

VARIETY

ere

more value
m than any-
re here for.

RETURN TRIP
Carefare FREE to
Niagara Falls with
every \$15 purchase.

Suits; single and
led. Many varia-

for 1919. Plain
ylish, with many

00, \$32.50
0.00

erwear,
Gloves
For
ten!

KEY
a Falls, N. Y.
30

TALKS WITH THE DEAD

Arthur Conan Doyle Convinced
of Communications With
Soldier-Son.

London, March 27.—Sir—Conan Doyle possesses letters, which, he claims, "prove the survival of, and communion with the dead beyond the shadow of a doubt."
A representative of The Daily Mail and these papers to consist of letters from correspondents relating their experiences with a medium recommended to them. All these correspondents, who live in different parts of the country, have lost relatives or dear friends in the war. Out of twenty-six attempts to communicate with these dead only two were failures, Sir Conan said. Both Sir Conan and Lady Doyle are convinced they have actually communicated with their son, who died in active service.

VERTISE IN THE JOURNAL
ERNAL CLASSIFIED ADS PAY

CIFIC
ANCOUVER

Day)
Day]

ars, Dining Car, First-cl²
permits a wide diversity of

ERN CANADA

l," Calgary;
l," Victoria.

Canadian Rockies Pacific
HOWARD, District

The Royal Bank of Canada

HEAD OFFICE, MONTREAL

LONDON, ENG. NEW YORK
Princes St., E. C. 68 William St.

BARCELONA
Plaza De Catalina 6

Collections made. Bills of Exchange purchased. Drafts sold. Trade enquiries effected
490 Branches Throughout Canada and Newfoundland

FOREIGN BRANCHES

CUBA—Havana (5 Branches), Antilla, Banes, Bayamo, Caibarien, Camaguey, Cardenas, Ciego de Avila, Cienfuegos, Florida, Guantanamo, Jati, Manzanillo, Matanzas, Moron, Nuevitas, Palma Soriano, Pinar del Rio, Puerto Padre, Sagua la Grande, Sancti Spiritus, Santa Clara and Santiago de Cuba.
PORTO RICO—San Juan, Mayaguez and Ponce. COSTA RICA—San Jose
DOMINICAN REPUBLIC—S. Domingo, Puerto Plata, Sanchez, S. Pedro de Macoris and Santiago de los Caballeros.
MARTINIQUE—Fort de France. GUADELOUPE—Pointe-a-Pitre and Basse Terre.
VENEZUELA—Caracas, Ciudad Bolivar, Maracaibo and Puerto Cabello.

BRITISH WEST INDIES

Antigua—St. John's. Bahamas—Nassau. Barbados—Bridgetown & Speightstown.
Dominica—Roseau. Grenada—St. George's. Jamaica—Kingston.
Montserrat—Plymouth. Nevis—Charlestown. St. Kitts—Basseterre.
Tobago—Scarborough. Trinidad—Port of Spain and San Fernando.
BRITISH GUIANA—Georgetown, New Amsterdam and Rose Hall (Corporate). BRITISH HONDURAS—Belize.

Capital Paid Up and Reserves \$30,000,000

Electrical Cooking Turns Labor to Pleasure

No invention surpasses McClary's Electric Range to relieve woman-kind of so many disagreeable tasks in the kitchen.

No roaring fire, no overheated kitchen, no ashes, dirt or fumes.

See and be convinced that it is the safest, cleanest, quickest and easiest way of cooking.

J. H. SANDHAM COMPANY

ELECTRICAL DEALERS

Sole Agents

237 St. Paul Street Telephone No. 1112
We Are Still Selling Canadian General Electric Irons at \$4.50



Incorporated 1855

PRODUCTION
Increased effort and efficiency in labor, more economy and less waste in living, building up capital by harder work and greater savings, will enrich you and your country. The men and women at home must produce more to cover war's waste.

Assets \$100,000,000
It is easier to make money than to save it. A Savings Account at the Bank of Toronto will help save what your increased effort provides.

THE BANK OF TORONTO

F. C. FIELD, Manager, St. Catharines

Banking Service

YOUR banking requirements may be entrusted to this Bank with every confidence that careful and efficient service will be rendered. Our facilities are entirely at your disposal.

