

with the permissions or prohibitions concerning Holy Communion," (they cannot, then, forbid it) "except when some one has given scandal to the community since his last confession, or if, having committed some grave exterior fault, he has not yet confessed."

This Decree is very just. For, "of whatever rank or preeminence the lay superiors or the superiors of religious communities may be, since it is strictly prohibited them to induce their subjects to manifest to them their conscience affairs" (since not being confessors, they ought not to penetrate into the secret of souls), "neither directly nor indirectly, neither by command, counsel, fear, threats, nor blandishments," it follows that they do not know their interior and, consequently, cannot properly judge of their dispositions for Holy Communion. The *only* duty, consequently, incumbent on religious toward their Superiors is to inform them — once suffices — that they have the permission of the confessor to communicate more frequently than the days assigned by the Rule and even to make daily Communion.

Now that you have read this paragraph, will you again tell me, Christian soul, that not even religious in general communicate every day?

(to be continued)

Christ, the Bread of Life.

In the beautiful little book of "the Lord's Prayer," written by St. Cyprian in the middle of the third century, a passage occurs in his explanation of the petition, "Give us this day our daily bread," from which it appears that it was the custom of the early Christians to communicate daily. He says: "Christ is the Bread of Life." We pray that this Bread may be given us daily, that we who are in Christ, and daily receive the Eucharist as the food of salvation, may not by any mortal sin be shut out from partaking of this Heavenly Bread, may not be separated from the Body of Christ; for He Himself hath said, 'I am the living Bread which is come down from Heaven.' So now we pray that our daily Bread, which is Christ, may be given to us daily, in order that we who are in Christ, and who live in Him, may never fall away from His salvation nor depart from His Body."