

A GRATEFUL LETTER

From a Lady Made Well by Dr. Williams' Pink Pills.

"I wish from my heart I could persuade every person who is run down in health to give Dr. Williams' Pink Pills a trial." Thus writes Mrs. Louis Mitchell, Oak Point, Man., who further says:—"About a year ago I was a weak woman, suffering from a run down system and impoverished blood. Any little exertion would cause me to tremble and my heart to throb violently. I could not sweep a room or walk fifty feet without being exhausted. Then I began taking Dr. Williams' Pink Pills and after taking only six boxes I am as well and strong as ever. I can walk and run without stopping every few seconds gasping for breath as previously. Dr. Williams' Pink Pills will be my stand-by in the future if ever my blood needs building up again, and I shall always find pleasure in recommending them to anyone needing a tonic.

There are many troubles due to weak, watery blood which can easily be overcome by a fair use of Dr. Williams' Pink Pills. The sole mission of this medicine is to enrich and purify the blood, and when that is done all the varied symptoms of anaemia disappear, and good health returns. You can get these pills through any dealer in medicine or by mail at 50 cents a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

Curiosities of Hair.

Some curious anomalies regarding the hair and skin have been noted by Professor Joseph Barcroft. He tells us that hair is merely skin which has grown in a particular way, hardened, and instead of being rubbed away, as happens with the ordinary surface of the skin, sticks out in tubular form. The pigment which colors the hair is not the same as that which colors the skin, for the skin of an Anglo-Saxon, however black his beard, is not negro.

Experiments with a piebald cat showed that though at first glance the skin, shaved of hair, remained parti-colored as the hair, when the places were put under a microscope it revealed that the colored parts were merely the hair roots seen under the skin.

Melanin is the name given to the pigment which colors Negroes or the black cat, and this pigment will also be found when an apple or potato is cut in half and exposed to the air. It is not clear, however, what relation exists between the coloring matter of differently hued animals.

In studying white animals some interesting points arise. There are two sorts of white animals, as in the case of white rabbits—pure white with pigmented eyes and albinos (which are devoid of pigment or coloring matter). If one were to cross a pure white rabbit with a pure black, the family in the first generation would all be white, while if a black thoroughbred were crossed with an albino the first generation would all be black.



Were Getting "Nerves."

"My, what a herd of dry agents are being sent out of Washington these days!"
"Yes; their presence was making congressmen so nervous they had to be sent away."

Sagacity of the Fox.

The sagacity of the fox is most wonderful, and those who have studied the animal's habits are never tired of dilating on its cunning. Foxes, like dogs and cats, are troubled with fleas, and when the infestation becomes unbearable they gather a mouthful of moss, and slowly walk backwards into the nearest stream until only the mouth is left above the surface of the water. The fleas naturally take refuge on the moss, and when the fox is satisfied that they have all embarked, he opens his mouth and the moss floats away, while the fox regains the bank, happy in freedom from his tormentors.

Come and Join the Party.
Mrs. Fabb—"Does your husband object to cats?"
Mrs. Stabb—"Yes, indeed. He says that I feed all the cats in the neighborhood. Won't you stay and have tea?"

WE WANT CHURNING CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge.

To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent. Butter Fat.

Bowes Company Limited, Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years.

The Little Road to Nowhere.

The little road to nowhere
Is the road for you and me,
The little road to nowhere
That runs beside the sea,
Between the sea and mountains
Where birds the silence break,
The little road to nowhere
Is the road we long to take.

The little road to nowhere
That lies beside a stream,
The little road to nowhere
That leads us to a dream,
To where a dream awaits us,
A dream we've sought in vain,
The little road to nowhere
That runs past mead and plain.

It runs past lake and mountains,
Past farm and town and tree,
It leads to where the sunset
Is soundless in the sea;
To where no envy whispers,
No grief or hate can mar,
The little road to nowhere,
Where peace and silence are.

This world is far too earnest,
Is far too grim and cold,
Too full of petty warfare,
Too bitter and too old.
But we'll be young for ever!
Because so well we know
The little road to nowhere,
The road all wise folks go!

