The Weekly Monitor and Western Annapolis Sentinel, Bridgetown, N. S., December 17, 1913

and the stand of the second as the

THE SPICE OF LIFE.

Has borne the bruises of defeat,

Whom Ohance has never learned to

do not envy him who ne'er

do not envy him whose days

For he has never won the right

Their honors after bitter pain

WEATHER DISEASES

and fair,

cheat:

traved.

thrial

bright,

gaze

plight;

Which

gain

NEARLY IN CONVULSIONS With Acute Indigestion. "Fruit-a-tives" Cured Me.

NEWBURY, ONT., MAY 29th. 1913 "I am not a strenuous user of medicines or patent medicines, but I have taken nearly everything recommended for Indigestion and Constipation.

I have been so bad with Acute Indigestion that I was nearly in convulsions and had to be held. I have used "Fruitactives" and I have not had another attack nor suffered at all with Indigestion since taking them.

"Fruit-a-tives" is the only remedy I ever used that did me any good, and I am grateful to "Fruit-a-tives" for making me as well as I am today, and everyone agrees that I look in firstclass health.

4

K

My husband likes "Fruit-a-tives" very much and takes them whenever he has occasion to use a remedy for Constipation' MRS. D. MCRAE

"Fruit-a-tives" are sold by all dealers at 50c a box, 6 for \$2.50, trial size, 25c, or will be sent to any address on receipt of price by Fruit-a-tives Limited, Ottawa.

Heroice Guardians of Canadian her despair. She fought the fight Lighthouses

(By John Ross in Onward.)

When the sun goes down on a sum- a month later from the effects of his mer's evening nearly fifteen hundred terrible journey. beacon lights flash their warning on The story of Edward Pope, keeper the Canadian coasts and inland . wa- of the Ellis Bay Lighthouse on Anti-The guarding of the Great costi Island (owned by Menier, the ters. while a task of mammoth chocolate merchant), is one of unal-Lakes. proportions, has little of the awe- loyed heroism. Pope's family during some terror which contact with the the month of August, 1869, were ocean inspires in those who seek to stricken with typhoid fever. The govmitigate its power and defend human ernment boat had made its last trip life against its wiles.' In the service of the season, and with an unpopuof the Atlantic and Pacific light- lated and unexplored island behind houses and lightships are a band of him and a dismal stretch of ocean men of conspicuous devotion to duty water as far as the eye could reach, and courage in face of danger. Their he bravely assumed the manifold dupay is modest; their responsibility ties of light-keeper, nurse, household incalculably heavy. Seldom in the servant and everything else that fell history of the Canadian Government to his lot. To test his nobility still have these sentries of the coasts farther, the revolving mechanism proved false to their trusts, while that controlled the flashes of the their deeds of heroism have been so light, broke, nor could it be repaired numerous as to receive usually only without expert aid. Pope set himself passing mention in the blue bood. the task of turning the light by hand, The bleak loneliness of a light- all night long from the middle of Auhousekeeper's existence on the coasts gust to the first of December, and in of Canada is past all verbal descrip- the following spring from the first of tion. The jagged, precipitious masses April till the end of June, at which of granite along the shores of New- time the Government steamer hove in foundland demand the keenest vigil- sight. During all that time Pope ance on the part of the watchers in had cared for his stricken family by the heacon towers and the finest kind day, ascending the spirial stairs at of heroism from the bands of life- dark for the dreary vigil beside the savers scattered at strategic pcints ocean. The act of Edward Pope will along the path of shipping. Perhaps probably live long in the annals of the most picturesque of all Canada's noble sacrifice. lighthouses stands on Sable Island, a Most steamships coming into the queer lonely, unaccounted for chunk Gulf of St. Lawrence pass within of land lying far out in the Atlantic sighting distance of the Cape Race off the Nova Scotia banks. The rec- light. No more forbidding post of ords at Lloyd's account for no less duty exists on the map of Canada. than two hundred wrecks that have Fors drench and blear the atmostaken place during the past fifty phere with slight intermission. years, due in part to the peculiar ap- Jagged, barren boulders range thempearance of the sands, which are quite selves wherever the eye can see. indistinguishable from the water un- Angry seas beat upon the cliffs and til, it is too late to act. Swift ocean gales shake the little white cottages currents have changed again and to their foundations. Although part again the position of the sand bars, of the Island of Newfoundland, it has easting long and perilous lines far out no railway connection with the interto sea. Tragic stories are told of ex- ior, and except for a wagon road, perienced captains driving full force lives as much to itself as Sable upon these bars, believing what their Island, its most southerly neighbor. eyes seemed to tell them, that they Cape Race was given a new lightwere in fifty fathoms of water. It house in 1906, 66 feet in height, cirwas only by the installation of wire- cular in form, with a diameter of less in 1904, and previous to that the eighteen feet, the walls being eighlighthouses and life-saving corps da- teen inches thick. The lantern in the ting back to #873, that the dread toll tower-top is a monster of its kind,

