Colds Croup Coughs Cramps Cholera Chills Colic.

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A.

ne Liniment Sugar.

HON HAT

h may occur in every family. A NTERNAL as much as EXy an old Family Physician. y a century, except for the e won the public favor to a ust what time has indorsed. led free. Sold by all Druggists.

e will be some way of improving things; app the missing will may be found, or -may marry a rich woman P' ary shook her head energetically. "he will will not be found,' she said, fiedly, 'and the wife he would have is tich, and, if she were, my bairn would oo proud to ask her." 'ou mean,' I said, slowly, after a 6, 'that there is one whom he wishes k, but cannot, because of his proverty P ast that, Miss Agatha, but you will y have guessed it without my telling

ow could I guess it ?' I asked. 'I spoken very little with him, after all. very sorry.' ou have a good heart, dearse, and will kindly of him sometimes ?' said Mary a very wistful look up in my face, if ever the chance should come, you be kind to my bairn ?' I ever have the power to help him, I ladly do it, but I am atraud it is not 'I answered.

, 'I answered. e cannot tell—we cannot tell !' said little dreaming of the power her would have.

CHAPTER IV.

CHAPTER IV. thick, murky November fog hung in the raw, cold air, hiding the tall uses opposite and the bare, strag-trees of Preston Square, and making bught of bright, sunny, essengirt a bitter sweet rememberance to me at curled up on the hearthrug in the drawig-room, before the cheery hich had been lit in deference to the ted visitor. Tas alone with my thömpits, for my other and Isabelle, atter a long and seasary dissertation on the weeful foour finance, and many injunctions over my gratitude to them and my sense generally, and accept at once ited offer about to be renewed to une, he the one they wished, for I did ones that my answer to him be the one they wished, for I did ones the unable to the condide in them the fact that set to condide in them the fact that the the one they wished, for I did ones the wished entirely on Sir te acceptance of the condition I had. at ones, which had been unscreated at ones, which had been acceptance and doubts-which had been accep-ted or state one with and the second to be the one they wished, for I did ones to condide in them the fact that he the one they wished, for I did ones the wished entirely on Sir the acceptance of the condition I had. at one they wished second the second the the one they wished second the second the second the in the fact that he the one they wished, for I did ones to condide in them the fact that he the one they wished, for I did ones the second the inter the second the second the inter the second the second the second the inter the second the second

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Sunday Reading

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aries to the Mountains.

Missionaries to the flountains. As the mountains were round Jerussiem so they sweet in majestic outlines and guarding strength about a fair village set high in the summit of the Catakills. The mountains of this newer world looked down also upon the descendants of Jeaso and Rebecca, Jacob and Rachel walking the streets of this mountain village, showing their birthright in their strong Jowish features and gay apparel, as they passed under the giant trees of the mountain, or or flitted over smoothly shaved lawns. But beside these descendants of an ancient race, the people of a later civilina-

ancient race, the people of a later civilina-tion, differing in form and feature, and carrying about with them the easily borne name of Christian, found this little village mame of Christian, found this little village nestled among the mountains a retreat tall of beauty, restfulness and grateful ahade, in the overheated August days. At least the stories of nights and mountain tops, which, with their forest lined alopes, pro-tected the village from the fiercest rays of the sun, and drives which would take the summer sojourner in half an hour into the coel depths of mountain roads, where ice was to be found even in the hottest of was to be found even in the hottest of summer weather, had been the attraction which had drawn many to this fair haven of

Who could have foreseen the unusual and prolonged and intense heat which they met instead ? Day after day of glaring subshine, till the fields hard tilled in this rocky region, dried in great patches of yellow brown over land that should have been green and promising an abundant harvest.

Sunday came-the first Sunday-the day Sinday came—the first Sinday—the day that tests what manner of people the sum-mer tourist has fallen among. The broad piazza and, hammocks filled early with their accustomed groups. The appealing notes of the village church bells struck unheeding ears. Coolness and comfort, if they could be found, if not, their nearest approach, was the one good sought after by the assembled guests. As the noon hour sounded, down the

broad path from the front gate came a woman of foreign aspect, tall and somewhat angular, with strong German features. She bore in her hands a bunch of pure white everlastings.

