

inside and outside, back and front, laterally and in every way in which it is capable of being handled, so that every tooth be brushed, and thereby derive benefit from the use. Tooth-picks have often been abused unjustly; in my opinion they should ever be made use of, always choosing for such an object an article of a soft nature, such as the German wooden tooth-pick, or the quill; for the purpose the latter cannot be surpassed, as it is softened by the fluids of the mouth and can be inserted in every crevice without detriment, pain, or injury to the organ or the surrounding tissue. Floss-silk should also be resorted to as a means of cleanliness, for it can be readily passed anywhere between the teeth where the brush or tooth-pick would fail, and so dislodge everything injurious. These observations may seem unimportant, notwithstanding their simplicity they should be attended to and given as advice in office practice, for it is remarkable what ignorance prevails even among the higher classes in connection with this subject. Should the above simple hygiene be daily put into general practice, I have no doubt but it would effectually arrest to a great extent the dental decay which leads to so much deformity and suffering.

PROCEEDINGS OF SOCIETIES.

QUEBEC DENTAL SOCIETY.

A regular meeting of the above Society was held at Dr. Bernard's office, on the 2nd of May.

Present—Messrs. Bernard, Venner, Valois, Leblanc, Mathieu, Pourtier, Patton, Young, Bazin, Trestler, Sen., Trestler, Jr., Baldwin, and McKee.

Dr. Bernard in the chair.

The name of the Society was changed from "Dental Association of the Province of Quebec," to "Quebec Dental Society."

An essay on the "Preservation and Filling of Teeth," was read by Dr. W. R. Patton, of Quebec, and a vote of thanks tendered to him. An interesting discussion followed.

After the meeting the members adjourned to an entertainment at the "Carleton Rooms," provided by the Montrealers, as a slight welcome to the confreres from Quebec, &c. Mr. A. Ogilvie, M.P.P., Alex. M. Stevenson Esq., and Mr. A. Booker were present by invitation—Mr. Cartier being unable to attend.