

NEWS OF SPECIAL INTEREST TO WOMEN

ian Home!
Work
WORLD
WORLD
Say About It
ATE INSTITUTE.
Toronto, Nov. 2, 1914.
s of English and history in R
The World is a most useful story
tory, concise enough to be of great
nificantly comprehensive to give
be of great value to the ordinary
material."
Tours truly,
WM. C. MITCHELL, Principal.
SALE INSTITUTE.
St. Toronto, Nov. 12th, 1914.
lence with your request, I have
my limited leisure would have
of the World. The book has been
bound, handsomely illustrated
but, above all, the author's story
must be a record of human
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It is a pity, however, that
fessor Larned more or less
his work, from a Catholic stand
point, by viewing things Catho
lic very often from one side only.
give an instance or two of
Catholic can be expected to see
appropriateness of the ad
"awful" as applied to the dis
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Philip II. of Spain should
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rices are not similarly shown
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Catholic has
Bro. Mac
The

Conquering Nerves and Worry Lines

By LUCREZIA BORI

Prima Donna of the Metropolitan Opera Company, New York

ARE you strenuous? Do you suffer from things for all they are worth? If you are an American-born woman, I know the answer. You pitch head-long into club life, art, society or some other pursuit because your nerves are ragged. American nerves that never stop sending out an impulse from

I realize that this is a day of specialization, and to be a success one must adhere to one thing, but vitality is both physical and mental, and the first must not be neglected or the second will suffer. Regular walks in the open country and daily exercises would give her the perfect equilibrium and nerve control which she and her work both need. Another friend of mine is consumed by her interest in writing. She ignores the rule which says that intense mental work should be done early in the day, muscular exercise in the afternoon, and relaxation and play in the evening. The midnight oil burns over her papers, and in the morning she is inert, listless and quite worn out.

Have you ever noticed what a lot of useless things we do when our nerves are on the ragged edge? When they are rested and well you keep calm, you enjoy life, and accomplish things without leaving lines of wear on the face. A pianist tells me, she rests her nerves by taking a tonic bath which is followed by exercise and a nap. This is the mixture which she adds to her warm bath.

Tincture of camphor... 1 ounce
Tincture of benzoin... 1/2 ounce
Cologne... 2 ounces
After the bath, she says, "I stand in front of an open window, draw a deep full breath, then forcibly contract and expand my abdomen five times, slowly exhaling my breath thru parted lips. I then make every muscle tense, and drop my torso forward until I can still bending. I take a full breath and exhale in standing position."

She is a bright woman, but neglects her own health and looks by allowing her vitality to flow in only one direction. "Ought to take a rest in the country," said a man in the crowd. Yet when she is not speaking she is pouring over books and papers at her office.

NEW CONG'L CHURCH OPEN IN ROSEDALE

Beautiful Edifice Was Dedicated at Special Service Yesterday.

The Congregationalist edifice at the corner of Glen road and Roxboro drive was dedicated yesterday. All services were well attended. The preacher of the day was Rev. G. G. Atkins, D.D., of Providence, R.I., and his message was based on the biblical text, "Other Foundation Can No Man Lay." Both morning and evening large numbers were in attendance and special musical numbers were given.

Reverend J. F. Day conducted the dedicatory service, with the congregation reading alternately with him the creed. A prayer of dedication followed and the Lord's Prayer was chanted by the whole congregation. In regard to foundations, Rev. Dr. Atkins first referred to literal foundations and then proceeded to draw a comparison with those "which fade not away."

The speaker promised ultimate victory thru the success of sacrificial love demonstrated in the cross. Love was the conquering force of the world. War would pass and all battles would finally be won thru brotherhood and sacrificial love.

With the closing services held in the old building Nov. 29, 1914, the North-end Congregational Church completed a period of service in that neighborhood of little more than fifty-six years. The origin of the church, which is a brick cottage on the east side of Glen road, in 1857 the work had grown so that it was decided to erect a church edifice, and the building now vacated was erected. The site of the church as part of the Carlton street "mystery block" in 1910 obliged the congregation to find a present new site at the corner of Roxboro drive and Glen road.

The opening of the new building marks a unique development in the life, inasmuch as the site was selected after consultation with the joint committee on co-operation of the Methodist, Presbyterian and Congregational Churches of the city a committee that had its origin in the feeling that closer co-operation should exist between the three denominations negotiating for church union in order to prevent overlapping and more fully to cover the ground.

The architectural style is early English gothic. The masonry is random coursed Credit Valley ashlar stone. The auditorium seats about eight hundred people. The building, land, memorial windows and furnishings represent an outlay in round numbers of \$83,500, the organ \$8500 making a total investment of \$92,000.

