

country women's hospitals flourish because women do not know how to rest-Exchange.

it means. To her it seems impossible tion of character."-Ave Maria. that the fan, the recognized adjunct

of beauty and coquetry from time imwell as an interesting history. ing a fan to keep away the flies from known. the altar, so that none shall fall into

the chalice. The use of the fan as an altar ornament arose in tropical sooner or later, come to their defor centuries, even where cause for home and the gay days, aching with its use was never known or ques- loneliness, stretch before one endtioned.

Church. and St. Chrysostom all allude to the with powers crying out for expresholy fan, and St. Fulgentius made, sion, the rocky desert walls close in fans for the altar. In an inventory on every side and one is bidden of church furniture, from the seventh | wait, wait. Whatever they may be century, in Alexandria, the holy fan this thing is sure-God's deserts are occupies considerable description.

odd ones. One which was formerly est work, and the Friend that went "A sogg!" said Jamie. "Why, the property of Queen Theolinda, who with him to his journey's end. served in a cathedral near Milan. It God is waiting to give us. is constructed like a modern fan in

the opening and shutting, but its

The fan went out of general use in all affections of the throat and chest. the fourteenth century, but is still This is precisely what Bickle's Anticarried by the attendants of the Consumptive Syrup is a specific Pope on solemn processional days in for, and wherever used it has given Rome .- Alice Quinn, '96, in the Longwood Alpha Pi Mu.

## PRIVATE "FITTING" SCHOOLS

disease.

The London Times, which used to newspaper printed in English, has which will not fail us in time of ter. still possess something of their an- must be all in God.

eats if the sheriff is at the door, if tion! In his third letter this cor- accomplished by a clever, cool head. I may never see again, his work drives, if the undertaker in- respondent refers to the private "fit- Two boys were working together in The purple on the heather, an'

The one feature of American school fire was, and the boy answered life which seems to have impressed coolly, "I don't think there is any So call me "Mister Murphy," or call

THE FAN IN CHURCH HISTORY. this country; the one leature that it was found that the fire was out, On first looking at this subject the seemed to cause most surprise is the smothered by lack of air. The fire- But ye've minded me of my mother's

Prevent Disorder.-At the first memorial, had anything to do with symptoms of internal disorder, Par-the Catholic Church; but on further melee's Vegetable Pills should be reacquaintance with the subject she sorted to immediately. Two or three that is where the point comes. finds that the fan has a useful as of these salutary pellets, taken before going to bed, followed by doses As early as the first century the of one or two pills for two or three There's magic in these letters three church fan is mentioned in the Apos-juights in succession, will serve as a church fan is mentioned in the Apos-tolic Constitutions compiled from tra-preventive of attacks of dyspepsia You'll surely find how true it is, dition. It is there stated that two and all the discomforts which follow deacons shall stand on either side of in the train of that fell disorder. The There's magic in this little word! the altar during consecration, hold- means are simple when the way is

There are a few lives that do not, There's magic in the t-r-yclimes and was retained in the Church sert. Perhaps death has touched the For "Can't" and "Won't" are ene-Perhaps brave ambitions There's magic in these letters three! lessly. Mention of the fan is common in the have had to be laid aside and one's writings of the early saints of the whole thought given to a narrow For r and v fit to a "T." St. Jerome, St. Basil round of distasteful work; perhaps, If you will only try. His teachers and full of His voice ; asked Jamie. Of the many curious fans still in no waste is pathless for His feet. existence there are two particularly, Beyond Elijah's desert lay his great- why do you want to know?"

lived in the sixth century, is pre- yond our desert lies something that out to give a serenade on Tuesday How 'many think of thanking God Free and easy expectoration immedi-

served in Paris, is ornamented with medicine that promotes this is the a song under her windows. That is

it because it is pleasant, adults like self up? it because it relieves and cures the

earnestly.

