



### More Food Released.

The Government, recognising the great food value of "Skippers," has released the supplies kept in bond for emergencies, and has granted shipping facilities for importing more "Skippers." Once again everyone can enjoy delicious "Skippers" in olive oil.

Weight for weight, "Skippers" are more nourishing than meat, and the valuable phosphorus and fats which they contain will repair the wear of war on brain and nerve.

Your retailer will supply you with a tin of

"Skippers" are bristling with good points.

## "Skippers"

## "The Lady With the Lamp."

### Centenary of Crimean War Nurse--Florence Nightingale.

"Lo! in that hour of misery,  
A Lady with a lamp I see.  
... A noble type of good  
Heroic Womanhood."

FLORENCE NIGHTINGALE, the centenary of whose birth was celebrated this year by Red Cross Societies in all parts of the world, was born of English parents on May 12th, 1820, at Florence, Italy, says the Buffalo Express. Brilliantly educated, this woman whose genius for organization was exceeded only by her desire to serve those in need, received her first inspiration for the work which won her imperishable fame in the calls which English girls of her station were wont to make on the sick within the parish.

Lea Hurst, the Nightingale country house in Devonshire, with its fifteen bedrooms and its terraces bright with gillyflowers and nasturtiums, was where she grew up in the usual round of parties, guests, seasons at Maymoot, friends and gaiety which characterized the life of the wealthy country aristocracy. In her closely written diary Miss Nightingale has left a record of her teens and early twenties, spent in leisurely travel among the chateaux of France, the Riviera, Switzerland and Italy; of opera and court balls at Rome, of meetings of scientists, scholars, celebrities, of famous Paris salons, of growing dissatisfaction at the emptiness of her days. Correspondence and conversation with the foremost scholars and parliamentary leaders of her day exercised her usual intellectual gifts. Nothing, however, satisfied her longing for service which crystallized into a desire to enter Salisbury hospital.

Had she announced her intention to enter domestic service she could have horrified her family to a greater extent. To be "hospital nurse" 70 years ago was an unheeded desire. Such persons were usually coarse, ignorant old women without even the rudimentary knowledge of cleanliness. After six years of discussion Miss Nightingale prevailed on her family to allow her to enter the school of deaconesses at Kaiserswerth, Germany, where Theodore Fliedner and his wife had founded an infant school, a penitentiary, an orphan

asylum, a normal school and a hospital of 100 beds. Here was the only place in Europe where women could receive training as nurses without arousing a storm of criticism. In this place of consecration, clean, well-ordered and simple almost to the point of roughness, she describes the three months of her training as the happiest of her life.

Thirteen months after she accepted her first situation at the Harley street hospital, London, the call to active war service sounded for Miss Nightingale. The Crimean war broke out, 25,000 British troops landed at Scutari, the heights of Alma were stormed and reports of the collapse of the medical hospitals before the influx of sick and wounded became known. England was stirred to the depths by the lack of preparedness which allowed the sick and wounded to die by hundreds.

#### Florence Appears.

It was at this juncture that Florence Nightingale, trained, experienced in administration, mature yet still young, wrote to Sidney Herbert, Secretary of War, a friend and admirer, offering to organize a nursing unit for war service. Her offer crossed his letter asking her to undertake the superintendency of a newly organized female nursing establishment in the English General Military Hospital in Turkey and seven days later, with 28 nurses, two devoted friends, and private funds, Miss Nightingale sailed for the Crimea amid a storm of popular enthusiasm.

Ten days before the battle of Balaklava and the day before the battle of Inkerman, the little expedition which was to revolutionize military nursing, landed at Scutari, reaching the great hospital barrack at about the time that the 400 wounded of the charge of the light brigade arrived.

"Want, neglect, confusion, misery, in every shape and in every degree of intensity, filled the endless corridors and the vast apartments containing four miles of beds, crushed together so close that there was but room to pass between them," was the way which she described the conditions she found. Badly needed supplies and ship-loads of medicines and comforts, buried under ammunition for Balaklava, steamed past Scutari and were carried across the Black Sea before they were unloaded, official red tape being responsible for this condition.

