

## Pure Ceylon Tea,

Direct from the Gardens at  
**HENRY BLAIR'S.**

Sunny Peak Ceylon Broken Orange Pekoe  
Tea, a delicious and precious beverage, only

**50c. per lb.**

Put up in 1 lb. Sealed Packages.

Mount View Finest Broken Orange Pekoe  
Tipped Tea, pure, fragrant, delicious flavour;  
best value in town, only

**65c. per lb.**

Put up in 1 lb. Sealed Packages.

Direct from the Hill Tea Gardens of Sunny  
Ceylon, where the

**BEST TEA is grown.**

**HENRY BLAIR.**

## CEREALS

**PURITY  
MILK**

**BRAN, pks, KRUNBLES,**  
25c. 15c. pk.

**Blue  
Ribbon  
Peaches,**  
11 oz. pks.,  
26c. pk.

**Glace Cherries,  
Shelled Walnuts,  
Strawberries  
(cans),  
Sliced Peaches,  
Knox Gelatine,  
Peanut Butter,  
Arline Honey.**

**Sunmaid  
Seeded  
Raisins,**  
15 oz. pks.,  
29c. pk.

**BOWRING BROTHERS, Ltd.,  
Grocery.**

## OBLIGATIONS.



JEFF

When my old  
cow was lying  
ill, my neighbor,  
Chester White,  
came from his  
cottage on the  
hill, and watched  
throughout the  
night. He placed  
a poultice on her  
brow, and hushed  
her anguished  
groans, and helped  
to save that  
valued cow, which cost me forty  
bones. And when the long sad night  
was done, its hours of sorrow spent,  
and I produced my roll of money, he  
would not take a cent. "Nay, nay,"  
he said, "we neighbors are, as neigh-  
bors long we've stood, and talk of pay  
would only mar the joy of doing  
good." And I admired him as he  
went, and said, "He beats two bands,  
the man who would not take a cent  
for lending helping hands!" And he  
restored the healthy faith I knew  
when I was young; my faith in man  
had grown a writh, so often I'd  
been stung. But now he comes to  
get my plow, my grindstone and my  
spade, reminding me that my old cow  
had died but for his aid. He borrows  
everything I have, my stove and rub-  
ber plant, my bitters and my bees-  
wax salve, my washtub and my aunt.  
And now I don't allow a gent to work  
and draw no pay; though he has only  
earned a cent, he takes that cent  
away. If some one helps me crank  
my Ford, or get the butter churned,  
I take him where my coin is stored,  
and pay him what he's earned.

Chips are still flying from  
original prices. Moth Balls at  
Stafford's Drug Store for 30c.  
lb.—apr20,21

## Side Talks by Ruth Cameron

### OUTWITTING THE DOCTOR!



RUTH CAMERON

Did you ever see  
anything so  
childish as the  
pride people  
seem to feel in  
the fact that they  
go to a doctor,  
pay him large  
sums for advice,  
and then do not  
take that advice?

We have all  
heard of the  
feeble minded  
patient who ex-  
ulted because he had managed to  
fool the doctor about having taken his  
pills and had them all hidden in a  
pocket.

How many of us there are who  
put ourselves in a similar class by  
the way we treat the doctor's ad-  
vice!

Here is an example: A woman  
whom I know has perfectly fearful  
headaches. They last sometimes sev-  
eral days and (according to her  
statement) drive her almost crazy  
with the pain.

She Thought That Was Clever.

We were talking about headaches  
one day and someone asked her why  
she didn't have her eyes examined.

"Oh, I did have, years ago," she  
said.

"And there wasn't anything wrong  
with them?"

"Oh, yes," she said, "a stigmatism.  
The doctor gave me some glasses for  
it."

She laughed. "I detest glasses and  
they made me so nervous I couldn't  
stand them."

One could tell by her manner she

thought there was something awfully  
bright and amusing about her re-  
mark.

The doctor's examination cost her  
\$10 and the glasses \$8 more. When-  
ever she has a headache she has to  
leave some of her work for others  
to do.

She may be fool enough to be  
willing to stand the pain rather than  
try every way of finding what causes  
the trouble, but she certainly has no  
right to cause as much inconvenience  
to others.

### Proud of Her Affliction.

Personally, I think she rather  
prizes those headaches as a mark of  
distinction. You should hear her  
speak of "my headaches" almost car-  
ingly, and tell how many doctors  
she has consulted and what an odd  
case they consider hers.