Government's intentions. From the day of the first keeper's landing trag-" edy followed tragedy; and so deeprooted became the superstition of the list of applicants that great difficulty was encountered in keeping the light going. The terrible record of the Bird Island post began when the first appointee went violently insane from the constant shrieking of the gulls and the remoteness from human society, His assistant some days later fell under the same spell and committed suicide. The next man and his helper, determining to kill or drive away the birds, carried a small cannon half way up the cliff, when it exploded and blew both of them to atoms. With the splendid courage that has adornal the story of the world's lighthouses, the keeper's wife. torn with grief, managed to work the lights for many weary weeks until relief came from the mainland. Still

was the path of tragedy not at an end. A party of three men to whom the light had next been entrusted, started out on the ice in the spring of the year to kill seals. A great gap of water suddenly separated them from shore and in the swift currents they were whirled down the gulf. Again was the wife of the chief keeper left alone to guard navigation from the fatal shoals, which she did for many weeks, with no living soul nearer than a hundred miles and the mocking cry of the birds accentuating

without a moment's flinching, and on the day of rescue learned that her husband had been picked up on the shore of Cape Breton, only to perish

NOM MAGIC READ NO ALUM

Transferrance and the second

THE WILD TURKEY. ~ (By Harriette Wilbur.).

The wild turkey of North America, ranging from Mexico to Canada, is the original of the barn-yard turkey. When imported into Europe, after the of indulgence, which is, of course, discovery of America, it was mistakenly believed to have come from

Turkey, whence the common name. The early explorers found the turkey in domestication among the Mexicans; and varying in strength with the it was carried to Spain by Cortez in 1530, or to England by Cabot in 1524. It is said that the bird appeared on the table at the wedding placed. When the body is brought banquet of Charles IX, of France, in 1570. History tells us that the Pilgrim fathers caught "a great store of wild turkies" to serve at the first Thanksgiving feast ever held in this drums are muffled. The coffin, covered country. The Pilgrims were familiar with the Union Jach, upon which are with the bird before coming to Amer- placed the headdress and side-arms ica, as they had probably eaten it in Eagland at some Christmas feast.

The bird belongs to the fowl family and so is related to the barn-yard the deceased, march on each side, hen, the guinea-fowl, the peacock, and and the chief mourners follow immethe pheasant. The farmer with his diately after the corpse, whilst next plow, and the sportsman with his to them comes the following party of gun, have about exterminated the soldiers, usually comrades of the debird, just as they have the buffalo. ceased. The officers, the seniors last, Wild turkeys are now found only in march in the rear. mountains or swamps far from civ-

the entire eastern, central and south- in the procession, the riding boots ern sections of states. When domesticated, the turkey toes pointing to the rear-on each changes slightly in form, coloring side of the saddle. generation, the legs become shorter, cording to the rank of the deceased. the body thicker, the wattles larger. It varies from three hundred for the the tips of the wing and tail feathers funeral of a lieutenant-colonel to become white. The wild turkey roosts thirteen for that of a private.

high in the trees; after the second or third generation of domestication he in slow time it is usual for the band commences to roost lower and lower to play a funeral march, the favorite down, and the tenth generation is being Beethoven's or Chopin's, and content with a stump or a log. The the more familiar "Dead March in wild bird is naturally suspicious, and Saul" is commenced as the gates of even after a few generations of barn- the cemetery are approached. yard life, the hen-turkey will try to In the case of Scottish regiments.

just as the wild hen-bird does. The "lament," most probably "Flower of

## SOLDIERS' FUNERALS Elaborate Formula Governs the Last Rites in British Army.

Whose pathways have been smooth "The deceased was buried with milltary honors," We often read this For he has never claimed the sweet of the funerals of soldiers an'i ex-Reward that comes to those who dare soldiers, although, according to the To be triumphant to possess The splendid solace of success "King's Regulations and Orders for Won after failure and despair. the Army," only those soldiers actually holding some military command do not envy lovers who or office at the time of their death Have never found their love be are granted the honor of a military Who love but once and journey thru funeral. Military honors at the death Life by one little passion swayed; of an ex-soldier are, therefore, an act For they have never gladly laid

Aside the false love for the true. never disputed. The troops detailed for the escort, commonly known as the firing party, Forget the ache and love anew. rank of the diseased, are drawn up in two lines with unfixed bayonets facing the building where the body is out the escort is ordered to "Present Arms," and as the procession is ready to move off, to 'Reverse Arms.' To proudly listen to the praise The band follows the escort and the And many storms and long delays. of the deceased, is borne-upon a gun carriage.

