

## Particular Practice for the Month of July.

Our Duties towards the Blessed Cucharist.

First Duty: To Believe.



T. PAUL says the first obligation to draw us close to God is to believe in Him. If, then, the Blessed Eucharist is Jesus Christ, it is necessarily Jesus Christ, Our God, and consequently our first obligation towards It is to have faith — to believe.

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How easy it is to believe in Jesus, Sacred Host, when we recall the Saviour's love; His promises at Capharnaum; His words at the Last Supper; the infallible teaching of His Church,

— and her veneration for the august Sacrament.

Above intellectual reasoning we class heart reasoning whose sublimity the intellect cannot always understand and exemplified in these word's of Pascal's: "In beholding the love of Our Lord carrying His passion as far as those marvels, the Crib and Calvary, is it hard to believe that this love, which nothing explains, but which explains everything, could and did go a step further and ended in that unlimited limit of the sacred passion — the Eucharist."