"Oh, Mrs. S., where have you been ? You have not been to church,' laughed the idlers on the piszze in mock reproach ; but Mrs. S. . . . , perhaps losing part of the import of the speech in the unaccustomed language, flushed deeply before the cur-ious eyes as she answered in the carefulest of broken English. 'I have been at the woods searching

little flowers, and I have these that the good Lord has put for such as may find

There was a bush over the group for an instant as she disappeared, bet their mer riment was renewed as one more woman entered the gate and faced the crowd o inquiring and mirthful eyes. This one imed the opening sentence.

"Not one of you has been to church this mcrning. You ought to be ashamed." "Come right here, Mrs. R-, and

take this chair and tell us all about the serr mon," returned a trank faced young man with laughing blue eyes. "You all need it, I wish I might preach

it over to you," answered Mrs. R-with imperturbable good nature and honest The first and best choice for a young life trankness Then she went her way, and is to seek God and to do his will. Once young man said, presently. the mind is made up to this, it after the manner it had begun. easy task to walk in the paths of righteous-It was a week later-a week of brazen ness. The child who is brought up from days. Every heart longed for rain at nightfall. Every morning isaw the same red sun arise, run its course and sink in this good way when he has attained his youth to serve God and is trained in the way he should go is spt to continue on in this good way when he has attained older years, or if he should wander away in maturer age in the bypaths and bewild-ering mazes of temptation and sin, he can never fully escape from the influence of his childhood. The feet may often alip over the damegroup sheak of tild her cance the temptation and sin the temptation and sin the cance of the temptation and sin temptation and s behind the mountain tops with no sign of moistnre. To look into the green depths of the mountain sides gave the nearest approach to colness to the fevered imagination. The six days seemed like a month, the dangerous shoals of life, but once they have been planted on the Rock of Ages, they cannot altogether lose their hold. The time will surely come where the teachings and guidance of youth will assert themselves, and the heart turn again with so long is time when hope is deferred. It was Sunday again, no cooler or more It was Sunday again, no cooler or more comfortable than a week before, but speaking quietly to one at a time, drop-ping a word here and there, the report had gone abroad through the house that there would be special music in the little village church that day, and music, that hath reverence and longing to the only true and profitable instructions with which it was sharms to draw reluctant souls back into cribed.

PROGRESS SATURDAY, DECEMBER 23, 1899

"Probably no single drug is employed in nervous dis-cases with effects so markedly beneficial as those of cod-liver oil."

These are the words of an eminent medical teacher. Another says : "The hypophosphites are generally acknowledged as valuable

nerve tonics." Both these remedies are combined in Scott's Emulsion. Therefore, take it

for nervousness, neuralgia, sciatica, insomnia and brain exhaustion.

Soc. and \$r.os, all druggists. SCOTT & BOWNE, Chemists, Toronti

The little church was filled to overflow The little church was filled to overflow-ing. The music was all that had been an-ticipated, and the minister prayed from the depths of his heart for the audience gath-ered in the house of God that day, and with equal fervor for grateful showers of rain for the parched earth, pleading the great need of water through all the moun-it ain side. Then he closed the service with that hymn of strongest trust and love, 'My Faith Looks Up to Thee,' and the congre-gation passed out. gation passed out.

A drop of rain was falling here and there, only a drop, and they raised the parasols of lace and ribbon. The rain came faster of lace and ribbon. The rain came inster and they stepped more quickly. Then it began to pour and the people ran. The unbelief of the morning had given place to a certainity that called for prompt action. All that afternoon the rain fell in torrents, lightening flashed over the mountain tops above them, and the thunder rolled over the hills. On every side was the glory of the storm. The Lord was speaking

through the majestic forces of nature. The bed of the brook behind the house where the children had walked on dry where the children had walked on dry stones the afternoon before was now a rushing torrent. Down from the mountain sides hundreds of streams were adding their volume to the rushing waters below. Water ran through the streets brown and soiled, having washed away as it passed all the

effects of the long dusty drought. Half a mile distant the long swinging bridge, which had been the delight of the

bridge, which had been the delight of the young men and maidens, had been swept from its moorings, and carried on by the mighty rush of the water. Slowly the temptest subsided at sun-down, like a child sobbing itself to sleep, and over all the green and refreshed earth the rays of a glorious sunset cast their linearing herein. earth the rays of a glorious sunset cast their lingering beauty. The Lord of heaven and earth had spoken through the voice of the storm, and the visible world rejoiced in the refreshing moisture sent for the revival of tree, and flower and herb. In the parlors after supper they sang, "My Faith Looks Up to Thee" once more, and followed it by many another hymn of faith and trust, and "He who hath measured the waters in the hollow of his hand

swayed also the hearts of these people, quietly leading them from the indifference and unbeliet of the morning into the prom-ised light of the eventime.

