

FIVE MINUTE SERMON

TRINITY SUNDAY

THE HOLY TRINITY

On the depths of the riches, of the wisdom and of the knowledge of God... How incomprehensible are His judgments, and how unsearchable His ways.

These words, my dear friends, taken from the Epistle of St Paul to the Romans, are applicable to this day's feast—a feast in honor of the greatest mystery—the mystery of the Trinity.

There is nothing grand, nothing beautiful in life that is not more or less mysterious. Man himself is an inexplicable mystery. He knows comparatively little about himself in this world, while the future is hid from his view.

Since revelation is divine, is from God, whatever it teaches must necessarily be true. Now revelation teaches the mystery of the Holy Trinity—that in one God there exists three distinct persons, the Father, the Son and the Holy Ghost.

And it is easy to believe when we know that God teaches it and that God can deceive us no more than we can deceive Him.

There are passages in the Old Testament which contain the doctrine of the Holy Trinity, as in the Book of Genesis, God the Father and Creator of all things seemed, as it were, to be taking counsel with the other persons of the Blessed Trinity when He said: "Let us make man to our own image and likeness."

Many passages in the New Testament enounce the doctrine, among them that from the fifth chapter of St. John, "There are three who give testimony."

The words of Jesus taken from the 28th chapter of St. Matthew's Gospel of to-day are a sufficient proof that the mystery of the Holy Trinity is taught by Scripture. "Go ye," says He, "and teach all nations, baptizing them in the name of the Father and of the Son and of the Holy Ghost."

It is a profound mystery which we must humbly believe, as did the saints and faithful of all ages since the time of Christ, without trying to understand it.

St. Augustine was one day walking along the seashore trying to dive into and understand the mysteries of God, when he saw a beautiful little boy pouring water from the ocean into a small hole he had made in the sand on the shore.

We have some semblance of this mystery in nature. The sun, though one body, has three closely united but distinct forces: fire, light and heat.

The soul is one in substance though endowed with three faculties; will, memory and understanding.

So God is one in substance though three in persons: the Father, the Son and the Holy Ghost.

This mystery of the Holy Trinity is above reason but not contrary to it. It is above reason because it pertains to the infinite God and man can never with his weak intellect understand the infinite perfections of the Deity. But God and His Church teach that in one God there are three divine persons, and right reason tells us that God can teach nothing unreasonable.

the Holy Ghost, and at his death the priest who prepared him says: "Depart out of this world, O Christian soul, in the name of the Father Almighty who created thee; in the name of Jesus Christ the Son of the living God who suffered for thee; in the name of the Holy Ghost who sanctified thee."

TEMPERANCE

OUR BILL FOR ALCOHOL

A correspondent signing himself "Sacerdos," writes in the Catholic Standard and Times: "At a time when minds are so actively engaged in considering the causes which explain the high cost of living, these few thoughts suggested by Professor O'Hara's carefully written article in the March number of the Catholic World, may prove both interesting and helpful."

"Many have judged as extraordinary the cost of our Panama Canal, which when completed will have required an expense of \$875,000,000. Equal to almost five times this cost was the 1911 bill for alcohol. Mr. Franklin H. Wentworth, secretary of the National Fire Protection Association, in an address recently delivered on "The Economic Waste of Fire," informs us that the annual fire loss in the United States exceeds \$250,000,000.

"Count 200 every minute night and day, and at the end of ten months 100,000,000 will not have been reached. Imagine a train moving at the average speed of forty miles an hour; at the close of 363 years 100,000,000 miles will not have been covered."

"However this annual fire loss of \$250,000,000 may be multiplied by seven without exceeding the price paid for alcohol during the one year 1911."

"If, then, the fire loss in the United States is \$500 per minute, every minute during the year in question (by no means exceptional) \$3,500 were spent in alcohol."

"If this represents an expenditure viewed from the economic aspect, who will dare record how health, crime and eternal salvation were affected by this masked agency ever hard at work?"

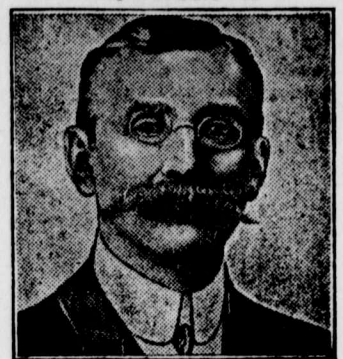
THE CURSE OF INTEMPERATE DRINKING. In his book "The Business of Salvation" Father Otten has a chapter on intemperate habits in which he treats first of the over-indulgence in food of those of whom it may be truly said that "their God is their belly."

