

SIDE TALKS.

By Ruth Cameron.

THE TEST OF A GOOD COOK.

What a mit of painstaking goes into really good cooking!

And by really good cooking I don't mean fancy cooking, the making of elaborate desserts, the concocting of molded salads and of rich and exotic mixtures such as fricassees and lobster with mushrooms, aspics

jelly, or violet ice cream. I mean the doing of simple things as well as they can be done.

He Drew A Circle.

You remember the oft quoted story of Giotto who was asked by the Pope's messenger for a specimen of his art with a view to further employment—how he took a sheet of paper and with one turn of his hand drew a circle so perfect that it was a marvel to behold. He handed this to the courtier as a sufficient proof of his skill and the

Annual Meeting of Nonia

(Concluded.)

At an early Executive meeting while

choosing a cable address the word "NONIA" was derived from the first letters of the name of our Association—Newfoundland Outport Nursing and Industrial Association, and is our registered Trade Mark for our industrial work. NONIA is slowly becoming known throughout the country and if our dreams and prayers come true it will live as a sign of progress, conditions, lightened burdens, and as a means to alleviate unnecessary pain and illness. One day I hope to see our yacht NINIA passing from Cove to Cove carrying an Organizing Nurse, a trained Industrial Worker, and their complement of nurses. Only in such manner can our better centres be reached.

The opening of our own depot in the Reid Newfoundland Building in 1924 was a great event. That Autumn our Executive realized that however good the voluntary workers were it would be wise to secure the services of a permanent Secretary and in January 1925, Miss Simms was appointed to this position. We were not alone to face the fact that we required more space, and premises in Water Street with an excellent work room and sales room have been found. Mr. W. L. Bishop of Montreal, has very generously promised a monthly subscription of \$25.00 towards the first year's rent.

An Industrial Organizer, Miss Presley-Smith, will arrive shortly from Scotland to superintend the industrial work of the Association and will the Depot when desirable. Two members of the Executive, Lady Sigurd and Miss May Furlong, have volunteered to collect her salary for the first year.

The splendid response of the hard working fisher-folk to the Industrial side is something of which Newfoundland should be proud. They have patiently copied intricate patterns, making and correcting mistakes, failing and trying again. One writer says "Mrs. ... learnt that new pattern with the sweat running down her face. She hopes it will satisfy you." While the feelings of many are voiced in "we can't think how we managed before we found we could care for ourselves. Don't never let us be without it."

At first it was easy to give detailed and careful type-written instructions to those who could read. As the numbers grew (we now have over 615 in

15 centres) beginners have been treated as trained workers and Depot mistakes in designs and instructions have added to their difficulties and hearts must have ached when garments were returned and payments very small. More volunteers and greater regularity in attendance at the Depot would help in this and the volunteers who have done such splendid work will find their services of double value under the instruction of the trained organizer. Without these volunteers it would have been impossible to reach many of the knitters. Their duties have been carried out very happily and whether they helped in unspinning, selling, correcting, packing, or checking in shipments, the Association is equally grateful to all and begs for their continued co-operation. We appeal for many more workers if we are to meet the ever growing appeal of this Island Home. Let us have courage to realize sincerely the difficulties and urgent need of the fisherfolk and give them the chance to help themselves they so quickly seize. Many of them have shown their adaptability. At Wembley, in Toronto, Boston, Halifax and New York, their work is highly praised. Their own homes benefit from skilled nursing, new interests, and dawning hope. Their own courage and perseverance have achieved something of definite commercial value and a London Committee of Newfoundlanders recently formed, with Mrs. Amery, wife of the Secretary of State for Dominion Affairs as first member, may be the first of many to approve the effort of the outport women.

The Initial Committee and this Association have received kindly encouragement from successive Governments, from the churches and many citizens and at all times from the press throughout the Island. It records to-day the gradual development of improved standard of health and a new outlook in the life of some of the Outport people. As its President may I record my personal gratitude and heartfelt thanks to all who have worked so loyally and patiently towards reaching our aims.

NONIA may be likened to a toddling child, eager and wistful, at times full of beauty and promise, other times faulty, stumbling and weary. Its little hands carry healing and promise to many. Shall we help it to grow? Its future is unknown but it will live if it may count on love for others, wise guidance, and whole-hearted Christianity.

ELSIE E. ALLARDYCE

NEWFOUNDLAND OUTPORT NURSING & INDUSTRIAL ASSOCIATION DEPT.

TRADING AND PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 30th JUNE, 1925.

DR.

