

dormant; or the matter falling upon the bronchial pipes causes Bronchitis, and often leads to pulmonary Consumption. Cleanse the system with Burdock Blood Bitters, and tone up the general health by the best hygienic means.

**Cause.**—As Catarrh is a constitutional or blood disease attended with local inflammation and irritation of the mucous membrane, it must be treated both constitutionally and locally. It is one of the most common and obstinately troublesome diseases of our Canadian climate.

**Cure.**—Cleanse the nasal passage with weak solutions of salt and water or borax, a teaspoonful of either to the half pint. Glycerine or our Burdock Ointment applied with a camel's hair pencil up the nostrils is very cleansing and healing. The system must be cleansed and nourished by Burdock Blood Bitters, and good food, pure air, cleanliness, and change of climate will, in time, cure all curable cases.

## Croup.

**Symptoms.**—An acute inflammation of the mucous membrane which lines the whole surface of the wind-pipe and bronchial tubes. It often comes on suddenly at night, and every mother can easily recognize the hoarse, crowing, gasping, choking cough that distresses the little sufferer. In true Croup a tough, leathery, false membrane forms rapidly, which may strangle the child.

**Cure.**—Upon the first signs of a wheezing, hoarse cough, rub the neck and chest with Hagyard's Yellow Oil, and give from 10 to 15 drops on sugar or in a teaspoonful of melted butter—the dose lessened or increased according to age, and repeated every quarter or half hour till relieved. Afterward Hagyard's Pectoral Balsam should be administered for the cough and tightness of the chest. Our Yellow Oil is considered a specific for this much-dreaded disease. Should you not have Yellow Oil, give an emetic of mustard or melted butter every five minutes until relieved, or a half teaspoonful of powdered alum with sugar may be given at a dose until relief is at hand—this last named remedy often breaks an attack if given in time.

## Consumption.

**Symptoms.**—The first alarming signs of Consumption are hacking, irritating cough, rapid pulse, hurried breathing, fatigue upon slight exertion, weakness and loss of flesh, palor of the countenance followed by hectic flush, etc., etc.

**Cause.**—Hereditary weakness, Scrofula and bad habits such as tight-lacing, excesses, exposure to colds which remain neglected, etc.

**Cure.**—In the early stages permanent cures often take place, and cures are frequently recorded after actual ulceration of the lungs or tubercles of the lungs exist. This disease, the blighting plague of our nation, is, although often induced by colds neglected, in reality a scrofula of the lungs, and therefore, strictly speaking, a blood disease. Its curability depends upon a prompt treatment with general tonics, blood purifiers, and nutritious remedies. Burdock Blood Bitters will accomplish the first two indications, and Victoria Compound Syrup of Hypophosphites will be found beneficial for nourishing and re-vitalizing the system. The distressing cough may be allayed by Hagyard's Pectoral Balsam; and Nature, aided by nourishing diet, pure air, and pleasant exercise, such as rowing, horseback riding, etc., will be the means of assisting a cure. The general health hints found throughout this work must be studiously observed. Victoria Compound Syrup of Hypophosphites is highly recommended, as hundreds now enjoying health who once were consumptive can testify. Cod Liver Oil and preparations made from Cod Liver Oil are recommended, and have proved beneficial in many cases. The family physician should be consulted.