

Women in Farm Life

Mrs. C. B. Barva, Yarmouth Co., N.S. A little planning, a little utility, will oftentimes save a woman's labor...

CONSERVE LABOR INSTEAD

The cost of replacing some wretched kitchens by a decent and comfortable one, equipped with running water, an ample range with a large sink...

What wonder that the thing for which the average farm woman most eagerly craves is "a certain dependable income, however small, for the ever-recurring needs of herself, her family and the household, which can be satisfied only by a cash outlet."

What wonder that she ponders often over plans by which she may "earn money at home," or that she is so often victimized by seductive advertisements of methods by which money may be so earned?

OLD COUNTRY DOMESTICS

Capable Scotch, English and Irish maids; also Danish girls. Families raising twice a month.

Apply now. The Guild, 71 Drummond Street, Montreal, 47 Pembroke Street, Toronto, or 27 St. Utae St., Chicago.

WIPE YOUR FEET

Mud, snow, dust and dirt will not be tracked over your floors.

Grab's Foot Scraper

Also made which cleans rubber-soled shoes. It is a simple operation. Has ten rows of sharp blades. Cleansing action and so on still better. Cleans dirt, mud, snow, etc. from shoes. Also cleans dirt, mud, snow, etc. from shoes. Also cleans dirt, mud, snow, etc. from shoes.

Dealer will not supply you, don't be misled. Get your order direct to the manufacturer, FREE.

Onward Mfg. Co., Berlin, Ont.

ing of more money, but for the securing of what one has already earned."

NEED LESS SACRIFICE

"One of the strongest instincts in the heart of every woman is that of self-sacrifice. Therefore, while she is still a bride, she may desire herself a sewing machine, that her husband may purchase the mower of which he is in such need; she boils her clothes in the dish-pans, and by her hand, that the price of a boiler and wringer may go to the purchase of tools for her husband's shop; she wears out her very best scrubbing unpainted woodwork, under the impression that it is her first duty to save money toward the final payment on the extra horse that her husband simply had to have; she economizes in a hundred sock-racking, never-wasting ways, of which, to do him justice, her husband is quite unaware; and she does it all in full faith that he will appreciate her sacrifice, love her the better for it, and that he will soon see a lin business as a firm financial basis, be only too glad to make it all up to her. In about one case in a hundred it works out the other way, and the other ninety-nine cases represent the average farm household where the housewife, having begun to 'get along' without any conveniences, continues indefinitely to do her very best. She sees many a labor-saving device added to the outside equipment of the farm."

The average farmer, when he marries, has no intention of bringing about such a state of affairs. He means to take good care of his wife. But, precedent and the wife's unwilling self-sacrifice make the development easy of selfishness of which he is almost if not quite unconscious. "It is not even hers, but mine, as much as my own," he asks; and he trusts aside Accusation with indifference.

EDUCATE OUR GIRLS

The remedy for these undesirable conditions would seem to lie, first, in such an education of the girl in household economics as shall give her, along with a better equipment of knowledge, a higher appreciation of her own industrial value and of the economic waste attending the doing of work in inconvenient surroundings and without labor-saving tools. Such an education will enable her more easily to impress her husband with the fact that the proper equipment of his home for up-to-date housekeeping means dollars in his pocket; in many cases, even more truly than a fuller equipment of the farm with buildings and machinery. Such an education will also qualify her to enter more understandingly and with fuller sympathy into the plans of her husband for the conducting of "the farm business as a business." Such a position once achieved, she will seldom lack "pin money" or his cooperation in making such betterments in her own special province of housekeeping.

COOPERATION IN LABOR

A second suggestion is the application, to the lessening of the farm woman's labors, of the cooperative methods which farmers are learning to use. In the employment of expensive machinery, in the gathering and marketing of crops, in the improvement of their herds, and in the making of good roads. Why should not a cooperative laundry for instance be "run" alongside of the cooperative creamery—a laundry where a few skilled workers, aided by machinery, may do the washing and ironing for a hundred farmwives, thus relieving the woman of what is now one of her heaviest burdens? Why not have a cooperative bakery in the same place, to the saving not only of the woman's labor, but often of cost also, especially as fuel advances in price?

A further remedy may be found in the exploitation, through the Farmers' and Women's Institutes, of the improvements in house-building and equipment constantly being made, and the adoption of which by his neighbors may stir the neglectful husband to emulation. Also, the comparison of financial methods and of housekeeping, brought about by the meeting, from house to house, of the Farmers' Club, will have a beneficial effect.