To Stocks 1st July, 1924:	
Wool and Needles	\$ 875.40
Finished Goods	1,348.85
Patterns	395.74
	2,619.99
To Labour (Payment to Knitters)	5,801.87
Purchases	4,493.42
Industrial Work	693.25
Garment Washing and Dyeing	26.09
Gross Profit carried down	1,866.73
	\$14,907.85

To Special Remuneration	100.00
Salaries	720.00
Trade Mark Registration	20.00
Industrial Fair	110.07
Stationery	153.42
Postage and Telegrams	62.83
Advertising	6.50
Travelling Expenses	100.00
Insurance	73.00
General Labour	84.00
Fuel and Outwards	26.61
Wrapping Materials	74.43
Miscellaneous	22.25
Rundry Equipment written off	174.28
	4,907.99
Balance carried to General Profit and Loss Account	128.81
	\$1,865.78

CR.	
By Sales	7,800.13
Less Duty on Goods sold in U.S.A.	84.94
	7,715.19

By Stocks, 30th June, 1925:	
Wool and Needles	\$,807.85
Finished Goods	3,334.55
Patterns	379.06
	7,201.56
	\$14,907.85

By Gross Profit Brought Down	1,866.73
	\$1,865.78

Papa, though he had expected some intricate piece of painting, recognized that he had seen a demonstration of real genius and engaged Giotto to make his fresco.

Someone had defined genius as an infinite capacity for taking pains. I don't think that's the whole story. Perhaps that would describe talent, but I think genius is that plus. And the plus is that infinite quality whose works we recognize though we never quite analyze the thing itself.

The "Infinite Capacity For Taking Pains."

But to return to cooking, what a deal of talent it takes to do the simple things well, what an infinite capacity for taking pains!

Perhaps you will laugh when I tell you some of my tests for what I call a good cook.

The ability to make really good toast. Brown enough and not too brown, brown all over and not in spots. Crisp on the outside but not hard all through. Buttered all over with just enough butter and yet not slathered with butter. Buttered without breaking the surface. Served at the moment it is finished and before it has begun to harden and deteriorate.

But He Couldn't Serve Vegetables Properly.

Vegetables always properly strained. At a good hotel where much of the food was excellent the spinach never came to the table properly drained. They paid their chef high wages and considered him excellent. He wasn't a really good cook to my thinking.

The ability to make a thoroughly appetizing stew or pot roast.

These, to my mind, are some of the culinary achievements that are like the circle of Giotto—apparently very simple but actually requiring that infinite capacity for taking pains which is the foundation of all true art.

McMurdo's Store News

PRESCRIPTIONS.

When the doctor prescribes he expects the Druggists to fill the prescription with pure drugs. There is no part of our business which does not receive its full share of attention. The quality of our drugs, medicines and toilet goods is unsurpassed. Have the doctor's prescription filled here and the result will be satisfactory.

Kotex

Frosting Lotions

Red Chain Kidney Plasters

80c. pk.

50c. bot.

35c. ea.

Just Folks.

By EDGAR GUEST.

THE WORKING MAN'S HOUSE.

We turned into a side street where he lived men who have to earn their daily bread.

"Houses for workmen," he muttered low.

"Alike as nine pins standing in a row."

"Suppose," said I, "chance placed us here to dwell."

What story would our little cottages tell?

"These place seem alike, but closer look.

One may read houses as he reads a book;

This one is kept by one who has no care

Beyond his food and drink and clothes to wear;

But love of beauty in the next is seen.

A wary man and woman keep it clean.

"Despite their care they give their twilight hours

To trailing roses and a bed of flowers.

The place is small but lovely to the eyes.

For beauty is not measured by its size.

Wherever chance may throw fine souls to dwell

They'll find a way their finer thoughts to tell.

"So with their houses. So find people make

A place which joy and loveliness forsake.

Fine men and women through their toll and care

Express their love of beauty everywhere;

'Tis from the soul that blossoms gentle grace

And not from ease or wealth or pomp or place.

The Erring Wife and Mother

is the woman who sacrifices her health and consequent happiness to her ambition. We all know such women, anxious that their homes shall be kept immaculately neat and attractive and their children well dressed they overdo and soon bring an some feminine ailment which is evidenced by nervousness, irritability, headaches, backache and other aches and pains attending such ills. Every woman should remember that the most successful remedy for such conditions is Lydia E. Pinkham's Vegetable Compound which for fifty years has been restoring women to health, strength and happiness.

S. G. Collier Co., Undertakers.
Ring: Day Phone 614; Night Phone 1696 and 1624.
July 2, 1925

PARKER & MONROE, LIMITED



REGATTA SPECIALS

For the Whole Family



COOL and COMFORTABLE FOOTWEAR FOR REGATTA DAY

Regatta Day this year comes on Wednesday, August 5th, so look to your FOOT COMFORT not later than this week. There's nothing that adds so much to one's peace of mind as cool and easy shoes on Regatta Day. Come in this week and see what we are showing in Cool and Comfortable

Summer Footwear

for every Man, Woman, Boy or Girl in Town
AT EXTREMELY LOW PRICES.

SKUFFER SHOES, at \$1.35
For Boys and Girls.
Sizes 5 to 1 1/2.
In Brown and Grey
Elk.
ONLY \$1.35 the Pair.



All Solid Leather Soles.
Extension Sole, wide and roomy fitting, in Brown Calf and Grey Elk.

BAREFOOT SANDALS
Sizes 5 to 10, at \$1.25
In Beaver and Grey Elk. All solid leather.

