## * This and That *

TAKE TIME TO SERVE GOD.
It is said of a certain railway engineer that his duties call him at a very early hour-thres o'elock in the morning. He to a Christian, and, knowing fall well that sonl-life mast atterly perioh without read$\operatorname{lng}$ and atudy of the Bible and prayerfal devotion, he rises st, iwo o'clock in the morning. More than that-led of the Holy Splift, without effort or affectation, he fisde many an opportuaity for potutiog the way ward back to the crose, and nometfines of exhorting cold-hearted Chriatlans up. ward to sunlit helghts of boly living and heagenly happineus. He io a happy man. You may be ao, too. Religion is not a cunningly devised table. Oor Redeemer to mighty to inive, atrong to. detiver, Hinitt,
Jean in love, longlay to make you happy lean in love, longling to make you happy.
Bellieve him now. Do like that early- fflm engineer-take time to be religious. Read and atady your Bible every day. Talk to God every hour in the day. Believe what he says. Do what he tells you to do. Get the baptism of the Holy. Spirit, Join the orward movement for a million converte or Christ. Put at least ten names upon your prayer list. Lay them on the altar
for God. Do not give np until they are
converted.-F. W. Robertson.

## BURNING BOOKS.

"Haw can you afford all these books ? If asked a young man calling upon a friend : "I can't even seem to fiud spar change for even the leading magazines."
"Oh, that library is only my 'one cigar day,'" was the reply.
"What do you mean?" irquired the visitor.
"Mean? Just this : When you advised me to indulge in an occasional cigar, several rears ago, I had been reading about a young fellow who bought books with money which others would have burned in cigars, and I thought I would try to do the same. You may remember that I said I should allow myself one cigar a day?
Yes, I recall the conversation, but don't quite see the connection. 'Well, I never smoked, but I put by and, as the money accumuated, I bought books-the very books you see.
"You don't mean to say that your
books cost no more than that! Why, there is dollars' worth of them.

Yes, 1 know there is, I had six years more of my apprenticeship to serve when you advised me 'to be a man. I put by
the money, which, at five cents a day, amonnted to $\$ 18.25$ a year, or $\$ 100.50$ in six years. I keep those books by themaelves as a result of my apprenticeship cigar money; and, if you'd done as I did, you would by this time have saved many more dollars than I have, and would have
been better off in health and self-respect besides."-Facts.

## WHY ART TEOU SO FAR FROM HELPING ME? Paalm xxii. 1

A hundred times have I sent up aspirations to which the only answer has seemed to be the echo of my own voice, and I have cried out in the night of my despair Why art thou so far from helping me ?' But I never thought that the seeming farness was itself the nearness of God-that the very silence was an answer. It was a grand answer to the household of Bethany. They had asked not too much, but two little. They had asked only the iife of Lazarus and a revelation of eternal life as followed by a divine silence because we are not yet ripe for all we have asked there are others which are so followed becarse we are ripe for more. We do not lways know the full strength of our own capacity; we have to be prepared for recerving greater blessings than we have ever reamed of. We come to the door of the of Jesus ; we are answered by silence be cause we are to get something betterliving Lord,-George Matheson.

## LHE IRISHMAN'S WOODPILE

Were it not for the peat fields of Ireland the farmers and working classes would find It \# diffienlt trast to obtatur fuel, as the working-man's amall wages barely enable him to provide food for his family.
The sotual yearly cost of feel for as on-
re household varies from five to twenty hillings. This, of course, does not include he cost of haviding, but as the greater part of the work is done by women and bildren, the time spent is preparing the urf is not regarded as of much value.
In diguing peat, the cruat of the earth in first removed.from a strip about three leet wides, ster which the peat is taken out in chunkt ten inches long and ats fisches hick. The spede ased for this perpose is shaped nomewhat like the letter L. The peat is spread out to fry, care belag taken o put it os the most elevated places. where it remains astll somie what hardened by the sus and alr. It is then buift fate tule ricks, the pleces of mod standtag on and, and an arranged that the alf pasaen reely betwees them. In rainy asasons if as pecessary to rebeild the litie clamp masy thmes is order to get the furflpuffief ently dry to use.
The most laborious part of the work if getting the peat-out of the bog no that : it can be reached by waggons and carted mome, andainons districts, in many cases it noust be hauled several miles. The boge are impasasble for waggons, so the turf is pe impasa basket, which the natives call a creel, and la carried out to the roadside When conditions permit, donkeys are em ployed, in which case two creeis are used, device, called a straddle, werrch is strapped o the donkey's back.
When the turf reaches its deatination it is built into large stacke, wide at the base and gradually lapering to a point at the op, the outer sod overiapping, and some What resembling a shingled mansard roof No farmolk of turf in the beck yard M. Haggerty.

