca! let your destiny be to re-establish it. Live for that, and you will be the greatest of all the ladies of Monteleone."

So the young girl grew up in the lonely castle, cut off from all the pleasures and amusements of her age, without any companion except her mother; living only in the glories of the past and the hopes of the future, thinking of the present merely as a probation that must be endured. At the age of eighteen she was beautiful as a houri, and accomplished to an extraordinary degree. She spoke Italian, French, and German with as much fluency as Spanish. She sang beautifully, and played with no mean skill. Well might her mother's heart glow with pride as she watched her, and her hopes rose higher day by day.

Madame Monteleone had begun to form her plans. She had purposely lived in the most economical manner, and had so managed to save a sum of money. With this she intended to go to Madrid, where her name was still known and honored, and there introduce her beautiful child to the notice of the Spanish queen. While maturing these plans, a circumstance happened which rendered them all useless and unavailing. Destiny had other things in store for Bianca Monteleone.

The northern front of the castle faced the high-road that led to the ancient and celebrated city of Seville. One evening a man, coming on business to one of the servants, found in the middle of the road, a young gentleman, who had apparently been thrown from his horse, and lay either stunned or dead upon the bank, while the horse quietly grazed at some distance from him. In a few minutes the inhabitants of the castle were aroused, and, by Madame Monteleone's command, the gentleman was carried into one of the bedrooms, and a doctor sent for with all speed.

The extent of his injuries was soon discovered; they were a violent concussion of the brain and a broken ankle. For many days the life of the young stranger trembled in the balance. During that time he never recovered his senses, but evidently imagined himself in England. They discovered that he was an English nobleman, for in a small pocket-book was written his name, "Stephen Lord Lynne." They knew he must be wealthy, for he wore diamonds of great value, and a purse full of gold was found in his pockets. Inquiries were made at Seville, and then they discovered that the wounded stranger had been residing for some weeks in that city, and that only two days before his valet left him and returned to England. Some large boxes belonging to him were still at the hotel, and these were forwarded to Serrano, at Madame Monteleone's desire.

Very slowly did Lord Lynne recover consciousness and strength. His gratitude was boundless. He spoke French fluently, and as both ladies habitually conversed in that language, there was nothing to check their friendly intercourse. All that he had to tell was soon told. He, Stephen Lord Lynne, had succeeded to his title two years ago, on the death of his father. His mother was still alive, and in compliance with her wish he was traveling for two years before he married and settled down.

(To be continued.)

Madame Monteleone gave herself up entirely to the education of this beloved child, who gave great promise of beauty, and her mother formed high and glowing hopes for her future. Beautiful and gifted, her daughter might accomplish the task in which her father had failed. She might marry, and her husband consent to take the time-honored name of Monteleone, or one of their children might bear it; and so the ancient race might revive to more than its former glory.

Rarely did either mother or child quit the grounds belonging to the castle. It was a beautiful but lonely and saddened home. The greater part of the castle lay in ruins; only one wing was habitable; and there Madame, her daughter, and two servants dwelt. The day was spent in hard study and the acquirement of numberless accomplishments; and the stern, beautiful mother never neglected any means in her power by instilling her own wishes and plans into the mind of her child. When the day's work was ended, the young girl listened for hours together to stories of the brave deeds of her ancestors.

"Shall this great name die out?"

As she clinched her hands and cried, "And this is my triumph! Merciful Heaven, this is my triumph!"

The Secret of a Beautiful Skin



Palm and olive oils—nothing else—give nature's green color to Palmolive Soap.



F. M. O'LEARY

DISTRIBUTOR

Cleopatra knew it. That was the secret of her power. Every day her skin was thoroughly cleansed with palm and olive oils. Then as now these oils were famed for their mild, soothing, cleansing qualities.

She too used other cosmetics, but every day these were removed by thorough cleansing. In this way she was able to keep her skin smooth, firm, fresh and youthful.

Today these same oils are scientifically blended in famous Palmolive Soap. They give it mildness, wonderful soothing qualities, profuse creamy and refreshing lather.

Powder and rouge will not harm the skin if you wash daily with a mild soap. A thorough cleansing with Palmolive will tone your skin and help it do its own beautifying. Smoothness and a charmingly natural color will result.

You can buy Palmolive Soap at all first class dealers.

The Importance of Food Combinations.

Few housewives know what they should about combinations.

