

AN INVITATION TO SICKNESS

Thin, Watery Blood Leads to a Breakdown in Health.

Thin, impure blood is an invitation to sickness. The blood is at work day and night to maintain the health and any lack of strength or purity in the blood is a weakness in the defense against disease. Anemia is the doctor's name for lack of blood—watery blood. There may be an actual loss in the quantity of the blood, or one or more of its constituents may be lacking. The surest symptom of anemia is pallor. The trouble is particularly common among young girls between the ages of fourteen and eighteen, but it is also found in women of all ages, and quite frequently attacks men. It is nearly always present and prevents recovery after grippe, fever, malaria, and operations and for this reason a tonic medicine is required in all these cases. To enrich the blood, build up the nerves and restore health and strength. And there is no other tonic as good as Dr. Williams' Pink Pills, as has been proved in thousands and thousands of cases, among them that of Miss Annie Turner, Marie Joseph Post Office, N.S., who says:—"Dr. Williams' Pink Pills have been of inestimable benefit to me. I was so badly run down that I could hardly go about, was not able to help in the work about the house. As my health grew worse the trouble brought on some species of fit, and when these attacks would come on I would sometimes remain unconscious for half an hour. After many other medicines had failed to help me, my brother got me a supply of Dr. Williams' Pink Pills and I began taking these. In the course of a few weeks I felt much better, and after taking the Pills for a time longer I was again in the full enjoyment of good health. I feel that I cannot praise Dr. Williams' Pink Pills too highly and I recommend them to all weak girls."

You can get these Pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

When the Panama Canal is opened the sea passage from New York to all American ports north of the Isthmus of Panama will be reduced by 8,413 miles.

Relief for Suffering Everywhere. No whose life is made miserable by the suffering that comes from indigestion and has not tried Parmenter's Vegetable Pills does not know how easily this formidable foe can be dealt with. These pills will relieve where others fail. They are the result of long and patient study and are confidently put forward as a sure corrector of disorders of the digestive organs, from which so many suffer.

The mere fact that you are not having a good time while you are young won't necessarily keep you out of the county infirmary when you get old.

Ask for Minard's and take no other.

SUPERIOR CREATURES.
"Women are certainly the mental superiors of us men."
"What makes you say that?"
"Seeing my wife spank the baby, read a book, and carry on a conversation with her month full of hairpins all at the same time."

Skin All Covered With Eruption



Tried Many Remedies 3 or 4 Years. Cuticura Soap and Ointment Cured.

A Quebec man, N. Henri Tardif, of St. Cosme, writes in a letter dated May 31, 1911: "I had a very bad skin, all covered with eruption, eight years ago. I have had all of both my shoulders covered with it, and the high part of my arms, and my face, but I was the worst on my shoulders. I tried many different remedies to cure it, but nothing was any good. At last I went to an apothecary. He asked me if I had ever used Cuticura Soap and Ointment. I told him no, and I bought a box of Cuticura Soap and Ointment. I spread the Cuticura Ointment on all my sore parts, and I think that in washing my face with the Cuticura Soap, it hindered my eruption from itching and burning. I tried many remedies during three or four years, but Cuticura Soap and Ointment cured me." (Signed) N. Henri Tardif.

Cuticura Soap and Ointment are sold throughout the world, but to those who have suffered much, let hope and ate without faith in any treatment, a liberal sample of each with a 25-p. booklet on the skin and scalp will be mailed free, on application. Address: Fetter Drug & Chem. Corp., 60 Columbus Ave., Boston, U. S. A.

DREAMS OF THE BLIND.

Sight Lost After Seven They Can Distinguish Objects.

Curious data have been gathered abroad with reference to the dreams of the blind. It appears that all dreams of normal persons are sight dreams, and that a dream is spoken of as a vision. If the blind have not been born so, it is said they may remember enough of what they have seen to enable them to imagine how things look, and, when the imagination has free play in sleep, to picture themselves as in full possession of the sense of sight.

Physiologists would explain this, remarks a writer in Harper's Weekly, by saying that during the years in which the subjects possessed the sense of sight a certain part of the brain had become educated to receive and interpret all these messages which the eye sends, and that when this part of the brain acts spontaneously in sleep the person dreams of seeing.