terrupts; and he is right. A woman ting" schools-including the convent one room of a factory where trunks blue upon the sea, will chose ice cream instead of beef-steak, and a man will not. Another of her mistakes is in not knowle with the states is in not schools, religious colleges, etc., as opposed to the public and high schools—in this interesting way: "If shades. One boy, when he saw low a small one wish I could be there again a lite knowing when to rest. If she is tired I were an American, I should look blaze, which was only a small one, I wish I could be there again-a lit- cellent trait in our young-men, this she may sit down, but she will darn stockings, crochet shawls, embroider schools. I should look to them radoilies. Doesn't she know that hard work tires? If she is exhausted she will write letters or figure her ac-counts. She would laugh at you if Lowell's; that the Americans are you hinted that reading or writing the most common-schooled and the upon them. When the firemen reach-would fail to rest her. All over the least cultivated people in the world." He world."

the Commissioners favorably is the now, but if there is it is all in this me simple "Pat," general assessibility of education in trunk." The trunk was opened, and One's name's as good as another, an I make no point of that;

school girl is at a loss to know what lack of "attention paid to the forma- men complimented the boy on his action, and the other who had turned Her "Bouchal Roe," the day she sees in the alarm hastened to say: "Why him back in Donegal. I could have done that if I only had

TRY.

And know the reason why colds, coughs or any kindred ailments So take it as your own; to which they are subject.

Perchance full fifty times a day Its usefulness is shown. They conquer in a fight:

mies. They always put to flight.

Don't write them all awry, -Selected.

JAMIE'S SERENADE.

"Mamma, what are serenades?"

"It's a song," said mamma. "But other expression. Be heard Uncle Jim say that he went of are of the heart.

"Must you do it at night?" "Yes, I think so."

nights, the fellow said, and dream but what good is that going to do the him unless he gets into the thick of things and works hard. "Get out and hustle" may not be rhetorical but it's a good recipe. It is an ex-

ambition to be something. And the lad whose ambition to be leads gues, they're brought me little him to envy the success of others, joy, only it's the kind of something that no one wants around. Why, it's the old story of anyone being able to tear down a building, with only a few capable of rebuilding it. Des tructive criticism can be had at any

time: constructive work cannot. If you really are ambitious, and the

mere thinking you are doesn't make you so, like George Horace Lorimer's young man who had a hard time name, the name she'll surely call squaring his opinion of himself with his real value, you have got to cease envying others and get out -Edith Wheeler, in New Ireland

and imitate them. Don't narrow yourself into a fault-finding cynic It is the Farmer's Friend .- The who never amounts to anything out farmer will find in Dr. Thomas' Eclectric Oil a potent remedy for lies are sometimes worth while; but wounds or pains in the body or for here's a meeting of actual conditions affections of the respiratory organs with on theorizing. If you're one of and for household use generally. He those ambitious but jealously ambiwill also find it a convenient friend tious persons, stop it now. Try and in treating injured horses, cattle, etc., make everybody see real merit. or relieving them when attacked by

> What is experience? A poor little hut constructed from the ruins of the palace of gold and marble, called our

> > No Lung Trouble

illusions.

Francis Marion Crawford, the pro lific novelist, was introduced to a young woman recently. Hearing that Without Colds

he was a novelist, she said: "And have you written anything that will live after you're gone?' "I don't know," he replied. "You

CRAWFORD'S AIM.

am here."

see, what I am after is something Prevent and Cure the Colds that will enable me to live while ] and There Will be no Consumption or Pneumonia.

Gratitude that is extravagant Did you ever hear of a case of words is usually economical in all consumption which did not begin with a cold and cough? Mind is the beginning of civiliza-

A person may be predisposed by tion, but the ends and fruitage thereheredity, he may be in unsanitary night. I thought it was something during the day when you receive some surroundings and breathe impure air, but the beginning is always a ne glected cold.

"Why, you give them a song, you fond of praying to Him for favors, In thousands of Canadian homes Dr. the. When you are very fond of but how often do you thank Him for time is kent at hand as a protection the opening and shutting, but its received? And yet you know the song under her windows. That is tine is kept at hand as a protection you cannot move a finger without against diseases of the lungs.

served in Paris, is ornamented with best medicine to use for coughs, to show the person that you love you cannot move a inger without it has long since proven its right colds, inflammation of the lungs and her." ivory handle is two feet long.

less He gives you the grace necessary. Did vou ever think how sad Jesus must have felt when of the ten lepers "But s'pose your mother won't let must have felt when of the ten lepers! People who realize the danger which you sit up late at night, or s'pose whom He had cured only one came lurks in a neglected cold have learnunbounded satisfaction. Children like you fall asleep and can't wake your- to thank Him? "And Jesus answer- ed to trust to the extraordinary