An Early Obristais Endeavorer. When our Captain bids us go, "Tis not ours to marmur "No."" He that gives the sword and shield Chooses, too, the battlefield On which we are to fight the foe.

which can lead astray the feet which he directs, and which are ready and willing to go where he leads. The earlier one con-jesses Christ the more easily his counsels are written on his heart, and the easier it becomes for him to serve and to dolight in doing his will. The way thus prepared in youth grows brighter and more desirable as the years go by, till God's grace and the traveler heavenward watches for every opportunity to catch the whispers coming from on high bearing the messages which God has for him. Like the Musulman in his davotions, his one common gesture will be to put his hands to his easy. This will the to put his hands to his easy. This will which can lead astray the feet which he "Well, I hope so. 1 passed the

God has for him. Like the Mussulman in his devotions, his one common gesture will be to put his hands to his cars, as if listen-ing for what God has to say. This will ever be the attitude of the mind of the one who has his standing place above the din and confusion of this mortal world.

and confusion of this mortal world. Xoung people can do so much toward ad-vancing Christ's kingdom, if they but try. If each young Christian would but follow the example of Timothy, what missionaries they might become ! Timothy was a model Endeavorer, and the study of his life will help others to attain his perfection, to live their lives in understanding and in good works. From/first to last he was a faithful follower and preaches of Christian million works. From/first to last he was a raithful tollower and preacher of Christ, willing to do hard things as well as easy things. He went to prison with Paul, and tradition tells us that he suffered martyrdom in the end. His Christianity was for life and death, and his only choice, it is quite clear, was to serve and honor God. In Paul's letters to Timothy, it is easy to

in Fau's letters to limothy, it is easy to see how near he was to the apostle's heart; he called him his son, and this affection could never have been so deep and tender had not Timothy esponsed his cause, and been ever ready to help him in his work, whether it interfered with his plans or not. And this should be the aim of every young Christian, to aid and supplement his pastor in his work. Together they should become partners in the great business of saving souls, and together they should 'endure hardness as good soldiers.' The Christian's path is not one of pleasantness and case. There are sorrows and burdens and anexieties to be carried and borne, and times of depression and sadness, but through all these God's peace will flow like a river, and in the end, if the fight is well fought,

the reward will be 'a crown of righteous-ness which God the righteous Judge shall give'at the last day. Is it not worth seek-ing P THE TOUNG MINISTER.

Way the Doctor Did Not Approve of

The doctor as he walked slowly ho The doctor as he walked slowly home-ward down the village street in the quiet Sunday atternoon, was joined by the young minister, who had preached that morning In the little church. He had been ordained only a week, and this was his first sermen unce his ordination.

His friends thought it "a masterly effort." He hoped the old doctor would say this of it too. The effort had cost him much study and prayer, and surely deserved com-mendation. But the doctor only said, 'Good morning, Willy !' and talked of the drought.

The old man had known the young ainister since he was born, had lanced his first toooth and brought him through the measles. It was natural that he should call him Willy. Still he ought to recognize the fact that he had become a teacher of men, one whose office was to declure the oracles of God. and misery of sin !' The doctor meanwhile eyed askance the

s mooth face, with a sad yet half question-STOP IT NOW. ing expression in his gray eyes. 'So I've reached the goal at last'!' the

Don't Let it Run on Until Your Condition Onuses You to be Ostracized as if You Were a Leper.