Of some two hundred blind persons of both sexes who were questioned, it was found that their fifth year became blind before their fifth year and never dreamed of seeing. Of those whose sight was lost between the fifth and seventh year some did and some did not see in their dreams, while all whose eyesight was lost after the seventh year had quite as vivid dream visions as normally endowed persons.

The fifth to the seventh year is thus shown to be the critical period. This period corresponds with the age which authorities assign as the limit at which a child becoming deaf will also become dumb, and also with the age of one's earliest continuous memory of oneself.

It is interesting to note that blind persons dream quite as frequently as normal people, and that with these who do not see in their dreams, hearing plays the principal part. When dreaming of home, for instance, they will hear the voices of relatives, and perhaps will feel the familiar objects in the household.

Another series of questions have been addressed to domestics, asking about their experience at service, as follows:

1—Did you have any training before you went to your first place?

2—How long have you been in service?

3—What are your wages?

4—How much free time have you each day (1) out of the house, (2) in the house?

5—How much free time have you on Sundays (1) out of the house, (2) in the house?

6—Have you a bed to yourself?

7—How long holidays have you in the year?

8—Are your wages paid during your holidays?

9—Why did you go into service?

10—Would you advise any young friend to go into service? If not, why not?

Nearly all children are subject to worms, and many suffering by using Mother Graves' Worm Expeller, the best remedy of the kind that can be had.

If it's the unexpected that always happens, it's a wonder we don't get to expect it.

It Rubs Pain Away.—There is no liniment so efficacious in overcoming pain as Dr. Thomas' Electric Oil. The hand that rubs it in rubs the pain away and, on this account, there is no preparation that stands so high in public esteem. There is no surer pain-killer procurable, as thousands can attest who have used it successfully in treating many ailments.

MOTHERS PLEASED WITH BABY'S OWN TABLETS

A mother who has once used Baby's Own Tablets for her little one never fails to show her pleasure at the result. She at once realizes that they are the ideal medicine for baby—being absolutely safe and free from injurious drugs and at the same time a sure cure for all the little ills from which babies suffer. Mrs. P. Theriault, Paquetville, N. B., writes:—"Please send me another box of Baby's Own Tablets. I was extremely pleased with the last. My baby was greatly troubled with constipation and vomiting, but the Tablets quickly cured her." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

DOGS AS CUSTOMS OFFICIALS.

Dogs are being employed by the Austrian customs authorities to hunt down smugglers. They are a cross between a greyhound and a wolf, and are trained to detect persons endeavoring to cross the frontier with contraband by attacking the dogs employed by them. The smugglers' dogs have shown themselves of great use in carrying packets of contraband and eluding the revenue officers at the outposts. Now they are being "hunted" and killed by the customs officials to the trail. The smugglers trained their dogs by a course of whipping on one side of the frontier and feeding on the other. Then the dog—usually a comparatively small animal—was fitted with the skin of a larger dog, usually a poodle, and the space between filled with saccharin, tobacco or other contraband.

CURED BY CIN PILLS.

Bridgeville, N. S.
"For twenty years I have been troubled with Kidney and Bladder Trouble, and have been treated by many doctors, but found little relief. I had given up all hope of getting cured when I tried Cin Pills. Now, I can say with a happy heart that I was cured."

"DANIEL F. FRASER."

Write us for free sample of Cin Pills to try. Then get the regular size boxes at your dealer, or direct from us—50c. a box, 4 for \$2. Money refunded if Cin Pills fail to cure. National Drug & Chemical Co. of Canada, Limited, Dept. W.L., Toronto.

A QUESTION.

Clerk (to woman who has fingered over everything in the store without buying anything)—"Excuse me, madam, but are you shopping here?"

Customer—"Certainly. What would I be doing?"

Clerk—"I thought perhaps you might be taking an inventory."

One Gleam of Hope.—Wife—"Dearest, if you and I were thrown on a desert island what would you do?" Husband—"Thank heaven, I can swim."

Be sure you understand a subject before you talk about it—then you can cut out most of your talk.

Keep Minard's Liniment in the house.