No wonder, if she treats all their  
prescriptions the way she did the  
oculist, and I haven't much doubt  
of it.

This is, of course, an exceptional  
case, but I have heard a great many  
people speak in a way that showed  
they felt they had outwitted the doc-  
tor, when they failed to follow his  
instructions.

### But Is He?

I have read somewhere that when  
given medicine the savages think  
that if ten pills taken once every hour  
will cure them, ten pills taken all at  
once will do the job the quicker, and  
therefore, they take them that way.

The average person thinks of him-  
self as decidedly above the savage,  
the feeble-minded and the child. But  
he certainly does not always act so.

## Produce and Provisions.

(From Friday's Trade Review.)

**Codfish.**—The exports this week  
amounted to 24,339 quintals. Of this  
amount, 48,026 quintals were shipped  
to Malaga for orders in the S.S.  
Daybark, by Messrs. Job Bros., Bow-  
ring Bros., Ltd., and the Monroe Ex-  
port Co. In the outputs the schr.  
Lillian Richards at Burin took 3,564  
quintals from Messrs. W. & T. Hol-  
lett for Oporto, and the Gordon M.  
Hollett loaded 2,749 qts. at the same  
place also for Oporto, where the con-  
sumption this week reached 6,000  
quintals.

**Cod Oil.**—Prices are unchanged,  
around 50 to 55 cents per gallon in  
the New York market for Newfound-  
land Oil, according to quantity. The  
demand is still limited and decided  
concessions have been given for quot-  
ed prices for firm business. Offers  
from some holders have been reported  
at New York this week as low as  
45 cents a gallon, but some question  
as to the quality of this oil has been  
raised.

**Cod Liver Oil.**—Prices are still weak  
at present levels. Consumers' ideas  
as to prices are lower and are de-  
termined by the present weakness  
of the market and the large catch re-  
ported from Norway. Spot barrels of  
Standard Norwegian Oil are \$23.00 to  
\$23.00 a barrel, while Newfoundland  
is quoted at \$23.00 to \$25.00. It will  
be noticed with satisfaction that our  
Newfoundland oil is quoted at \$2.00  
above Norwegian.

**Pork.**—The market shows continued  
weakness. There is a persistent de-  
cline, owing to the accumulation of  
stocks at the packing centres. The  
domestic and export demand has  
slackened off, and in addition to this  
the weakness in feeds is having a  
lowering effect on hog prices. The  
imports to St. John's are so far slack  
for the season, the total since New  
Year being 3,055 barrels, as against  
9,136 last year at same date. Prices  
are: Ham Butt \$41; Family \$38; Mess  
Short Cut and Fat Back \$34.

**Feeds.**—The weakness in pork is in-  
fluencing the Beef market in the same  
fashion.

downward direction. The market is  
dull but steady as compared with  
pork. The handicap of U.S. Exchange  
around 13 per cent. prevents Beef,  
however, from being down to such a  
favorable basis as would obtain were  
the exchange rate down to normal.  
Were it not for this circumstance  
both Beef and Pork would be nearly  
down to pre-war prices. The local  
quotations are: Bos. Flank \$35; Fam-  
ily \$34, and Boneless \$28.

**Flour.**—The wheat market in Can-  
ada has been declining all the week  
at a steady rate, indicating cheap  
flour the coming summer and fall.  
The big winter wheat crop reported  
from all the continental wheat fields,  
is having an abnormal weakening ef-  
fect on the market, and some dealers  
are predicting 1914 prices by next  
September, about \$8 a barrel. Ex-  
perienced importers here say this is  
too drastic and it will be well if the  
price goes down to \$10.

**Sugar.**—A recent pronouncement by  
the F. C. Board indicates that the  
regulations on sugar imports will be  
removed about a month hence, May  
20th. It is expected that the price per  
pound will then be about 12 cents.  
The prices meantime will be as usual,  
2 1/2 cents wholesale and 25 cents re-  
tail.

**Potatoes.**—P. E. I. potatoes in large  
lots are expected to arrive in a few  
days, and it is believed by dealers, will  
sell for less than \$4.00 per barrel.  
The first shipment is due from Char-  
lottetown about the end of April.  
Farmers and other holders of home-  
grown potatoes should meantime gov-  
ern themselves accordingly, or they  
may find it difficult to sell later at any-  
thing like the prices that they have  
been getting.

