

WHY DOCTORS FAIL AND MRS. PINKHAM SUCCEEDS

Main Reasons Are Here Given to Explain Why Lydia E. Pinkham's Vegetable Compound Cures When Doctors Are Powerless

A woman is sick; some disease peculiar to her sex is fast developing in her system. She goes to her family physician and tells him a story, but not the whole story.

She holds something back, loses her head, becomes agitated, forgets what she wants to say, and finally conceals what she ought to have told, and thus completely mystifies the doctor.

Is it any wonder, therefore, that the doctors fail to cure the disease? Skill we cannot blame the woman, for it is very embarrassing to detail some of the symptoms of her suffering, even to her family physician.

It was for this reason that years ago Mrs. Pinkham, at Lynn, Mass., determined to step in and help her sex. Having had considerable experience in treating female ills with her Vegetable Compound, she encouraged the women of Canada to write to her for advice in regard to their complaints, and being a woman, it was easy for her sisterly letters to pour into her ears every detail of their suffering.

In this way she was able to do for them what the physicians were unable to do, simply because she had the proper information to work upon, and from the little group of women who sought her advice years ago a great army of her fellow-beings are to-day constantly applying for advice and relief, and the fact that many thousands of them have been cured by following the advice of Mrs. Pinkham during the last year is indicative of the grand results which are produced by her unequalled experience and training.

No physician in the world has had such a training, or has such an amount of information at hand to assist in the treatment of all kinds of female ills, from the simplest local irritation to the most complicated womb diseases.

This, therefore, is the reason why Mrs. Pinkham, in her laboratory at Lynn, Mass., is able to do more for the ailing women of Canada than the family physician. Any woman, therefore, is responsible for her own suffering who will not take the trouble to write to Mrs. Pinkham for advice.

The testimonials which we are constantly publishing from grateful women establish beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases.

GAMBLING DEN TRAGEDY

Tucson, Arizona, Jan. 27.—A tragedy, in which four men lost their lives, occurred in Nogales to-day. Wm. Walters, a gambler, entered the palace saloon, owned by M. M. Conn, walked to a poker table, and without warning, opened fire on the dealer, known as "Cowboy" Johnson, firing two shots through his head. Walters then turned on Conn, the proprietor, who was making his way toward the door, shooting him through the head and heart. The murderer then turned his revolver on himself and sent a bullet through his brain. All of the victims died before being able to make statements. Walters had been employed by Conn, but had been discharged a few days before. It is said he was intoxicated at the time he entered the saloon. Conn was one of the best known sporting men in the south-west.

ETERNITY IS LONG.

An evangelist in a little town was trying to give his hearers an idea of the length of time those must suffer, the end of whose journey is the terminus of the Broad Road.

"My brethren," he exhorted, "if little bird were to dip its beak in the Atlantic Ocean, gather up a drop of water and then hop across continent—no fly, but hop its inch by inch—until it reached the broad Pacific, and there deposit a little drop of water, walk back to again dip its beak in the Atlantic, and continue this operation until it had emptied the Atlantic into the Pacific, my brethren, it wouldn't yet be sun-up in hell."

Some shuddered in their seats at the awful word-picture, while others of the more zealous cried loud, "Amen!"—Life.

Most men like to address women by their Christian name.

Abbey's Effervescent Salt

contains all the tonic laxative principles of fresh, ripe fruits. Children, as well as grown folk, may get its mild, gentle action on stomach, liver and bowels, without fear of ill-effects resulting.

AT ALL DRUGGISTS, 25¢ AND 50¢ A BOTTLE

Liquozone Free!

Any sick person who has never used Liquozone should write the Liquozone Co., 438-440 Wabash Ave., Chicago. They will send you an order on your druggist for a 50-cent bottle free, if you will state the disease to be treated.

THE STAGE

"All the world's a stage
And all the men and women
Merely players."

ANNOUNCEMENTS.

At the Grand—
Marks Bros.—Jan. 30, 31, Feb. 1.
Meister Singers—Feb. 2.
Uncle Tom's Cabin—Feb. 3.
Kennedy Players—Feb. 6-11.
Pretty Peggy—Feb. 13.
Sign of the Cross—Feb. 27.

THE MEISTER SINGERS.

At the Grand To-morrow Night.

"The exquisitely blended voices of the famous Meister Singers, of London, England, delighted a large audience at Massey Hall last night. The quartette sing with a rare smoothness of tone, and in just intonation. The most scrupulous care is exercised in all their work, and again and again they were enthusiastically recalled. Kidner's glees, "Lull me to Sleep," was rendered with a delightful dreaminess of effect, and Elgar's "Whether I Find Thee" was another beautiful number, in which the quartette displayed the most perfect finish and tone graduation."—Toronto News, Nov. 18th, 1904.