The first pastor of the church was Rev. Richard T. Thomas, followed successively by Rev. J. A. R. Dickson, Rev. John Burton, B.D., Rev. T. Bradley Hyde, Rev. E. E. Brathwaite, Ph.D., Rev. Frank J. Day, M.A., B.D. The longest pastorate was that of Mr. Hyde, from 1892 to 1907, he being still a member of the church.

ST. JOSEPH'S COMMUNITY MOTHER SUPERIOR DEAD

Mother Mary Lourdes Passed Away Saturday After Long Illness.

After an illness of some weeks, the death of Mother Mary Lourdes occurred at St. Joseph's Convent on Sunday morning, the end being somewhat unexpected so that it had been known for some time that the termination would be fatal.

BATHURST W.C.T.U. TO MEET.

The regular meeting of Bathurst W.C.T.U. will be held this afternoon in Broadway Tabernacle, Spadina-avenue, corner College street. All ladies interested are invited and all members who had tickets to sell for the recent W.C.T.U. Bazaar are requested to make their returns at this meeting.

WOMAN KILLED BY TRAIN.

Special to The Toronto World. BELLEVILLE, Ont., Dec. 6.—Miss Jennie Carleton, a lady aged 70 years, on Saturday met a terrible death on the line of the G. T. R., just west of this city. She was walking along the track and failed to see a west-bound express. She was struck by the engine and death was almost instantaneous. An inquest will be held.

THIS WEEK'S ATTRACTIONS AT THE THEATRES



MARIE DRESSLER AND HER COMPANY AT THE ALEXANDRA THEATRE THIS WEEK.

Marie Dressler Tonight

Miss Marie Dressler in her newest comedy success, entitled "A Mix-Up," comes to Alexandra Theatre this week commencing tonight with matinees on Thursday and Saturday. Miss Dressler is said to have a role in her new offering which affords her the finest opportunity she has yet had for the display of those exceptional and unique talents as a comedienne which have won for her a nom du theatre of the funniest woman in the world. She appears as a queen of burlesque who gets into the wrong apartment by mistake. Taking this basic idea, the author, Parker A. Ford, has written a highly amusing three-act farce which reveals complications of a novel nature. Incidental to the comedy Miss Dressler sings several songs, her best song hit being entitled "Sister Susie's Sewing Shirts for Soldiers."



Nancy Walker with "Hello Paris."

"Rebecca" at the Grand

"Rebecca of Sunnybrook Farm," the best of New England dramas, and the most charming, in that it presents pictures of New England children as well as her grown folk, will be seen at the Grand Opera House all this week with Klaw and Erlanger's splendid production and a company of exceptional ability. The play is the work of Kate Douglas Wiggin and Charlotte Thompson, and is a dramatization of Mrs. Wiggin's first story of New England life and character, "Rebecca of Sunnybrook Farm."

At Shea's

The headline attraction at Shea's this week will be Sam and Kitty Morton in a review of their stage career.

Hippodrome

Harden, "The Handoff King," comes to Toronto as the headline attraction at the Hippodrome this week.



Owen McGilvrey, protean actor, headline feature at Loew's Winter Garden.

Loew's Winter Garden

Loew's Winter Garden will celebrate their first anniversary this week, and as a special treat to their patrons have secured Owen McGilvrey, the distinguished protean actor, who will present Bill Sykes, in a quick-change dramatic episode from Charles Dickens' immortal work, "Oliver Twist," and her folk-dance funsters, Dave Nowlin and Gertie St. Claire, in comedy and song originalities. George Rockwell and Al Wood, nut comedians; Arno and Sticney, the musical boys; Ben and Hamilton, Samson Trio, Walker Brothers, and Lila will be the only Canadian presentation of Mr. Knoblach's latest success, which ran for an entire year at the Royal Theatre, London.

My Lady's Dress

Until Edward Knoblach conceived the idea of "My Lady's Dress" few persons ever imagined there was sufficient dramatic material for an excellent dramatic playlet in a gown. Mr. Knoblach, however, has proven this to be a decidedly the case by writing one of the most unique and engrossing plays of the past decade on this very subject. "My Lady's Dress" is to be seen here at the Princess all next week and Lila will be the only Canadian presentation of Mr. Knoblach's latest success, which ran for an entire year at the Royal Theatre, London.

European War Pictures

Beginning at 2 o'clock this afternoon, at the Princess Theatre, the first and only complete moving pictures of the present European war will be presented in this city. These pictures, which were shown before a select audience, composed of row-pier men, are nothing short of wonderful. In fact, one could hardly imagine a more accurate and complete screen. They show scenes in and

Nettie Nelson with "Honey-moon Girls"

Nettie Nelson with "Honey-moon Girls," Gayety Theatre. Around the once beautiful City of Anwerp, before, during and after the fighting there, interesting and thrilling scenes during the battles of Alost, Aerschot and Malines.