And if intemperance in eating can be the cause of so much harm, what evils may one not rightly expect to result from intemperance in drinking? For in this matter there is usually not a question of innocuous beverages, such as the good God has provided for the slaking of thirst; but of vile concoctions that poison the body, kill reason, and make a man a veritable brute.

LIQUOR AND TOBACCO HABITS. A. McTAGGART, M.D., C.M., 75 Yonge St., Toronto, Canada. References as to Dr. McTaggart's professional standing and personal integrity are given by Sir W. R. Meredith, Chief Justice; Sir Geo. W. Ross, ex-Premier of Ontario; Rev. N. Burwash, D.D., Pres. Victoria College; Rev. J. G. Shearer, B.A., D.D., Secretary Board Moral Reform, Toronto; Right Rev. J. F. Sweeney, D.D., Bishop of Toronto; Hon. Thomas Coffey, Senator, Catholic Record, London, Ontario.

STRONGLY ADVISES "FRUIT-A-TIVES"

Because They Cured Him, And They Will Cure You



WALKERTON, ONT., May 9th, 1917. "I have been in business for a good many years and many of my townsmen know that my health, for long periods was precarious. My trouble was extreme Nervousness, brought on by indigestion and Dyspepsia, from which I suffered in the most severe form. It was so bad that I could not sleep before about four in the morning. I noticed one of your published testimonials of how someone had used 'Fruit-a-tives' for similar trouble and asked Mr. Hunter, my druggist, his opinion on the matter and he advised their use. I immediately procured several boxes and I am pleased to say that I now enjoy splendid health and could not possibly feel better. I can eat with every degree of satisfaction and sleep without an effort. I strongly advise anyone suffering from like complaints, to commence using 'Fruit-a-tives'. ALEX. McCARTER. Soc. a box, 6 for \$2.50—trial size, 25c. At dealers or from Fruit-a-tives Limited, Ottawa.

drunken husband, whose kisses and caresses of years gone by have long since given place to blows and foul imprecations. How many a poor child has not looked with horror upon domestic scenes that are burned like a curse into the memory of life's early years.

"There is no need of dwelling on the gruesome details of these ever-recurring tragedies; they are too well known to call for rehearsing. Broken hearts and blighted homes bear witness to the havoc wrought by the demon of drink throughout the length and breadth of the land. Young and old, men and women, have sacrificed their self-respect, their homes and their happiness, and it may be their very souls to their cravings for the poisoned cup. Surely, where such horrors occur there is need of the virtue of temperance; for without it the world must needs become a hell."

BEHAVIOR IN CHURCH. Sacred Heart Review. God is everywhere; we can in no wise escape from His presence, even if we would. The psalmist has said it: "Whither shall I go from Thy Spirit? or whither shall I flee from Thy face? If I ascend into heaven, Thou art there. If I descend into hell, Thou art present. If I take my wings early in the morning, and dwell in the uttermost parts of the sea; even there shall Thy hand hold me; and Thy right hand shall hold me. Darkness shall not be dark to Thee, and night shall be light as the day; the darkness thereof, and the light there are alike to Thee."

CORPUS CHRISTI

Next Thursday, the Feast of Corpus Christi, is one of the days on which Christian faith unites most intimately with the hope and charity in a trinity of most sublime devotion. It is the Feast of the Body of Christ. In the Blessed Sacrament Our Lord resides under the appearances of the white Host, with all His power and brightness, the most beautiful of the children of men. He has all those admirable proportions, and all the perfect fitness of those divine members, which were formed in the most beautiful of the daughters of Adam, and the purest of Virgins. There are those feet which were watered by the tears of Magdalen, and which traversed the length and breadth of Judea and Galilee. There are the hands, spotless and consecrated for the office of the divine High Priest; those hands which worked with Joseph in the carpenter's shop; those hands which scattered blessings and miracles throughout the land of Israel; they are there, under the Host, bright as gold, and perfect beyond anything in humanity. There is that face, once disfigured and buffeted and covered with reproaches for love of us, but now resplendent as the sun in all the glory of its light; that mouth whose voice is as the sound of many waters, whose eyes which shed tears over the suffering, and that now light up the abode of the saints.