**Hay.**—The price of Hay in the local  
market is \$45.00 per ton for No. 1, and  
\$46.00 to arrive. Advertisers from Can-  
ada this week indicate a little firm-  
ness but not quotable higher. Farm-  
ers were not willing to sell at the  
bottom rates reached two weeks ago,  
saying that it does not pay. It is not  
likely then, that prices of last season's  
hay will go lower. By the last S.S.  
8, Manitoba 630 bales were imported.  
There is an ample stock in the mar-  
ket.



## Fresh Milk Always Handy on Your Pantry Shelf

Talk with your Grocer about this convenient milk supply

**E**ACH day you require Milk. Some  
days you need more milk than  
others. Sometimes you need it  
unexpectedly. In winter—you have the  
annoyance of frozen milk. In summer  
—you know well how quickly milk is  
apt to "turn"

Your daily milk supply is quite a  
problem, isn't it?

Let your grocer solve it for you. He  
is the modern milkman. He can fill your  
needs for milk a week—or a month—  
ahead. He sells Carnation Milk—Nature's  
finest food in a safe, pure, convenient form.

**CARNATION** Milk is just pure "whole" milk  
from Canada's finest dairy farms. Our  
condenseries are in the heart of the finest dairy-  
ing centres. Milk reaches us while perfectly  
fresh.

Immediately part of the water is taken  
away by evaporation.

Then, this rich milk of creamy consistency  
is sealed in air-tight containers.

Made in Canada by CARNATION MILK PRODUCTS CO., Limited, Aylmer, Ont.

Condenseries at Aylmer and  
Springfield, Ont.

**Carnation**  
"From Contented Cows"



**Milk**  
The label is red and white

Use Carnation Milk for—  
Cereals  
Tea  
Coffee  
Puddings  
Cream Sauces  
Fudge  
Custards  
Desserts  
For every milk use

changed and prices are very satisfac-  
tory. By the arrival of first steamer  
from Montreal oats will be down to  
pre-war prices. Quotations are not  
expected to go lower than this un-  
less there should come a further de-  
cline in freight rates. Mixed are now  
quoted here at \$4.00 and White \$4.20.  
Black not obtainable. By last S.S.  
Manila 1,888 sacks were imported,  
bringing the total up to 70,000 sacks.

**Oats.**—The local market is un-  
feels. The market is unchanged  
at last week's favorable rates, and  
we do not look for further decline un-  
less there is a further reduction in  
freight rates. Bran is quoted here at  
\$3 to \$3.20 per sack; Corn \$3.25 to  
\$3.50. The public are expecting that  
milk prices should be reduced ac-  
cordingly. There is a fair stock of  
all kinds of feeds in the St. John's  
market.

## Household Notes.

A dry sponge will remove the lint  
from clothing.

Lima beans are excellent served  
with tomato sauce.

Halved marshmallows are nice ad-  
ded to fruit salad.

It is said that an ennetette is the true  
test of civilization.

Biscuit or rolls will be golden if  
yolks of eggs are added.  
A portable fire extinguisher should  
be in every house.

**Comfort Your Skin  
With Cuticura Soap  
and Fragrant Talcum**

—By Bud Fisher.

## MUTT AND JEFF

AT TIMES JEFF'S IGNORANCE IS INDEED REFRESHING.

M-M, A COMPLAINT FROM  
JOE SPURS. HE SAYS A  
DOG WAS KILLED IN FRONT  
OF HIS HOUSE TWO DAYS  
AGO AND THE REMAINS  
HAVEN'T BEEN REMOVED!

SUPR. OF  
STREETS  
DEPT.

THAT WON'T DO! WE  
CAN'T LET A DEAD DOG  
LAY AROUND LIKE  
THAT! I'LL RING FOR  
MY ASSISTANT AND  
HAVE HIM DISPOSE  
OF THE REMAINS!

JEFF, IT IS REPORTED TO ME  
THAT THERE'S A DEAD DOG IN  
FRONT OF SPURS' HOUSE. I  
WANT YOU TO SEE TO ITS  
DISPOSITION!

ALL RIGHT,  
BOSS.

I'VE GOT THE WHOLE  
REPORT MADE OUT EXCEPT  
WHERE IT ASKS WHAT  
DISPOSITION WAS MADE OF  
THE REMAINS. AS SOON AS  
JEFF REPORTS I'LL  
FILL THAT IN

BOSS, I MADE  
INQUIRIES ABOUT  
THAT DOG'S  
DISPOSITION,  
AND I FIND  
IT WAS A  
SAVAGE ONE!

SAP!