BORDERING ON THE MIRACULOUS

JOHN McELROY'S HEART TROUBLE CURED BY DODD'S KIDNEY PILLS.

Could Not Work all Summer, and Doctor Failed to Help, but Cure Was Quick When He Used Dodd's Kidney Pills.

Benton, N.B., May 13 (Special).—Bordering on the miraculous is the cure of John McElroy, a young man well-known here. He was suffering from heart trouble and was so bad that all last summer he was not able to do a day's work. Dodd's Kidney Pills cured him. In telling the story of his cure, Mr. McElroy says:—"I went to a doctor who said I had palpitation, but his medicine did not seem to reach the spot. I suffered for over a year and all last summer I was not able to do a day's work. My sleep was broken and unrefreshing. I felt heavy and sleepy after meals and I was always tired and nervous. I perspired freely with the least exertion. After I had finished taking the doctor's medicine, and as I felt no better, I read in an almanac what Dodd's Kidney Pills could do and made up my mind to try them. Before I had finished the first box I felt different, and by the time the second was half gone I was working in the woods and doing good work."

SOLVE SERVANT PROBLEM.

Woman's Industrial Council of London Start Investigation.

The Woman's Industrial Council of London, England, is just now grappling with a solution of the domestic servant problem. To gain reliable information on the subject they have addressed a series of questions to employers of house servants, asking about their requirements, what they are willing to pay, what they expect to obtain in the way of service, what working conditions they provide and what their troubles with servants have been.

Another series of questions have been addressed to domestics, asking about their experience at service, as follows:

1—Did you have any training before you went to your first place?

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CAUGHT.

De Broke—"Very sorry, but I can't pay you to-day. My shoe-maker has just been here, and—"

Tailor—"Yes, I know. Just met him on the stairs. You told him you couldn't give him anything because you expected your tailor. Here's the bill."

MENTAL ARITHMETIC.

Teacher—"Why, Willie, these problems are all wrong! What is the trouble?"

Willie—"I dunno. I worked awful hard before I could even get 'em wrong."

DODD'S KIDNEY PILLS

CURES ALL KIDNEY DISEASES

GRAVEL RHEUMATISM BRIGHT'S DISEASE DIABETES BACKACHE

R-23 THE PR

SOME RUG SUPERSTITIONS.

Oriental Maidens Weave Their Thoughts Into Carpet.

The little cottage Oriental rugs often made by girls who are shortly to be married, in Turkey, Persia, on the Armenian plateau and in Afghanistan, carry with them all the poetry and mysticism of the Oriental girl's mind, as she is just budding into womanhood.

She weaves into the rugs almost her very thoughts—so much is the rug-weaving a part of the Oriental life, and so little is it a purely commercial pursuit. Time is not counted of value in the East when rugs are made. Consequently, Americans have found it impossible to compete with the Orientals in the manufacture of these practically everlasting products.

In some parts of the Oriental rug countries, it is considered wrong to have the rugs seen in the making by Christians. If such an accident occurs, and one from the western world views one of the rugs, the workman offsets the suspected by weaving a small white spot in the rug, to keep away the "evil eye."

Sometimes, when the rug is not made for sale, but as the dowry of some girl at the time of her marriage, and when something inauspicious has happened, a little break is left in the border of the rug, by which it is hoped that the devil may escape from the household. Were the border continuous, the Orientals believe that the devil would run around and around the rug and never leave the house.

MINISTER PRAISES ZAM-BUK.

Tells How It Cured His Wife's Bad Sore.

Rev. Henry J. Munton, of Blackfolds, Alta., writes: "My wife had a very bad sore foot, which it seemed impossible to get anything to heal. The sore would heal to a certain point and then fester again, and so on. I procured a box of Zam-Buk, and after persevering with this herbal balm for some time the sore was completely healed."

"I have since recommended Zam-Buk to several of my parishioners, and it always gives satisfaction."

Another instance in which Zam-Buk proved of unequalled value is told by Mr. N. L. Gerry, of Brandon, Man. He says: "I had my left foot run over by a wagon loaded with wheat. The foot was very badly crushed, and my little toe and the next toe were laid open. I applied Zam-Buk, and only had to miss work for two days. Zam-Buk healed the wound so quickly that on the third day I was able to put on my boot and walk to my work. In a very short time my toes were quite healed, and the foot is now as sound as ever, thanks to Zam-Buk."