Pall-bearers, of equal rank with

during cold weather if folks would only take ordinary common-sense precautions against it. When you hear there is small-pox around, you don't

In the case of mounted officers or lose much time in getting your familization, though they formerly ranged men the horse of the deceased is led. ily vaccinated. But lots of you do not use the same good sense in preventing colds, the grippe, bronchitis, hanging reversed-that is, with the pneumonia, typhoid fever, rheumatism and other diseases, some of

and habits. After the first or second The strength of the escort is ac- some of which nearly every member der before cold weather sets in.

Vaccination prevents the growth of Whilst the procession is proceeding germs of small-pox in the blood, and puts the system in a proper healthy condition to resist small-pox. Rexall Olive Oil Emulsion is designed as an aid to prevent as well as relieve disease. It strengthens the body to overcome the germs and helps to put your system into the right condition

to resist disease. It contains the four Hypophosphites recommended by phycover her eggs, when leaving them, the pipers are accustomed to play a sicians to tone the nerves and blood, in combination with purest Olive Oil, flesh of the young wild turkey is the Forest" for Highlanders and 'The to nourish and strengthen them.



And they have missed this splendid Some records of total production Who, having loved in vain, can still for the last seven months sent in to the dairy division, Ottawa, showing how individual cows on adjoining farms vary in real earning capacity, Have all been peaceful days and will be of both interest to the aver-Who has not looked with envious age farmer and of value to men who

are planning for better results next On luckier men who scorned his year.

A ten-year-old cow that calved on March 12, has given since then just is reserved for those who 2,812 pounds of milk and only 102 pounds of fat. A neighboring sevenyear-old, calved 2nd April, gave 6,420 pounds of milk and 228 pounds -E.E. Kiser in Leslie's Weekly. of fat, a little more than twice as much. In another contrasted pair in THE WAY TO PREVENT COLD

Glengarry, an eight-year-old calved 6th April, gave only 3,394 pounds of milk and 129 pounds of fat; while a five-year-old calved 26th March, gave

There would be lots less sickness 7,280 pounds of milk and 241 pounds of fat, or again more than twice as much milk.

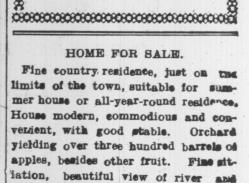
poor cows the wrong type of cow; is it the old placid contentment with "average" yields, which are liable to degenerate so quickly into poor yields? An income from the milk of them very serious and dangerous, and one cow of only \$28, when another of the family is almost certain to adjoining cow earns \$72 as seen above suffer from before winter is over uncannot be considered satisfactory less some medicine is taken to build when a man is supposed to be keepup the body and put it in perfect oring cows with the object of making money. A simple milk record shows definitely which cows in the herd earn

the most; don't "average" good and poor together, keep the best, but make sure that each cow pays.

C. F. W.

INDIAN MATRIMONY, OLD AND NEW.

The matrimonial advertisements accepted by the Indian papers occa-



Real Estate

Page 7

valley. For information apply to The MONITOR PUBLISHING COMPANY, Limited.

FARM FOR SALE.

At Albany, farm of 250 acres; 10 acres under cultivation, part orchard, 50 acres pasture, balance wood and timber land, including 25 acres hard wood never cut. Good house of B rooms, barn, carriage house, cies For terms and other information spply to

> The MONITOR PUBLISHING COMPANY, Limited.

Railway & S. S. Lines 

Have these two owners of two such DOMINION A'TLANTIC

RAILWAY -AND-

**Steamship Lines** 

m

-TO.

St. John via Digby

-AND-

Boston via Yarmouth "Land of Evangeline" Route.

On and after Nov. 3rd, 1913, train service of this railway is as follows: Express for Yarmouth .....11.54 a.m. Express for Halifax ...... 2.02 p.m. Accom. for Halifax ...... 7.50 a.m. Accom. for Yarmouth ..... 5.50 p.m.