The following simple words by a doctor may, if read and heeded, do much to avert that bugbear, indigestion.

A food in itself may be perfectly wholesome, and yet, when combined wrongly with other things, be positively harmful. Bread, containing as it does the carbohydrates (sugars and starches) and proteins (albumens), and butter, furnishing a pure form of fat, constitute an admirable combination in the well-known article, bread and butter.

In pork and beans, the famous New England dish, we have another good

combination, though not one that may be so universally partaken of with impunity. A combination, however, furnishing good muscle for the laboring man.

The meat breakfast is an American idea. Continental Europe not indulging in it. In hot weather, meat breakfasts should not be eaten except by those engaged in manual labor.

The mistake in American diet is too much meat rather than too little. Less meat and less rheumatism is a rule.

Too much salt fish and meat and too little vegetable food pave the way for the disease known as scurvy. Defective blood, resulting in anemia, may be the sequel of a total deprivation of animal food.

A mid-day meal of bread and milk in hot weather prepares one much better for resisting heat than does a

meat dinner, supplemented with rich desserts. One cools, the other "adds fuel to the fire."

It is hygienic to eat the more acid fruits with meals. Thus do we naturally relish cranberries with turkey. Fruit acids are best; whenever the system craves acid, these are better than vinegar or other artificial acids.

Two things are pretty well agreed upon by the best authorities; namely, that a mixed diet is best, and that more trouble comes from over-eating than from eating many things, though either fault is bad enough.

Regular eating, and no eating "between meals," is the most sure way to have and preserve an appetite, while, if you come to a certain meal without an appetite, my advice is to omit that meal and wait for the next one.

Help for Headache



Troubled with headache? For quick, grateful relief, use

Vaseline Mentholated PETROLEUM JELLY

Apply to the forehead and temples, rubbing gently with the fingers. It is wonderfully soothing and refreshing.

There are "Vaseline" preparations for many accident cases. They should be in every home, and every vessel.

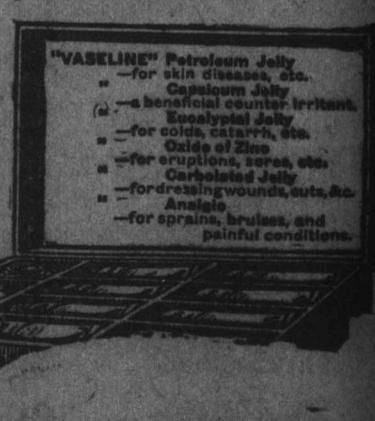
Start a Medicine Chest with a liberal supply of "Vaseline" Mentholated and Borated Jelly and the other "Vaseline" preparations shown here on the lid of the chest.

Sold at all drug and general stores. Chesebrough Manufacturing Company, NEW YORK CITY. W. G. M. Sheehy, Distributor, 127 McGill St., Montreal, Canada.

An Antiseptic Ointment When an antiseptic ointment is needed for inflamed eyelids, chafing, and similar affections, the most convenient and effective preparation is

Vaseline Borated PETROLEUM JELLY

When applied to the nasal passages, it is an excellent treatment for catarrh.



Jonavici Would Dam Belle Isle.

ONE STEP IN CREATING CONTINENTAL NAVIGATION ON ST. LAWRENCE.

QUEBEC, (Star Special)—Dimitri Jonavici, Rumanian engineer, who some time ago submitted plans to the Federal and Provincial Governments regarding the possibility of continental navigation on the St. Lawrence River, is in town to-day.

Without divulging his plans in full, he left the impression that one point would be the creation of a nine mile dam at the eastern end of the Belle Isle strait, which would prevent the cold currents coming from the north entering the river. Not only would navigation benefit from this change in the conditions but, according to Mr. Jonavici, the St. Lawrence River above would be transformed into the greatest summer resort in the world. "The waters of the St. Lawrence would, by retaining a constant warmth, attract tourists from all parts of the country," he said. "The waters are clearer here than those of any

of the other resorts and the beautiful river would see thousands of tourists on its shores."

Regarding the cost of the enterprise, he said that it would naturally be very high but he would not even give estimate because he had not studied the conditions under which the work would be carried on. "However," he added, "I do not think that if the results to be attained were guaranteed, either the Federal or the Provincial Government and other interests would hesitate to undertake obligations which would bring such returns."

