

# More Strength



## The World To-day Calls for Men of Strength, Men of Action.

Why do you drag along listlessly from day to day and week to week, brooding over the loss of your former strength and vigor? Get it back. You can do it. No man is so run down that he can't be built up. You can recover your old-time vim and courage.

There's strength in Electricity for such as you. It is a builder, an invigorator, a strength-giver. Its glowing energy fills your nerves and veins with the spirit of youth. Your over-worked organs respond immediately with new life and energy. It fills you with ambition, animation, and happiness.

That's the way you were intended to be, the way you ought to be, and the way you can be. Make your body into a storage battery by filling it every night with the gentle current from the DR. SANDEN ELECTRIC HERCULEX, and the results will surprise you. The world will look rosy to you, and you'll have the strength and courage to tackle any task.

## FREE UNTIL CURED

Call or write to me and I will at once arrange to let you have the Belt on trial, not to be paid for until cured. No deposit or advance payment. Send it back if it doesn't do the work. Liberal discount for cash, if you prefer to deal that way.

Electric Suspensory or other attachment free, and guaranteed for one year.

It is a quick and lasting cure for Weakness of any Organ of the body, for Nervousness, Rheumatism, Pains in the Back and Hips, Lumbago, Indigestion, Constipation, Kidney trouble, Loss of Memory, Poor Circulation, and all evidences of breakdown. It cures where everything else has failed.

## SEND FOR MY FREE BOOK

If you cannot call at my office personally, write for my book. It is full of things every man ought to know, and gives full particulars. Sent free, sealed, by mail, in plain envelope. Write to-day.

**DR. A. F. SANDEN,** 140 Yonge Street Toronto, Ont.

Entrance: 6 Temperance Street.

OFFICE HOURS: 9 to 6, SATURDAYS UNTIL 9 P.M.

## Caldwell's Meal

No stockman or dairyman should be without it. With the meal forming part of the daily food, your stock will rapidly take on flesh and grow glossy coats; your young animals will come earlier to maturity; your sheep will be kept free from coughs and colds—worms will be eradicated; your milch cows will give more and better milk, and your animals will get the full benefit of all the nutrient contained in the entire feed. Costs nothing extra to use, as it is substituted for an equal quantity of ordinary food. A ton will last 20 cows a month. Price, freight prepaid, \$34 per ton. Manufactured by

**A. C. CALDWELL,**

**East Toronto, Ont.**

## CENTRE AND HILLVIEW Holsteins

140 head, 45 females in R. O. M. Herd headed by Brookbank Butter Baron, Bonheur Statesman and Sir Sadie Cornucopia Clothilde. The average of dam, sire's dam and grandam is: milk in 7 days, 662.85 lbs.; butter in 7 days, 30.58 lbs. We have bulls born Mar., '09, to two weeks old for sale, from Record-of-Merit dams. Long-distance telephone. P.D. Ede, Oxford Centre, Ont., Woodstock Sta.

## Lakeview Holsteins.

One service bull and several bull calves for sale, sired by Count Hengerveld Fayne De Kol, whose sire has five daughters averaging over 30 lbs. of butter in 7 days, and 120 lbs. for 30 days, and whose dam, the dam of Grace Fayne 2nd's Homestead, with 35.55 lbs. in 7 days, testing over 5% fat. These young bulls are from A. R. O. cows, an extra smooth and well marked lot. E. F. OSLER, BRONTE, ONT.

## The Maples Holstein Herd

of Record-of-Merit cows, headed by King Posch De Kol. Nothing for sale at present except choice bull calves from Record-of-Merit cows. Also one or two good cows.

**WALBURN RIVERS, FOLDEN'S, ONTARIO**

## Lawncrest Holsteins

or come and see us. Good railway connection. Long-distance phone. **F. R. MALLORY, FRANKFORD, ONT.**

## EVERGREEN STOCK FARM

offers choice young Holstein Bulls, from 10 to 11 months, sired by Sir Mercena Fatorite, whose dam and gr. dam averaged 80 lbs. milk per day, and 24.60 lbs. butter per week. Their dams also in A. R. Also choice females for sale. **F. E. Pettit, Burgessville, Ont.**

## Fairview Herd

offers for sale a son of Rag Apple Korndyke. His dam is a daughter of Pontiac Korndyke, with at A. R. O. record of 13.08 lbs. butter in 7 days at two years. Price, \$150.00.

**E. H. Dollar, Heuvelton, N. Y.**

NEAR PRESCOTT.

