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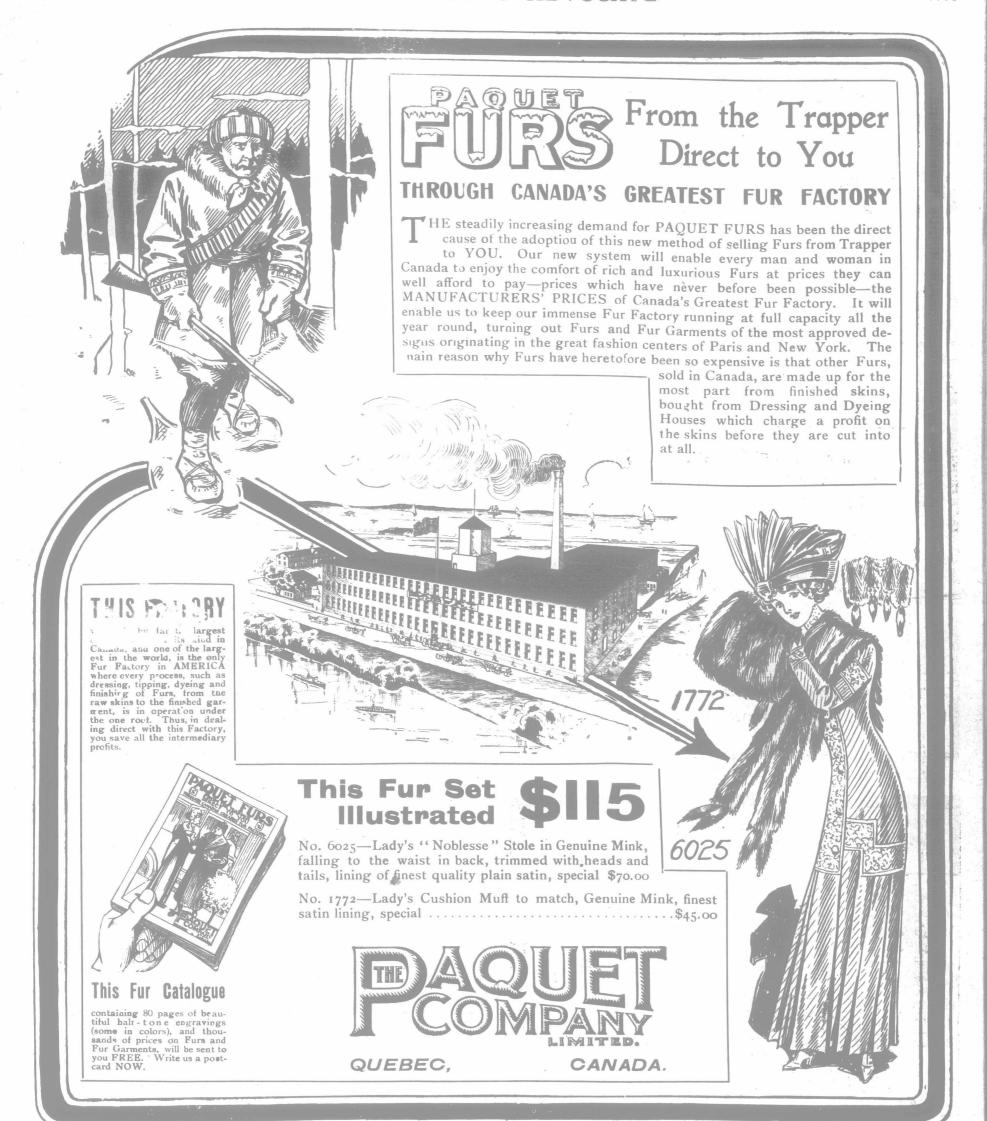
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posal of such garbage as cannot be fed to pigs and chickens: "Have dug at some distance from the house a trenchfrom four to five feet deep, and as long as space will permit. Into this throw the garbage, cover with dirt, and leave it to rot and season until next year, when it will be a valuable fertilizer."

With a word on flies, ants and cockroaches, which we, at this season of the year, may pass, she goes on to describe how washing-day may be made easier, recommending soaking the soaped (white) clothes over night in luke-warm water, to witch 1 cup household ammonia has been tided.

Dis sching comes next, and we will

just pause at the pots and pans: "I soon as it is emptied, and put into it a spoonful of washing soda and leave it until she has time to wash it, the dirt will come off much more easily than if it is allowed to dry on the tin or iron."

In regard to complexion remedies she says: "Less salt meat and more tramping along country roads; less tea and coffee, and greater quantities of fresh, cold water; less pie, and more fruit; less pork and cabbage, and more bread and butter and buttermilk. This last, by the way, is a wonderful cosmetic, and improves the complexion whether used in-ternally or externally."

She advises particular care in regard to want to remind my reader that if she the cleanliness of cellar, refrigerator and will run hot water into any utensil as attic. "As often as every week," she says, apples in a cellar should be picked over, and those upon which decay specks appear removed. An admirable suggestion is to sprinkle the ashes for sifting with water, where coal is used, in order that it may not spread through the house

from the registers. Her suggestions on furnishing are quite up-to-date in their good sense. The dining-room floor, she would have bare, with an "art square" or rug of some sort in the center. In this room, too, she would have a china cupboard, and the washing of china she would have done right in the

room, to save steps.

it now! When I called there the outside world was bathed in early summer sunshine; the air was laden with the breath of blossoms; nature was in a riot of glow and color. From all this I stepped into 'the best room.' I sat there awaiting my hostess and feeling the chill of dead and unburied yesterdays creeping to the marrow of my bones. Some of the furniture was covered with black horsehair; other pieces were upholstered in red plush, and were very hard and unyielding. The carpet had huge figures on it. The blinds were bowed, so that a few straggling rays of light

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