"I did admire that last piece of yours, Mr. Lyon," remarked a lady friend. "Was it your own composition? It had a wildness and freedom about it."

"Indeed, madam," replied the musician, "I was putting a new string on my violin."

"Bill! I sent a five-shilling postal-order to the man who advertised here to take out wrinkles in the face." "Tom." "And did he tell you?" "He did. He said I was to walk out in the open air at least once a day, and the wrinkles would go out with me."

TAKE IT FOR CRAMPS—COLIC—DIARRHOEA

APPLY IT FOR BRUISES—SPRAINS—SORE THROAT

Telegram Fashion Plate

The Home Dressmaker should keep a Catalogue Scrap Book of these patterns. They will be found very useful to refer to from time to time.



A NEAT LITTLE FROCK FOR THE LITTLE MISS.

4246. For this dainty model one may use any of the wash fabrics now in vogue. The sleeve may be finished in wrist- or elbow length. As here illustrated the design was developed in pongee with fancy wash braid in colors for decoration.

The Pattern is cut in 4 Sizes: 1, 2, 4 and 5 years. A 4 year size requires 2 1/2 yards of 27 inch material.

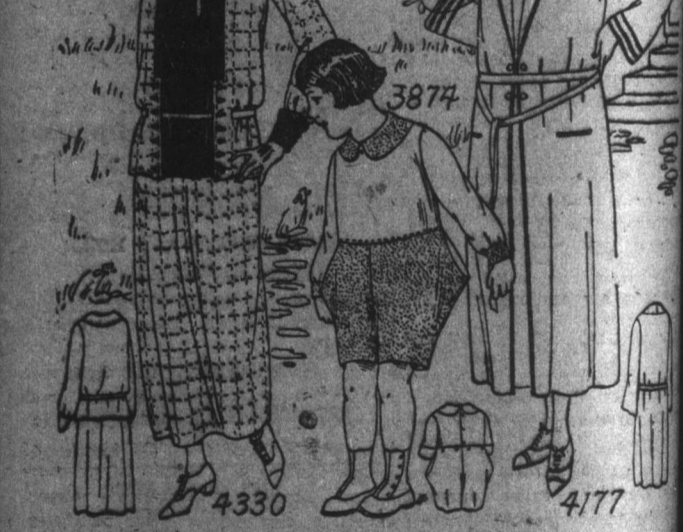
Pattern mailed to any address on receipt of 10c. in silver or stamps.

A GOOD WORK GARMENT.

3833. A practical model for overalls quite simple in construction, is shown in this illustration. They will be found just the thing for farmers, painters, and gardeners, in their work or for any occupation that requires protection.

It is cut in 4 Sizes: Small, Medium, 38-40; Large, 42-44; Extra Large, 46-48 inches bust measure. Medium size requires 3 1/2 yards of 36 inch material.

Pattern mailed to any address on receipt of 10c. in silver or stamps.



A JAUNTY BLOUSE DRESS FOR SLENDER FIGURES.

4230. This is a good style for sports materials, for taffeta, kasha, jersey and serge. Vest, collar and cuffs may be of contrasting materials. A very attractive development would be red and gray ratine, with red suede for trimming, or linen, with checked gingham.

The Pattern is cut in 3 Sizes: 16, 18 and 20 years. An 18 year size requires 4 1/2 yards of 40 inch material. To trim as illustrated requires 1/2 yard of contrasting material 40 inches wide. The width of the skirt at the foot is 2 1/2 yards.

Pattern mailed to any address on receipt of 10c. in silver or stamps.

A GOOD GARMENT FOR PLATYNE.

387. Trim and neat, and altogether practical is the model portrayed here. The boy who like to romp and run will welcome a play suit of this kind, with its spacious pockets, and comfortable lines. The style is good for wash fabrics, for serge, and pongee.

The Pattern is cut in 4 Sizes: 2, 3, 4 and 5 years. A 4 year size requires 1 1/2 yard of 27 inch material.

184 Times a Bridesmaid. BESSEMER, Mich., May 19, (A.P.)—Miss MacFarlane of Bessemer has been a bridesmaid 184 times, but doesn't worry in the least, she says, about the superstition that "twice a bridesmaid and you never marry." For Miss MacFarlane is young and pretty. eager to wed and frequently overlooking many important details, young couples arrive at the ceremony here with the bride and the groom without witnesses.

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