THE CANADIAN BANK OF COMMERCE

ST. CATHARINES BRANCH—R. G. W. CONOLLY, Manager
THOROLD BRANCH—S. H. FALKNER, Manager
NIAGARA-ON-THE-LAKE BRANCH—F. W. WILSON, Manager

THE STERLING BANK OF CANADA

Save Because

Those who would climb the ladder of fortune must fortify each step.

LATE SPORT NEWS

DUNCAN IS AMBITIOUS

F.ockey Aviator to Try Across Ocean Flight

Vancouver, March 28.—Art Duncan, the defence star of the Vancouver Hockey Club, whose home is in Toronto, may be one of the first to fly across the Atlantic Ocean, according to an announcement here today. Duncan was in the Royal Air Force, and distinguished himself by bringing down twelve Hun planes, winning the Military Cross. He received leave of absence in December to play with the Millionaires. He left here Tuesday night for Toronto, where he will report to the Royal Air Force and will arrange to try for the \$50,000 prize for the trans-oceanic flight. All hockey fans wish him success.

TONIGHT'S SOCCER MEETING

All interested in soccer will be found wending their way to the "Y" tonight when the acting President of the St. Catharines and District Football Association hopes to be able to commence the evening's business at 8 o'clock prompt. Delegates from Welland, Merriton, Niagara Falls, Windle and St. Catharines will be present and possibly others. While these will be responsible for the business there will probably be a large attendance of the players and members of local clubs. The election of officers, question of constitution and affiliation, etc., are items of sufficient importance to call for earnest thought and attention. Other subjects of interest will doubtless arise and call for discussion and action.

ABOUT THE BOXERS

Elmer Doane has a bad ear.

But Christiano has a new racetrack suit.

George Erne has a fracture of the metacarpal bone.

Rocky Kansas is out of the hospital.

Jack Twin Sullivan insists he wants to box One Round Davis

Dan Rogers and Ray Deahunt have by this time discovered that match-making is one of the inflictions imposed upon man.

Young Mendo has a bruised right arm.

Jimmy Duffy has discovered that "three outs" do not necessarily imply "all out".

While Harvey Thorpe of Kansas City put up a good battle against Benny Leonard, lightweight champion, in Joplin, Mo., it was to be expected that Benjamin would win in every round.

Elbows McFadden, known in Canada as Bobby Eber, and Joe Thomas, are working the Ted Lewis-Jack Britton copyrighted act. They boxed here last Monday night, boxed in St. Catharines Tuesday night and go at it again in Buffalo next Monday night.

—Buffalo Enquirer
Charlie Murray has been called The Mouse.

Herman Smith, the clown of the roped arena, several years ago, staged a good comeback against Young McMillan, of Hamilton, Ont., last Monday night, in a six-round contest, in St. Catharines. Smith won on points, although the Hamilton youngster was a tough morsel for Herman to get away with. Now Smith wants to box Elmer Doane and Bud Christiano on a winner-take-all basis.

INTERNATIONAL YACHTING CONFERENCE PROPOSED

London, March 28.—The Yacht Racing association of Great Britain yesterday by cable, invited the New York Yacht club and other American Yacht Clubs to take part in an international conference with a view to changing the measurement rules.

JUNIOR LACROSSE

Don't forget the meeting to be held in the Lyceum, Church Street, tonight, March 28th, at 8:15, in the interests of Junior Lacrosse and the formation of a city league. All those interested are asked to come and express their views. Representatives from the teams wishing to enter this league are requested to attend. There will be an election of officers and everything possible will be done to promote a City League. So everybody come and help make Junior League Lacrosse a great success in this city.

NEW LEADERS AT TOLEDO TOURNEY

Oakshosh, Wis. Five Quats Lincoln Life Team, on Trip Since March 20—Pollard's Bowling.

Toledo, March 28.—The Athearn hotel five of Oakshosh, Wis., went into first place in the American Bowling congress tournament on the late shift with a team score of 2,992, 38 points above the Lincoln Life Insurance Co. of ort Wayne, which had held the lead since March 20.

For the second time within ten days the former world's record for individual score was broken when A. Pollard of Indianapolis rolled into second place with a three-game total of 714, 4 points below the mark set by Harry Cavan of Pittsburgh on March 17.