These war pictures will be at the Princess Theatre afternoon and evening through the entire week, commencing from 2 to 5 in the afternoon, and from 7.30 to 10.30 in the evenings.

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Honey-moon Girls

Beauty and charm are the winning points of the contingent of girls that will be brought to the Gayety Theatre this week, with "The Honey-moon Girls." In addition to Alice Lazar, Norman Bell and Nettie Nelson, there is said to be a chorus peculiar for that particular attribute of fascination that makes all girl shows possible. The comedians are Phil Ott, James Rowland, Jack Hart, Saul Powder and Bert Capmann. They keep things go-

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"Make it an Electrical Present"

The Hydro Shop Invites You

to attend our grand Christmas Opening and "At Home," being held this week. Come in and see what a remarkable "Electrical Shopping Centre" you Toronto citizens own—nothing like it elsewhere on the continent.

Refreshments Served From 2 to 5 p.m. Daily

Dozens of the latest Electrical Appliances and novelties on show. One big special bargain every day that you shouldn't miss. Come in and make yourself at home.

Choose Gifts From These

Electric Hair Dryers	Electric Cook Stoves
Electric Curling Tong Heaters	Electric Table Gas Stoves
Electric Fans, \$2.50 up	Electric Grills, Fans, Motors
Electric Heaters, \$4.50 up	Electric Washing Machines,
Electric Vacuum Cleaners	Electric Tea Pots, etc., etc.

This Thermax Coffee Percolator, \$7.00

Is really a gift worth while. Makes delicious coffee without boiling, which injures coffee. Circulates 6 to 10 times as much water as ordinary percolators. Very economical—no clarification needed, and no extra spoonful "for the pot" required. Handsome nickel plating, and silver lining to protect the coffee. Not often you can get such a good Percolator under \$12. Come in and sample the beverage itself.

Come in, look round, ask questions, rest yourself, enjoy the display and decorations. No obligation to buy.

Toronto Hydro Shop

226 Yonge STORE OPEN SATURDAYS UNTIL 6 P.M.

Full size of volume 9/2 x 3 1/2 in.

ter, fleur-de-lis and gold and

the Daily World

in Street, Hamilton

held in the Raters

of the program was given by

and artists from the city

of exceptional merit. During

Mr. Roy addressed the

regarding his candidature.

DODD'S KIDNEY PILLS

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BRIGHT'S DIS

DIABETES

23 THE PR

RELIGION IS VITALLY OPPOSED TO MISERY

Church Must Remedy Social Conditions, Declared Rev. Mr. Taylor in Varsity Sermon.

"Trouble not the Master" was the text which Dr. Bruce Taylor applied in his sermon to university students yesterday morning in Convocation Hall. "Jesus Christ has been shut off from the provinces which he ought to rule," declared the speaker, "and He has been excluded from regions of the heart where He ought to hold sway. Too many have attempted to keep His work in the narrow path, and have been unwilling to let it penetrate thruout the whole fabric of human life. Not only His foes but His friends have attempted to confine the work of Christ into certain narrow channels. These limitations were practices not only in Christ's day, but in every succeeding age."

There is no possibility of limiting religion to any one sphere of life," declared Dr. Taylor. "The gospel is interested in the care of the sick; then it should also be interested in sanitary conditions. In the City of Montreal, where the infant mortality rate was 22 per cent. for children before they reached the age of one year, there was a crying demand for the church to do something. The church ought to have something to do with the sums and the sanitary conditions which make them," declared Dr. Taylor. The easy solution is to "Trouble not the Master," but the Christian way is to throw yourself into the struggle to remedy the evil.

ROMAN CATHOLICS OPEN MISSION AT ST. PETER'S

Special Service in Bloor Street Church by Paulist Fathers.

A three weeks' mission is being conducted by the Rev. Fathers Moran and Gilis, Paulists of New York, at St. Peter's Church on Bloor street, near the women of the parish, closed yesterday afternoon, and its success was testified to by the large numbers in attendance, who filled the church and overflowed into the vestibule, even the sanctuary giving place to a large number.

The mission for the men began last evening, and will be continued every morning when two masses will be said and a short instruction given, and again at night. The principal sermons

The World Acts as Christmas Goodfellows' Agent

The World is again undertaking this year the work of putting the Good Fellows of Toronto in touch with the children who must look to them or have no Merry Christmas.

Arrangements for securing names and addresses from the civic social workers are complete. If you cannot play Santa Claus, The World will do it for you. But you will miss the spirit of the thing if you don't do it yourself. Do your Santa Clausing early.

To join the Good Fellows write a letter to The World, something like this:

I live at street. I will be Santa Claus to children (any number you wish).

Signed

This letter, when it reaches the Good Fellow Department, will be endorsed with names and addresses and sent on to you. There will be no publicity. Then you get busy. That's all.