g to kno to 'Yell like one

eloquene to 'X II fike one possessed.' Echoses of the Disness Mell. 'Table Talk' is the spt caption which a prominent journal gives to its weekly col-um of hints about dist. Many publics-tions are helping to spread information on a subject which concerns the health and happiness of every human being ; and all the best physicians are doing what they can to create a rational science of distetios. A business man, whose relations with the food market give wide opportunities for observation, testifies that there is steadily growing demand for the best class of edibles. The hand of commerce is reach-ing all lands and somes and seas, to gather select applies in response to the prayer of millions for daily brend. It does make a difference what we est. "What would you have me do ?" cried

"What would you have me do ?" cried the young man in surprise." "Ge out intogthe world, as your Master went. Mix with men and learn their temp-'tations and the good and ill of their lives. Get close to them. Take poor outcosts by the hand, and try to lift them up. Feel with the tempted man's heart, see with his eyes, think with his thoughts. Then you will be able to speak to men who are like him words that they will understand. Neither they nor men of higher moral character care to listen simply to a clever literary essay in the pulpit." "You do not approve of my sermon, millions for daily bread. It does make a difference what we est. Few of us can safely venture to follow the example of the man who said, 'I never mind what I put in my stomsch; I send all sorts of things down there, and let 'em fight it out among themselves.' To be sure, people of delicate health and sedentary habits may easily fall into a fnasy way of watching their reluctant direction

character care to listen simply to a clever literary essay in the pulpit." "You do not approve of my sermon, then ?' asked the minister. 'It was grammatical, terse, and in good taste. The allusions were apt. The poetry was well recited. You told us of a flame which you proved logically would burn us, of which you could have apply would languages. If you could have apply would anguages. If you could have apply and the section of the section to unmindful of fare' has been re-entdreed by the inventors of many kinds of

tuition. The ordinary 'bill of fare' has been reflame which you proved togener. burn us, of which you had read in three languages. If you could have spoken—as I trust you may do some day—out of the temptations of your own life; out of your own struggles sgainst selfishness and flesh-ly impulses, urging, 'Behold, I have felt the fire; it rages in every nature; it burns on every hearthetone; it is ready to burst forth in every daily act;' and then Lad pro-claimed God's methods for extinguishing it g every stientive soul in your audience would the fire; and then the sould in the source of the

Be Cured of Catarrh.

in desire for the better life."
'Young men in theological schools are sheltered,' said Willy, coldly, 'and oc-oupied by their studies, they note little of the vice or of the temptations of human na-ture in the world about them.'
'And that is the reason,' said the doctor, promptly, 'that older men and every-day business men, who are forced to see and note both, and whose daily lives are filled with besetments, are not eager to fill the pews to hear young men from the theolog-ical schools preach. The German ap-prentice, when he had learned to handle his tools, went out into the world for a year or more,—his Wanderjahr,—to en-large his experience and from personal ob-servatiou to learn if possible, how to use them with greater skill and efficiency. The same custom would be ussful to the young minister."

ous account upon its books. This is known as the 'Conscience Fund.' The sums en-tered to its credit are repentance-money What God has said may be depended on received from persons who at some time or Not one jot or tittle of his Word shall ever other have defrauded the government, and fail. The calamities and triumphs of secuwhose con.ciences have compelled them to restore their dishonest gains. No questions lar life, the smallest and greatest events alike, the events that stir the world, the moods of men as well as the greatest polit-ical upheavals, are all used by Providence in this practical way. Some penitents return the amounts unlawfully taken, and leave them to tell their own story; but as warp and woof in the weaving of the di-vine plans. How clearly this is evidenced by the events preceding the return of the Jews at the expiration of the seventy years oftener letters of confession accompany the money. These are kept on file. A letter money. These are kept on file. A letter letter from a clergyman, who signed his name and enclosed four dollars and a frac-tion, stated that the money was owed the government as duty and accrued interest on several cheap watches smuggled into this country a number of years ago by a man who confessed his wrong to him. 'The man who pays this money,' writes the clergyman in substance. 'entered upon a and which may also be taken as a type of the return of our souls from the bondage Were a Leper. Before it is too late stop that succession of colds that means nothing more or less than catarrh. Stop the suffering. Stop the disagreeable discharges that are so humilating to you and so offensive to your condition causes you to be ostracized as if you were a leper. Don't neglect youredit mutil consumption makes its fatl appear ance. You can be cured. Not merely relieved, but absolutely and periectly cured. Dr. Agnew's Catarchal Powels will restore you to complete, perfect health. It gives relief at once. It cures in an in-credibly short time. Sold by E. C. Brown. Marginal Notes. The descendant of a New England Pur-tian divine has in a mease of a New England Pur-tian divine has in the measurement of a New England Pur-

