

however, has been that patients living in hotels and boarding houses have often become lax in their hygienic habits through want of proper supervision, and have become a source of danger to those living with them, and even to themselves, through re-infection during some period of depression or fever. A Sanatorium was needed in that locality, and it now exists. The benefit of a Sanatorium is two fold; patients living in an institution of that sort are personally instructed in how they should live, and what precautions they must take when returning to their homes. This instruction is beneficial both to the patient and his relatives or friends. The life which the patients lead in and about the institution is a thorough and demonstrative lesson to those who are affected with similar troubles, though living in hotels and boarding houses yet making occasional visits to the Sanatorium. If these patients who live outside the Sanatorium are at all observant they very soon learn that one may take very extreme hygienic precautions without making existence irksome, with this beneficial result that those people who are not ill, but who live with them, become perfectly confident that no possible danger exists where hygienic measures are so systematically carried out.

STE. AGATHE DES MONT'S.

This progressive little town is the most important in the Laurentian range. It is beautifully situated along the shores of Lac des Sables, and boasts of two churches (R. C. and Episc.), one convent, one large day school for boys, seven hotels, etc. A club house is likely to be built very shortly, which will prove beneficial as a centre of amusement, particularly during the summer months. What makes Ste. Agathe really attractive is its beautiful lake, the shores of which are studded with the most picturesque summer cottages with well kept lawns and gardens. Boarding houses and hotels usually afford fair accommodation at reasonable rates.