

FITTING THE SOLDIER BACK INTO CIVIL LIFE

Process of Rehabilitation Involves Complete Reversal of Habit for the Men

As military discipline trains a man away from individuality and makes an automaton of him for the best interests of concerted action in war, the system employed by the Military Hospitals Commission in the conduct of the convalescent homes for returned soldiers is built upon the understanding that the best action of a man's mind must be set in reverse if he is to be successfully remade into a civilian.

The military convalescent hospitals are subservient to the man himself. In the convalescent hospitals and the men are encouraged to look upon themselves as citizens. The breach which may never be spanned between the officer and the man in the wards where active service is bridged by confidence in the hospitals, a confidence born of heart to heart talks in which the man is made to feel that the officer is representative of a civilian government interested in him as a citizen, and anxious to see him successfully restored.

Evidence of the Commission's desire to help the man regain his normal attitude toward life is evident in every phase of its work. The relentless training away from independent action, during the long months and years of military service must be broken down, and the man urged to exert his initiative. To this end every facility for popular games has been provided in the hospitals, and recreation halls fitted for dramatic entertainments and musical programs, built. It is a common sight to see the officers and men playing with and against each other in sports.

Through these agencies the men are encouraged to exercise their talents, and the zest of competition sharpens the dull sense of individuality during convalescence. Vocational training courses cultivate the same tendencies, and while the manual work is looked upon by the medical officers as primarily curative exercise, it is none the less important for its psychological effect.

Outside Influence Carefully Directed. Undirected, the interest of different patriotic clubs in the hospitals resulted in an unequal distribution of favors, and often ill-considered gifts. To co-ordinate the efforts of the organizations who desire to help in the "humanizing" of the convalescent homes, the Commission has established Soldier Comfort Branches in the most populous units of the Command through whose administration the generosity of the citizens who desire to do something for the returned men is directed into the best channels. These committees have learned the needs and desires of the men.

and convalescent homes, and requests for suggestions coming from organizations which desire to help make the lives of the men brighter during their convalescence are met with an exact knowledge of the gifts which would be most welcome. In this way economy in effort has been effected and the maximum of pleasure attained for the men. All members of the comfort committees are volunteer workers.

As the result of their work, cheery chintz curtains have been hung, flowers have filled the wards, cards, games, cushions, smokes, candy, fruit, billiard tables, reading lamp, socks, surgical dressings and Red Cross material, entertainments, picnics, motor parties, dances, and hundreds of individual desires have been realized without cost to the government.

Movie Machines. The Commission in its earliest days made provision for the purchase of moving picture machines in many instances in the convalescent hospitals. In many instances there are two machines, one to operate in the big recreation room and the other a smaller one for use in the wards where the patients are confined. The Commission has made arrangements with the various film organizations to supply a certain number of films per week to the institutions.

Lecture courses have been arranged in many of the hospitals during the winter months in which some of the most prominent business men, educators, and lecturers are appearing. This widens the horizon of the man, and in turn brings the returned soldier before other public meetings at later dates when the lecturer, qualified by his inspection of the hospitals which he visited, and impelled by the interest close contact with the men inspired, tells of the work of the Commission and the problem of rehabilitation.

Interesting "Big Business." In the middle west one alien commanding officer has made a practice of inviting groups of business men of common interest to luncheon at the convalescent hospital. Before a lunch an inspection of the buildings and workshops is made, and with coffee, cigars and after luncheon chat, suggestions are solicited. Questions are answered and more intelligent interest in the returned soldier, problem and many times voluntarily pledged to arrange to take returned soldiers into their factories.

GIBBONS BEAT CHIP. Scranton, Pa., March 8.—Tom Gibbons of St. Paul defeated George Chip of Newcastle, Pa., in a round bout here last night. Gibbons won nine of the ten rounds with the other being about even.

There never was a time in the history of the Iron Molders' Union in Canada, when it was so solidly organized as it is to-day. In 1917 was a year of unrest, and nearly every local union in the country received an increase in wages and a number of them reduction in working hours as well.

LADY'S HOUSE DRESS.

By Anabel Worthington



8595

The woman who likes to be well dressed, even when it is only a house dress, will appreciate the neat and businesslike one given in No. 8505. The skirt has three gores, with a wide tuck for the closing at centre front. It is gathered at the slightly raised waist line in back. Big patch pockets are stitched over the hips. The waist is in plain shirt waist style, with centre front closing, and it has a collar which is sure to be becoming. The sleeves may be made either long or short, and they are set in without fullness.