## **Midland Division**

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 7.05 am 5.10 pm and

of human life was stopped. Strange weighing no less than twenty tons, to say, Sable Island is as serious a developing one and a quarter million danger to itself as to navigation be- candle power, visible nearly twenty tween Europe and Boston. Under the miles at sea. A fog signal on the lash of Atlantic winds and waves, the diaphone principle, with wireless, and sands have shifted to such an extent life-saving crew completes the equipthat since 1863 twenty of its forty ment. It was the wireless station miles of length have been carried off at Cape Race that gave the world its in the waters. The Government has first news of the Titanic's sinbing. been forced to remove the lighthouse

three times, and if the present efforts to stay the erosion by planting thousands of trees and shrubs do not take effect, another fifty years may see Sable Island wiped off the world's map. The width likewise has shrunk from two and a half to less than one mile and the height from two hundred feet to below eighty feet. The population is only forty-six and is made up of Government employees, superintendent, coastguardsmen, lightkeepers and Marconi operators. The life they lead is desolate in the extreme and is broken only by the excitement and danger of tragedies at sea or the day-and-night incidents of the wireless and the beacons and diaphone fog signals.

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Bird Rock is an irregular column of granite rising in the Gulf of St. Lawrence, upon which millions of gulls have made their home for untold generations. Upon one end the Canadian Government built a lighthouse, and it would take no stretch of the imagination to connect the revolt of the bird colony' with some league of evil spirits to frustrate 1 e

turn dark, and continues to change talions. "Lochaber No More" is also slightly until the bird is several years selected. blc

mains so. Wild turkeys eat great quantities of line for the procession to pass aid to renewed strength, better spir-

and buds. They are very fond of blue- escort, previously resting on arms reson, their diet consists of insects, a favorite food, and the birds will this custom that reference is made in make long journeys in search of them. The young are fed on insects, partic-

ularly grasshoppers. After the gizzard sand, they are fed fruits, grain, nuts and seeds

'Birds of America.'' devoted the presented, and the bugler then sounds ongest description in the book to the the "Last Post." wild turkey: his plate illustrating the chapter is most rare, not being found has served his country may go to his a journey: "When they come to a befitting one who has vorn the river, they betake themselves to the King's uniform .- Tit-Bits. highest eminence and there remain often for a day or two. At length, when the weather appears settled and all around is quiet, the whole party

water, but by bringing their wings nals could travel through so great a in the waters above the falls or dams. to the shore." ous article making a plea for the trustworthy that it would not lose St. Croix river, New Brunswick, and turkey as the national bird. He said five seconds a day on the average. He will be installed next year on a num-Minard's Liniment Cures Garget in bird and a true native of America, weather could run with so small an

the position because it would not hes- however, said he would guarantee itate to attack a British soldier who that degree of exactness, and by de-WHY KEEP ON COUGHING ? should invade its grounds with a red signing his gravity escapement he coat on.

> We wish to call your attention to the fact that most infectious diseases dead true. such as whooping cough, diphtheria

and scarlet fever are contracted when the child has a cold. Chamberlain's Cough Remedy will quickly cure a cold and greatly lessen the danger of contracting these diseases. This remedy /is famous for its cures of colds. It contains no opium or other narcotic and may be given to a child broken up thousands of hacking, perwith implicit confidence. Sold by all sistent coughs, which were just as

troublesome as yours, and what it has dealers. Na-Dru-Co Syrup of Linseed, Licorice Here is an extract from a descripand Chlorodyne contains absolutely no tive "ad." extolling the virtues of a harmful drugs, and so can be given safely to children, as well as adults. Your physician or druggist can confirm this statement, for we are really to send the infant shall have finished to feed from them on request a complete list of all so must it be with hot water washed

Put up in 25c. and 5oc. bottles by the National Drug and Chemical Co. of 317 Canada, Limited. required."

Cows.

Here is A Remedy That Will Stop It

Do you realize the danger in

Then why don't you get rid of it?

done for so many others it will do for you.

neglected cough?

and Chlorodyne.

the ingredients.

you go about it right.

it has

at midwinter it commences to Land o' the Leal" for Lowland bat-You who are weak and run down.

