THE EVENING TELEGRAM, ST. JOHN'S, NEWFOUNDLAND, JULY 18, 1919-2

AVOID ALUM IN FOOD Baking Powder is one of the most important food ingredients. Alum or other injurious acids are frequently used by some concerns to lower the cost of production. MAGIG . 2612 BAKING POWDER

Contains No Alum It is a pure phosphate baking powder and is guaranteed to be the best, purest and most healthful baking powder possible to produce. W. Matthew Williams, in "Chemistry of Cooking," says: "Phosphates are the bonemaking material of food and have something to do with building up of brain and nervous matter."

Made in Canada

For Love of a Woman: New Romeo and Juliet.

of the crowded theatre seemed to force its way into the white, little room, and with it mingled Jeffrey's strange words hinting at some fraud, and the words of Lord Cecil Neville's note. The morning broke clear and bright, and she came down looking rather pale and grave.

Jeffrey ate his breakfast almost in silence, and there was no trace of last this-"

end of which she-tore it up!

the last time."

significant.

"I shall have to see him!" .he mur-

Trying to frame some form in which

she could speak to him, she made Ler

way to the meadows, and as she went

on the mossy bank she looked round, as one views a place rendered familiar and pleasant by associations. Wherever she went, whatever happened to her in the future, she thought, she should always remember Barton

of the brook, and as she seated herself

meadows, the clump of elms, the silver brook, and-ah, yes !- the handsome face lying so still and white in her lap. As she was recalling the scene,

cwelling on it with a singular commingling of pleasure and pain, she heard the beat of a horse's hoofs, just as she had heard it the first morning; and Lord Neville came flying over the hedge, a little further from her this time, and still upon his horse, and not upon his head.

He pulled up the animal almost ou its haunches, and slipping from the saddle, hurried towards her.

In the second that she raised he eves she took in, as if by a species of mental photograhpy, the handsome face, with its clear and now eager eyes, the graceful figure, in its suit of grey cords that seemed to be part and parcel of the wearer, and the air- dis tinguished, patrician, it is so difficult to describe it, which is the birthrigh of the gentleman-the air which the

parvenu, though he count his gold by the million, cannot purchase. "You have come," he said, raising his hat. "I am so glad, so gratefu!, Miss Marlowe."

"You would not be, Lord Neville, it ou knew how sorry I am to be here. she said, and her wonderful eves me ardent gaze steadily and with

gravity that lent a subtle and altogether new charm to her face. His face fell.

"Sorry?" he said, regretfully, "Yes," she said; "very, very sorry

written me that note. It was wrong.'

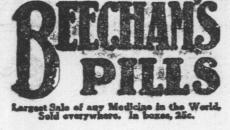
pleadingly. "I feared you would say near her and altogether wretched night's emotions on his broad brow "I did not intend to come," she said, only one

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Many ailments are caused by stomach weakness. Faulty digestion leads to biliousness, sick headache, dizziness, sallow skin and eruptions. Maintain a healthy condition of the stomach and you will get rid of the chief cause of your sufferings. Do not neglect the laws of health. Keep stomach, liver and bowels

in order by timely use of



for a moment with faint surprise, the ooked at the brook

-"I wanted to tell you something," This comprises Waist Pattern 2867 he said, not so smothly or glowing and Skirt 2874. In linen, satin, tafnow, but with a sudden gravity in his feta, serge, or gabardine. One could voice, an intensity in the expression of have the waist of lawn, crepe or ba-

his eyes that ought to have warned contrasting material her: but it did not, for she looked at him with calm surprise. "It will 38, 40, 42, 44 and 46 inches bust measscund sudden to you-sudden and abrupt, I daresay. I-I can't help it. It inch material

"No, forgive me-I was wrong! You

would not laugh! But I know what you

(to be continued.)

THORNBYKE 2% KEMPTON 2%

May be worn with four-in-hand or bow

The Skirt is cut in 7 Sizes: 22, 24, seems sudden to me, and yet some-6, 28, 30, 32 and 34 inches waist meastimes I feel as if I had known you Size 26 will require 3 yards of for years-all my life. Miss Marlowe, 36 inch material. Width at lower when a man finds that the face and edge is about 1% yard.

the voice of a girl are haunting him This illustration calls for TWO sep-Lord Neville, you should not have day and night, that he cannot drive arate patterns which will be mailed to any address on receipt of 10 cents them out of his head for half a minute, FOR EACH pattern in silver or "Let me tell you," he said, eagerly, when he is only happy when he is

> when he is away from her, there is A GOOD COVER-ALL APRON.



CHAPTER XI. LOVE'S SUBTLE SPELL.

and Doris was left alone "I-I-" he said, uncertainly, "I Icn't think I'll tell you to-night, Doris li will keep. I'm not certain that it specting Lord Neville's note. would make you happier. I'm ha!fnclined to think that it would only nake you miserable. No, I won't tell rou". Go to bed, and forget-"

He stopped. "Forget that pleasure-'o)king genleman in the box, Jeffrey?" she said,

with a smile. His face darkened, and the hand that ested on the table clenched tightly. haughty "You saw him! You saw him!" he laid, with suppressed fury. "Rememmured, at last, as if in despair, "for

ver him, Doris! He is a villain-a coundrel! He is your-and myreatest enemy." "That smiling, fair-haired gentlenan?" she said.

"One may smile and smile and then le a villain, Doris," he said, quoting 'Hamlet.''