There too, under the white Host is the Precious Blood, the price of our ransom, shed profusely on this earth, but now again within His sacred veins, and giving its life-giving qualities to all His members under the action of His Sacred Heart. And with that Sacred Body is also that human but glorified Soul of Jesus, possessed with all the treasures of divine Wisdom.

In the modest little Tabernacle upon the altar Jesus rests to-day in that same Sacred Body, with His Blood and His Soul and His Divinity. There in the bustle and noise of the world as well as during the quiet watches of the night He looks forth upon mankind with the love and affection that made up His life while in Israel. There He waits that some one from out the millions, for whom He suffered and died, may come and speak words of welcome. There, too, He waits for the prayer of suffering and affliction, the cry of the weary soul and the weeping of those who have learned the name of sorrow. There, too, he waits for even a closer relation, that which comes in the reception of Holy Communion, when the Body of the Lord is united

most intimately with His creature, to impart to him those graces and blessings that are not of earth, and that find their fruition only when the liberated soul shall look for the beginning of an eternity upon the same Sacred Body glorified and immortal.

BLASPHEMER MEETS UNUSUAL DEATH

DEAD MAN MOCKINGLY PROCLAIMED HIMSELF TO BE THE RISEN CHRIST

Pueblo, Col., April 14.—The details of a tragedy which seems nothing short of the wrath of an outraged God were made known in this city to-day by an Italian eye-witness, who was formerly a member of a gang of religion scoffers at Delagua, a coal mining camp adjoining Trinidad, Col.

He refuses to permit of its use, the name of the witness, who fled the scene of the tragedy, is withheld, but the tale as told to a Catholic priest whom he had known was substantially as follows: One Angelo Rotondo from Roccaseca, province of Aquila, Italy, was the self-appointed leader of a gang of Italian coal workers, who amused themselves in parodying holy things, scoffing at religion, and attempting to harass others in the practice of the climax of their buffoonery was reached when Rotondo proclaimed himself the Risen Christ, and caused his companions to carry him through the streets of a little coal mining camp on a litter, that he might receive the homage of the populace. The journey had not progressed far when the blasphemous Italian lost his balance, and fell a distance of but a few feet to the ground, where he lay prone as one dead. His companions thought it a part of the plan of outrages, and proceeded to pay him homage. Failing after a time to arouse the now unconscious man, they became alarmed and fled the spot leaving the supposed Christ to the care of the curious hangers on. Perceiving that the man must be injured, a doctor was summoned, who found his patient had lost all consciousness, but could discover no injury. The man was removed to a Trinidad hospital where he died without having regained consciousness, and the hospital authorities were unable to diagnose the cause of death. Not a single friend or relative could be persuaded to arrange for funeral ceremonies, and the body was buried by the grave digger in the potter's field. The spot has been studiously avoided by all the Italians of the section. Such is the story in brief.—Denver Register.

PRESIDENT SUSPENDER NONE SO EASY

from wandering glances, from careless postures, from irreverent thoughts. Dom Ferrand Cabrol, O. S. B., says, very appropriately, in his "Le Livre de la Priere Antiquaire," or "The Book of the Ancient Prayer," some wise things on this important subject of our behavior in church. We translate as follows: "Be attentive. At the threshold of this building, forget the cares of the world. Banish profane thoughts, desires for riches, the pre-occupations of vanity. Come to church in order to pray there in calmness, silence and peace; you will find there the true rest, the consolation that you seek. You will forget for a moment the burden of life, that perhaps weighs so heavily on your shoulders."

"Call to mind the fact that this Church is the image of your soul. Jesus is present there. It is He Who has said: 'Ask and it shall be given you; seek and you shall find; knock, and it shall be opened to you.' His table stands there, always ready; and He invites you to that banquet. He awaits you, that He may strengthen you, console you, cleanse you from your faults, reveal His will to you."

And then this learned Benedictine writer adds the following far-reaching advice: "But be not too limited and narrow in your views. Do not think that when your prayers are finished, and you leave the church, you are through with your duty towards God. Learn to adore Him and to pray to Him in that universe which is also His temple. His presence follows you; you bear Him away

BOOST YOUR TOWN BY ORGANIZING A BRASS BAND. Information on this subject with printed instructions for amateur bands and a printed form of Constitution and By-Laws for bands, together with our big catalogue, will be mailed FREE on request. Address Dept. "D."

