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the present time to a greater extent than ever before. It has been consively demonstrated that yeast is rich in this all important element. Many people have received great benefit physically simply by taking one, two or three Royal Yeast Cakes a day. Send name and address for free copy "Royal Yeast Cakes for Better Health." E. W. GILLETT COMPANY LIMITED

Lord Cecil's Dilemma

The Picnic Woodall Forest

was busy with what she had to tell it was finished she shocked Lady Has- and turned round to find Ada Craytings by declaring that she must go thorne facing him, her pale face set home that very day, it being her in- in stern, almost defiant lines. tention to post her letter on the way and take the nurse with her. She had held out his hand, saying: promised to provide for the old woman until the real Lord Cecil was in- are ill!" stalled in his proper place, and the cally Collins unmasked.

But, my dear, what will Sir Charu are too ill to travel," Lady Has- to say to me?" ings said, pettishly.

"Oh, no, I am not. Nurse will take You have been very kind to me, Lady Hastings, and I shall never forget it." "How coldly you talk! One would think that we were parting forever!'

"I am afraid that we are." Miss Craythorne could not help the bitterness that crept into her tones.

Have you quarreled with my son? her ladyship asked, aghast. "No; Sir Charles and I will never quarrel. We understand each other

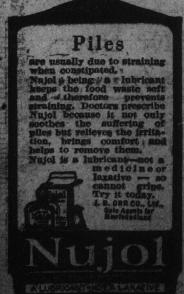
"Your conduct is most distressing," Lady Hastings grumbled. "Why will

you not make some explanation?" "I leave that to Sir Charles. Do not bress me further, I beg of you, dear

"Why is it that I am always treated like a child?" was the fretful re-

Her ladyship was offended, and she went away to find that Mr. Herbert Gardner was awaiting her in one of

Anything was a relief at that mothe Charles, she began to pour out the ory of her trials, not forgetting to



sympathy was always ready.

"I am really surprised by Miss Craythorne's actions, Lady Hastings," ne said, at length, "but am glad that a message for her." "A message for Ada?"

"Ha! I forget to mention to you Miss Craythorne alone, or the matter were quite a child when I saw you may escape my memory until it is too last."

"Certainly, Mr. Gardner. I will send word to Miss Craythorne that you are use little arts of fascination. This "Thank you," returned Mr. Gardner.

tion, though. Poor Hastings! How much has he to learn this day!"

He did not feel altogether comfortshould speak to Miss Craythorne when ly a person of no consideration. This she came in. The minutes passed, ly, she would not refuse to see him! tomed to neglect or indifference; the

prospect seemed bleak and cold. dure ft. Heavy snowflakes were beginning to fall, and there was a mournful note in the song of the wind.

He stepped toward her quickly, and

"Miss Craythorne, be seated. You

She pretended not to see his outsay? I do not understand you. about, Mr. Gardner? What have you

(To be continued.)

Hero of 'Surata'

"I was just saying, John," said Richard Bardon to his son and heir with the world if you married the Lady Iris Fayne."

"I will set the world right for my self, father," laughed the young man. "If I loved Lady Iris I would marry her; if not, no Lady Iris for me." And

ther details, in which Lady Clyffarde ook the greatest possible interest Presently the sound of another arrival

"That must be my son Fulke," said ner ladyship. "He promised to call for me on his way home. Do you renember him?"

"So slightly that I should not know im. We played together as children when he was at home for his holidays but I do not know that we agreed very

"I hope you will agree better now," leughed Lady Clyffarde. "I am like all other mothers; I think my son is the one perfect man. Here he is;

you can judge for yourself." The proud young beauty turned her head with careless grace as Sir Fulke entered the room. He looked at her with some curiosity, for her loveliness

to see young ladies somewhat moved by his visits, to see the color deepen iently; he had listened many times be-fore to the repinings of Lady Hast- sparkle; but the calmness of this ngs, and rarely interrupted her or ap- girl's exquisite face was not in the peared to be bored. He knew that she least disturbed, and there was no and suffered a great deal, and that sign of delight. Lady Iris bowed er life had been a hard one, and his with quiet grace and dignity. Sir Fulke held out his hand and Lady Clyffarde was on the point of introducing him when he said-