The lady's house dress pattern No. 8505 is cut in six sizes—36 to 46 inches bust measure. As on the figure, with long sleeves, the 36 inch size requires 4 1/2 yards 36 inch material, with 3/4 yard 36 inch contrasting material.

To obtain this pattern send 15c to the Courier, Brantford. Any 2 Patterns for 25c.

Rippling Rhymes

THE HUSBANDMAN

I'm glad I am a granger wearing bells, remote from death and danger, from swords and bombs and shells. While kaisers and such fakers are marching to defeat, I sow my rolling acres to barley, oats and wheat. And pretty soon the cashr'll roll in to swell my store. I'll get two bones a bushel and maybe three or four. And folks who see me getting a fancy price for wheat, will give me lots of petting, and say I can't be beat. "Such men will save the nation," I hear their fervent cry; "they are the land's salvation, without them it would die! They guard our sacred banner, and Germany they'll beat; each day they help to can her, by bringing in their wheat!" It's pleasant to be saying my country's cherished boon, and still assuage my craving for easy pleasures. I feel my pulses quicken with loyalty, by sing, when I can sell a chicken for what a calf should bring. I feel sad pulses flutter, a glow is in my soul, when for a pound of butter I get a goodly roll, and always while I'm selling my wheat, I sing, "My country, 'tis of thee, sweet land of liberty, of thee I sing. The farmer is our staff, union in the country received an increase in wages and a number of them reduction in working hours as well.

CALL ON GOVT. TO OFFER STRONG LEAD

Canadian Manufacturers Fear For Conditions After the War.

By Courier Leased Wire. Toronto, March 7.—That the end of the war will bring Canada face to face with a perilous industrial and commercial situation unless a strong lead is now offered by the government, is a thought which is strongly agitating members of the Canadian Manufacturers' Association and others who have given the matter study.

"In Canada, we want to be wakened up, as the government has given us no lead whatever with regard to 'export trade,'" remarked S. R. Parsons, president of the Canadian Manufacturers' Association, this morning, commenting on the suggested re-organization of trade proposed by Col. David Carnegie, ordinance adviser of the Imperial Munitions' Board.

Mr. Parsons discussed the suggestions from the standpoint of uniting Canadian manufacturers to get after new business rather than from the standpoint of limiting production to prevent unprofitable competition.

"While the government seems very sympathetic to the agricultural interests of the country as is quite natural and right at the present time," said Mr. Parsons, "equal attention ought to be paid to the manufacturing interests. When it is considered that the manufacturing interests in value amount to more than all the other producing interests of Canada put together, it can be seen that we are not awake to the situation as was Great Britain and other parts of the empire."

"In a general way, manufacturers, agriculturists and all other producing interests of the country should be stimulated and maintained to the fullest possible extent if we are to pay our war obligations and carry on our national interests."

During the present year the big railroad brotherhoods and the mechanical trades organizations have secured more general recognition from the managements of the Canadian railroads than was ever the case before, and there's a reason why. The labor unions were never united in Canada until they were in 1917, and the opening months of 1918.

The members of the United Association of Plumbers and Steamfitters working in the big plant of the British Chemical Company, at Trenton, Ont., work eight hours a day, Plumbers and fitters receive 75 cents and helpers 50 cents an hour with time and a half for overtime, and double time for Sunday work.

DISTRICT NEWS

(Continued from page 12.)

ed to the occasion, on "Patriotism" by Rev. Henry Caldwell, helped constitute the program.

The unveiling of the honor roll by Miss Rowntree, principal, was a very pleasing feature of the afternoon. Over forty names are on the roll, showing the patriotism of the school.

After the program, a rush was made for Form II, where cake, pastry and candy, provided by the pupils, were on sale. These were very quickly disposed of.

The concert was to be devoted to Red Cross purposes and on counting the money, it was found that they had \$32.65 to hand to the treasurer of the Red Cross society. The school is certainly to be congratulated on their splendid success.

Mrs. W. A. Johnston held a delightful musical at her home on Saturday afternoon. She has a large number of pupils, and they all testify to her careful teaching. A number of the pupils' friends were present and appreciated the music greatly.

Mr. and Mrs. M. A. Clunas celebrated their pearl wedding anniversary on February 27th at their home here. About thirty-five immediate friends and relatives were present, and the evening was delightfully spent in music, dancing and cards. Mr. and Mrs. Clunas received many useful and beautiful gifts, showing the high esteem in which they are held. We congratulate them on their anniversary.

Mrs. Emma Sayles has returned home after spending the winter with her son at Mt. Pleasant, Ont.

