

WOMAN HAD NERVOUS TROUBLE

Lydia E. Pinkham's Vegetable Compound Helped Her.

West Danby, N. Y.—"I have had nervous trouble all my life until I took Lydia E. Pinkham's Vegetable Compound for nerves and for female troubles and it straightened me out in good shape. I work nearly all the time, as we live on a farm and I have four girls. I do all my sewing and other work with their help, so it shows that I stand it real well. I took the Compound when my ten year old daughter came and it helped me a lot. I have also had my oldest girl take it and it did her lots of good. I keep it in the house all the time and recommend it."—Mrs. DEWITT SINCEBAUGH, West Danby, N. Y.



Sleeplessness, nervousness, irritability, headache, dizziness, dragging sensations, all point to female derangements which may be overcome by Lydia E. Pinkham's Vegetable Compound. This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

Guide-Advocate

Watford, Ont.
PUBLISHED EVERY FRIDAY
Subscription \$1.50 per annum in advance. \$2.00 in advance to the United States.

ADVERTISING RATES.

YEARLY CONTRACT
1500 inches 8 cents per inch.
1000 inches 9 cents per inch.
500 inches 10 cents per inch.
Short periods 12 cents per running inch.

Advertisements will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.

LEGAL ADVERTISING.—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Aerate measure 14 lines to the inch.

BUSINESS CARDS.—One inch and under, per year \$4.00.
Auctioneer Cards—\$5.00 a year.
Locals—10c. per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, JULY 20, 1917

NOTE AND COMMENT

Toronto Star:—The passengers on the Lusitania were not granted time to decide by means of a referendum whether they would take part in the war or not.

The counting of the gold in the United States assay offices' New York city, was completed last week. The total was \$765,000,000. This is believed to be the largest accumulation of gold ever stored in one place in the history of the world. Prior to the war the greatest total at any time in the assay office in New York was \$80,000,000.

Rev. W. E. Millson, pastor of Grace Methodist church, St. Thomas, in order to become better acquainted with the railway men and to get a better understanding of the conditions under which the men have to work, has made one round trip over the Wabash Railway in the capacity of fireman, and may decide to continue the trips during his holidays.

Springfield Republican:—The Canadian French have remained strangely indifferent to the possible fate of France, perhaps the most reasonable explanation being that the French-speaking Canadians had come to regard modern France as forsaken by God because of its treatment of the church. But other considerations, probably, have an effect such as the Canadian French political aspiration to control the Dominion and the rival nationalistic hopes of domination through race, language and religion. The Canadian French seem rather parochial in their conception of world affairs, for the effect on Canada of the downfall of Britain and France would be far-reaching, whether English or French control were established in the Dominion.

Lambton Farms Wanted

The eighth list of farms for sale in Lambton County will be published by the Lambton County Publicity Association on the 4th of August, 1917. Farms that appeared in the last list will reappear in the forthcoming list if request be sent to the Secretary before above date and present price of farm stated. These lists will have wide circulation at the Canadian National Exposition, Toronto, and other places of concourse.

Those who have farms for sale will please send a full description, the price, and post office address of owner, to the undersigned, in order that the parties enquiring may be brought into personal touch with those who have land to sell.

There will be no charge or commission of any kind, and the parties furnishing descriptions are not bound in any way. Give details as to situation, lot numbers and concession, acreage, roads, improvements, soil, distance from churches and schools, towns, railways, telephone service, etc., etc., that would be of interest to prospective purchasers at a distance.

When sale of farm takes place please notify the Secretary so that it may be struck off the list. Parties offering large farms, suitable for fruit growing, would do well to offer them in lots of 15 to 50 acres. The Publicity Association exists for the purpose of advertising Lambton County and for no other purpose. It consists largely of the members of the County Council and the expense of the advertising is paid by the County.

The information is wanted for the purpose of placing a list of farms in the hands of those who wish to buy, and who have written to the Secretary in answer to general advertisements and descriptions of Lambton which have been published in various newspapers in Canada, the United States and Britain.

The description may be sent by mail to R. STIRRETT, Petrolia, Secretary of the Publicity Association, not later than Saturday, August 4th, 1917.

There is more Catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo Ohio, is a constitutional remedy, is taken internally and acts thru the Blood on the Mucous Surfaces of the System. One Hundred Dollars reward is offered for any case that Hall's Catarrh Cure fails to cure. Send for circulars and testimonials. F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Hall's Family Pills for constipation.

Military Orders For Conservation of Food Supplies

In order to reduce the amount of waste foodstuffs by the military commands special orders were issued Thursday which lay down rules for economy in the issue of rations and the conservation of food.

The attention of all concerned is directed to the necessity for the elimination of the waste and the following instructions are ordered to be rigidly enforced:

Potatoes, meat, bread, bones, grease and all unprepared food of any kind must not be put in the swill cans or incinerators.

Before any refuse from the messes, cookhouses or other buildings is allowed to go into the swill cans it must pass through the cookhouse and be inspected by the quartermaster or the quartermaster-sergeant.

Fat must be reduced twice weekly. All plates, mess tins, cutlery and cooking utensils are to be washed in specified places.

TO SAVE BREAD.

Bread must be cut up by the authorized bread-cutting machine and issued to the men in half slices.

Stock pots must be kept going continuously, so that soup can be issued to the units every other day.