Out of this chaos emerged order, cleanliness, and comfort, due in part to Miss Nightingale's tireless energy and in part to the powerful political influence she was able to bring to bear upon the situation through reports of the Secretary of War at London.

"She was wonderful," said one of her patients, "at cheering up everyone as was a bit low."

"Before she came," wrote another soldier, "there was cussin' and swearin', but after that it was 'oly as a church'."

Declining, respectively, the man-of-war, which was to bring her home after two years, Miss Nightingale went quietly to Lea Hurst, broken in health. Then followed the years of political, yet unheralded leadership, in which she fought, through Sidney Herbert and her cabinet, for the health of the British army, which resulted in numerous reforms.

The establishment of the Nightingale School for Nurses at St. Thomas' Hospital, London, was a tribute to her work. The graduates of this institution carried her creed of sunshine, cleanliness, light, air and proper diet to Canada, Sweden, Ger-

many and India. The Nightingale system of hospital administration and the training of nurses was adopted in all parts of the world until the very character of nursing changed from purely volunteer sick relief to scientific application of well tested theory. The establishment of three training schools for nurses, at Bellevue Hospital, New York City, New Haven (Ct.) Hospital, Boston, saw the beginning of the modern nursing profession in the United States.

### Audacious Bullion Robbery.

Never was a crime more audaciously conceived than the great bullion robbery on the evening of May 15, 1855, when three large boxes containing gold were delivered by their owners to the care of the firm of Messrs. Chaplin and Horne, and by this firm conveyed to the South Eastern Railway, London Bridge. Every precaution was taken with the precious freight, which belonged to Messrs. Abell and Co., Messrs. Spellmann, and Messrs. Bull. The boxes were bound with iron bars, sealed and weighed by Messrs. Chaplin, and placed in an iron safe secured by Chubb's patent locks, which had duplicate keys, in the possession only of confidential servants of the Railway Company—keys in London, in Folkestone, and also in possession of the captains of the boats belonging to the South Eastern Railway. The safes were specially placed in the guard's van, under his immediate care, but on the bars being taken out of the safes at Boulogne it was discovered that one weighed 40lbs. less than it ought to have weighed, while the other two weighed a trifle more than they should have done. Examination proved that the precious metal had all been extracted, shot substituted, and the outward appearance of the safes restored as before. The principal actors in this elaborate crime were James Burgess, who had been 13 years a guard in the South Eastern Railway, William Pierce, an ex-bookmaker's clerk who first conceived the robbery, and confided it to Edward Agar, a professional thief, and William George Tester, clerk in the traffic superintendent's office at London Bridge Station. The

### He Now Works Just Like a Young Man.

#### WINNIPEG MAN PRAISES DODD'S KIDNEY PILLS.

For Ten Years Was so Weak It Was Impossible for Him to Walk—He Tells of the Benefit He Got from Dodd's Kidney Pills.

Winnipeg, Man., May 14.—(Special.)—"I advise everybody who suffers from backache to use Dodd's Kidney Pills." So states Mr. Adam Duciowicz, who resides at 183 1/2 Maple Street, this city.

Asked to give the reason why he gave this advice, Mr. Duciowicz said: "Dodd's Kidney Pills have done me a great benefit. I even wonder myself how this medicine helped me. For ten years I was so weak it was impossible for me to walk. When I started to use Dodd's Kidney Pills I felt I was getting young and strong again."

"I am now 52 years old and I work just as if I were a young man."

It is very noticeable that people who have used Dodd's Kidney Pills are enthusiastic in recommending them to others. That is how Dodd's Kidney Pills have made and maintained their reputation. Dodd's Kidney Pills are purely and simply a kidney remedy. If you have not used them yourself, ask your neighbors about them.