## IMPERIAL HOLSTEINS

Head your herd with a son of the champion Canadian butter-bred bull, Tidy Abbecker Mercena Posch. Dam and sire's dam average 28 lbs. butter in 7 days, 110 lbs. in 30 days; 4.90 fat.

**W. H. Simmons, New Durham, Ont.**

## Elmwood Holsteins

Choicely-bred calves for April and May delivery. Sired by imported Ykema Sir Posch and Pontiac Sarcastic, a grandson of Sarcastic Lad. Registered. Delivered. Express paid. Sale delivery guaranteed. **E. D. GEORGE & SONS, PUTNAM, ONT.**

## GOSSIP.

### HOLSTEIN-FRIESIAN OFFICIAL RECORDS FOR FEBRUARY, 1910.

Hulda's De Kol Princess (3015), at 9 years 5 months 19 days of age: 18.52 lbs. butter-fat, equivalent to 23.16 lbs. butter; 621.68 lbs. milk. Owned by H. F. Patterson, Alford Junction, Ont.

Jemima Wayne Johanna (5356), at 5 years 10 months 1 day: 16.94 lbs. butter-fat, equivalent to 21.05 lbs. butter; 503.9 lbs. milk. Owned by M. L. Haley, Springfield, Ont.

Bessie Spink's Last Beauty (5559), at 5 years 8 months 16 days: 10.06 lbs. butter-fat, equivalent to 20.08 lbs. butter; 501.68 lbs. milk. Owned by Chris. Edmondson, Brantford, Ont.

Lady May B. (3485), at 8 years 6 months 25 days: 15.98 lbs. butter-fat, equivalent to 19.98 lbs. butter; 507. lbs. milk. Owned by W. P. Allison, Chester-ville, Ont.

Ida's Bessie (3519), at 11 years 2 months 7 days: 15.40 lbs. butter-fat, equivalent to 19.25 lbs. butter; 525.05 lbs. milk. Owned by W. H. Cherry, Garnet, Ont.

Grace Wayne (3547), at 8 years 9 months 24 days: 15.12 lbs. butter-fat, equivalent to 18.90 lbs. butter; 482. lbs. milk.

Thirty-day test, at 8 years 9 months 24 days: 58.74 lbs. butter-fat, equivalent to 73.42 lbs. butter; 1,972.4 lbs. milk. Owned by E. F. Osler, Bronte, Ont.

Alberta (2853), at 10 years 7 months 24 days: 14.95 lbs. butter-fat, equivalent to 18.69 lbs. butter; 358.5 lbs. milk. Owned by M. H. Haley, Springfield, Ont.

Neptune Balinda (3602), at 9 years 1 month 17 days: 14.61 lbs. butter-fat, equivalent to 18.27 lbs. butter; 415.6 lbs. milk. Owned by Fred. Abbott, Harriets-ville, Ont.

Blizzard (3247), at 8 years 7 months 24 days: 14.28 lbs. butter-fat, equivalent to 17.85 lbs. butter; 378.97 lbs. milk. Owned by M. L. Haley.

Cecil Wayne (4645), at 6 years 8 months 13 days: 13.75 lbs. butter-fat, equivalent to 17.18 lbs. butter; 463.4 lbs. milk.

Thirty-day test, at 6 years 8 months 13 days: 56.03 lbs. butter-fat, equivalent to 70.03 lbs. butter; 1,885. lbs. milk. Owned by Lakeview Farm, Bronte, Ont.

Abbecker Tryntje (3196), at 9 years 8 months 17 days: 13.69 lbs. butter-fat, equivalent to 17.11 lbs. butter; 411.55 lbs. milk. Owned by A. H. Teeple, Currie's, Ont.

Molly Shane (4614), at 12 years 4 days: 13.10 lbs. butter-fat, equivalent to 16.38 lbs. butter; 380.3 lbs. milk. Owned by Fred. Abbott.

Artalissa 2nd (7247), at 4 years 1 month 25 days: 16.12 lbs. butter-fat, equivalent to 20.15 lbs. butter; 432.2 lbs. milk. Owned by M. H. Haley.

Winnie R. Calamity Posch (7221), at 4 years 2 months 5 days: 14.37 lbs. butter-fat, equivalent to 17.96 lbs. butter; 376.6 lbs. milk. Owned by Lakeview Farm, Bronte, Ont.

Auggie Cornelia Posch (7501), at 3 years 8 months 28 days: 17.31 lbs. butter-fat, equivalent to 21.64 lbs. butter; 481.1 lbs. milk. Owned by M. L. Haley.

Duchess Christmas Gift (7278), at 3 years 11 months 18 days: 14.79 lbs. butter-fat, equivalent to 18.48 lbs. butter; 391.13 lbs. milk. Owned by Walburn Rivers, Foldens, Ont.

