

SAVE SUGAR By Using CROWN BRAND CORN SYRUP

for all Sweetening

In 2, 5, 10 and 20
pound tins
and
3 lb. "Perfect Seal"
Glass Jars.

for making homemade candy—for all
baking—as a sauce for desserts—on
griddle cakes and hot biscuits—use this
delicious table syrup, made from corn
—and thus save sugar. Ask your grocer.

THE CANADA STARCH CO.,
LIMITED,
MONTREAL,
CARDINAL,
FORT WILLIAM.

Are You Insured Against
HAIL!
If Not—see the local agent of
The Acadia Fire Insurance Company
OF HALIFAX, N.S.
Liability guaranteed by the
Phoenix Assurance Co. Limited of London, Eng.
Total Assets Exceed 84 Million Dollars.
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Thousands of young men on farms throughout the Dominion, with I.C.S. help, have made nights at home the stepping-stones to successful careers.

For 26 years the I.C.S. have been the great university of the farm home. They bring a thorough training in any one of 280 subjects to your very door. They provide amidst home associations the advantage of a technical or agricultural college training and at a mere fraction of the cost.

If you have been worrying about that "off-to-school" problem, dreading the day when the boy would have to leave, let the I.C.S. help you.

Just ask your boy to mark the subject he is most interested in on this coupon and mail it today. The I.C.S. will tell him all about the chance he has been waiting for. Have him mail the coupon NOW.

**International
Correspondence
Schools**

745 St. Catherine St. West
MONTREAL, Canada

International Correspondence Schools,
745 St. Catherine St. W., Montreal.

Please send to me full information regarding the subject before which I have marked X.

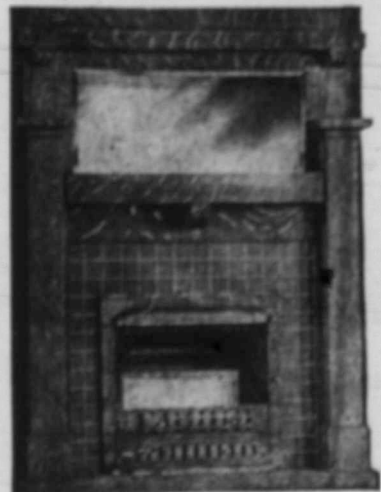
- ☐ Farm Management.
- ☐ Soil Improvement.
- ☐ Farm Crops.
- ☐ Livestock.
- ☐ Dairying.
- ☐ Fruit Growing.
- ☐ Market Gardening.
- ☐ Poultry Farming.

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Mantels and Grates (Coal and Wood)
Tile—Marble—Monuments
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It Pays
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Use the
Best!

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Dairy
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PLEASE MENTION THE GUIDE

The Grain Growers' Guide

direct to Mrs. John McNaughtan, hon. sec., W.G.G.A.

Club Briefs

Glenora, U.F.W.A. is one of our newest locals, having held their first meeting in April last. They are however, making a very good beginning and are arranging for a picnic in the near future. The proceeds of this picnic will be donated either to the Y.M.C.A. or Red Cross. The members are all working hard to make this event a success, but as their numbers are small as yet, they are going to ask the men's local to help them, which no doubt they will be only too pleased to do. The members also intend to take up Red Cross sewing at the earliest opportunity.

Namaka U.F.W.A. has forwarded us the sum of \$42 towards our Y.M.C.A. Hut, this amount being the proceeds of a Quilt Raffle and Egg Shower. Eggs were collected from the members on a certain day and sold for cash through the Circle.

Our director, Mrs. Geo. Root, and former secretary, Mrs. R. W. Harrist, visited the Weiler district in May, and organized a branch of our association. Mrs. Root took the chair at the meeting, and Mrs. Harrist gave an interesting address on "Reasons Why Women Should Organize." Nine members were enrolled for a start. The officers elected were Mrs. L. A. McCarter, president; Mrs. F. Peterson, vice-president; and Mrs. Laura Kuenter, sec. treas.

Claremont U.F.W.A. has forwarded a cheque for \$169 being contribution towards our Y.M.C.A. Hut. This amount was collected by some of the members who canvassed the surrounding district for contributions for the Red Triangle Fund, but as the funds donated towards our U.F.W.A. Hut will eventually be turned over to the Red Triangle in any case, the secretary suggests that we include this amount with same. The Red Triangle is supplying the boys in the trenches with Huts and a variety of other comforts and have expressed their appreciation of what we are trying to do in this regard. The Hut as has been stated, on several occasions already, will bear the inscription "Donated by the U.F.W.A." and will be sent right into the trenches on the Western front.

Another branch of our U.F.W.A. has been organized in the Youngstown district, to be known as Wild Rose local. H. A. Wiertz, president of the U.F.A. at that point kindly assisted the ladies in organizing. The officers appointed were: President, Mrs. H. A. Wiertz; vice-president, Mrs. Guy McBride; and sec. treas., Mrs. Grace Mahuke.

Son Prairie U.F.W.A. held their regular meeting on April 20, which took the form of a social afternoon. Twenty members and two visitors were in attendance. The afternoon was a social one in every sense of the word. Mrs. Sears read some of the laws concerning women and an interesting discussion on same followed, during which all present sewed for the Red Cross. At the close of the meeting it was found that a nice amount of sewing had been accomplished in the way of bandages, etc. A plain lunch was served and a collection taken up for the Red Cross, a report of which will be sent us later. Four new members were added to this local during the month.

Our Ambulance Fund

Amount previously acknowledged	
Ledger	\$1,947.50
Idaleen W.G.G.A.	15.00
Xena W.G.G.A.	5.00
Red Deer Hill G.G.A. (2nd contribution)	5.90
Donnellyville W.G.G.A.	17.20
Wiggins W.G.G.A.	19.00
	\$2,009.60

Other Patriotic Contributions

Storthons W.G.G.A. for Prisoners of War Fund	\$ 15.00
Military Y.M.C.A.	10.00
Neidpath W.G.G.A. for Military Y.M.C.A.	20.00
Eastview W.G.G.A. (from Mr. Wallace) Red Cross	25.00
Truax W.G.G.A. for Red Cross	43.50
Mrs. John McNaughtan.	

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price
Some
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quah
and not the

4 cups rolled
1 teaspoon salt
3 tablespoons
Put the
chopper
make into
buttermilk

2 cups bread
1 1/2 cups meat
2 tablespoons
2 teaspoons
Mix the
and dates
sugar, set
with two
Put into
from three
cream or

1 tin flaxseed
other fish
Mix well
in beaten

6 cups rolled
1/2 cup brown
1 tablespoon
2 tablespoons
butter
Dissolve
half cups
white flour
about five
ten. Seal
of boiling
and butter
cold water
when cool
let rise
salt and
seedless
flour, let
in pans
six good

1 chicken
2 cups dried
Cut up
tender.
layer of
onion and
the water
seasoned
may be d
Bake one

1 cup maple
4 eggs
Heat
make a
add cream
nutmeats
freeze.

1 cup sweet
2 tablespoons
butter
1 egg
Bake

1 cup uno
4 cups of
3 cups rice
2 tablespoons
butter
1 egg
Bake

1 cup uno
4 cups of
3 cups rice
2 tablespoons
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1 egg
Bake

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3 cups rice
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