Two other changes resulted in the individual standings on the late squads when Jimmie Smith of Milwaukee and New York took fifth spot with 670, scoring game counts of 204, 255 and 211, and F. Fox of Indianapolis boxed 663 for seventh place. Bowling with the Fred B. G. Smith five of Milwaukee last night, Smith had 532 pins. In his doubles this afternoon his share of the two-men total of 1,225 was 663, giving him sixth place in the all-events with 1,865 for his nine games.

Smith displayed championship form. In his second game in the doubles he made a bid for a perfect score but broke in the ninth with a scattered split and left one pin standing after eight strikes in a row.

Wood's Phospholine

The Great English Remedy for Nervous System, makes new Blood, Debility, Mental and Physical Weakness, Loss of Power, Impairment of the Heart, Stomach and Bowels, etc. One will please, six will cure. Sold by all druggists or mailed in plain wrapper, on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (In-Canada Distributors)

TIGERS DETERMINED NOT TO RELINQUISH ALLAN CUP

Hamilton, March 28.—The directors of the Arena have definitely decided to have a regular place next winter, and work will start in a few weeks on a building that will be in keeping with any hockey arena on the continent. It may not be as large as some, but it will be modern in every particular, and will be arranged to seat over 4,000 people.

The Tigers claim that they are never going to let go of that Allan Cup, and that they will place an even stronger sextette on the ice next winter, than won the Allan Cup for them.

WELLAND CLUB ELECT OFFICERS

Welland, March 28.—The Welland Football Club has been reorganized and the following officers elected:—Hon. President L. B. Duff; Hon. Vice-President, A. Brennan; President, D. Diggle; Vice-President, J. J. Smellie; Secretary, T. C. Weatherhead; Treasurer, B. Mellors; trainer, S. Walters; committee, J. Ashbaldeston, H. Percy, J. Kean, W. Francis, J. Falles, H. Gough.

EIGHTEEN PLAYERS ON KITCHENER LIST

Andy Kyle, Former Canadian Leaguer, Signs to Play in Outfield.

Kitchener, Ont., March 28.—Manager Jack W. Beatty, of the local baseball club was in the city today and conferred with the management of the team respecting the season's operations. The uniforms for the club were placed on order, the home outfit being of white checked goods, with green trimmings, and the road uniform of grey check, with the same trimmings.

Major Beatty has eighteen players on his list who will report during the week of April 22nd, providing the weather conditions are favorable.

GOODMAN WINNER OF CHICAGO RACE

Selkirk Player, en Route Home, Captures Gold Medal at

Chicago, March 28.—Converting his two-day stopover in this city into a chance to grab a gold medal, Mike Goodman, the speedster of the Selkirk Hockey Club of Selkirk, Man., stepped into the Ice Palace and showed some of the local flyers something about skating.

Goodman, who is en route to the North from a series of games for the Allan Cup at Toronto, Ont., entered the one mile open event against a bare, fast field. He romped home in front in his heat and increased the margin in the final.

SOCCER NOTES.

The Football Association meets tonight. Merriton will be represented by their Secretary and F. Wedgworth with V. C. Jones in reserve.

Football has been the means of raising funds for several deserving institutions. In 1917 the G. W. V. A. got a tidy sum from a game between the Toronto Scottish and a team representing St. Catharines. Geo. McFarlane played for Toronto that day and had the honor of scoring one of the goals against St. Kitts. With Ernie Watson's assistance he thinks he can pop in a few more this season.

Speaking to a near relative of Jas. Dakers the writer was informed that the popular footballer will arrive home about Sunday. Jamie has had a long and honorable connection with football in this district being chiefly connected with the city club. It will cause the officials of that club some concern to learn that there is a possibility of their pet player signing for Merriton. The Merriton secretary intends, if circumstances permit, to accompany Jamie's parents to Toronto.

Dicky Robertson would be a welcome addition to the playing strength of the Merriton Club. Dick earned his football fame while playing for the Crocker Wheeler club. He, with a few others helped to keep the game alive by playing for the city last season. Crocker Wheeler have not reorganized this season so Dick will find himself, in a football sense, homeless. Merriton was in earnest when they gave him the invitation to join the happy crowd. Dick, could give this story a bright ending by accepting.

Jim Page is working hard for Merriton these days. Page left the city club five years ago and shows no inclination of returning. Football owes much of its popularity to this player being ever ready to help out no matter which club he is connected with.

Allan Ritchie, the Vice President of St. Catharines F. C. is a versatile gentleman. At times he can be seen assisting the officials to manage the game; other times he assumes the role of a dashing centre forward with some success. Allan is a thorough sport and well deserves the good things said of him by his soccer friends.