—Mary Carolyn Davies.

Desert Born Butterfly Often Flies to Iceland.

The Painted Lady butterfly is as fond of travel over sea and land as she is of her gorgeous coloring. Her husband, too, likes migratory flights and, according to scientific researches, these butterflies in great numbers have been known to make journeys from Turkey to England.

C. B. Williams, chief entomologist of the Egyptian Ministry of Agriculture, who has been studying the habits of the Painted Lady for several years, gave an account of his work in a recent issue of "Nature." The butterfly of this species, he believes, originates somewhere in the south or southeast of the long line of desert stretching across north Africa and Asia Minor, 2,000 or 3,000 miles from England. They leave the desert early in the spring and arrive in the vicinity of the southern shores of the Mediterranean usually about April. From Palestine they appear to fly through Syria and Turkey to the Balkan states, and from Egypt, Tripoli and Algiers they cross to southern Europe.

By the more hardy fliers England is reached late in May or early in June, Scotland a week or so later, and here many of them spend the summer. The Painted Lady, those which originate in the desert country, have been seen in Iceland in July, some 4,000 miles from their starting place.

Whether in crossing great stretches of water they continue flying all night or rest on floating masses in the water has not yet been determined. Neither is it known, so far as Mr. Williams was able to ascertain, whether a return journey is made.

Death to Egrets.

In Paraguay and parts of Brazil a great many white egrets, called in Spanish "garza blanca," are killed for their plumes.

It is the long, white wing feathers, which grow out at nesting time, that are valuable.

While there are no laws against killing them, any one who does so is a poor sportsman. It is the females that have the plumes, and killing her makes the whole nest of fledglings starve to death.

The Winnipeg Convention.

On June 24, 25 and 26 the Canadian Weekly Newspapers Association will hold its annual convention in the City of Winnipeg. The C.W.N.A. has within its membership over 500 weekly newspaper editors, including weekly newspapers as far apart as the Yukon and Newfoundland, so that every section will be represented at the meeting in Winnipeg.

No one asks the why of conventions. The Press Association, organized in 1859 by weekly newspaper men, has



Lorne E. Eedy
President Canadian Weekly Newspapers Association, 1924-25, proprietor of Walkerton (Ont.) Telescope.

been meeting every year (usually in the Month of June) for 65 years, and the C.W.N.A. is keeping up the splendid traditions which brought so many outstanding newspaper editors together year in and year out. The practice of the Association in holding conventions in different parts of the country has proved of immense value. In the past four years conventions have been held in Vancouver, Halifax, Ottawa and Toronto, while last year a further trip was made through Belgium, France and the United Kingdom. The editors and their ladies who



E. Roy Sayles
Manager and Treasurer of the Canadian Weekly Newspapers Association, with head offices at Toronto.

accompany them are to be especially entertained at Winnipeg by the Manitoba Government, the City of Winnipeg, Board of Trade and other civic bodies. The business sessions of the convention include some excellent speakers on various publishing and printing subjects. Prominent speak-

ers at the social functions will be Premier Bracken of Manitoba, Premier Dunning of Saskatchewan and Premier Greenfield of Alberta.

Sewing.

The wind is sewing with needles of rain,
With shining needles of rain
It stitches into the thin
Cloth of earth; in,
In, in, in,
Oh, the wind has often sewed with me
One, two, three.

Spring must have fine things
To wear like other springs:
Of silken green the grass must be
Embroidered. One and two and three.
Then every crocus must be made
So subtly as to seem afraid
Of lifting color from the ground;
And after crocuses the round
Heads of tulips, and all the fair
Intricate garb that Spring will wear;
The wind must sew with needles of rain.

With shining needles of rain,
Stitching into the thin
Cloth of earth, in,
In, in, in,
For all the springs of futurity,
One, two, three.

—Hazel Hall.