"Oh, the people that give serenades ed; but where are the nine?" So it cine. do it secretly and they commonly is daily when He cures you from lep-| Dr. Chase's Syrup of Linseed and have no trouble in keeping awake at rosy worse than theirs; when he Turpentine 25 cents a bottle, family

The London Times, which used to be called the "Thunderer" and which was at one time the most influential Himself from us; but faith alone, be called the "Thunderer" and which was at one time the most influential

thank Him every morning and evening To protect you against imitations never recovered from the infamous need, ought to be our support, and Then mamma forgot all about the that you may not deserve the re- the portrait and signature of Dr. A "Pigott forgeries." Its editorials the foundation of our confidence, which matter. but Jamie pondered long and proach of those nine ungrateful ones W. Chase, the famous receipt book | author? are on every bottle. mentioned in the Gospel.

suffering for eight years from Rheumatism it has, I believe, e absolute and permanent cure. It is perhaps needless to say that in the last eight years I have consulted a number of doctors and have tried a large number of other medicines advertised, without receiving any be Yours respectfully, MRS. SIMPSON

·65 Carlton Street, Toronto, Feb. 1, 1902. John O'Connor, Esq., 199 King Street East:

I was a sufferer for four months from acute rheumatism in my left arm; my physician called regularly and prescribed for it, but gave me no relief. My brother, who appeared to have faith in your Benedictine Sat gave enough of it to apply twice to my arm. I used it first on aThe day night, and applied it again on Friday night. This was in latter part of November. Since then (over two months) I have not I a trace of rheumatism. I feel that you are entitled to this testim as to the efficacy of Benedictine Salve in removing rheumatic pains. Yours sincerely,

M. A. COWAN.

Toronto, Dec. 80th, 1962,

John O'Connor, Esq., Toronto:

DEAR SIR-It is with pleasure Iwrite this unsolicited testimonial, and in doing so I can say to the world that your Benedictine Saive thoroughly cured me of Bleeding Piles. I suffered for nine months. I e sulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me Iwould have to go under an operation. It failed, but a friend of mine lcarned by chance that I was suffer-ing from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now complet cured. It is worth its weight in gold. I cannot but feel prove after fering so long. It has given me athorough cure and I am sure it w never return. I can strongly recommend it to apyone afflicted as I was It will cure without fail. I can be called on for living proof. I and

Yours, etc., ALLAN J. ARTINGDALE, with the Boston Launder

256} King Street East, Toronto, December 1" John O'Connor, Esq., Toronto:

DEAR SIR-After trying several doctors and spending for a the General Hospital, without any benefit, I was induced to Benedictine Salve, and sincerely believe that this is the greatest re in the world for rheumetism. When I left the hospital I was just able to stand for a few seconds, but after using your Benedictine Salve for three days, I went out on the street again and now, after using it just over a week, I am able to go to work again. If anyone should doubt these facts, send him to me and I will prove it to him

Yours forever thankful, PETER AUSTRIN

Toronto, April 10, 1908.

Mr. John O'Connor:

DEAR SIR-I do heartily recommend your Benedictine Salve as sure cure for rheumatism, as I was sorely afflicted with that sad disc in my arm, and it was so had that I could not dress myself. When heard about your salve, I got a boxof it, and to my surprise I for great relief, and I used what I got and now can attend to my household duties, and I heartily recommend it to anyone that is trouble with the same disease. You have this from me with hearty thanks and do with it as you please for the benefit of the afflicted.

Yours truly, MRS. JAMES FLEMING. 14 Spruce street, Toronfie. Toronte, April 16th, 1903.

J. O'Connor, Esq., City:

DEAR SIR-It gives me the greatest pleasure to be able to testile the curative powers of your Benedictine Salve. For a month back my hand was so badly swollen that I was use to work, and the pain was so intense as to be almost unbearable.

Three days after using your Salv as directed, I am able to go work, and I cannot thank you enough. tfully yours,

72 Wolseley street. \*\* J. J. CLAREN



Price, #1 par bon,