BOWLING

McKinnon bowlers took three straight games from the Yale and Towne five in an Industrial League fixture last night. The locksmiths rolled well but could not beat the Ontario street workers. The scores were as follows:—

| Yale & Towne | |
|--------------|-------------|
| O'Brien | 78 99 106 |
| Bradshaw | 137 136 109 |
| Charron | 111 167 176 |
| Beckon | 135 141 124 |
| Webb | 136 116 156 |
| Totals | 597 659 671 |
| McKinnons | |
| Hopkins | 134 110 127 |
| Steimer | 104 113 118 |
| Notman | 97 146 146 |
| Patterson | 158 161 136 |
| Young | 179 159 172 |
| Totals | 722 689 699 |

ARE YOU NERVOUS?
ARE YOU PLAYED OUT?
If Your Recuperative Power Seems to Have Left You, You Need

PHOSPHONOL

To-day and not to-morrow, is the day to put a stop to that gradual slide you are taking down a long hill of ill health.

Out of tune with everything? Mentally and physically depressed? Lack the desire to perform your duties? Feel that you need to be bolstered up, but can't tell what is the matter?

You need a quick, nerve-building tonic—one that checks decline—steadies your nerves—one that puts you on your feet again.

To-day you should get a box (Same price everywhere), of Phosphonol. Price \$3.00 box, 2 for \$5.00. For sale at Dwyer's Drug Store. m19 22 25 29

ADVERTISE IN THE JOURNAL

SEND IN YOUR ORDER

Any one desiring to have this Journal delivered should call telephone 59, circulation department. Carrier boys are now going to all parts of the city and arrangements can be made to have the paper delivered every evening at your home.

New Arrivals of the Season's Latest Novelties in Suits, Spring Over-Coats and Raincoats

Fit-Retorm and Perfection Brands Suits and Overcoats

Fit-Well Brand Raincoats

SUITS for Young Men in the new waist line Seam and Panel back or Form Fitting Coats, with straight or slash pockets, Trousers finished with cuffs. Beautiful rich shades of Browns, Grays, Greens, Olives and Fancy mixtures. Plain Navy Blue Serges and Cheviots

Price \$18, \$20, \$22, \$25 to \$45

Men's Suits in neat Two and Three Button Models in Tweeds and Worsteds, Fancy Mixtures and Plain Greys and Blue; Serges and Cheviots.

Prices \$18, \$20, \$25 to \$40

SPRING OVERCOATS

The new Spring Overcoats for young men are the best ever shown; new waist line seam with panel back and Balmarons.

For Men the Chesterfield model is the popular coat. New shades of Greys, Olives, Browns and Fancy Mixtures. Humphrey's Pure Wool Cloths.

Prices Range From \$18 to \$26

RAIN COATS

This is the season for Rain Coats. We have a splendid range of all the new Tweeds in Plain Shades and Fancy Mixtures. New Belt models, Balmarons and Plain Styles; every one waterproof.

Prices \$13.50 to \$25.00

OVERALL AND SMOCKS SPECIAL

Plain Black, and Blue with white stripe, made of good heavy Senim, extra well finished all good and full.

Special Price Per Garment \$1.85

NEW SPRING HATS

The very latest shapes in all the new shades are here Browns, Greys, Olives, Greens, Ivy, Carlon and Plain Blacks.

Hats that wear and give satisfaction.

Sackville's Soft Hats at \$4.00

Moore's English Soft and Stiff Hats At \$4.50

Mallory's High Grade American Soft and Stiff Hats at \$6.00

SWAYZE BROS. 95 St. Paul Street

"My Little Pets Love Cascarets"

TO MOTHERS! If you will learn to give this harmless candy cathartic to your children, instead of castor oil, calomel and pills, you will save money and avoid lots of worry and trouble. Truly!



When one of the kiddies has a white tongue, a tainted breath, sour stomach or a cold; when bilious, constipated, feverish, remember, a Cascaret to quickly "work" away the nasty bile, sour fermentations and poisons should always be the first treatment given.

Children really like to take candy Cascarets and they never gripe the tender bowels, never injure, and never disappoint the worried mother. Give Cascarets to children one year old and upwards. Each 10 cent box contains full directions for children and adults.