Plans had been laid during eighteen months, impressions of the locks being taken, and false keys made. After the robbery the bars were melted at Agar's residence in North London. Notwithstanding the most anxious enquiries by the police, none of the perpetrators of this daring robbery were traced till Agar, arrested on another charge, confessed, and made known the whole details of the crime. Pierce, who capped his villainy by robbing his accomplice of thousands of pounds, and leaving Agar's child for whom the money was intended, to starve, got two years' hard labor for larceny, while Tester and Burgess—whose crime, as servants of the Company, was greater—received fourteen years transportation each.

### THE NEW FRENCH REMEDY. THERAPION No. 1 THERAPION No. 2 THERAPION No. 3

No. 1 for Rheumatism, No. 2 for Blood & Skin Diseases, No. 3 for Glands & Urinary Organs. Sold by leading chemists. Price in Newfoundland, St. John's, Nfld., 1/6 per bottle. See Trade Marked Word 'THERAPION' on each bottle. STANTY APPOINTED TO GUARANTEE PURCHASE.

## THE EVER POPULAR MIDDY BLOUSES ARE HERE



A host of new styles in Middy Blouses are in this assortment; and, too, the prices are exceptionally reasonable for such practical wear.

SEE THEM IN OUR WEST WINDOW.

Durable Jean Cloth Middy—Color all white or collar trimmed with Navy, Saxe, or Red braid. Sizes 14 to 20 years; also 40, 42, 44 bust measure. A smart Middy that laces at the neck. Pearl button fasten cuffs, sailor shaped collar and breast pocket.

Price \$4.30.

A Becoming Useful Middy—Color Navy. Sizes 14 to 20 years. Made of serviceable Cotton Serge that looks and feels much like wool. Fastens at neck with bow and has braid-trimmed sailor collar. Price \$4.90.

For smaller girls at prices from \$1.80 to \$3.00.

### Have You Made Use of OUR MAIL ORDER DEPARTMENT?

This department is always at your service, ready to purchase for you such articles as you may require from this store.

Your wants will receive careful, personal attention.

## MILLEY'S

may 13, 41, th, f, s, m

### Sociability Won.

An Irish political candidate who felt sure that a certain elector was against him was surprised to have that elector call and announce that

he would support him to the limit.

"Where the other day ye called at my place and stood by the pigsty and talked for half an hour, ye didn't budge me an inch," said his visitor. "But after ye'd gone away, I got to

thinkin' how ye reached yer hand over the rail and scratched the pig's back till he lay down wid the pleasure of it. I made up my mind that whin a man was so sociable as that wid a poor fellow-creature I wasn't the boby to vote agin him."

## NEW ARRIVALS!



### Glove fitted Tweedie Boot Tops



INSIST ON TWEEDIES (the label is sewed in every pair)

THE ORIGINAL You will wear TWEEDIES for their comfort, fit and good style. Wonderfully effective different and distinctive. Unconsciously women who wear them account for the word TWEEDIES. EVERY PAIR GUARANTEED in the newest shades and style conceptions.

F. Smallwood,  
Sole Agents for Nfld.



### Evangeline

The perfect Shoe for women.

We are now showing the very latest Styles in the above lines of renowned footwear.



### Dr. Reed.

Have you foot trouble, madam? If so, bring them all here.

### Dr. A. Reed's

Improved Cushion Soles.

### WHY PALE RUN-DOWN THIN WOMEN NEED VINOL

It Enriches the Blood and Creates Strength

Recommended By Physicians and Guaranteed By Druggists

If you are not feeling up to the mark, are run-down, overworked, listless and as though you could hardly drag around, do not hesitate to go to your druggist and get a bottle of VINOL, the sea-salt cod liver and iron tonic without oil, combined with best pepsin and hypophosphites. In a natural manner it creates a hearty appetite, aids digestion, enriches the blood, and strengthens and energizes the entire system. There are thousands of women in Canada, once pale, thin, run-down and sickly, who are now strong, well and healthy owing to VINOL. For all run-down, nervous, anemic conditions, for this, many children, feeble old people, overworked men and women, VINOL will build up health, strength and energy more quickly than anything else. It is sold on a Guarantee by all druggists.

# F. Smallwood, The Home of Good Shoes.