USEFUL RECIPES.

THE BEST LEMONADE.

The new method of making lemonade is to pour water that has been allowed to come to the boiling point over the lemons and sugar, then put it on ice to cool. To make each quart use the juice of three lemons, an eighth of a pound of powdered sugar and a scant quart of water.

FROZEN TEA AND COFFEE.

Frozen tea as well as cafe trappe will be found on table at many afternoon tess. The latter is particularly delicious if made with gelatine, to form a coffee jelly, then mixed with whipped cream and frozen. It will be found to be very smooth and rich. Of course it should be well sweetened.

ALMOND HORSE RADISH SAUCE.

Blanch and chop very fine twenty four Jordan almonds. Press from the vinegar four tablespoonfuls of horse radish; add to it the yolk of one egg, half a teaspoon-ful of salt, and the almonds; mix well, and then stir in one cup of whipped Paine's Celery Compound, oream, that is, one cup after it is whipped.

SOUP CRECY.

Take three good-sized carrots, scrape and out into small dice. Cook in boiling saited water two hours. Press through a strainer, put in a double boiler three oupfuls of milk, one tablespoonful of chopped onion, one-half saltspoonful of pepper; boil five minutes, then pour over the grated carrot. Put all through a fine puree sieve and return to the double boiler. Blend smoothly a table-spoonful of flour with a little cold water; add to the soup, and stir until it thickens. Serve with croutons.

## OYSTER CATSUP.

For oyster cutsup take one quart of oysters, one tablespoonful of salt, one teaspoonful of cayenne pepper and same of mace, one teacupful of cider vinegar and one teacupful of sherry. Chop the oysters and boil in their own liquor with a teacupful of vinegar, skimming the scum as it rises. But three minutes, strain through a hair cloth, return the liquor to the fire, add the wine, pepper, salt and mace. Boil fifteen minutes, and when cold bottle for use, sealing the

## FASHION AND FANCY.

The new veils for spring and summer have arrived. They show greater variety of colors and dots than ever before.

The first novelty is an almost invisible camel's hair mesh, dotted with chenille. The sizes of the dots and their frequency vary a great deal. There is the tiny dot, scarcely more than a pin's head, set very closely together. Then there are the larger dots, which recur at very infrequent intervals, and between these two extremes there are several different designs.

Bes des the black veils there are light brown ones, to match the popular shades that will be in the apring costumes, and and there are also brown dots on black

meahea.

It is quite the thing in Paris to match the veil to the costume, and to introduce the fashion here there is a large importation of veilings in the beautiful dahlia and heliotrope shades, dotted with white chenille. The bluet blue veilings were a novelty last season, but they are in vogue again this year, since this color has taken such a hold on popular favor that it will be almost as much in evidence as it was in the

Young women especially will follow this fashion of matching veils to costumes, for they can never have too many of these becoming trifles, nor find them too varied.

A fashion that has been vary popular abroad is being taken up here to a oertain extent, although it has, as yet, found few en husiasuc followers. That I'hat l is the bordered veils, Brussels or Malines

net, with an embroidered border of black or butter color. These veils are growing in favor, and there has been a call for them already.

These novelties are supplemented by what may be known as the standard veilings, which sell by the quantity all the year round.

ARE YOU

CLEANSED,?

WITHOUT CLEANS-ING THERE IS NO TRUE LIFE.

PURE BLOOD MEANS HEALTH AND STRENGTH.

the World's Best Spring Medicine, "Makes People Well,"

In Spring time nature commences to don a fresh attire. She puts on new garments and decks herself with frestneauties. She throws aside the dull and dead condition of winter with its accu-mulated impurities, and is infused with a new and vigorous life.

In like manner, at this season, should all men and women banish the weights and burdens of impurities with which the system is filled. The blood is filled and clogged with poison and disease; the nerves are weak; the muscles are flabby and relaxed. The whole system is like a disordered house; it requires cleansing and setting in order, that all the machinery may work safely and harmoniously.

Thousands who have been cleansed and made strong by Paine's Celery Compound, willingly support the assertion that this medicine cleanes and rejuvenates the human system in spring time, in a way that no other medicine can do. It gives new life, fresh red blood, vigor and strength to the weak, nervous, rheumatic and dyspeptic, and makes the akin of those suffering from blood diseases as soft and clean as that of a little ohild.

Mr. D. McMahon of Peterboro', Ont., thankful for new and fresh blood and renewed health, writes as follows :-

"I have great pleasure in testifying to the fact that Paine's Celery Compound has caused a remarkable change in my condition. I was troubled with a very bad type of Eczems on my face, and in patches over my body for four years; and was under treatment of three doctors at different periods. I have also tried other remedies, but all proved useless. At last I bought a bottle of Paine's Celery Compound, and put in Iodide of Potassium, as recommended on the label. The one bottle did me so much good that I bought five bottles more, and now am nappy to say I am perfectly cured, and completely free from the troublesome

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