ECHO PLACE

(From Our Own Correspondent.) Miss Norma Phelps, entertained Miss Neva Vanderlip over the week-end.

Mr. and Mrs. F. Smale called at Mr. Murray Smith's last Sunday. Mrs. Morley Myers entertained at the tea hour on Thursday about thirty institute members.

Mr. and Mrs. Dawson and Miss Bernice called on friends in our village last Sunday. Miss Deagle's S. class met last Tuesday night at the home of Mr. J. L. Barnes to elect officers for the ensuing year.

Elim Avenue prayer meeting was held at the home of Mrs. Ripkin. Messrs. Cooper and Shell are moving into Mr. R. Hamilton's house on Chester street.

Mr. McCormick is moving into the house vacated by Mr. H. Hunter and Mr. Rose of Cainsville is moving into Mr. McCormick's house.

CATHCART

(From Our Own Correspondent.) Mrs. Kelley is not improving as fast as her many friends would wish. Mrs. Robert Thomas and Miss Jean are spending a few days with Mrs. Bonne at Toronto.

Mr. and Mrs. J. Elliott and family of Brantford spent Sunday with relatives here.

Miss Herbert has returned to her home in Detroit, after spending a few weeks with Miss Maggie Herbert.

Mr. and Mrs. Melvin Smith of Northfield spent Sunday with the latter's parents, Mr. and Mrs. Henry Thomas.

The Girls' Red Cross Club will hold a dance in the Foresters' Hall on Friday evening.

A young son has arrived at the home of Mr. and Mrs. Alex. McIntyre. Congratulations.

Miss Irene Sherman has returned to Hamilton, after spending a few days with her parents, Mr. and Mrs. Wm. Sheppard.

Master Jim Ausleybrook of Burford has returned home after spending a few days with relatives here. A number from here attended the dance on Wednesday evening at the home of Mr. and Mrs. Avey.

Mr. Joe Thompson of Burford spent Sunday with his brother, Mr. Cyrus Thompson.

There is more catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditions and therefore requires constitutional treatment.

Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is a constitutional remedy, it taken internally and acts through the blood on the mucous surfaces of the system. One Hundred Dollars reward is offered for any case that Hall's Catarrh Cure fails to cure. Send for circulars and testimonials.

F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, etc. Hall's Family Pills for constipation.

Children Cry for Fletcher's CASTORIA. The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of...

GENUINE CASTORIA ALWAYS Bears the Signature of Chas. H. Fletcher's In Use For Over 30 Years The Kind You Have Always Bought

BICYCLES ACCESSORIES HAWTHORNE BRANTFORD. Mr. and Mrs. F. Smale called at Mr. Murray Smith's last Sunday.

TAXI CABS MITCHELL'S PHONE 632

Sap Buckets. A good strong Bucket, made of tin, with wired top, flaring pattern, with hole punched so as to hang on spile. 20 Cents Each. Spiles 4 Cents Each. Howies' Temple Building, 76 Dalhousie Street.

What All the People of Brantford Are Looking For NEW PICTURE POST CARDS OF BRANTFORD. We have just received 25 new views of this city on post cards, MANUFACTURED IN CANADA, equal or better than those made by Germans, and are sold at 10 for 10c or 5 for 5c. STEDMAN'S BOOKSTORE PHONE 569, 100 COLBORNE ST.

WHEN THE STOMACH IS WRONG LIFE SEEMS TO BE A BURDEN

Indigestion Comes With a Debilitated and Run-Down Condition of the System and Can Be Cured Through Enriching the Blood.

There are many symptoms of indigestion, such as acute pain after eating, belching of wind, nausea and vomiting, bloating and pains in the region of the heart, a dread of food for the misery it causes. Dieting and the use of pre-digested foods may give ease, but can't cure—they only further weaken the stomach. The work of digestion depends upon the blood and the nerves, and the only way to cure indigestion is to tone up the stomach through the blood to do the work nature intended it should do. The very best way to cure indigestion is through a course of Dr. Williams' Pink Pills, which renew the blood, strengthen the nerves and enable the stomach to do its work with ease and comfort. Neglected indigestion means prolonged misery, and a more difficult cure. If you have any of the symptoms of this trouble try the tonic treatment with Dr. Williams' Pink Pills at once, and you will be gratified with the results.