WOODWARD'S GRIPE WATER Makes Child Rearing a Pleasure! From Mrs. Bullock, Norton Caves, Cannock, January 6th., 1913. "I have given my baby Woodward's Gripe Water since she was a fortnight old, and she is quite healthy and should be her. Really, until she was five months no one could tell I had a baby in the house, so good and contented she was. If people ask why she is so happy, I tell them all that I owe it to Woodward's Gripe Water. My other children have had it, and they are fine."

WOODWARD'S GRIPE WATER has behind it a long record of medical approval. Any druggist in Canada can supply you. You must ask for WOODWARD'S.



An Unsolicited Testimonial. A CLEAR-EYED young farmer stepped up to a manure spreader demonstrator at the 1912 Chicago Live Stock Exposition and, pointing to one of the spreaders in the exhibit said: "I own one of those machines. It is the strongest spreader I ever had on my farm, and I've had a number of different machines. I honestly believe that if I filled that spreader with soft coal it would spread the stuff for me. I wouldn't trade it for any spreader I ever owned or saw."

I H C Manure Spreaders. Corn King and Cloverleaf. I H C manure spreaders are made in many sizes, running from small, narrow machines for orchard and vineyard, spreading to machines of capacity for large farms. They are made with either endless or reverse aprons as you prefer. The rear axle is placed well under the box, where it carries over 70 per cent of the load, insuring plenty of tractive power at all times.

International Harvester Company of Canada, Ltd. BRANCH HOUSES. At Brandon, Calgary, Edmonton, Estevan, Hamilton, Lethbridge, London, Montreal, N. Battleford, Ottawa, Quebec, Regina, Saskatoon, St. John, Winnipeg, Yorkton.

THE ELIMINATION OF WASTE. As never before, master business minds are concentrating upon the elimination of useless operating costs. For years the North American Life has specialized in economy of insurance management. Palatial office buildings, big-salaried officials, highly expensive methods of putting large volumes of costly New Business on its books—these things find no place in the operations of the North American Life. Every item of expenditure is closely scrutinized by men who are specialists in their departments. As a result, 19 per cent. of the total income for 1912 was sufficient to defray all expenses and charges; the remaining 81 per cent. was either paid to Policyholders and Beneficiaries, or held to their credit. The North American Life excels in economy of management. North American Life Assurance Company. "SOLID AS THE CONTINENT" HEAD OFFICE, TORONTO, CANADA.

with you. Keep yourself, then, always pure, and be honest and sincere with yourself, and remember that your body and your soul are the temple of the Holy Spirit."

WINELY & CO. BELL. CHURCH SWISS SCHOOL. Other products and services.

Common Sense Terminator KILLS BATS AND MICE. A life insurance for \$1,000 today is protected to the extent of only about \$500 of the money of twenty years ago; therefore "To provide the same protection you must Double Your Insurance."

The Dwindling Dollar. These are the days in which the "Almighty Dollar" has lost nearly 50% of its "almightiness." A \$2,000 income today leaves you in practically the same position as a \$1,000 salary found you a few years ago.

Mutual Life Assurance Co. of Canada. WATERLOO, ONT.

O'KEEFE'S Liquid Extract OF Malt with Iron. Is an ideal preparation for building up the BLOOD and BODY. It is more readily assimilated and absorbed into the circulatory fluid than any other preparation of iron. It is of great value in all forms of Anemia and General Debility. For Sale at Drug Stores. W. LLOYD WOOD, General Agent, Toronto :: Canada.

ENDING YOUR GATE TROUBLES. ISN'T the kind of Gate all good Farmers want as follows: a Gate (1) that won't sag, break, bend, burn, blow down or rot; (2) that can be raised (as shown) to let small stock through, yet keep back large stock; (3) that will raise or lift over snow in winter; (4) that will positively keep back breachy cattle; (5) that will last a lifetime; (6) that is guaranteed. Clay Steel Farm Gates. meet all the above requirements. This is why the leading stockmen, with scarcely an exception, have Clay Gates on their farms. This is why farmers who once try them, keep them, being delighted with them. The C. A. C. has them; so have the Experiment Farm at Ottawa, and the Macdonald College Farm, 30,000 Clay Gates were sold in 1912. They cost a little more than other Gates, they are worth more. 60 DAYS FREE TRIAL. One or dozen Clay Gates will be sent, freight paid, to any farmer willing to try them. Keep them 60 days without expense or obligation. Send name of opening when writing. Send to-day for illustrated price list. The Canadian Gate Co., 84 Morris St., Guelph, Ont.