"And you won't tell me who he is and the beauty of the spring morning seemed to take to itself a new and strange Il about him, Jeffrey?" "Not to-night," he said, knitting his loveliness, and, notwithstanding her difficult task, the thought that she rows. "Go nod, Doris. Some other was going to meet him again filled her ime-' with a vague, indescribable sensation She touched his forehead with her

ips, and stole away from him quietly, that half-pleased, half-troubled her ind went upstairs. All the place was silent save for the She slept little that night. "he roar singing of the birds and the babbling

And the Worst is Yet to Come-



As was usual with him, he went down as if he had not spoken. "I meant to with that girl. I am in love with you!" to the theatre directly after breakfast. pass the note by unanswered. But it The blood rushed to Doris's face, seemed-well, yes, unkind. And I tried then left it white to the lips.

The time had now arrived in which to write; but"-her brows came to-She drew her eyes from his slowly she must decide what she must do regether-"I could not please myself. It and sat mute and motionless. is so hard to write such a letter for

"I love you!" he said, bending a lit-She opened her writing-case, and the first time in one's life, and at last the nearer to her, the words fraught after sitting before it for half an hour, I decided to meet you, that I might with the intensity-and hte the truth wrote an answer in which she declined cell you how wrong you were, and with the intensity-and the truth a meeting with him; and it gave her that your rote showed 'me-and so all my heart and soul!" He drew a satisfaction for a few minutes, at the plainly-that we must not meet again; long breath. "That is why I wrote to that, in short, Lord Neville, our ac- you, that is what I had to say to you No answer could she pen-and she quaintance must cease!" -wait a moment, I know what you tried hard-seemed satisfactory. Some She actually half-rose, as if she are going to say-perhaps you are were too familiar, others too stiff and were about to leave him then and going to laugh. For Heaven's sake, there; but he put out his hand plead- don't; for this is a serious business for

> ingly, without daring to touch her, and me!" implored her to wait. She made a slight gesture of nega-

"Don't go-for a moment, only a motion

ment!" he r!eaded. "Let me speak in A thrill of regret ran through her at my defence. Do listen to me! I only the words; they sounded so sad and ask you to listen to me!"

will say-that I have only seen you a She sank down again slowly, re- few times, that I have only spoken to luctantly, as it seemed, and he threw you on two occasions. Well, I know. himself beside her, bending forward, Do you think I haven't told myself all his eyes fixed upon her face, all alight that? I have-a hundred times; but

with the ardent desire to turn aside it doesn't alter the fact. I do love her anger, to melt her coldness. you. I know that, and that's about all "Why did ycu write that note?" she

was tremulous for a moment, but he "Why--I was mad!" he said. "Stop mastered it. "And I don't wonder at -I was mad! I wrote it while I was it. Where is the man with half a heart in the theatre. It was wrong, I know, in his bosom who wouldn't love you? of course; but I'm not corry that I I have never seen anyone so beautiful rote it!" -half so beautiful-"

She turned her eyes with surprise She moved her hand as if to silence and reproach upon him. him: but he went on:

"No, I'm not sorry," he said, almost -"And I've sat for hours fascinated, lefiantly. "I wrote it during the feeling my heart drawn out of me by entr'acte. Id been watching you and your face, your voice. Why, look how listening to you until I had lost myself, you move the rest of the people at the suppose. Anyhow, I got the piece of theatre, and think what it must mean paper and wrote on it and put it among to me, who leved you the very first time the violets, all in a moment, as it I saw you. Ab, Miss Marlowe-Doris were. I felt that I must see you again. -let me call you Doris for once!-Wait! ah, wait and hear me out!" for if I could only tell you how dearly and she had made a movement that seem- truly and rassionately I love you! But ed to threaten her departure. "I don't I can't. I kn w it's no use. Who am know how long I may be here. I may I that you should feel anything but o at any moment-from Barton, I amusement-"

nean; and then, as I thought that might not see you again for weeks, for months, perhaps-" He stopped, not because he had no words but for breath, and to regain his composure. 'I knew you would be angry, but what was I to do? You had forbidden me -well, you hadn't given me permission to call on you-"

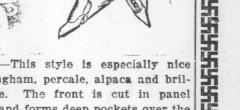
She caught her under-lip in her teeth. He was using the argument in his defence which she had used for him in the morning.

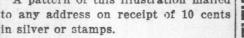
-"And I thought I would write it Miss Marlowe, you shall blame me for sending that note to you, for asking you to meet me here. It was wrong impertinent, whatever you like to



2589-This style is especially nice I know of it." His deep, musical voice for gingham, percale, alpaca and brilliantine. The front is cut in panel shape and forms deep pockets over the sides

> The Pattern is cut in 4 sizes: Small, 32-34; Medium, 36-38; Large, 40-42, and Extra Large, 44-46 inches bust measure. Size 38 requires 5% yards of 36inch material. A pattern of this illustration mailed





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Size ...

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So the cry is constantly going up from the constipated, "What can we do?" It will be interesting to a great many to know that an answer has been found in the re-discovery of method which was used with great success by our Forefathers, and in Arabia far back in the twelfth century. The food is called "Les Fruits" because it is composed entirely of figs, dates, prunes, raisins and the leaves of each with the substitution of the Alexandra leaf for the raisin leaf. The taste is pleasant, if not to say delicious, and the effect is exceedingly satisfactory. Try it and be convinced.

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