As proof of statements made I enclose a leaf or page from the Almanac, and have marked it Exhibit A. As to the emulsion recommended, it can be truthfully stated that any duly qualified druggist can make a preparation equally as good, if not better, and by so doing he would preserve the honorable relationship once enjoyed by druggist and doctor, now so ruthlessly too often severed by the patent medicine company, and making an honorable pharmacist an ordinary salesman, who sorely laments the ignorance of doctors in pharmacy and even in therapeutics. I also enclose extract from the medical journal referred to above to prove that medical ethics in Missouri has had defamers. Yet we must consider that Osteopathy had its orgin in the same State, and Iowa is the home of Chiropractics, and the "hoodoo doctor" is at home down South.

"Hinc lacrymæ rerum, et mentem mortalia tangunt."-

Virgil.

Too many in medicine there are who are termed "easy marks"—and too many who would recommend, even to-day, "spermaceti as the sovereignest balin for an inward bruise," or G—— K—— for achylia gastrica or angina pectoris; and, too, there are to be found those

"that would creep and be civil, And hold the stirrup for the devil; If on a journey to his mind, Would help him mount, and ride behind."

And even praise, and even give, a quack dope.

Yet it is well not to worry. Stagnant pools, however offensive, are said to purify themselves in time.

## REFLECTIONS.

By J. S. Sprague, M.D., Stirling, Ont.

It is well for every one to avoid worry; he will live longer, for, "There are so many gods, so many creeds, so many ways that wind and wind," and although we have control over many diseases, many are placed under expectant treatment, and through nature and the good-will of Divine Providence many so-called visitations of the said Providence will bring back to health nine-tenths of those who have typhoid fever, assisted or not assisted by other than most ordinary care, and with or without antiseptic observances—fresh air and cleanliness, of course, to be well supplied. Doctors, since the introduction and univer-