The Word of God Stands Sure What God has said may be depended on

in came with the mere suggestion, pin as of two loving hearts that s depended upon me, drove it back for an interview that, I knew would o all my courage. It up from the rug, and was pacing down the room in a tever of ex-on and dread, when Sir Robert rad was announced and came for-agerly to greet me. The state weak looking face, with oh of resemblance to his Scottish indeed no greater contrast could indeed no greater contrast for though they were, and a feeling to began to take the place in my at the thad hitherto been colly pas-lifferece for the man before me. not seen Sir Bobert since our re-m Mull, for I think he knew that frequently we meet the better I posed toward him. St suggestion ot nervourness in his seemed to put me a little more at is, as I signed to him to take a chair ing over to the fire-place. I took d by the mantle shell. very nice to know that your at gin, began Sir R bert, swkwardly. you are pleased to come back as howneard or Formary Pars.)

CONTINUED ON FIFTHENTE PAGE.)



charms to draw reluctant souls back into the path of duty, won many oburchgoers on this second Sunday morning. 'And I suppose the minister will pray for rain. Do you suppose it will make any difference ?' asked a guest at one of the ta-bles that morning. There were a half dozen pair of shrugged shoulders, an inadequate remark or two, and the taithless poured down the village street in glorious array, accompanied by unahades which were marvels of art in lace and ribbon and silk. Inscribed. But while it may be true that the early years of misspent manbood and woman-hood will be repented of, sconer or later, when sober and more reflective sge brings back the desire to follow in the path the Scriptures advise and the ways taught in God's, and to let him be the leader and guide all through the earthly pilgrimage. With him as the commander there can never be any mares, however alluring, should be a nan dozen par of saragged should be inithless poured down the village street in glorious array, accompanied by sunshades which were marvels of art in lace and ribbon and silk.

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charge of a congregation ?' asked the doc tor.

You are fully qu

Carpenters' Carpentering is not an easy trade. The constant resolving over are and down, the lifting and stooping over are all severe strains on the kidneys. No wonder a carpenter exclaimed, recently, that every time he drove a nail it seemed as though he was lereing his own back. He uses

d now to take

DOAN'S Kidnoy Pills now on the first sign of Backache and is able to follow his trade with comfort and

able to follow his trade with or profit. "I have had kidney and utimer," more than three years with every pain of my back and is how hides. Town without great differing, and I had seve pain in both temples. Seeing the adver Doan's Kidney Fills, T got a hos. The me quick realist, removing the pain for and sides, and basishing the neuraled my head. The utimer difficulty is a gons. T feel fresh and viscous in the mid am much stronger in every with these spills. "Canamore in Sames G buildes, Tearing, and ald not sto

The descendant of a New England Pu the descenant of a New England Pur-itan divine has in his possession an old ser-mon written by his ancestor which shows that the preacher did not trust entirely to the impulse of the moment when delivering his discourses.

bis discourses. The mannscript is written in a strange, crabbed hand, and plentifully be sprinkled with marginal references. Read slewly here,' the minister admonishes himself in one spot, and 'To be given out very lond and clear,' is the suggestion for another

Hum

"Hurry s little, was several places." The most supplatio and important part of the whole serman is indicated by a much underlined marginal acts. After hearing anderlined marginal acts. After hearing the bit acts

IF TAKEN IN TIME The D & L. IF TAKEN IN TIME the point Emulsion will surely ours the most satious affections of the imgs. That "run down" condition, the after effects of a heavy cold is quickly counterseted. Manufactured by the Davis & Lawrance Co., Ltd.

An Bleerie Fog Horn

A Canadian engineer has invented a for horn in which the noise is produced by half a dosan diappers striking a gong and actuated by electro-magnets. A dynamo, supplied with power by a maphiha engine, furnishes the current. About 600 strokes

applied with minishes the current. Altern per second fall upon the gong, the during a prectically continuous and this is magnified and governed ention by a magniphono. A small s ention by a magniphono. A small s ention by a magniphono.