GIVE CONFIDENCE TO YOUNG MOTHERS

A simple and safe remedy for the common ills of childhood should be kept in every home where there is a baby or young child. Often it is necessary to give the little one something to break up a cold, allay fever, correct sour stomach and banish the irritability that accompanies the cutting of teeth. Experienced mothers keep Baby's Own Tablets on hand for such purposes and young mothers can feel safe with a box of the Tablets ready for emergencies. The Tablets are a mild but thorough laxative that act without gripping and they are guaranteed to be absolutely free from opiates or other harmful drugs. They are sold by all druggists or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Spider-Web Secret.

The spider's web is remarkable in several ways. It is the only trap, save one, that any animal builds. The manufacture of this essential accessory to the spider's life is performed by a series of actions in which intelligence takes no share. Such typically instinctive actions depend on the inherited structure of the nervous system and not on the inheritance of intelligently acquired habits.

A spider in the corner of its web is stimulated to rush out and attack an emmeshed insect by the vibrations of the silk threads. It will attack a tuning fork that is used to shake its web in the same way, for a certain time. On each occasion that it runs out in the fork it is performing an instinctive action, but when it refrains from running out it is exhibiting intelligence. In its capacity to learn it shows itself, to that extent, intelligent. In an hour or so, however, it will attack the fork again.

In the act of spinning a web a spider shows no sign of profiting by experience. It never spins more quickly or symmetrically, or in a series of better and better-chosen places. It never improves. Therefore, web-spinning may be an unconscious act, an act that makes no contribution to experience and thus affords no date by which the individual spider may profit.



In Paris,
Clerk—"How do you know he's a rich American?"
Proprietor—"Don't you see how willing he is to pay too much for a thing?"
For Every Ill—Minard's Liniment.

What She Wanted.

The old lady was timidly inspecting the stock of spectacles. "How much are these?" she asked, selecting a pair.
"A dollar and a half, madam."
"And how much without the case?"
"Well, the case makes little difference. Suppose we say \$1.45."
"What? Is the case only worth five cents?"
"Yes, madam," firmly.
"Well, I'm very glad to hear it; it's the case I want!"
And, placing a nickel on the counter, the dear old lady took up the case and walked timidly into the street, while the optician gasped for breath.

There are about 5,000 different languages in the world. Money talks all of them.



PEERLESS BICYCLE BARGAINS

You have been intending to try "Red Rose." Why not now before you forget.

RED ROSE TEA "is good tea"

The ORANGE PEKOE is extra good. Try it!

CANADA'S TRADE WITH CHILE

By Francisco J. de Lima, B.A., B.S.C., Consul of Chile, Montreal

Chile, situated on the west coast of South America, between the Andes mountains and the Pacific Ocean, on the boundary of Peru on the north to the southern extremity of the continent, is one of the most peaceful and progressive countries of the world. Its area is approximately 300,000 square miles, or something less than the Province of Ontario, and it has roughly four million inhabitants, or about one-half of Dominion population. Its coast line is over 2,600 miles long. The capital, Santiago, with a population of about 600,000 is a modern, well-planned city, universally recognized as a very attractive and salubrious place of residence. Valparaiso, the principal port, has a population of over 200,000.

Chile has a wide topographical and economic range. The southern sections, rainy, heavily forested, are extremely picturesque. The central zone features a very fertile soil and has developed a prosperous agricultural industry. In marked contrast is the desert region of the north, an elevated arid plateau, where the world-famous nitrate of soda deposits are located, and mined on a large scale.

Achieving a rapid progress in farming and other activities, Chile ranks third in volume of trade among the republics of South America. Its chief exports are nitrate of soda, iodine, copper, wool, dried sheep skins, cattle hides, lentils, barley, borax, sulphur, frozen meat, iron ore, etc. Chile is the second largest producer of copper in the world, and the only country of the world producing natural nitrate of soda, an invaluable fertilizer.

In American currency the imports of Chile are annually over \$150,000,000, in which Canada shares to the extent of less than one million dollars. In the fiscal year 1922, Canada purchased from Chile to the extent of \$20,478, while selling to the value of \$290,678. In the following year Canada's purchases from Chile were \$230,066 and her sales to that country \$31,715. In the last fiscal year, Canada's imports dropped to \$97,959 whilst her exports rose to \$821,208.