But after two generations of When the head of the procession Olive Oil Emulsion to get and keep care and feeding by man, the flesh of arrives near the spot where it is met well and strong. For the tired-out, the domestic bird is white and re- by the clergyman, the escort halts run-down, nervous, emaciated or de- lustrating the old: "Wanted, a suit- Halifax and Yarmouth. and turns inwards, so as to form a

regetable food, and in the spring through, and it is afterwards drawn its, glowing health. when the foliage is young and tender up near the grave of their comrade. Rexall Olive Oil Emulsion-king of they live almost entirely upon herbs At the conclusion of the service the the celebrated Rexall Remedies-is for be put an example of the other kind, freedom from sickness of you and grass and clover. Later in the sea- versed, is called to attention and pre- taining no alcohol or dangerous Dharamsala: "My good friend, an edsents arms, and three volleys are drugs, you'll be as enthusiastic about ucated, young, possessing robust nuts, grains, and fruits. Acorns are then fired over the grave. It is to it as we are when you have noted its health, wealth and independent live-"The Burial of Sir John Moore":-Not a soldier discharged his farewell be given back to you without argu- health; no distinction between Hindu

ment. shot has become tough enough to receive O'er the grave where our hero we at our store-The Rexall Store- one of more than 7,000 leading drug stores buried. in the United States, Canada and

After the volleys have been fired Great Britain. - W. A. Audubon, in his famous work, bayonets are fixed and arms again Bridgetown,

And so the man who as a soldier

in all the sets. He thus describes the last resting place, whatever his rank, to be of immense value to the fshing actions of the birds when they are on in an impressive and solemn manner industries of this country has been

perfected by Prof. E. E. Prince, commissioner of Canadian fisheries. Its purpose is to bring salmon up the A MISTAKEN SCIENTIST. rivers to spawn by assisting them over otherwise insurmountable falls

Sir George Biddell Airy, British as- and power dams. mounts to the tops of the highest tronomer royal, told the pioneers of The device is in the form of a series trees, whence, at a signal, the flock the first Atlantic cable that it was a of baskets or cradles which lift the takes flight to the opposite shore. mathematical impossibility to sub- fish from the end of a lead, which is The old and fat birds easily get over, merge the cable to the necassary built in the bed of the river and, up but the less robust often fall into the depth, and if it were possible no sig- which the fish come, and place them

ness take

close to the body and spreading out distance. Sir George was also asked The natural water-power is used to the tail and neck, they finally paddle about the possibility of making Big work the cradles after the method of Ben, the reat clock in the tower an old-fashioned mill. The device Benjamin Franklin wrote a humor- above the Houses of Parliament, so was used successfully last year on the

that the turkey is a more respectable replied that no clock exposed to the ber of rivers throughout the country. and that it is especially fitted for error. The late Lord Grimthorpp,

> produced a timepiece that is never five seconds out with the observatory at Greenwich, to which it signals its all dealers. time each day, and on most days is

> REDMOND DOES NOT WANT GIFT.

London. Dec. 10 .- John Redmond, leader of the Irish Nationalists, has rejected the offer of a national testimonial which admirers of his long fight for Home Rule were about to organize. The movement took form at a meeting in Rathdrum near Dublin on Sunday last. It was proposed to recognize the valuable services

the cause of Ireland by presenting to him the title deeds to a house and land near Dublin. The Lord Mayor of German feeding bottle not long since Dublin who warmly supported the placed on the English market: 'When plan, received a telegram yesterday from Mr. Redmond which says: "While grateful for the suggestion, 1 must strongly protest against the out, and then kept quite immersed in project and absolutely insist that no cold water until it shall be next time meeting be held or any steps whatever he taken in the matter.

and you who are apparently well now sionally bring out the contrast bebut are liable to suffer from various tween the old order of things and the cold weather ailments, use Rexall new. Here, for example, is an invitation from a paper in the Punjaub illiterated-the convalescing- growing able match for a Sareen boy of thirchildren-aged people-it is a sensible teen of a highly respectable family. The girl must be between seven and. eight years of age, and should be well connected." By the side of this may your family. Pleasant tasting, con- paper by one Ram Singh Ray, of

Sold in this community only castes.'

an advertisement inserted in the same strengthening, invigorating, building- lihood, aged thirty-two, bachelor, up, disease-preventing effects. If it wants to marry a girl decorated with does not help you, your money will education, civilization and sound

7.55 a. m. and from Truro at 6.49 a.m. 2.30 p.m. and 12.50 noon, connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from

Buffet Parlor Car service on Mail Express trains between Halifax and Yarmouth.

## St. JOHN and DIGBY

DAILY SERVICE (Sunday Excepted) S. S. WARMOUTH."

leaves St. John 7.00 a.m., arrives in Digby about 10.15 a.m; leaves Ligby 2.00 p.m., arrives in St. John about 5.00 p. m., connecting at St. John with Canadian Pacific trains for Montreal and the West.