NECESSITY OF PRACTICE
Great pianists carry the dumb piano with them, which is simply a mechan cal key-board for the exercising of the fingers. Rubinstein uses it, and on a ecent occasion he said, "If I neglect to practice for a single day I notice it and if for two days my friends notice it and if for three days the people notice Some Christians leave off prac icing their religion. First they notice it themselves; then their friends; then dumb piano on which to practice True it gives no sound that the world True, it gives no sound that the world can hear, but it nevertheless accomp ilent prof pressed prayer. prassed thily to God ever bo one who prayl do is well ed reca ll whenever the habit whenever the habit of silent prayer is eglected. se the dumb piono.Christian at work.

This issue of the Canadian Almanac, which forms the fifty-fifth of the series, is unusually valuable, and is indiapensable minion. Many of the lists given are no found elsemhere and in no other volume can so much information be found in so amall a space. The Canadian Almanac contains a full account of the Census of Canada so far as iseued; giving the figure of the Population of all the Districts in the various Provincen of the Dominion, and also theprinc al Cities aa compared with pablished . viring the Population of the Counties if England, Ireland, Scotland and Wales, and also the principal Clties and Towns. The other departmente of The Canad.an Almanac are revised and brought up to date. The Eistorical Diary has been continued and eniarged, and a vas formation of varions and instructive in within the covers. The Almanac contain 416 pages, and the price in paper covers in 25 cents. Published by The Copp, Clark , mpany, Limited, Toronto.

God has promised that the reign o sorrow shall end. "God shall wip may tears frow may not stop our own weeping, bu God can soothe us. Shall we not as him to put an end to our woe, to cleanse away our sin and selfishness, to fill us with his own joy, and to make lish this hish this transformation. We have oniy to resign ourselves actively and crustfully to him to gain the sweel J. H. Potts, D. D.

## Going Into Consumption

Thousands of Persons Are Hastening Towards Their Graves as a Result of This Dread Disease.

Read How to Save Yourself.
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## DR. SLDCUM IN HIS HABRATORY,

Demonstratiny to Medical Men, Scientiata, Statesmen and Studerits the Value of the New Slocum syatem of Treatment for the Permanent Cure of Consumption and all ulmonary and Wating diseases.

## Do you congh

Do your lungs pain you?
Is your throat sore and inflammed?
Do you spit up phlegm
Does your head ache?
Is your appetite bad?
Áre your lungs delicate?
Are you losing flesh?
Are you pale and thin
D, you lack stamina ?
These symptoms are proof that you have in your body the seeds of the most danger-
ous malady that has ever devastated the earth-consumption.
Consumption, the bane of those who have been brought up in the old-fashioned beliefs that this disease was hereditary, that it was fatal, that none conld recover who were once firmly clasped in its relentles grip.
But
by
nt now known to be curable, made so has been given to this new system of treathas $\begin{aligned} & \text { ment. }\end{aligned}$
Now known to be preventable and cmr ble by following and practising his teach able
ings.
The

The new syatem of treatment will cure which can be traced back, wesk lunge as a foundation.
It is not a drug systec., but a system of erm destruction and body bullding.

Not guesswork, but science
Not a step backward, but a stride out of Me old ruts.
Made possible oniy by Pasteur's Vir-
chow's, Metchnikoff's and Slocum's latest discoveries in bacteriology, hygiene and therapeutics.
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Dimmer HReady


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