

scope for the development of the higher sides of life, every absorption of individuals in a worthy cause—will tend to diminish the spirit of gambling.

7. *We can seek to deepen the moral and spiritual life of the nation.*

The root of all vices is the selfish heart. Restraint without moral conversion will be ineffective ; for selfishness will express itself in other directions. The spirit of self sacrifice incarnate in our Lord must enter our hearts to expel the wrong self-love and to teach us the highest joy. If, as Kingsley says, gambling is both unchivalrous and unchristian, we can only exorcise it by the knowledge and practice of the true chivalry, and the true Christianity unto which our Master has redeemed us.

