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WRITE TO-DAY.

**AMBROSE KENT
& SONS LIMITED
156 YONGE ST. TORONTO
ESTABLISHED 1864.**

of the saints. I expect, children,
many of you know something of her
history, but as all of you should do so
I will tell you briefly about her here,
and then you can read more for your-
selves elsewhere; and when, as you
often will, you hear or read references
to her, you will understand them.

She was the child of noble Romans
who were Christians, and brought her
up in the Christian faith, and even
when she was a little child she loved
her faith so dearly she carried a copy
of the Gospels with her everywhere,
and dedicated her life to Christ.
When she was sixteen her parents
wished her to marry a noble named
Valerian, and though he was a heath-
en, she did so, but she soon taught
him to love Christ as she did, and he
was baptised by St. Urban, who was
then hiding in the Catacombs, so
ferce was the persecution of the
Christians.

After his baptism, says a beautiful
legend, as Valerian returned to his
bride, he heard exquisite music pro-
ceeding from her room and saw an
angel with her, and the angel placed
on the head of each of them a crown
of roses. Then the angel told Valerian
that God was so pleased with him.
He would grant him any wish he ask-
ed, and Valerian asked that his
brother Tiburtius might also become
a Christian, a request which was
granted, and the three—Cecilia, her
husband, and his brother—devoted
themselves to good works. But not
for long, alas! could they escape the
fury of the persecutors. They were
denounced to the Prefect, and the
brothers were thrown into prison, and
presently were brought before the
Emperor and commanded to sacrifice
the false gods. They refused, and
were sent to be beheaded.

Poor Cecilia escaped, but only to
meet a worse fate, for on refusing to
worship in the temple of Jupiter she
was tortured horribly. She endured
it all without flinching, and with a
sweet smile on her lips. At last the
angry Prefect ordered her to be
scalded to death in her own bath,
but she was unhurt, and finally was
ordered to be beheaded. But when the
executioner came to carry out his
task his hand trembled so he could
not accomplish it, and he inflicted

PIMPLES, BLACKHEADS.

**Get Rid of All Your Face Troubles
in a Few Days' Time With the
Wonderful Stuart's Calcium
Wafers.**

Trial Package Sent Free.

You cannot have an attractive face,
or a beautiful complexion when your
blood is in bad order and full of im-
purities. Impure blood means an
impure face always.

The most wonderful as well as the
most rapid blood cleanser is Stuart's
Calcium Wafers. You use them for a
few days, and then the difference tells
in your face right away.

Most blood purifiers and skin treat-
ments are full of poison. Stuart's
Calcium Wafers are guaranteed free
from any poison, mercury, drug, or
opiate. They are as harmless as
water, but the results are astonishing.

The worst cases of skin diseases
have been cured in a week by this
quick-acting remedy. It contains the
most effective working power of any
purifier ever discovered—calcium sul-
phide. Most blood and skin treat-
ments are terribly slow. Stuart's
Calcium Wafers have cured boils in 3
days. Every particle of impurity is
driven out of your system completely,
never to return, and it is done with-
out deranging your system in the
slightest.

No matter what your trouble is,
whether pimples, blotches, black-
heads, rash, tetter, eczema, or scabby
crusts, you can solemnly depend upon
Stuart's Calcium Wafers as never-
failing.

Don't be any longer humiliated by
having a splotchy face. Don't have
strangers stare at you, or allow your
friends to be ashamed of you because
of your face.

Your blood makes you what you
are. The men and women who forge
ahead are those with pure blood and
pure faces. Did you ever stop to
think of that?

Stuart's Calcium Wafers are abso-
lutely harmless, but the results,—
mighty satisfying to you even at the
end of a week. They will make you
happy because your face will be a
welcome sight not only to yourself
when you look in the glass, but to
everybody else who knows you and
talks with you.

We want to prove to you that
Stuart's Calcium Wafers are beyond
doubt the best and quickest blood and
skin purifier in the world,—so we will
send you a free sample as soon as we
get your name and address. Send for
it to-day, and then when you have
tried the sample you will not rest con-
tented until you have bought a 50c.
box at your druggist's.

Send us your name and address to-
day and we will at once send you by
mail a sample package, free. Address
F. A. Stuart Co., 175 Stuart Bldg.,
Marshall, Mich.

three severe wounds on the poor girl's
neck and breast.