The date for the Chatham Grand is Thursday, Feb. 2nd.

UNCLE TOM'S CABIN — A \$20,000 PRODUCTION.

No. 24, The Martin Revival, will appear at the Grand on Friday, Feb. 3rd. It is an undisputed fact that



THE RESCUE OF EVA FROM DROWN'G.

there is no better production of "Uncle Tom's Cabin" on the road to-day than that made by Al. W. Martin several years ago, and improved with each season since. It is the largest company with possibly few exceptions, such as special revivals, ever used in the production of the play. It is claimed, for it contains a company of the original "Georgia Shouters," who play the negroes in the cotton fields, and who are seen in plantation dances and head in plantation songs in scenes showing the quarters of the negroes on a plantation where the master was a humane man. There are solos, quartettes choruses in which the old-time songs as well as the new ones are sung by voices having the peculiar negro sweetness. There are a number of excellent dancers and they dance among others the latest shuffle, called the "Swanee Shine." There is a pack of genuine bloodhounds, gaunt and ugly looking beasts, such as were used to track escaped negro slaves, and such as are now used to track escaped criminals in the south. These bloodhounds, brought from the South and a part of a pack used by a prison contractor at his convict pen in Georgia, are used in the scenes where the escaped slaves are followed, and with their deep-mouthed baying add impressiveness to the escape of Eliza and of George Harris. There are also horses, donkeys and ponies and altogether the live stock exhibit is extensive. The scenery is a special feature of the production. Some of the most notable scenes include the humble cabin of Uncle Tom, and an old Southern road, Skinner's tavern, the ice-gorged Ohio River by moonlight, the home of Phineas Friend, the wild, rocky pass in Southern Ohio, and the transformation called "The Holy City."

Special prices, 25, 35 and 50 cents.

KENNEDY PLAYERS.

During the past five years the Kennedy Players, who commence a six nights' engagement at the Grand Opera House next Monday, have been playing successfully without losing a single week; during the summer months presenting stock productions in some of the larger cities, and the regular season of the principal cities of the East and Middle States. Last summer this company played most successful three months' engagement in Duluth, Minn., and come to us so highly recommended by press and public, that a crowded house is sure to be present at next Monday evening's presentation of The Octoroon.

Elaborate costuming and beautiful scenic investiture, together with five complete specialties each evening, are the features of this organization, and each performance is promised to be absolutely continuous. One lady admitted free with each paid reserved seat ticket purchased at the advance sale before 6 p. m. Monday. Prices—10, 20 and 30 cents.



One "Fruit-a-lives" Tablet

contains all the medicinal virtues of several apples, oranges, figs and prunes. In eating fruit, the part that does you good is almost counterbalanced by the indigestible pulp.

Fruit-a-lives

or Fruit Liver Tablets are the curative qualities without the woody fibre. The juices are so combined by the secret process that their action is much more powerful and efficacious. Try "FRUIT-A-LIVES." See how gently they act, and how quickly they cure you of Constipation, Biliousness, Sick Stomach, Headaches and Kidney Troubles. At your druggist's. Soc. box. FRUITATIVES, Limited, OTTAWA.

BLENHEIM

Feb. 1.—Chas. Moore, Talbot St., left on Monday, last for New Liskeard, New Ontario.

Jas. Shaver has purchased Abbot Giffin's property on Sheldrick St. Miss Lundy, of the Public School staff, leaves in a few days for the General Hospital, Chatham, to undergo an operation.

A sleighload of young people spent a very enjoyable evening at Mr. Tishborne's, Cedar Springs, on Monday evening.

L. Livingstone has moved into the house lately vacated by Wm. Sterling, Jackson St.

The carnival held at the skating rink on Monday evening was a huge success in every way, the ice being in excellent condition. The prizes

COZY CORNERS.

Some Hints That Will Aid in Producing Pleasant Results.

There is no sense in any arrangement of crossed spears or imitation shields or Japanese lanterns, however pretty in themselves, in the modern living room.

But there are a hundred devices for rendering the four angles of a room attractive. A low, well filled bookcase may be set straight with one side of a wall and at right angles to it and slightly turned toward the shelves a low, easy chair and a footstool. What more enticing corner for a student?

A handsome old heirloom desk or a piano placed cornerwise has a good effect. Let the walls above be arranged with a special eye to fitness—pictures and casts, a narrow shelf high up and holding a graceful vase, or, in case of the piano, back of it may be stood a tall, slender stand crowned with a pot of growing ferns or a spike palm.

An oblong mirror hung endwise (and if this happens to be an antique the success of the corner is assured) at a greater or less distance from the floor, according to the height of the ceiling, is an excellent corner effect, provided it reflects some pleasing object in the opposite corner. A shelf a few inches below it, filled with growing plants and a bowl or two of cut flowers, has its beauty doubled by reflection.