Patent Leather Barefoot Sandals
Sizes 6 to 11, at \$1.85 Sizes 12 to 2, at \$2.00

INFANTS BAREFOOT SANDALS
Sizes 3, 4, 5.
Mahogany Calf, light weight, extension sole, no heel. **Only \$1.00 Pair.**

Infants' Patent 1-Strap Shoes, with heel, leather soles, wide fitting, ankle straps and instep straps.
Sizes 3 to 6, at **\$1.40**

SNEAKERS
In Black, Brown and White. Superior Quality. "Hood" Brand, with light weight uppers. Real live Para Rubber Soles.

"BEST IN TOWN."
For Men .. Sizes 7 to 10 @ \$1.25
For Boys .. Sizes 3 to 6 @ \$1.15
For Boys .. Sizes 11 to 2 @ \$1.00
For Women .. Sizes 3 to 6 @ \$1.15
For Girls .. Sizes 11 to 2 @ \$1.00
For Children .. Sizes 6 to 10 @ 90c.

White Canvas Crepe Sole Shoes
For Men @ \$1.50 \$1.80
For Women @ \$1.50

WHITE CANVAS BOOTS
Crepe Sole.
For Men @ \$2.50

BATHING SHOES FOR WOMEN
In all Red Rubber, water-waved, snug fitting at ankles. **Only \$1.20 the Pair.**

Ladies' All Crepe Rubber Bathing Shoes.
Laced style. Assorted shades, **90c.**



WHITE CANVAS SHOES \$1.63
Lace or Strap style, leather sole, rubber heel. **Only \$1.63 the Pair.**

Our complete stock of Ladies' White Canvas Shoes, in Lace and Strap styles. Some with black trimming, some with Brown trimming. Former prices \$2.00 to \$2.80. Reduced to **..\$1.63 the Pair.**
All Sizes.

LADIES' WHITE CANVAS BOOTS
Leather Soles and Heels.
Medium Heel .. Size 4 1/2
Low Heels .. Size 5 1/2
Spool Heel .. Size 3 3/2
48c



MEN'S DARK BROWN VENTILATED OXFORDS—Rubber Heeled, sn work vamp, cool and comfortable. Sizes 6 to 10. (Former Price, \$3.50.) Reduced to .. 2.98

MEN'S CREPE SOLE SHOES, in Brown, Wine and Light Tan, @ \$8.00

In our range of MEN'S SHOES we offer the best models of the Leading Shoe Makers at very moderate Prices.

MEN'S LACED SHOES—Goodyear Welt Soles, rubber heels, in Black, Brown and Wine shades. Brogues with heavy perforated or plain tips. Black or Brown, medium round toe, Blucher Shoes with rubber heels. All One Price .. 4.50 the Pair.

Other styles to choose from, @ \$5.00, \$5.50, \$6.00, \$6.50 and \$6.75

MEN'S BOOTS at \$4.20 \$4.50 \$4.75 \$5.00

MEN'S BROWN LACED BLUCHER—Rubber Heeled, @ \$4.20

Same style in Black Kid; Rubber Heel, @ \$4.50 & \$4.75

Same style in Brown Kid; Rubber Heel, @ \$5.00

MEN'S MAHOGANY BLUCHER—Goodyear welt; Rubber Heel, @ \$5.50

HOLIDAY FOOTWEAR FOR THE LADIES! Only \$3.00
In Suedes, Patents, Black and Brown Kid and Satins.
LADIES' GREY SUEDE 1-Strap or 2-Strap SHOES.
LADIES' FAWN SUEDE, 1-Strap, Low Rubber Heel Shoes.
Only **\$2.75**
Other styles, \$3.00 to \$4.50 the pair.

SMART DRESSY PATENT STRAP SHOES—In cut-outs, Sally or Buckle Straps, at \$3.00, \$3.40, \$3.75 and \$4.50

LADIES' BLACK STREET SHOES, at \$2.50, \$3.00, \$3.30, \$3.50

LADIES' BROWN STREET SHOES, at \$3.00, \$3.50, \$3.75
Other styles, at \$4.00, \$4.50 and \$5.00

LADIES' SHOES. Only \$1.96

Five hundred pairs of Ladies' up-to-date Shoes, in Lace or Strap styles; medium toe, medium heel, low heel, Cuban heel, in Black, Brown and Patent Leather; assorted sizes in this lot **..\$1.96**

ONLY ONE-NINETY-SIX THE PAIR.

BOYS' BROWN CANVAS BOOTS

With Rubber Soles and Heels and rubber ankle Pads. Superior quality. "Hood" Brand.

Sizes 11 to 2 @ \$1.20 \$1.50

Sizes 3 to 6 @ \$1.30 \$1.70

For Men, 7 to 10 @ \$1.40 \$1.95

REAL HOLIDAY FOOTWEAR.

GIRLS' WHITE BOOTS

Leather sole and heel; wide toe, low heel.

Sizes 6, 7, 7 1/2, 12 and 13. **Only .. 48c.**



PARKER & MONROE, Ltd.

The Shoe Men July 29, 31, Aug 3, 4