For three days she lived in great
suffering, during which time she sent
for St. Urban, and gave him her house
that he might consecrate it as a Chris-

tian Church. They buried her beside
her husband and other martyrs of that
time, and years after, when search
was made for her body to give it a
more dignified resting-place, she was
found lying on her right side as
though in a calm sleep, with the three
wounds on her neck plainly visible.
They then laid her in the Church of
St. Cecilia, where she still rests.

St. Cecilia excelled in music, and for
that reason she is known as the patron
saint of music. Musical instruments
and palms are her symbols, and are to
be seen in most paintings of her. Be-
cause of her great beauty, and her per-
fect life, artists of all ages have paint-
ed her, and you will doubtless see, as
you go through life, many fine pic-
tures of her. Should any of you visit
the Uffizi Gallery, you must look for
the fine painting by Cimabue, origin-
ally intended for an altar-piece, in
which the saint is represented seated,
holding a book in one hand, and a
flower in the other. There is another
of her in Bologna, painted by Raphael,
where she is represented standing be-
tween St. John and St. Paul. There
are also many others.

There is one beautiful representa-
tion of her that perhaps some of you
know, and others will be able to see
some day. It is in Christ Church Ca-
thedral, Oxford. There, there is a
stained-glass window, designed by the
late Sir Edward Burne-Jones, which
tells in brief the legend of the martyr-
ed girl, and very beautiful it is. All
of you who have an opportunity to
visit the beautiful cathedral must pay
particular attention to the St. Cecilia
window.

A BUNCH OF ROSES.

Poor Mollie was an orphan, and to
earn enough money to buy food and
pay for a night's lodging she went
out every day to sell flowers in the
busy London streets. Her bright
smile and cheerful voice, as she ad-
dressed the passersby, attracted a
great many people to buy her flowers,
but even then Mollie found it difficult
to make the small sum she needed for
her daily food and shelter.

But there was one day in the week
when she always felt sure of empty-
ing her basket, and often of having
an extra penny or two. That was the
visiting day at the great hospital,
near which she usually stood, when
many of the visitors were induced to
take a bunch of fresh sweet-scented
flowers to the invalids they were
going to see.

It was on one of these visiting days
that a small boy, looking very forlorn
and neglected, stopped before Mol-
lie's basket of roses, and gazed at
them wistfully. Then he held out a
halfpenny very timidly.

"Please, will you give me a
ha'porth of them for mother in the
hospital?" he said.

The girl who stood next to Mollie
laughed rather scornfully.

"Why, kiddie, those roses cost
twopence apiece in the market!"

The boy's face fell, and he was
about to move on when Mollie stop-
ped him.

"Here you are," she said, with a
bright smile, as she thrust into his
hands a bunch of the sweet red roses.
"There, run along with them to
mother," she said, and the astonished
child obeyed very happily.

"Whatever did you do that for?"
asked Mollie's companion. "You
could have sold them for at least a
shilling."

But Mollie only laughed cheerfully,
as she arranged the rest of her flow-
ers.

I think, though, that someone who
sees every kind action would say:
"Inasmuch as ye have done it unto
the least of these—,"—Irene A.
Davidson.

**"I Want the Proof"
You Say**

**WHEN TOLD THAT NERVOUS
EXHAUSTION AND PROS-
TRATION ARE THOR-
OUGHLY CURED**

**Dr. Chase's
Nerve Food.**

What is more discouraging and
disheartening than trying to cure
nervous exhaustion and prostration by
means of ordinary treatments? Be-
cause you do not look sick and are
not suffering great pain, and because
they cannot realize your feelings of
weakness, helplessness and discour-
agement, your friends fail to show
much sympathy for you, and most
doctors are simply helpless in the
face of exhausted nerves.

Of course you need not expect Dr.
Chase's Nerve Food to work a miracle
and cure you in a day or a week, but
you can be absolutely sure that you
will be benefited, to at least some ex-
tent, by every dose of this great re-
storative that is taken into the sys-
tem.

The dreadful weakness and help-
lessness which makes life miserable
to you and leads to all sorts of dark
forebodings, will gradually and cer-
tainly give way to strength and vigour
under this treatment, headaches will
disappear, your appetite will improve,
you will sleep and rest better and you
will find that day by day your nervous
system is being built up to health and
strength.

That Dr. Chase's Nerve Food is
actually bringing about just such
cures is proven in thousands of cases,
of which records are kept on file in
these offices. The invigorating, up-
building influence of this great medi-
cine will surprise you if you only per-
sist in its use.

Dr. Chase's Nerve Food, 50 cents a
box, 6 boxes for \$2.50, at all dealers
or Edmanson, Bates & Co., Toronto.

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TEABERRY
ALL DRUGGISTS**

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