Just as good for chronic sores, ulcers, piles, blood poison, burns, scalds, eruptions, eczema, and all skin injuries and diseases. 50c. box at all druggists and stores, or Zam-Buk Co., Toronto. Try Zam-Buk Soap, too, 25c. per tablet.

When Your Eyes Need Care

Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Murine is a natural product of the body, compounded by our Oculists—no "patent medicine"—but used in successful Physicians' Practices for many years. Now designated the "Eye Remedy" by the American Medical Association and sold by Druggists at 50c. and 10c. per bottle. Murine Eye Remedy Co., Chicago.

One interested listener an orator has in himself.

Minard's Liniment used by Physicians.

SIZES.

Lady (to shoe clerk)—"I should like to get a pair of shoes."

Clerk—"Yes, ma'am. What size?"

Lady—"Size three."

Clerk—"Yes, ma'am. Just let me measure your foot."

Lady—"But I told you the size."

Clerk—"Yes, ma'am; but we have three sizes of size three—size three for a size three foot, size three for a size four foot, and size three for a size five foot."

Army statistics for last year show that there were only four foreigners in the British Army.

Quality is the best economy

LIPTON'S TEA

GOES FARTHEST FOR THE MONEY

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SPHON'S MEDICAL CO., Chemists and Bacteriologists, 608 HURON ST., U.S.A.

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ARTS, EDUCATION, THEOLOGY, MEDICINE, SCIENCE, INCLUDING ENGINEERING

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Q. Y. CHOWN Kingston, Ont.

IMPERATIVE MOOD.

Mother—"Louise, you must not slam down your doll in her crib like that. It is just as easy to lay her down quietly."

Louise—"It ain't when you're mad."

Dr. J. D. Kellogg's Dysentery Cordial is a speedy cure for dysentery, diarrhoea, cholera, summer complaint, sea sickness and complaints incidental to children teething. It gives immediate relief to those suffering from the effects of indiscretion in eating unripe fruit, cucumbers, etc. It acts with wonderful rapidity and never fails to conquer the disease. No one need fear cholera if they have a bottle of this medicine convenient.

SHORTENED HIS TOIL.

"Do you always keep a-smiling about your daily duties?"

"Now; I look grumpy all the time. Then I ain't asked to do no extra work."

Maypole Soap

FOR HOME DYEING

Washes and dyes at one operation, giving remarkably clean, bright, fast colors. Dyes cotton, wool, silk or mixtures. 24 colors. Will give any shade. Colon 10c, black 15c at your dealer's or postpaid with 7c label "How to Dye" from F. L. BENEDICT & CO. Montreal

Keep Files Off Your Cattle

BY USING

COW-COMFORT

(Guaranteed)

Use Cow-Comfort to improve the condition and yield of your cows. 25c. per gallon. Freight paid. Cattle with 4 gallons of water, reducing the price to 40c. per gal.

Agents wanted everywhere. Write for terms and pamphlets. **SAPHO MFG. CO., Montreal.**

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WHERE HE WILL LAND.

"I try to do my duty," said the exceedingly sincere person, "and I do not hesitate to remind others of their duty."

"Go ahead," replied the easy-going citizen. "You may prove to be a very useful member of society. But when you get through you'll have about as many sincere friends and admirers as an alarm clock."

CAT'S PAW RUBBER HEELS

Tread softly—Step safely.

CAT'S PAW RUBBER SOLES

Embodiment of the patented features of Cat's Paw Heels.

AROUND THE WORLD

TWO CRUISES

ON THE—**VICTORIA LUISE**

From New York Nov. 12, 1912

From San Francisco Feb. 27, 1913

Will visit Madeira, Spain, Italy, Egypt, India, Ceylon, Straits Settlements, Java, Philippines, China, Japan, Seaport Islands, with Overland American Tour.

INLAND EXCURSIONS

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OPTIONAL 17 Days in India TOURS 14 Days in Japan

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