There is a decided opportunity for the development of a greater reciprocal trade between the two countries. The fertile territory of Chile has been largely neglected in the past, and there is an assured opening in the republic for such Canadian exports as British Columbia fir, pine and other lumber, paper of all kinds and newsprint, wall paper, sheet and bar iron, railroad equipment, motor cars, rubber goods, hydraulic and other machinery, binder twine, cement, calcium carbide, agricultural machinery, road machinery, paints, white lead, varnishes, iron wire for farms, asbestos, canned salmon, cheese and other products. By making the necessary investigations from reliable sources, Canadian manufacturers and exporters could develop and maintain a sound and profitable trade of a much larger figure.

Flies Carry Disease.

Some of the essential facts in the disease carrying and transmitting capacities of flies are as follows:

1. Communicable diseases are caused by disease germs.
2. The germs of all intestinal diseases, at least, will be avoided in human or animal waste.
3. Human or animal or other waste is the breeding place of the majority of flies found about habitations.
4. Fly larvae breeding in waste take into their bodies whatever organisms are present and often harbor these organisms until they have become full-grown flies.
5. Adult flies alighting on waste take up on their feet and in their food disease organisms.
6. Disease organisms can live in flies for many days.
7. Flies deposit from the filth on their feet or in a speck of their excrement the disease organisms which they are constantly picking up.
8. Flies can fly for miles.
9. A single case of intestinal disease where open privies prevail may start an epidemic spread by flies.

Indignant.

"Now, my son," said the conscientious father, "tell me why I punished you."
"That's it," blubbered the boy indignantly. "First you pounded the life out of me and now you don't know why you did it!"

About half the total world production of tea is taken by the United Kingdom.

Keep Minard's Liniment in the House.

The Oldest Book.

Not seeking shall you find
The red-bound Book of Elvies;
It is not on dusty shelves,
Whose books are for the blind.
It is found, sweet friend,
At a journey's start, not end,
It is nowhere and everywhere—
East, West, North, South.
Its leaves stir in the air
From the loved one's mouth,
As breath moves loosened hair.
When our breaths blend
How shall we read, O friend?
In the heart's need.
How shall we fail to read?
—George Sterling.

Tenderfoot.

Young lady (on first visit to western ranch)—"For what purpose do you use that coil of rope on your saddle?"
Cowboy—"That rope, as you call it, lady, we use for catching cattle and horses."
"Oh, indeed! Now, may I ask what you use for bait?"



Death on Warts.

Apply Minard's daily. Also relieves and disappears. Also relieves bunions.



Shave In Comfort With Cuticura Shaving Stick

This delicately medicated antiseptic Shaving Stick produces a creamy lathering lather cooling tender-faced men to shave without any irritation, even twice daily. It leaves the skin smooth and fresh and makes shaving a pleasure. Cuticura Talcum is an ideal after-shaving powder.



ABLE TO DO HOUSEWORK NOW

Sick a Year. Got Great Benefit from Lydia E. Pinkham's Vegetable Compound

Bloomington, N. S.—"I took Lydia E. Pinkham's Vegetable Compound for pains and backache, also for nervousness, sick headaches and sleeplessness. I was troubled in this way for over a year, and a friend told me about the Vegetable Compound and induced me to take it. I must say I have received great benefit from it and am able to do my housework now. I recommend the Vegetable Compound myself and am willing for you to use this letter as a testimonial."—Mrs. WILLIAM MORSE, Bloomington, Annapolis County, N. S.

Do you know that in a recent canvass among women users of the Vegetable Compound over 220,000 replies were received. To the question, "Have you received benefit by taking this medicine?" 98 per cent. replied "Yes."

This means that 98 out of every 100 women are in better health because they have given this medicine a fair trial.

Mrs. Morse is simply another case of a woman receiving "great benefit." Women suffering from the troubles so common to their sex should listen to what other women say who have experienced the same sufferings and found relief. Give this dependable medicine a chance—and at once. It is sold at all drug stores.

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