Sports and Recreation

Athletic complex to open in October



Mary Desrochers

After one and a half years of construction time and at a cost of \$4.5 million the technologically advaced Metro Toronto Track and Field Center, located on the main campus of York University, will have its grand opening October 13.

The complex was designed for the training of olympic athletes, yet it is also open to York faculty and students as well as to the general public.

With regard to facilities and equipment, says manager Dan Thompson, "they went to the best." The indoor track area is covered with Chevron 440, a rubbery type of synthetic material and is the best running surface available. According to the Ontario Track and Field Association, this is the only center in North America equipped with a banked track.

There are photo-timing booths to determine placings in races, and washrooms equipped with lockers, showers and hair dryers. Meeting rooms are also a part of the complex as well as stands planned for spectator viewing in the not-too-distant future

The indoor track is 200 meters with four lanes and a fith lane for joggers. The eight-lane track, also to be covered with Chevron 440, is 400 meters.

There are indoor facilities for such events as high jump, long and triple jump, sprints and hurdling, plus a practice area for shot put and discus.

In addition, a 30 foot clearance in some areas allows for inddor pole vaulting and the weight room is outfitted with olympic weights. The track infield also allows for games of tennis, volleyball and badminton.

The equally versatile outdoor facilities provide for such events as the long, triple and high jump, and pole vaulting. There is a four acre, fenced throwing paddock where athletes can practice shot put, discus, hammer and javelin throwing.

The center is geared to facilitate olympic calibre athletes and competition. Already enough interest about the center has been generated that inquiries have been made about holding major track meets in 1980. The fieldhouse can accommodate up to 1,100 participants at a time.

Within the complex there is also located a sports injury clinic. Features include an X-Ray and development room, a treatment room and three whirlpools. The clinic is the best in Toronto and is also open for members of the public who suffer from sports related injuries. The clinic will be under the directorship of a doctor.

For York students and employees, there is no charge for use of the facilities provided a current validation card or equivalent is provided. Times for the York community are weekdays from 9 am to 3 pm. Metro has it from 3 pm to 10 pm daily, and 9 am to 6 pm on weekends.

Grid win evens York record

Walter Weigel Jr.

Head coach Frank Cosentino's football Yeomen have continued to impress upon people that they are indeed legitimate contenders in the university football world.

On Saturday, York defeated the Guelph Gryphons 15-0 before a crowd of 1,500. Strong performances by wide receiver Bill Lowcock, including a 66-yard touchdown pass and run play, and kicker Sergio Capabianco put points on the board for York.

At one point York scored two touchdowns, but had both called back on penalties.

Guelph had trouble containing the Yeomen, but were never out of the game. Quarterback Mike Eykens, with virtually no running game, went to an aerial aattack. His favorite receiver, Andy Balson, had five receptions but Guelph was plagued by poor kicking and a brutal York defence that also managed to stop last year's rookie of the year running back John Lowe.

varsity football ...

after the Windsor game here on Saturday, the Yeomen face a formidable opponent when they play the Laurier Golden Hawks,last season's West Division champions,in Waterloo on September 29...be sure to circle **Thursday October** 4 on your calendar. That's when

York pays a visit to Varsity Stadium to tackle their arch rivals, the U of T Blues. It's a game we're sure followers of the Yeomen will not want to miss....



Fun name of game at club

"They're doing a lot of fine things," remarked an impressed Guelph assistant coach, Dick Brown, after the game.

It was the same Guelph team who unofficially ranked sixth (of eight) in the Ontario-Quebec Intercollegiate Football Conference West Division by the Toronto Sun. Yeomen, also ranked sixth by the Sun, have had difficulty in capping their offensive surges with points, as was demonstrated in their game against Guelph. This win against the Gryphons (coached by former Ti-Cat coach and Argo assistant coach, Tom Dimitroff). tends to illustrate this year's Yeomen are better than most non-believers think.

What next?

York plays again this Saturday at home against the Windsor Lancers in a game that will be a definite challenge for the York defence. It was the Lancers who rolled up 598 yards in a hardfought loss to the U of T Blues last weekend.

That's what!

Gridiron notes: York's victory was its first-ever shutout in

Evan Adelman

The York University Physical Education Club, a student run organization designed to coordinate extra-cirricular activities for students enrolled in the department of physical education, is currently preparing for a "dynamic and busy year", according to Harry Orbach, the club's social convenor.

Although operative for the past two years, the Phys Ed Club has yet to establish itself as a focal point on York's campus. "But," says Orbach, "The magnitude of the programs which we've planned for the upcoming year will bring us the attention and participants we need to make all of our future endeavours successful."

The Phys Ed Club is attempting to provide added social and recreational benefits for its members. The bulk of the activities being offered are sports related, yet, competition is not being stressed whatsoever. "We just want everyone to come out and have a good time," said Orbach.

This year, the club's staff has

been increased, enabling them to undertake an expanded variety of programs. With a total of twelve dedicated planners and organizers they are hoping to surpass the performance of the club in past years. As well as an elected president, vicepresident, secretary and treasurer, the Phys Ed Club also enlists the services of a social convenor, an athletic convenor and two representatives from each year of study. With the extra administrative assistance, they will soon be opening various programs to students from all faculties, not to mention mailing out flyers on upcoming events to York grads and alumnists.

On September 22, the Phys Ed Club will be sponsoring an "Activity Day" beginning at 2 pm on the football field with the York Yeomen hosting Windsor in what is expected to be a "rousing contest." At 4:30, a studentfaculty grudge match will take place in the main gym at Tait McKenzie and at eight in the evening, a dance is being held in Stong College's dining hall. Already underway is a series of phys ed gym hours which are scheduled every Tuesday and Thursday in the main gym. Afternoon times alternate from 11-12 or 1-2 and the activities include badminton, basketball,

volleyball, disco lessons, etc. Plans have been finalized for weekly ski trips to Blue Mountain and a Christmas package to Vermont or Quebec is now being negotiated.

Water polo team's in hot water

The 1979 season doesn't appear very bright for the Water Polo Yeomen. They started their practices last week and to date only seven athletes have come out. These include returning Yeomen Trevor Man (captain), Doug Millage (goalkeeper), Vic Roskey, Dan Hudson and Stewart Howard.

Coach Kevin Jones feels that he has the nucleus of a good team but he wants all of those athletes who have played before or who would like to try, to come out to his practices on Monday and Wednesday from 7-9 pm, Tuesday from 3-5 pm, and Thursday from 5-7 pm. Jones says,"I realize that we lost five of our starting seven from last year but this situation is ridiculous, especially when I know that there are several good players out there."

Jones can be contacted in 314C Stong or phone 667-3063.

The York Invitational Water Polo Tournament will be held on Saturday September 29 with teams from McMaster, Waterloo, U of T, Royal Military College, Queens and, hopefully, York. There are no admission charges so come out to see some good water polo and support our team.

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