"There is no need, mother. I am she has not yet left you, as I have quite sure that my old play fellow has not forgotten me. Have you, Lady "I am afraid I must say 'Yes', Sir

that I have been to Swinford for a Fulke, I certainly should not have sister at Stanhope Towers. With your | "I thing I should have known you ssion, Lady Hastings, I will see although you have grown so tall. You

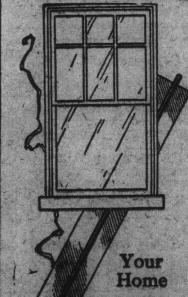
Then he sat down by her side. As He unconsciously emphasized the a rule, he found all the young ladies word "alone," and Lady Hastings re- he knew ready; and even perhaps a I will see Sir Charles afterwards." toward him, but gave the greatest Hereladyship left the room, and the part of her attention to his motherthought, that she could so completely good materials for this mode not think she would throw away him that he had never looked better. what she has striven so hard to gain! His hair was parted to a nicety, the

there was nothing whatever amiss Fulke Clyffarde of Clyde Hall; yet He looked from the window, and the spoiled child of society could not en-

> fell in such graceful folds, the well self that in all his life he had seen no one half so lovely as this young girl.

will be at her feet on the first day she makes her appearance." he said to stretched hand, and returned ichy; himself; and then he bethought him "What is it you wish to see me of his mother's wish that he should marry Lady Iris."

He had laughed in a half contemptuous manner when Lady Clyffarde and the greatest respect for all ladies, here was one who would refuse him.







and grace had been warmly extelled P. O. Box, 1251; Phone, 757.

Plates.

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Earning Her Crust.

The girl was ragged, unkempt, and the dark rings around her beautiful eyes told of weeks of hunger and privation. Dejectedly she leant against the gnarled trunk of the mighty oak and passed a trembling hand across her brow.

And the cold rain beat down, causing her to shiver.

ng her to shiver, Her lips trembled as she' gaze

ungrily around.
"Ah!" A cry of joy escaped her as the espied a crust of bread lying out

she espied a crust of bread lying out on the grass.

Esgerly she pounced upon it, and carried it to her trembling lips, and ravenously devoured it.

Then a voice echeed through the wood: "Right, Miss Croesus!" and with a sigh of relief she hurried to her waiting Rolls-Royce, and drove away to her mansion. For she was a cinema star!

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The joys of trouting are not for them. The music of the salmon reel they will never know. The beauty of the berry patch, the red of the partridge berry, the blue of the whort berry and the satisfaction of the well filled basket are not for them.

Even the beauty of our Newfoundland scenery, the ory of the Topsail sunset will leave them cold. But us forget them and let us make for the old South. let us forget them and let us make for the old South, side Hill, now carpeted with the green and red of the partridge berry, or out to Topsail, or up to Manuels River, or let us make for the old "Cow Path" leading to beautiful Holyrood (and along the said "Cow Path" the whorts never grew thicker than they do this year and let us "boil the kettle", and I bet you it will be a good "cup of tea", unless your grocer has done you dirty altogether. For the secret of it is, you steep the tea as soon as the kettle boils, and any old tea will taste bretty good. I'll het you taste pretty good, I'll bet you.

But it is just as well to take the best tea with you, it doesn't cost much more. The last time we were out we had a splendid tea and it only cost us 65c. lb. It had a sort of artistic name—"Mount View". We bought it at Henry Blair's. They had another good tea there at 50c. per pound, but the clerk said "the best is the best", and we believe him.

Freshly boiled water is the secret of the cup of tea you drink out camping, fishing, berry picking or picnicking, but it is just as well to have the best tea.

You can get it for 65c. per lb. at Blair's "Mount View", that is the slogan.

THE P



feel on a sweltering day with an overweight suit on. You have also experienced the annoyance when your dark suit is covered with dust. We are now showing summer shades in light and tropical weights, also a few lines in flannels.

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