One of the most charming of cozy corners, whose restfulness will always remain in my memory, was a simple arrangement of large floor pillows and near them a taboret on which lay the newest magazines, with their leaves freshly cut.—Boston Cooking Magazine.

WORKBAG APRON.

A Combination That Will Commend Itself to Busy Women.

Haven't you always wanted something to put your work away in and something to spread over your lap while sewing? If so, a workbag apron is the proper article, and in its very simplicity lies its charm.

Make a square of Persian lawn twenty-four inches when finished, trimmed with tucks and lace around the edges. From the middle of each side make a diagonal square of beading. Cut six yards of ribbon into four lengths and run them through the beading, leaving it very loose on three sides and drawing it quite tight on the fourth to give a little fullness at the waist line of the apron. Make hard knots at all four corners and then tie the double bowknots. By lifting these bows you can draw it up into a bag. But if you untie the bows, not the hard knots, at the ends of the shirred side you have four long ribbons to tie about the waist. While sewing you have on what appears to be an ordinary apron with a pointed bib. When you stop you pile all your things into your lap, untie the ribbons about your waist, retie the bowknots, take hold of all four bows and draw it up into a bag.—New Orleans Times-Democrat.

LAUNDRY LINES.

Frequent rubbing on sandpaper will keep irons from sticking.

Tubs will not warp or crack if the precaution is taken to put a pail of water into each directly after use.

A lump of alum the size of a hickory nut added to each pint of starch will keep the colors of calicoes and ginghams bright a long time.

Don't wash dairy, perishable needlework with ordinary soap. Make suds of the white sort and when washed iron wet upon wrong side.

Before using the rope you have bought for a new clothesline boll it and let it dry. In this way it is properly shrunk and it is also made more durable.

A little pipeclay dissolved in the water used in washing linen saves a great deal of labor and soap and cleans the dirtiest linen thoroughly. This method is especially useful in towns where outdoor bleaching is generally an impossibility.

Pinning On Onion Smart.

"I have been putting up preserves and pickles for thirty years," said a Brooklyn housewife of the old school, "and I discovered the other day that I am not too old to learn something new. I went to New Jersey to see my son's young wife, an Iowa girl. She was putting up onions, a decidedly disagreeable task. But her eyes were not watery. They were as clear as the sky. She simply nodded and muttered something between closed teeth.

"What in the world are you keeping that pin between your teeth for?" I asked.

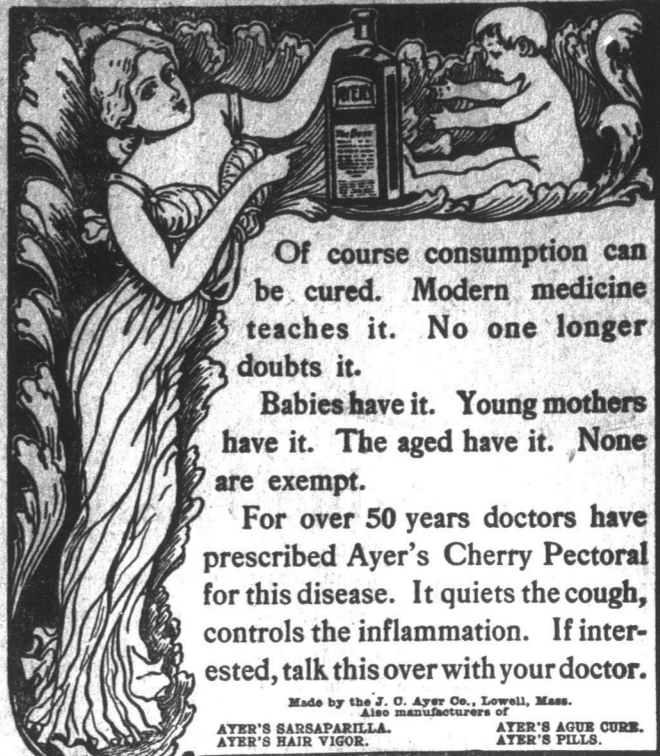
"She removed it long enough to say: 'To keep the onions from hurting my eyes. I'll be through in a minute.'"

"Do you mean to say that will do it?" I asked incredulously.

"She nodded. The pin was in its place again. She kept it there for ten minutes while I watched her work, and her eyes were as dry as walnut."—New York Press.

Fried Crumbs.

Fried breadcrumbs make a most attractive garnish when scattered over a rib roast or fried fish? To have them as they should be—crisp, golden brown and absolutely free from grease—the crumbs should be thoroughly dried, then rolled and sifted through a coarse sieve to remove the finer ones that may be saved for breading or other purposes. Melt a tablespoonful of butter in the spider or use the same amount of olive oil and when smoking hot put in the crumbs that remain in the sieve. Stir and shake continually over the fire, and as soon as they color take them up. Dried crumbs tasted a golden brown in the oven and eaten hot in milk make a delicious and easily digested bedtime luncheon.