Belle Abbecker Mechthilde (9479), at 3 years 9 months 13 days: 13.45 lbs. butter-fat, equivalent to 16.81 lbs. butter; 377.7 lbs. milk. Owned by M. H. Haley.

Princess Maggie Keyes (6615), at 3 years 11 months 16 days: 13.43 lbs. butter-fat, equivalent to 16.78 lbs. butter; 308.1 lbs. milk. Owned by Geo. W. Anderson, Rossmore, Ont.

Auggie of Riverside 2nd (7242), at 3 years 7 months 11 days: 12.74 lbs. butter-fat, equivalent to 15.92 lbs. butter; 389.6 lbs. milk. Owned by M. H. Haley.

Mollie Keyes Countess (6862), at 3 years 10 months 24 days: 10.70 lbs. butter-fat, equivalent to 13.37 lbs. butter; 280.7 lbs. milk. Owned by Geo. W. Anderson.

Pansy of Inkerman (6843), at 3 years 8 months 29 days: 10.05 lbs. butter-fat, equivalent to 12.57 lbs. butter; 299. lbs. milk. Owned by Parnham Allison, Chester-ville, Ont.

Fairy Faforit Mercena (8097), at 2 years 9 months 22 days: 12.70 lbs. but-

(Continued on next page.)

## Was Troubled With Dyspepsia.

For Years Could Get No Relief Until She Tried

### Burdock Blood Bitters.

Mrs. H. M. Dickenson, Benton, N.B., writes: "I have used Burdock Blood Bitters and find that few medicines can give such relief in dyspepsia and stomach troubles. I was troubled for a number of years with dyspepsia and could get no relief until I tried Burdock Blood Bitters. I took three bottles and became cured and I can now eat anything without it hurting me. I will highly recommend it to all who are troubled with stomach trouble."

Burdock Blood Bitters has an established reputation, extending over 34 years, as a specific for Dyspepsia in all its forms, and all diseases arising from this cause.

For sale by all dealers.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

### MERTON LODGE HOLSTEINS.



I am offering my entire crop of spring calves, sired by a son of De Kol the 2nd Butter Boy the 3rd. I also offer a few young cows and heifers sired by a son of Hengerveld De Kol, the greatest sire of the breed; also a number of high-grade calves sired by our imported Bull, Butter Boy Calamity.

**W. W. GEORGE, Crampton, Ont.**

### WOODBINE STOCK FARM

Offer a number of Holstein cows, heifers and young bulls at moderate prices, sired by Sir Creamelle, whose breeding combines the blood of De Kol Creamelle, word's champion milch cow, with that of Duchess Ormsby, highest-testing family of the breed. Write for anything you want. Telephone connection.

**A. KENNEDY, Ayr, Ont.**

### STILL GREATER!

Grace Fayne 2nd Girl just completed a test of over 30 lbs. butter in 7 days, dam Grace Fayne 2nd is also dam of Grace Fayne 2nd Homestead, world's record, 35.55 lbs., and Grace Fayne 2nd Sir Colantha, who heads the Homewood herd; sire's dam, Colantha 4th Johanna, 35.22 lbs. Young stock for sale. **M. L. & M. H. Haley, Springfield, Ont.**

**High-class Holsteins**—Head of herd, Pietje Korndyke Lad. Two nearest dams average 26.09 lbs. butter in 7 days. His sire's dam, Pietje 22nd, has a record of 31.62 lbs. butter in 7 days. Present offering: now booking orders for bull calves sired by above sire and out of A. R. O. dams.

**W. M. C. STEVENS, PHILLIPPSVILLE, ONT.**

### Ridgedale Holsteins

I have left three bull calves that will be priced right for quick sale; their dams are heavy producers, and their sire was bred right.

**R. W. WALKER, Utica, Ont.** Phone connection.

### Glenwood Stock Farm—Holsteins and Yorkshires.

Holsteins all sold out. Have a few young Yorkshire sows, about 2 months old, for sale cheap. True to type and first-class. Bred from imported stock. **Thos. B. Carlaw & Son, Warkworth P.O., Ont.** Campbellford Station.

**For Sale**—7 Holstein bulls: Tamworth pigs from 2 to 6 months old. White Wyandotte cockerels and Buff Orpington hens. **BERTAM HOSKIN, The Gully P.O., Ont.** Phone connection via Cobourg.

In love of home the love of country has its rise. —Dickens.

A big bowl of

## Quaker Oats

is the best dish you can serve.

Delicious and nourishing

Good for all ages and all conditions.

Economical and strengthening.