APPETITE FAILED

Mr. Daniel Dexter, Liverpool, N.S., says: "For years I was a great sufferer from indigestion. I was troubled with gas on the stomach which caused disagreeable sensations. I was also frequently troubled with nausea and vomiting, which were very distressing. As a result of my trouble my appetite almost completely failed, and what I did eat caused me constant pain. I was continually doctoring, but did not get any benefit, and had about made up my mind that I would suffer for life. One day a friend asked me why I did not try Dr. Williams' Pink Pills, and while I had not much hope of a cure I decided to do so. I had only taken a few boxes, however, when I found they were helping me. Very gladly then I continued the use of the pills, and in less than three months I was as well as ever. I had been able to eat a hearty meal, and to feel that life was again worth living. I had also been troubled from time to time with attacks of rheumatism, and the use of the pills cured this as well as the indigestion. It is now a year since I took the pills, and in that time I have had no return of the trouble."

FOOD TURNED SOUR

Mrs. J. Harris, Gerrard street, Toronto, says: "About three years ago I was seized with a severe attack of indigestion and vomiting. My food seemed to turn sour as soon as I ate it, and I would turn so drowsy sick that sometimes I would fall on the floor after vomiting. I tried home remedies, but they did not help me. Then I went to a doctor who gave me some powders, but they seemed to make me worse. This went on for nearly two months and by that time my stomach was in such a state that I could not keep down a drink of water and I was wasted to a skeleton and felt that life was not worth living. I was not married at this time and one Sunday evening on the way to church with my intended husband I was taken with a bad spell on the street. He took me to a drug store where the clerk fixed up something to take, and my intended got me a box of Dr. Williams' Pink Pills. By the end of the first week I could feel some improvement from the use of the pills, and I gladly continued taking them until every symptom of the trouble was gone, and I was again enjoying the best of health. These pills are now my standby and I tell all my friends what they did for me."

SUFFERED GREAT DISTRESS

Mrs. Albert Hall, Sonya, Ont., says: "I have used Dr. Williams' Pink Pills with wonderful results. For two years I was a great sufferer from indigestion, which almost made me a physical wreck. At times my sufferings were so great that I was unable to attend to my household duties. I had smothering spells at times and was afraid to lie down to rest. After every meal, no matter how sparingly I ate, I suffered great distress. I tried several doctors but their medicine did not seem to help me in the least. I saw Dr. Williams' Pink Pills advertised to cure this trouble and decided to try them. I had not been taking them long when I felt some relief. This improvement continued and after taking ten boxes I could eat and digest all kinds of food and felt better than I had done for years. You may be sure I am very grateful for the wonderful relief these pills have given me. I know they are also a cure for anemic sufferers, as an intimate friend of mine was badly affected with this trouble and after taking several boxes she was entirely cured."

If you are suffering from any form of stomach trouble, or any of the many ailments due to weak, watery blood, do not waste time and money experimenting with other remedies, but begin Dr. Williams' Pink Pills at once. These Pills have proved a cure in thousands of cases, and should do so in yours. Sold by all dealers in medicines or by mail at 50 cents a box, or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

SIDE TALKS RUTH ENGLISH CAMERON KINDNESS WITHOUT FACE

A woman who runs a large boarding house was telling me one day about some of the guests she had. She was darned stockings as she talked and she picked up a stocking and dropped her egg into it she smiled, evidently it brought some recollection to her mind. "I had a young girl here once," she said, "who used to insist on darning all my stockings for me." "Wasn't that perfectly lovely?" I said. "She wanted to be let alone sometimes. The smile broke into a laugh. 'No,' she said, 'and that's what I was smiling at. I suppose you'll think I'm wicked and ungrateful, but the truth is I thought that girl would drive me crazy. I don't mean just her wanting to darn my stockings, she went on, 'but she was simply determined to help me about everything, and it made me fearfully nervous.' Not one of the People Who Want to Manage One's Affairs. 'Did she want to manage your affairs?' I said. 'I've had trouble of my own with that kind.' 'No,' said the woman, thoughtfully, 'I can't say she did, but she was simply at me all the time, and though I hated myself for feeling that way I was glad to see her go.' 'It just proves how horrid I am,' she finished. 'I ought not to have told you.' 'But as she isn't horrid at all, I couldn't admit that it proved that. Even Kindness Must Be Flavored. It seemed to me that it proved a more or less obvious and more or less ignored truth—that you've got to show tact even about trying to be kind. Tact is the salt of the earth. Generosity, helpfulness, sympathy, unselfishness, all lose some of their flavor if they are not seasoned with a little of the salt of tact. The best salt in the world should not really be raised, it should simply bring out the flavor of the things it is used to season. And so it is with the salt of tact."