Of course consumption can be cured. Modern medicine teaches it. No one longer doubts it.

Babies have it. Young mothers have it. The aged have it. None are exempt.

For over 50 years doctors have prescribed Ayer's Cherry Pectoral for this disease. It quiets the cough, controls the inflammation. If interested, talk this over with your doctor.

Made by the J. C. Ayer Co., Lowell, Mass.

AYER'S SARSAPARILLA.

AYER'S HAIR VIGOR.

AYER'S AGUE CURE.

AYER'S PILLS.

25c. BIRD BOOK FREE

Thousands sold. But this book free by sending us a bird keeper's address and a list of birds you want. Free to all. R. Cottam Bird Seed, the standard bird food, sold everywhere. Export only in bird bottles free for reply stamp. Address exactly COTTAM BIRD SEED, 15 St. Louis, Ont.



WE ALL EAT TOO MUCH.

A College Professor's Decision After a Series of Experiments.

As the result of his exhaustive experiments with a squad of United States soldiers doing heavy gymnasium work under restricted diet Professor Chittenden of Yale concludes that most people eat too much.

The men were worked hard in gymnasium and gained steadily and greatly in strength while they were being fed far less than the average diet. They were called the "starvation squad," but their photographs taken at the close of the experiment do not look like those of starving men, rather like those of competent gymnasts. Says Professor Chittenden in his recently published "Physiological Economy in Nutrition": "Our results justify the conviction that the minimal protein requirements of the healthy man under ordinary conditions of life are far below the generally accepted dietary standards and far below the amounts called for by the acquired tastes of the generality of mankind. The amount of protein or albuminous food needed daily for the actual physiological wants of the body is not more than one-half of the protein food ordinarily consumed by the average man. Body weight (when once adjusted to the new level), health, strength, mental and physical vigor and endurance can be maintained with at least one-half of the protein food ordinarily consumed."

Proteids are the chemical elements that most people get by a meat diet, though beans, peas and some other vegetables are also strong in proteids. But less meat is the practical equivalent of Professor Chittenden's advice.

It has often been noticed by amateur mountaineers that Adirondack guides and Swiss mountain men eat less solid food than the average Wall street broker, who does little physical labor.—New York World.

The biggest sins are the ones for which we have no appetite. Heaven sends us misfortune as a moral tone.

ABSOLUTE SECURITY.

Genuine
Carter's
Little Liver Pills.

Must Bear Signature of

Dr. J. C. Carter

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION! GENUINE CARTER'S LITTLE LIVER PILLS. CURE SICK HEADACHE.

MONEY TO LOAN

Money to loan on farm mortgages, at the very lowest rate of interest, I also have a few farms for sale.

HENRY DAGNEAU,

MONEY TO LEND

ON LAND MORTGAGES! ON CHATTEL MORTGAGES OR ON NOTE. To pay off mortgages. To buy property. Pay when desired. Very lowest rate. J. W. WHITE, Barrister. Opp. Grand Opera House Chatham.

Money to Loan

—ON MORTGAGES— 4-1-2 and 5 per cent. Liberal Terms and privileges to Borrowers. Apply to LEWIS & RICHARDS.

BUY YOUR COAL NOW

We handle Coal and Wood, Wholesale and Retail. All orders receive prompt attention Tel. 253. Cor. William and G.T.R. SPRLING & KOVINSKY

To Look Clean

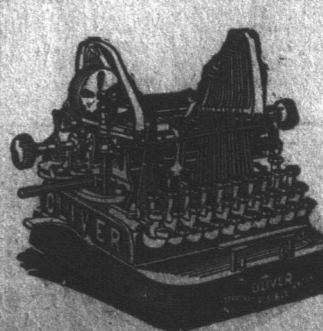
Is gratifying. To be Clean Is satisfying. You will enjoy both when you place your linen with us, for we do our work by the most modern methods known to our art. The Parisian Steam Laundry Co. Phone 20

It May be 50 Years Ere Your Death Occurs

and your will requires to be probated. You can depend upon the existence and good service of this company, even though that length of time elapses.

The London and Western TRUSTS COMPANY

LONDON ONTARIO



THE OLIVER TYPEWRITER

is made in Canada, and is sold at the same price as in the United States. The G. T. R. and O. P. Ry. use Oliver Typewriters for their heaviest work. 167 railroads and a majority of the large corporations in the world use these typewriters. Merchants who do their own typewriting prefer the Oliver. Ask for pamphlet. For sale at THE PLANET Office.

Mineard's Liniment Cures Diphtheria.