Beautiful Old Women

We occasionally meet a woman whose old age is as beautiful as the bloom of youth. We wonder how it has come about—that her secret is. Here are a few of the reasons: She knew how to forget disagreeable things. She kept her nerves well in hand and inflicted them on no one. She believed the art of saying pleasant things. She did not expect too much from her friends. She let go whatever work came to her congenial. She retained her illusions, and did not believe all the world wicked and unkind. She relieved the miserable and sympathized with the sorrowful. She never forgot that kind words and a smile cost nothing, but are priceless treasures to the encouraged. She did unto others as she would be done by, and now that old age has come to her, and there is a halo of white hair about her head, she is loved and contented. This is the secret of a long life and a happy one.—McCall's Magazine.

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THE COOK'S CORNER

Recipes for publication are requested. Those regarding cooking, recipes, etc., should be addressed to Mrs. D. W. Henshew, Editor, Farm and Dairy, 27 St. Utae St., Chicago.

RICE CUSTARD

Ingredients—1/4 lb. best rice, 1 1/2 pts. of milk, an egg or two, sugar, flavoring. Bake the rice: when done, add to it half a pint of milk, into which an egg or two, sugar to taste, and flavoring have been whisked. Bake very gently for three-quarters of an hour.

STRAWBERRY CREAM

Ingredients—1 pot of good strawberry jam, 8 sheets of the best French gelatine, 1 qt. of cream. Take jam, and pass through a tammy, add the gelatine dissolved in a little milk, then add the cream whipped to a froth, put into a mold, lay on ice to set. When wanted pick up mold in hot water and turn out the cream.

APPLE PASTY

Ingredients—Puff paste, apple marmalade, 1 egg. Lay a disc of puff paste on a round tin, spread a layer (about three-eighths of an inch thick) of apple marmalade over it, leaving a rim an inch wide, clear all round, form a trellis work with them over the marmalade, then put a border of paste all round over the rim. Glaze the top of the border and trellis with beaten-up egg, and bake in quick oven.

ECONOMICAL FRUIT CAKE

Ingredients—5 oz. of butter, 2 lbs. of flour, 1/2 lb. of sugar, 1 lb. of currants, 1 pint of yeast, 1 pint of milk to make a thick batter, 1 tablespoonful of powdered cinnamon. Mix the flour, leaving out a quarter of a pound, with the butter cut in small pieces, add the sugar, cinnamon, and fruit; add milk enough to form a thick batter, and lastly stir in the yeast. Mix it over night, and set it away to rise; in the morning, add the remainder of the flour, and let it rise; when light, mould it out very lightly; oven-our your pan, and bake it in an oven about as hot as for bread.

The Sewing Room

Patterns 12 cents each. Order by number and size. If for children, give age; for adults, give bust measurements for waists, and indicate whether the Pattern Dresser or Tailor is desired. Address all orders to the Pattern Dresser, 27 St. Utae St., Chicago.

CHILD'S KIMONO COAT AND MUFF, 7267

Muffs made to match the coats are desired for little tots this season and they are very pretty and very attractive as well as thoroughly comfortable. This coat is made in kimono style so that it is very simple and the muff is just a plain one trimmed with fur to match the collar and cuffs. For the 10 year size will be required 4 yds of material, 27, 5 yards 36, 1 1/2 yards 44 inches wide with 4 1/2 yards for banding. This pattern is cut in size for children of 6 months, 1, 2 and 3 years of age.

CHILD'S DRESS WITH FRONT CLOSING, 7276

The girl's dress is cut closed at the front has certain advantages. It is easy for the wearer to take on and off and it is in the height of style. For the 10 year size will be required 4 yds of material, 27, 5 yards 36, 3 yards 44 inches wide with 1 1/2 yards 27 inches wide to trim as illustrated. This pattern is cut in size for children of 8, 10 and 12 years of age.

THREE-PIECE SKIRT, 7277

Every possible tummy effect is in vogue. This skirt is absolutely new. The adapted to any two contrasting materials and it is overlapped at the left side after a novel and interesting manner. For the medium size the skirt will require 3 3/4 yards of material 27, 4 yards 36, 4 or 5 1/2 inches wide with 1 1/4 yards 30 for the trimming portion, width of skirt at lower edge 2 1/4 yards.

This pattern is cut in sizes for a 22, 24, 26, 28, 30 and 32 inches bust.

LONG COAT IN RUG STYLE, 7285

PERFORATED FOR TWO LENGTHS INCLUDING THE PATTERN OF THE BAG

This more useful garment can be found than such a coat as this one. It is available for general use and it can be made from various materials. In the illustration the entire coat is made from one fabric, but reversible rug finished with fringes on the edges, but when cloaking material can be used. For the 36 inches size will be required 2 3/8 yards of material 36 inches wide or one and one-half yards long and 1 3/4 yards wide. This pattern is cut in two sizes, 34 or 36, 38 or 40 inches wide for collar and cuffs.

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