

munion to be our Food and our Drink, our Flesh and Blood, our very Life, yea rather, our soul's sweetest ecstasy.

Troubles may come; whence it matters not. Were they caused by lamentable falling into sin, yet we may remember Him Who suffered for our sakes. We may be abandoned by friends or humiliated, were we ever so sorely tried, we may straightway go to the church and there, kneeling before the altar, we may look upon the humiliated, silent Jesus, still laden with the Cross — the insulting indifference of the multitudes. But in spite of all, He dwells at hand. Behold the faithful Friend Who seems to say: « Wounded heart, come to Me, for I have felt those inner pangs; come to Me, for I have suffered more than thou; be thou ever so burdened and crushed, thou wilt see Me more cruelly burdened and crushed. My example will support thee and the glory which crowned My suffering will enable thee faithfully to endure the trial until the hour of thy triumph.»

Christain people, when one has heard these words at the foot of the altar, when especially one carries from the altar locked within His breast Him Who pronounced them, and ceases not to repeat them, there in the very recesses of His Heart while at the same time the heart is penetrated with love and divine strength, there may be trouble and sorrow, but there can no longer be disconsolate fears or pains that will not find therein a healing balm.

Favors through Ven. Père Eymard.

Waterloo P. Q: For some time I have been troubled with a pain in my limb I applied a picture of Ven. Père Eymard, promising publication if cured. The next day I was entirely well, A Subscriber.

Assiniboia Sask.: I suffered from a painful inward trouble I thought of Pere Eymard and applied his Picture. It brought instant relief, I promised to publish, to offer Holy Communion and have a Mass said. My hearts gratitude to Venerable Pere Eymard.

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