Cooks must not accumulate in the cookhouse any commodities surplus to the days requirements.

No stock of any food commodities in excess of the following day's requirements (except in the case of double issue) to be carried by quartermaster. Any surplus now accumulated must be returned at once to the supply depot of the A. S. C.

Seaweeds obtain their nourishment from the water in which they grow, not from the ground in which they are rooted.

Then He Woke Up.
"That man Howler has a prodigious imagination."
"Not little Howler."
"Yep. He told me he ate a cheese sandwich the other night and then dreamed that Saturn and Jupiter offered him either Mars or Venus."
"Which did he choose?"
"He says he tossed up the comet for the choice—head or tail."—Cleveland Plain Dealer.

Before Her Makeup.



Papa—That young man of yours comes very frequently.
Daughter—He never comes in the morning.
Papa (getting his innings)—I wish he would. If he could see you at that time he would never come again.

Kitchen Matches Safe.



Insurance Agent (at home)—Wife, you must make daughter receive her young man in the kitchen after this.
"Why, the ideal! He's about to propose to her."
"I know it, and parlor matches are dangerous, you know."

Explaining His Nerve.

"No, I have never experienced that feeling of dread which attacks a man when on his way to visit the dentist's."

"How do you avoid it?"
"I have the dentist visit me."—Cleveland Plain Dealer.

Desirable.

"Would you advise me to study French before going to Paris?"
"Yes," replied Miss Cayenne. "It may not help you to be understood, but it makes an impression on Americans who may be listening."—Washington Star.

Undying.

She—You say you love with all your heart.
He—With all my heart!
She—And you would die for me?
He—Hardly. You see, mine is a sort of undying love!—Young's Magazine.

Illumination.

Mrs. Topfloor—Our grocer gave twelve eggs for a quarter yesterday, all candied.

Mrs. Nextdoor—Indeed! We get fourteen at the market, all electric lighted.—New York Sun.

Modest.

"They say there is a fool in every family. Do you think so?"
"Well, I hardly like to say. You see, I'm the only member of the family."—Lippincott's.

A Nod in Passing.

Murrayhill—They say fortune raps on every man's door at some time.
Broadway—Well, she hasn't so much as called me up on the telephone!—Smart Set.

Our Eyeglasses.

The suggestion for the use of lenses for the cure of eye defects was made by Roger Bacon, the great scientist of the thirteenth century. Doctor Langdon Down, speaking at a meeting of the Psychological Society recently, made this interesting statement, but added that the making of the spectacles was carried out by certain Italians. The scientific physicians of those days however advised their patients not to have them because they did not know the true theory upon which they were based.

The Cedars of Lebanon.

It is believed that only about four hundred of the famous cedars of Lebanon remain, and they have been enclosed by a stone wall, necessary to protect the smaller trees from the ever-hungry mountain goat. The cedars stand on a small plateau at an elevation of slightly over six thousand feet. A winding road from Bshreh leads up the slope to the ancient trees.

Ask Our Local Dealer

When installed according to plans furnished by us, the Sunshine Furnace will heat your home comfortably, healthfully and economically. Ask our local dealer to tell you how it's done, or write for free booklet.

McClary's SUNSHINE FURNACE

LONDON TORONTO MONTREAL WINNIPEG VANCOUVER
ST. JOHN, N.B. HAMILTON CALGARY
SASKATOON EDMONTON

For Sale By T. Dodds & Son.

Western Fair

London, Canada

Sept. 7th to 15th, 1917

1867—"A half Century of Success"—1917

The Great Agricultural Exhibition of Western Ontario

\$32,000.00 in Prizes and Attractions

A very interesting Programme, including Military and other features—TWICE DAILY.

FIREWORKS EACH NIGHT
TWO SPEED EVENTS DAILY

REDUCED RAILWAY RATES

Price Lists, Entry Forms and all information from the Secretary.

LIEUT.-COL. W. M. GARTSHORE,
President.

A. M. HUNT,
Secretary.

Lower Than Market Prices

Detroit Vapor Oil Stove.....	21.50
Perfection Oil Stoves.....	15.00 to 16.00
Hot Blast Oil Stoves.....	1.25
Bissell's Vacuum Sweepers.....	7.00
Bissell's Carpet Sweepers.....	3.00
Lawn Mowers.....	3.75 to 6.75
Screen Doors.....	1.25 to 2.25
Screen Windows.....	25c to 40c
Screen Wire, Poultry Netting, Etc.	

The N. B. Howden Est.

NOTHING BUT THE BEST

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents for MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, AND ALL KINDS OF REPAIRS. NEW AND SECOND HAND SEWING MACHINES AND ALL SUPPLIES.

OUR PRICES ARE RIGHT, AS LOW AS IS CONSISTENT WITH RELIABLE GOODS

HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

Take of T

It's cheap buy horses. the colts. I Spavin Cure years has proved remedy for home, bony from many

Kendall's is sold by drug bottle, 6 bottles our book "A Tr druggist's or w Dr. B. J. KENDALL

HAVE Brea is 1 and mos food that It is good side crust last crum A nice fresh always

LOV BAKERY AN

GRAND TIME

Trains leave Watf GO Accommodation Chicago Expre Accommodation GO Accommodation New York Expre New York Expre Accommodation C.

Batter of all kin quart of milk to ot If children eat are less apt to nibb A bathroom rod can range will be edish towels in stor